



THE PORTUGAL News

Portugal's **National** Newspaper in English

23 May 2009 • Edition Nº 1011 • €1.50 inc. IVA • Publisher: Paul Allen-Luckman • Editor: Brendan de Beer • www.the-news.net



Legal battle looms over Madeleine

The parents of missing British toddler Madeleine McCann have announced this week they have taken legal action against a former detective in the case who has since responded he would be reciprocating the action. (See Page 3)

Controversy as immigrant entries are slashed

The Government has this week approved a maximum limit to the number of residency permits it is willing to issue during 2009 to non-EU immigrants looking to work in Portugal. (See Page 6)

easyJet to change 'abusive clauses'

After being accused by Portugal's consumer rights watchdog DECO of not respecting consumer rights, easyJet has assured the public it will soon be changing clauses that were considered 'abusive'. (See Page 7)

Portimão old bridge set for summer re-opening

After being closed for almost two years, except for a two month period last summer, the Portimão old bridge, which connects Portimão with Parchal, is due to reopen on July 15th. (See Page 11)

Portugal among top HIV 'exporters'

For the first time a mapping has been created of the global patterns of the HIV virus, in which Portugal has been highlighted as an 'exporter'. (See Page 56)

Weekend weather

Lisbon: Lisbon will be slightly cool over the next few days, with a slight chance of rain at the start of the weekend. **Faro:** Some cloud cover is expected at the start of the weekend, along with some scattered showers. **Oporto:** The north will be cloudy and cooler this weekend with showers also being forecast for both Saturday and Sunday.

Upcoming holidays in Portugal

June 10 & 11. Some shops and offices may be closed.

Home Insurance
underwritten by Lloyds of London
see p.10
up to 40% off

READER OFFER:
Special Health Insurance
see page 50

8 page weekly PROPERTY supplement

Reader Offers
See p. 32 & 33



Finance Minister predicts growth in second half of 2009, as economic figures show improvements



In the week that quarterly GDP growth statistics showed Portugal had recorded the third highest growth figures, coupled with being found to be the most competitive economy in southern Europe, the Finance Minister has predicted that the economy is likely to recover sooner than expected and actually grow in the second half of the year.

Corner, see p. 18

Mirror, mirror on the wall or is it a crystal ball? It might be neither, but Prime Minister José Sócrates (L) will be hoping the predictions made this week regarding the immediate future by Finance Minister Teixeira dos Santos (R) come to pass. Photo: Lusa/André Kosteres

THE PORTUGAL
News



ANGLOPRESS
Edições e
Publicidade, Lda

Copyright ©2005 Anglo Press Lda and The News Group of Newspapers Inc • The Portugal News is owned and published by: The News Group of Newspapers Inc • Depósito Legal Nº 80258/94

Content

News

National 1-7 & 11 • Regional 10-12 • World View 10 • Business 8-9 • Trading Places 15 • Sport 56

Readers' input

Letters 18 • Club News 16

Property

Property of the Week 19 • Prestige Properties 21-23
Property Update 26 • Gardening 24

Feature pages

Eating Out 17 • More for Women 28-29 • Health 30-31
Paws & Claws 34 • Travel 35

Entertainment

Cinema 36-37 • Events 38 • TV Guide 39-45 • Mind & Soul 51

Advertising

Advertisers' Hotline 32-33 • Company Finder 46-50
52-55 Classified

Contacts

Postal Address: Apt 13 • 8401-901 • Lagoa

Courier: Rua Município de S. Domingos • Urb. Lagoa Sol • Lote 3 r/c • 8400-415 Lagoa

Tel: 707 500 655

Newsdesk: 707 500 655

Sales: 707 500 677

Classified: 707 500 646

Fax: Gen 707 941 201 • Sales: 707 942 053

Email: info@the-news.net • sales@the-news.net

Web: www.the-news.net

Print & Distribution

Printers: MIRANDELA Gráfica, Lisbon

Tiragem: 20,375

Distributors: VASP

Member of apct audited circulation

Production Team

Publisher: Paul Luckman • publisher@the-news.net

Editor: Brendan de Beer • newsdesk@the-news.net

Production: Madeline Luckman • copy@the-news.net

Journalists: Carrie-Marie Bratley • Tommy Broad

Classifieds: Rebecca Andrade

Paws & Claws: Raquel Salbany

Preview: Raquel Salbany

Travel: Sherry Hughes

Photos: LUSA • Press Association • Portugal News

Sales Team

Sales Manager: Bella Talhadas • 914 393 736

Area Managers:

Lisbon, Estoril, Cascais, Sintra • Bella Talhadas

Alvor, Lagos, P. da Luz, Aljezur • Marilyn Holmes • 914 863 604

Guia, Almancil - Faro • Kelly Barrett • 912 583 439

Loulé, Quinta do Lago, Vale do Lobo - Ayamonte

Tom Chapman • 912 583 188

Support

Accounts: Gaby Rodrigues

Subscriptions: Samantha Hoather

Subscriptions

52 editions of The Portugal News, cost €67.50 (Portugal), €135 (Europe) or €210 (World Airmail). Send your name and address plus cheque or credit card details to Apt 13, 8401-901 Lagoa or email sam@the-news.net. Queries, please call 707 500 655.

Newsletters

To subscribe to our free weekly newsletters, sent by email every Friday please email Becky@the-news.net

Disclaimer

Although we do everything possible to ensure the integrity and suitability of advertisements in The Portugal News, ANGLOPRESS Edições e Publicidade Lda, The Portugal News, its employees or representatives cannot accept any responsibility for claims made by advertisers in their publicity, and cannot become involved in any disputes or litigation, howsoever arising.

Motorway fuel boards displaying identical prices

Four years after the Government made it compulsory for there to be boards on national motorways displaying a comparison of prices at the various petrol stations along the route, a few have finally started functioning, but in most cases, fuel prices are identical, rendering the costly exercise to appease motorists pointless.



A sign board showing fuel prices on the A1 in Leiria on 14 May. (Photo: Lusa / Paulo Cunha)

State Secretary for Consumers Fernando Serrasqueiro, said he is aware the boards display the same prices, but they still offer more information to consumers.

"We have noticed there are many stations with identical prices, but in some cases – mainly regarding petrol – there are differences", he claimed.

Minister Serrasqueiro continued: "The objective [of the measure] was to inform people of prices, but [the boards] have brought other advantages; after so many years of wanting to know different fuel prices, now we are finding many are the same. The advantage has been to bring this to consumers' attention".

On the A1 motorway the panels, which indicate fuel prices from various upcoming petrol stations are located a short dis-

tance from the nearest station, and display identical prices for different brands.

For example, the three stations on the A1 between Lisbon and Oporto (Galp, Repsol, and BP) all had identical prices displayed for diesel and unleaded '95: €0.979 and €1.219 respectively.

The A2 motorway between the Algarve and the Capital, also showed exactly the same prices, though slightly more expensive than in the north.

An official Repsol source told the Lusa News Agency that "there is little margin for differentiating prices because of competition".

"Otherwise we would lose clients", it was justified.

Meanwhile, the Authority for Competition (AdC) has refuted claims of illicit price fixing amongst operators.

A spokesperson said that the existence of boards on a motorway that display identical prices "does not, in itself, indicate illegal fixing amongst operators".

This was reinforced by spokespersons from the various fuel retailers who said they believed the identical prices was due to "competition working", argu-

ing that retailers were forcing each other down, as opposed to agreeing before-hand what prices they would be charging.

However, once off the motorways, the cost of fuel varies by as much as ten cents between two fuel stations located only a few kilometres apart.

Government looking to limit road deaths

The Government is looking to reduce road deaths to 60 per every million inhabitants by 2011 as part of the National Strategy for Road Safety 2008 – 2015, which was reviewed this week.

Internal Affairs Minister Rui Pereira said this week that the strategy has "ambitious objectives"; by 2011, it aims to reduce the number of deaths to 68 per every million inhabitants, and by 2015 reduce those deaths to 54 per every million inhabitants.

"The strategy highlights various improvements to be made, regarding victim assistance, driver training and road signage, extending MOT services to motorcycles, tricycles and quad-bikes, reinforcing the teaching of road safety in schools and cracking down on risk-taking behaviour such as driving under the influence of alcohol, drugs or speeding", the Minister elaborated.

According to the Minister, objectives regarding road safety for 2010 had already been reached in 2006, reflecting clear improvements on Portugal's roads. Particularly compared to the 1980's, when nearly 2,600 people died on the roads every year.

According to the Minister, objectives regarding road safety for 2010 had already been reached in 2006, reflecting clear improvements on Portugal's roads. Particularly compared to the 1980's, when nearly 2,600 people died on the roads every year.

Compulsory psychological examinations for drivers

This week the Government approved a new law proposal under the Legal Aptitude for Driving Regulation that recommends compulsory eyesight and psychological examinations for learner drivers, as well as those at the age of licence renewals.

The proposal will now be debated in Parliament before being implemented or not.

This emerged during a press conference during which Internal Affairs Minister Rui Pereira also confirmed 100 more radar traps would "soon" be installed on Portugal's roads and that the current legal limit for drink/driving (0.5 milligrams of alcohol per litre of blood) would remain the same.

The press conference followed a Ministerial meeting during which the National Strategy for Road Safety 2008

– 2015 was reviewed.

Other measures foreseen under the new road safety strategy include the extending of obligatory periodical vehicle inspections to motorbikes of all categories, tricycles and quad-bikes.

At present passenger vehicles need their MOTs at four, six and eight years of age, followed by annual inspections thereafter.

Reportedly, other new introductions such as a deductible points system on offending drivers' licences and a 30 kilometre per hour maximum speed limit within urban areas are also being studied.

Furthermore, as of January 1st next year, Portugal will belong to a group of countries where 'road fatalities' include deaths that occur up to 30 days after a vehicle-related accident.

More speed traps

This week the Government announced a further 100 radar traps would be installed on roads around the country in an attempt to reduce the number of speeding drivers.

This was confirmed during a press conference held following a review of the National Strategy for Road Safety 2008 – 2015.

Minister of Internal Affairs Rui Pereira said the radar units would be installed "soon" and they were "equipment aimed at reducing speeding".

"Included in this strategy is a plan to install more radar units, which will represent a significant

rise. We are relying on these devices as well as action from security forces, which will control offending drivers".

Questioned whether the Government intended to alter the maximum limit for drink-driving, Minister Pereira said that "was not contemplated" within the new Strategy.

"The most necessary action is to reinforce the control of risk-taking behaviour. We all know that driving under the influence of alcohol or drugs, speeding and dangerous driving is the cause of many serious accidents", he said.

Legal battle looms over Madeleine claims



The family of missing British toddler Madeleine McCann and the former lead detective appointed to investigate her disappearance have this week drawn the battle lines and are set to have their day in court in what will most certainly be the most watched courtroom battle this decade. While Kate and Gerry McCann will seek to clear their name, Gonçalo Amaral says he is raring to have the opportunity to further substantiate his claims that Madeleine died in the apartment where she and her parents were holidaying more than two years ago.

According to sources close to Kate and Gerry McCann, their anger has been simmering for some time, and while the family has been reluctant to seek legal recourse, recent visits by Gonçalo Amaral, most notably to France, where he explained his theory, have spurred the McCann family into taking legal action.

In a statement sent to the press, Kate and Gerry McCann said: "We - together with our three children Madeleine, Sean and Amelie - are taking this legal action against Gonçalo Amaral over his entirely unfounded and grossly defamatory claims - made in all types of media, both within Portugal and beyond - that Madeleine is not only dead, but that we, her parents, were somehow involved in concealing her body."

The former detective, who was taken off the case in 2007 by his superiors before retiring from the force a few months later, has insisted that Madeleine died in apartment 5A and has alleged that her parents were involved in concealing, then disposing, of their three-year-old daughter's body.

"This decision has been taken to prevent any further publication of Gonçalo Amaral's deeply offensive book 'The Truth Of The Lie', his so-called television 'documen-

tary' and any repetition of his disgraceful thesis that we are somehow involved in the disappearance of our much loved daughter, Madeleine", the statement continued.

The Portugal News understands that Mrs McCann was also extremely angered at a news report last month claiming that one of the so-called Tapas 7, who had reportedly been accused of child abuse in the past, was most eager to assist her in bathing her children.

The family was also particularly angered at a TVI documentary, which was also distributed by a Portuguese national newspaper as a DVD at the beginning of the month, which showed Amaral talking to viewers through the broadcast, repeating opinions stated in his book.

The Truth of the Lie, which was published in 2007, has not yet been printed in English.

Meanwhile, in their statement circulated this week, Kate and Gerry explained: "The primary reason for our legal action is simple: to stop any negative effect that these absurd and deeply hurtful claims may be having on the ongoing search for Madeleine. We can no longer stand back and watch as Mr Amaral tries to con-

vince the entire world that Madeleine is dead. Nor can we allow this blatant injustice to Madeleine, with its obvious risk of hindering our attempts to find her, to continue.

"Mr. Amaral's entirely unjustified claims have not only brought indescribable devastation and suffering to our lives, they have hugely compounded the already immense pain and anxiety we have endured since Madeleine's abduction.

"Our three children are joint complainants in this action because of the detrimental effect Mr Amaral's continued assertions will undoubtedly have on their future lives. Sean and Amelie require protection as they prepare to start school this autumn. Madeleine requires protection from those who are obstructing the possibility of her being found."

In the first ever interview granted in English, Gonçalo Amaral told The Portugal News following the publication of his book that he would welcome any attempts for his views and opinions to be challenged in a courtroom.

"My book is based on facts. It could be a good occasion to take all the case files to court and compare what I wrote with that which

is contained in the files."

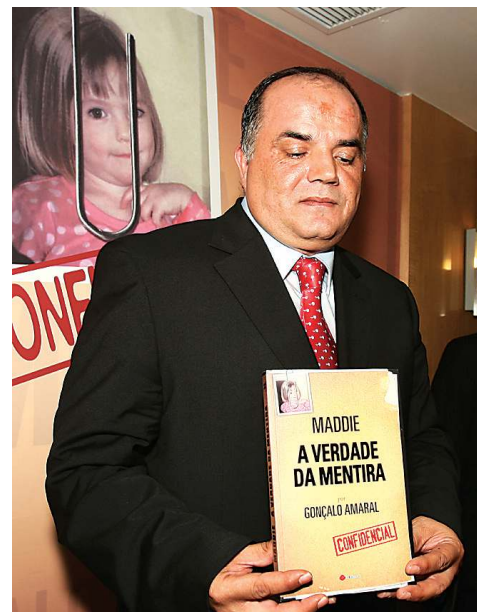
He backed up these claims earlier this week when he was quoted as saying: "My lawyers are working on the case and we will take the McCann couple to court and perhaps other people for defamation, slanderous denunciations and false statements," he said, adding: "We will see who has spoken the truth in this case."

Earlier this month it emerged that an agent acting on behalf of Gonçalo Amaral demanded "80,000 euros plus VAT", after an e-mail request by Channel Five to appear on British television, a proposition which was refused.

The Channel had apparently also asked that no derogatory comments be made against Kate or Gerry McCann in their request.

In the meantime, the McCann family can expect further litigation as sacked staff at the Ocean Club resort in Praia da Luz from where Madeleine disappeared, have announced they intend suing the couple for the "lies they told" and which have destroyed the resort and as a direct consequence, resulted in their jobs being lost.

This news comes as Thomas Cook, Europe's second largest travel company, revealed yesterday that package holiday bookings to Portugal are down by 30



Gonçalo Amaral, shows his book 'Maddie, The Truth of the Lie', after its release on 24 July 2008. (Photo: Lusa / António Cotrim)

per cent for this summer, admitting that this drop is partly due to Madeleine's disappearance.

"It is such a strong family destination," said Thomas Cook group chief executive Manny Fontenla-Novoa.

He added that the Portuguese tourist board had done what it could to boost visitor numbers, but that "Anything more would be insensitive," he said.

Questioned further by reporters whether the drop in Portugal

numbers was down to the 'Maddie effect' he agreed that it was, adding that bookings to Portugal had been "decimated".

Should the staff at the Ocean Club in Praia da Luz be successful in their claim against the McCanns, it could set a precedent for other tourist-orientated businesses in Portugal to seek damages from the family, perhaps using Thomas Cook, among others, as witnesses to substantiate their argument for compensation.

AlgarveHotTubs

SHOWROOM: QUATRO ESTRADAS, N125, ALMANCIL, LOULÉ — www.algarvehottubs.com — sales@algarvehottubs.com

HEAT YOUR POOL WITHOUT IT COSTING THE EARTH



PUT IN 1.6KW AND GET OUT 9.6KW FROM €1,995 +

HOW IS THIS POSSIBLE, CONVERTS HEAT FROM AIR TO WATER, SIMPLY THE MOST EFFICIENT WAY TO HEAT YOUR POOL IN PORTUGAL.

BEAUTIFUL STAINLESS SURROUND SUPERB SWEDISH QUALITY PRODUCT TITANIUM HEAT EXCHANGER WORKS FOR ALL TYPES OF POOLS

NEW AQUA ROLLER, USES YOUR GARDEN HOSE TO OPEN YOUR POOL COVER



TAKES THE WORK OUT OF REMOVING YOUR COVER WITHOUT THE NORMAL HUGE COST ONLY €750.00 +



MANUAL SYSTEMS FROM €399 & SOLAR POOL COVERS TOO FROM €9.99 SQ METRE



6 PERSON SPA, WITH LED LIGHTS, 40 STAINLESS JETS, OZONE, HARD COVER, STEPS & MUSIC SYSTEM. WAS €8,495, SPECIAL AT €6,995



CALL 969 806 472 FOR FREE QUOTE



Join the thousands
who've slashed
their
phone bills

Mobile phone

Desktop phone

UNLIMITED

FREE

**national &
international**

Only
€24.99
a month*

Terms &
Conditions
apply

CALLS

Tel: 707 500 600 today
www.worldtelecom.pt

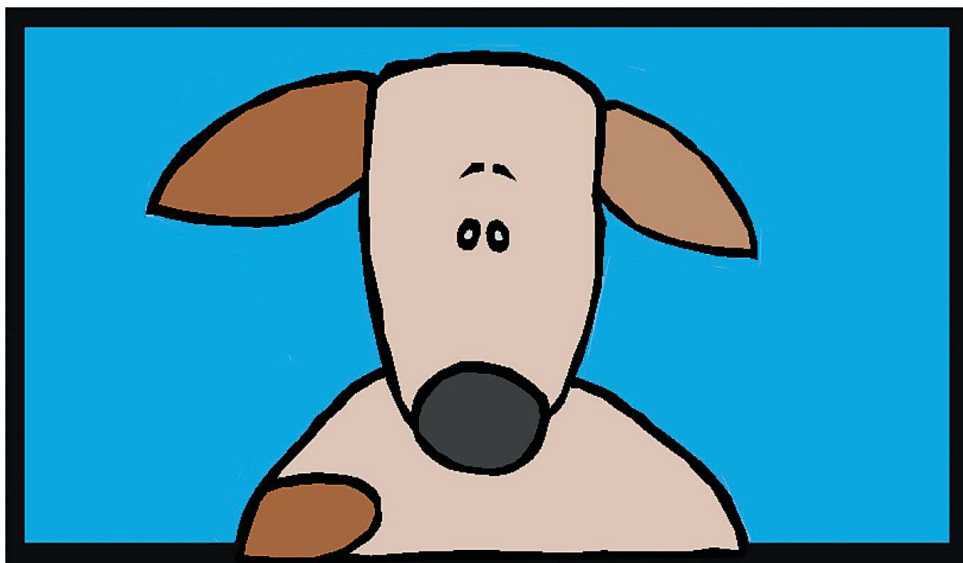
ONE
fone
HOME



*Free calls are to fixed lines in: Portugal, UK, Germany, Holland, Ireland, Austria, Spain, Belgium, France, USA (incl. USA mobiles) and Canada. Prices do not include IVA. The Home Plan offer is for domestic use only and subject to a "fair usage" policy. The Business Plan includes 500 free minutes. You can keep your home phone number and then cancel your PT line rental (there is a small one-time charge to transfer your number). The desktop phone costs €60 + IVA to purchase, and the mobile costs €85 plus IVA. We also offer fully mobile internet. Terms and conditions apply.

We're going barking mad at the Fair!

For the very first time the International Algarve Fair is dedicating a whole area to visitors' furry, four-legged friends, in an attempt to make the Algarve's pets the best behaved (and most beautiful) in the world - the Algarve Dog Show. With the expertise of MyFriend pet shop owner Paulo Luz, workshops and seminars on dog handling, training and grooming are to be held on both days, lead by specialist animal behaviourists Fiona Whelan and Steve Roby, from the acclaimed 'Company of Animals', who will be flying in from the UK especially for the event.



Those who have seen the recently-released movie 'Marley & Me' will know what a headache it can be living with a badly-behaved pet - even if it is your best friend!

So, Paulo Luz has arranged for expert help to come to the Algarve Dog Show to give visitors helpful tips on how to get the best from their pet.

Anyone who owns a dog is welcome to bring their pet along for 'hands-on' help sessions, with the aim of making them a well-trained, confident and entertaining member of the family.

Paulo Luz says it is important that people should know "most behaviour problems are correctable". Lack of training, physical and mental under-stimulation (boredom) are primary causes of misbehaviour. Company of Animals' 'Top Dog Trainers' can help with these.

Also, while at the Algarve Dog Show, make sure your dog has a clean bill of health, and consult the 'Top Dog Trainers'.

Three open-class training seminars will be held, with limited numbers, starting at 11h30 at the Fair. Classes last one hour each and participants must bring their own dog. Topics will include 'Walking on the lead', 'Obedience - Clicker training', and 'Agility'.

Dog demonstrations will be held by the Portuguese Dog training Centre 'Happy Dogs'.

Furthermore, the 'Top Dog Trainers' will be available for free advice on behaviour, training tips, and how to use Kong, Halti and Click products to avoid

bad behaviour, at the MyFriend stand.

Also at the MyFriend stand a veterinary will be on hand to answer any questions, where there will also be a leading dog groomer and winner of the 'Tesoura de Ouro' (Golden Scissors) competition for grooming advice and special demonstrations on the use of the 'Furminator'.

At the Algarve Dog Show MyFriend will also be engraving pet's tags as well as launching a special health insurance for pets with no exclusions and valid for all Portugal for €7,40/month per animal.

The Company of Animals is proud to be supporting this event dedicated to the training of dogs. The aim of the Algarve Dog Show is to raise public awareness of the advantages of having well trained dogs which easily fit into society. So whether you are a pet dog owner, serious competitor, trainer, vet or retailer, we want you to be involved!

The Company of Animals is proud to be supporting this event dedicated to the training of dogs. The aim of the Algarve Dog Show is to raise public awareness of the advantages of having well trained dogs which easily fit into society. So whether you are a pet dog owner, serious competitor, trainer, vet or retailer, we want you to be involved!

Fiona Whelan started her career working with horses; after spending five years working as a riding instructor and judge with a special interest in the rehabilitation of difficult horses, she went on to work for the RSPCA as a re-homing co-ordinator and later

as Branch Secretary for Mid Lincolnshire.

During this time she extended her interest into other species particularly canines. After studying Animal Science and Kennel and Cattery Management at De Montfort University she opened her own training and behaviour establishment in Lincolnshire which she ran for seven years before joining the Animal Behaviour Centre team in February 2002.

Fiona is the Centre's manager, behaviour specialist and head trainer, and she is a regular contributor in veterinary publications as well as being a popular speaker at veterinary congresses.

Steve Roby is Export Manager for The Company of Animals. He has been involved in the pet accessory trade for over 25 years and has a broad knowledge of a great many products. He travels widely around Europe visiting clients and attending trade fairs and as such is looking forward very much to visiting the Algarve, in fact this will actually be his much overdue first trip to Portugal.

The Company of Animals is the UK's leading specialist in training and behaviour products and Steve will be available throughout the show to demonstrate their many products, designed to help owners have well-behaved, happy and contented pets.

The International Algarve Fair's Algarve Dog Show will take place on May 30th and 31st. Doors open at 11h00. Enrolment for the classes is free and can be done in the Dog Show area.

Take your pension to Portugal but... don't let it retire with you!

Expatriate Pensions

More income, greater tax efficiency

Find out more at our Seminars:

Boavista Golf Resort, Golf Clubhouse, Lagos, 2nd June 2009 - 11.00am
Hotel Vila Galé Marina, Vilamoura, 3rd June 2009 - 10.00am

Expatriate Pensions - specialists in QROPS throughout Europe
Suitable for UK expats or those intending to become resident abroad, with unused UK pension funds or taking income drawdown/pension fund withdrawal.

Call to register attendance or for further information on
Tel: 0044 1789 299983 Email: mfm1@expatpensions.eu

www.expatpensions.eu

Registered Office: 1st Floor, 25 Greenhill Street, Stratford upon Avon, CV37 6LE. Registered in England and Wales No 3483969. Meridian Financial Management Limited is authorised and regulated by the UK Financial Services Authority. Registration Number 436314. Authorised to operate throughout Europe through the EU Insurance Mediation Directive and MiFID.

The place for awnings

ZONDA

The complete outdoor living specialists

The widest range in the Algarve
Price Promise
- we will NOT be beaten on price

- Outdoor furniture
- Outdoor heating
- Hot tubs • Barbecues
- Outdoor tableware
- Unrivalled service

Visit our online shop
www.bbqs-algarve.com

On the EN125, 700m west of
Quatro Estradas, Almancil
+351 289 356 233

Controversy as immigrant entries are slashed



Brazilian Júlio César came to Portugal to do a law doctorate but ended up working in the building trade in Leiria. (Photo: Lusa / Paulo Novais)



The Government has this week approved a maximum limit to the number of residency permits it is willing to issue during 2009 to non-EU immigrants looking to work in Portugal. A law passed in Parliament this week capped the figure at 3,800 permits, a dramatic reduction of more than 50 percent in comparison to 2008, which has triggered calls of xenophobia and incompetence from immigrant associations and religious organisations.

In 2008 the number of residency permits reserved for third nation immigrants was around 8,600.

Work and support Minister Vieira da Silva refuted the significant reduction in the number of permits to be issued contradicted the 'spirit of immigration laws', and that this year's limits were based on scientific studies regarding migratory flows.

"The Government is aware of the country's present situation and a contingency figure is not a fixed figure; it is not a barrier that can not be surpassed, but a figure of orientation that the law foresees", he said, concluding "what has been suggested can be changed".

Parliamentary chief Pedro Silva Pereira explained "In 2008 there were just 3,300 job offers in Portugal aimed at foreign citizens. It is natural that, in the current economic climate, adjustments must be made to accommodate present economic realities".

These comments have been received by immigrant and religious associations as well as central unions with scepticism, these now accusing the Government of populism and giving in to "bosses without scruples".

Timóteo Macedo, of the Immigrant Solidarity Association said, "it is not via flawed poli-

cies that migratory patterns will be controlled". He added that the reduction "represents a favour from the Government to bosses without scruples".

Opinions shared by the National Commission for Immigrant Legalization, whose spokesperson Manuel Sola said "This only goes to prove that the law has failed in its entirety, from an economic point as well as the promotion of immigrants' rights".

Similarly, the SOS Racism organization has voiced its concern that the reduction of permits will "reinforce xenophobia" and says it believes it shows the Government's "political incompetence".

In an open letter the organization expressed its revolt by proclaiming "this document shows clear incompetence on the Government's behalf by failing to address two essential political issues: the failure of immigration laws that are based on security-related schizophrenia and the absence of laws to combat discrimination of which immigrants and their descendants are victims".

The association believes the law "has prevented real debates about the overall failure of permit allocations since it was implemented".

Portugal is competitive but needs more variety, says tourism chief

According to Luís Patrão, President of the Portuguese Tourism Board (Turismo de Portugal), Portugal is the world's 17th most competitive country as a tourist destination, but more diversification is needed to attract visitors to the lesser known areas of the country.

As 73 percent of tourists in Portugal are found in the Algarve, Lisbon or Madeira, the head of Portugal's tourism has said "more diversification is needed".

"It is a reality that has originated from the progression of our tourism, but we should do our best to highlight other pluses that could transform certain regions of the country into places of tourist importance", said Luís Patrão.

He added, "The heritage of a country like ours, which is over 800 years old, contributes towards creating a certain appeal to certain regions. In that sense, preserving our heritage is extremely important".

Luís Patrão was speaking during a conference that was held to debate the importance of deepening and strengthening the links between tourism and culture, with particular emphasis on the recovery and preservation of cul-

tural heritage for tourist purposes.

In 2008, total revenue from tourism in this country exceeded €7.5 billion. That year some 13 million people visited Portugal, which represented 40 million nights spent in hotels.

Portugal's tourism currently makes up 11 percent of its overall GDP (Gross Domestic Product), the aim being for it to reach 15 percent by 2015.

Failed pope assassin seeks Portuguese citizenship

Portuguese Foreign Minister Luís Amado declined Thursday to comment on the reported bid by the late Pope John Paul II's would-be Turkish assassin for Portuguese citizenship.

"I have no comment to make without knowing what the request is, the circumstances in which it was formulated and, above all, in what circumstances Portuguese law may be applied in such a situation", Minister Amado told the Lusa News Agency in Istanbul.

Asked if he was surprised by the Italian newspaper report that jailed Ali Agca had said he had begun the process of seeking Portuguese citizenship, Amado said: "Everything is possible. Today nothing surprises me, everything is possible".

Amado was in Turkey, where Agca is imprisoned for his failed attempt to kill the pope in Rome in 1981, accompanying President Aníbal Cavaco Silva on a state visit.

Italian daily La Repubblica last Wednesday cited Agca, who seriously wounded Pope John Paul II in St Peter's Square 28 years ago, saying he wanted to convert from Islam to Catholicism and gain Portuguese nationality because he had learned that his failed attempt was part of the "Third Secret" of Portugal's Our Lady of Fatima.

The newspaper's interview was carried out through the lawyer for the former member of the Turkish terrorist group Gray Wolves.

TPN/Lusa

Opposition leader demands ousting of Eurojust chief over Freeport affair

Opposition leader Manuela Ferreira Leite has called for the sacking of the Portuguese chief of the EU's anti-crime coordination agency, saying José Luís Lopes da Mota's continuation as head of Eurojust was an international "embarrassment" for Lisbon.

Lopes da Mota, who also serves as Portugal's assistant attorney-general, was in "no condition" to remain at his EU post, given his alleged pressure on Portuguese investigators to shelve inquiries into the high-profile, domestic, Freeport corruption case, the Social Democratic party chief said.

If the Eurojust head "does not take the decision to resign, the Government that appointed him should fire him", saving the country "such

embarrassment abroad", Ferreira Leite said in a speech in the central town of Rio Maior.

Earlier this week, Foreign Minister Luís Amado said Lopes da Mota can "legitimately continue" as head of the Hague-based Eurojust and should stay at his post until that organisation made its own decision on his future.

Portugal's attorney-general's office began investigating its deputy chief last April following complaints from investigators and prosecutors that he was involved in pressuring them to shelve the shopping mall kick-back Freeport case to which some media reports have linked Prime Minister José Sócrates.

Designed to boost coordination between EU member states

in implementing laws and extradition processes, Eurojust expressed its confidence last week that Portuguese authorities would take the necessary steps to clarify Lopes da Mota's situation regarding the allegations against him.

The Freeport case revolves around alleged bribe taking by officials in return for approving environmental permits in 2002 to build the Freeport Outlet retail park on the south bank of the Tagus River near Lisbon.

The Environment Minister at the time, Prime Minister Sócrates has repeatedly denied any wrongdoing and says he is facing a smear campaign ahead of elections later this year.

TPN/Lusa

Algarve Blessing

All Saint's Anglican Church can arrange your Wedding or Marriage Blessing in a superb, if not idyllic setting. We also have special arrangements with a Wedding Planner who can offer superb locations for your Wedding or Blessing Ceremony and celebration, which include a beach setting, beautiful gardens (weather permitting), a Pavilion or Marquee for larger groups. Plus other arrangements including transport, accommodation, catering, photography.

For more information please call
351 282 380 311
or go to
www.allsaintsalgarve.org

ANGELICAN CHURCH

easyJet to change 'abusive clauses' after consumer watchdog alert



After being accused by Portugal's consumer rights watchdog DECO of not respecting consumer rights, easyJet has assured the public it will soon be changing clauses that were considered 'abusive'. The other airline cited by the consumer watchdog, is national flag carrier TAP, though the airline has accused DECO of performing a publicity stunt.

TAP, meanwhile, and despite easyJet's swift moves to change any clauses deemed consumer unfriendly, has said it is not conducting any unlawful procedures.

A TAP source told *Agência Financeira*: "The situation is lamentable. There must be dialogue. DECO sent us a letter at the beginning of the year to which we responded and we haven't heard anything since".

DECO has complained of contradictions regarding rights, like passengers not being able to cancel tickets for unforeseen reasons (such as losing money) but airlines can cancel a flight. According to DECO, passengers can't transfer tickets to a second person, yet they can be carried by a different airline.

Deadlines for luggage complaints are another cause for abuse, as are continuous rises in the price of tickets.

The DECO reports come in the week that the European Commission said that most airlines were now complying with stricter rules in selling tickets.

The EU results published by the European Commission show a "steep change" in airline ticket-selling websites across Europe in terms of compliance with consumer protection rules.

The findings feature in a final report of an 18 month EU-wide crackdown on misleading advertising and unfair practices.

As a result of an EU enforcement investigation started in September 2007 – with 15 EU national authorities and Norway – 115 airline websites of the 137 websites investigated have been improved. Following an additional 'health check' involving an independent mystery shopper in March 2009 of 67 major airlines, 52 airlines have either been given a 'clean bill of health' and undertaken to maintain the same standards or immediately responded to the Commission's investigation with undertakings to remedy outstanding issues.

The health check process checked websites against a comprehensive 14 point checklist, which was previously agreed with the airline industry. The Commission is now working to put in place an industry wide agreement to provide a level playing field for airlines across the EU and to maintain sites to a high standard.

EU Consumer Commissioner, Meglena Kuneva said: "This Europe-wide airline investigation is changing the face of airline websites across the EU. There is no room for complacency; there is more work to be done. But this first pan-European enforcement investigation has shown it has real 'teeth' and can deliver. The next step is an industry wide agreement, and we will continue to monitor developments in this sector closely."

The Boa Nova folklore group perform during the arrival of the inaugural Lisbon / Madeira easyJet flight in October 2008. (Photo: Lusa / Homem de Gouveia)



INTERNATIONAL RETIREMENT CLUB

multi-national retirement community
comunidade internacional da terceira idade

LAGOS MARINA, ALGARVE, PORTUGAL



Enhance your life now

ENGRANDEÇA A SUA VIDA AGORA

- Make new friends in this over 55's community
- Luxury apartments, 1 bedroom to 4 bedroom
- Clubhouse with pool, gym and patio
- Secure basement parking and individual storage areas
- Picturesque strolls along nearby marina and beaches
- Old town minutes away
- All apartments equipped with emergency call bells
- Resident matron on call 24 hours everyday



Luxury freehold Apartments
Retire early to a luxury freehold apartment

Apartamentos luxuosos de propriedade livre e alodial

Buy to live.... Buy to rent.... Buy as an investment!



15% DEPOSIT • 15% 2ND DEPOSIT • MOVE IN SEPTEMBER
DELAY DEED FOR UP TO 5 YEARS • OCCUPATIONAL RENT

Sales Office:
00351 91885 1551
00351 91885 2044

sales@internationalretirementclub.com
www.internationalretirementclub.com

CASH & CARRY OPEN TO THE PUBLIC

THE BIGGEST Meat Wholesaler in the Algarve

NEW PORTIMÃO OUTLET

Trained in South Africa and England

Boerewors
Chilli Bites
Biltong
Beef Olives
Lamb Shanks
Gamon Steaks
Matured Beef
Pork Loin with Crackling
English Sausages
Ox-tail

Open Monday - Friday
8am - 1.30pm & 2.30pm - 7pm
Closed Saturdays, Sundays
& Public Holidays

Largo Gil Eanes - Bloco A - r/c - Portimão
(Near Portimão railway station)
Tel: 282 410 590 H/O N.º: 289 583 070
Lisbon: 211 550 712



2
PROMOTIONAL
SPECIALS
EVERY
WEEK

NOW ALSO IN LISBON




A typical Portuguese vineyard. (Photo: Lusa / Paulo Novais)

Gov't. calls for EU's Eureka R&D programme to be extended beyond bloc



The European Union's Eureka programme to promote market-orientated research and development in the 27-state bloc should be extended to more countries, Portugal's Science and Technology Minister, Mariano Gago said.




Local in Touch
Global in Reach

Fiscal Representation for Non Residents

Fact: By law, all non-resident companies and individuals owning a property in Portugal are required to appoint a fiscal representative.

"For just €195+VAT we can provide you with that peace of mind by dealing with all aspects of your obligations and ensuring you do not incur any penalties" Fact

Another great "QUOTE" from the GIBRO GROUP



Gibro Group

Gibraltar · Spain · Portugal

Av. José da Costa Mealha 34, Bloco B, 3º E/F
8100-501, Loulé · Algarve · Portugal

Tel: 00351 289 463 271 · Fax: 00351 289 463 277
Email: info@gbconsultores.com

www.gibro.com

OFFSHORE COMPANIES · TRUSTS · FISCAL REPRESENTATION · MORTGAGES · TAX PLANNING

Licensed by the Financial Services Commission to carry on Business as Company Managers License Number: FSC 002348

Half of Portuguese wines sold are from the Alentejo



Wines from the Alentejo represent almost half of all Portuguese wines that were sold in Portugal in 2008 and are, according to the Regional Committee for Alentejo Vine-Producers (CVRA), clear leaders in sales.

According to figures from marketing company ACNielsen, wines that are produced in the Alentejo represented 44.30 percent of national market sales and 40 percent of nation at produce between February 2008 and January 2009. These wines have also risen in market value, from €3.38 to €3.52.

In today's times of a negative economy, according to the CVRA, Regional Alentejo Wine was the only produce that showed a significant growth in market quota in comparison to the same period of the previous year.

In terms of value, Regional

Alentejo Wine represents 64 percent of the market quota, a growth of 2.41 percent.

Tiago Caravana, head of CVRA's marketing department says, Alentejo wines are being exported to the four corners of the world and in Angola is the number one imported wine.

He said that Angola, Brazil, the USA, Switzerland and Canada are the five largest importing markets of Alentejo wine, which can be divided into eight vine-producing sub-regions: Portalegre, Borba, Redondo, Reguengos de Monsaraz, Vidigueira, Moura, Évora and Granja/Amareleja.

Lisbon asks African Development Bank to up use of Portuguese



Portugal has asked the African Development Bank to increase its efforts to use Portuguese as a working language with Africa's five Lusophone nations.

Lisbon's delegation to the annual ADB general assembly meeting in the Senegalese capital, Dacar, also offered to host the bank's general assembly meeting in 2011.

The Portuguese delegation thanked the bank's current leadership for its efforts to use Portuguese in its dealings with the five-country PALOP group, but asked for additional steps.

It said "a greater effort

should be made, namely in the contracting of professionals fluent in the language and who are sensitive to the particularities" of Lusophone African countries "in order to improve the presentation and implementation of projects and programmes".

Portugal has been a contributing non-regional member of the ADB since 1983.

TPN/Lusa

Speaking in Portugal's Parliament at the opening of the 14th Inter-parliamentary Eureka Conference, uniting MPs and Ministers from 38 states over two days, Gago reminded his audience that a key aim of Lisbon's current Eureka chair is to globalise the organisation.

Gago said Eureka's provision for associate member status is hardly ever used. Only Morocco has this status within the organization and other countries whose firms participate in Eureka projects, such as South Korea, Egypt, Argentina and Brazil, have already expressed interest in following the Moroccan example.

One of Eureka's principal future challenges is how to respond to globalisation, the Portuguese Minister said, as well as free movement of talent and capital and the variety of forms of innovation.

TPN/Lusa

Portugal back in EU court



The European Commission has decided to launch infringement proceedings against Portugal in the area of the Internal Market.

The Commission said in a statement it will refer Portugal to the European Court of Justice for failing to communicate measures transposing the Eligible Assets Directive.

To date Portugal has failed to communicate to the Commission measures transposing the Eligible Assets Directive, which was due to be adopted by 23 March 2008.

Given the time elapsed and the fact that, in its reply to the reasoned opinion, Portugal did not provide the Commission with a calendar of the national legislative process for such transposition measures, the Commission has decided to refer this case to the Court.

The purpose of this Directive is to ensure uniform application of the UCITS Directive on in-

vestment funds by providing clarification of definitions relating to assets eligible for investment by UCITS, such as "transferable securities" or "money market instruments".

Its efficient implementation is crucial to the proper functioning of the UCITS passport mechanism, the EC stressed in its statement.

Portugal must diversify its exports – Cavaco Silva



President Anibal Cavaco Silva has expressed regret that for many years his country's business community did not pay sufficient attention to Turkish markets, but said Portugal is now on "good course" to diversify its exports basket.

Speaking in Istanbul on the penultimate day of an official visit to Turkey, Cavaco Silva said Portugal needs to find other export markets due to the serious impact of the global economic crisis on two of Portugal's main trading partner, Spain, Russia, Latin America, India and China are countries with significant potential for this diversification, he added.

Cavaco Silva, a former economics professor, also said he doesn't believe there has been excessive state intervention in the economy to counter the effects of the current economic crisis. An apparent return to traditional Socialist policies like nationalization and increased state expenditure does not necessarily mean there has been a failure in market operations, he added.

TPN/Lusa



President Cavaco Silva and his wife, Maria Cavaco Silva, during a visit to Capadocia on the last day of their official visit to Turkey on 15 May. (Photo: Lusa / Paulo Carrico)

Portugal Auctions

Pro-Active Property Marketing

Informal Exhibition & preview of properties for sale by private treaty / auction

Saturday 30th May from 4pm to 6pm at Barringtons Hotel Resort & Spa Vale do Lobo

Featuring:

**Residential / Investment properties
Home & income opportunities
Part part exchange possibilities
Development land & businesses**

(Offering serious clients an opportunity to submit offers to purchase, subject to viewing & status.)

**www.portugalauctions.com
email: sales@portugalauctions.com
TELEPHONE: 00 351 91 420 9965**

Thousands of homes for sale in the Algarve



It has been estimated that there are around 40,000 properties on the market for sale in the Algarve at present.

To be precise, there are 41,500 homes on the market, according to figures from real estate company Confidential Imobiliário/Lardocelcar.com.

Statistics from the end of 2008 shows that Portimão tops the board, with 23 percent of the overall total on offer, followed by Albufeira, with 17 percent, and Loulé, with 14 percent.

Together these three regions represent more than half of the overall total of properties for sale in the Algarve.

The areas of Faro and Olhão possess a considerable number of homes for sale, together representing a further 20 percent of availability.

In terms of value by the end of last year properties in Portimão and Albufeira had increased favourably by 2.9 and 3 percent respectively, while Loulé showed a growth of 5.5 percent, though this has since slowed.

In the Algarve the average price for a property at the end of 2008 was €1,756 per square metre. By area, Albufeira is where a square metre is most expensive, costing an average €2,442, followed by Loulé, at €2,073.

At the opposite end of the spectrum are Portimão and Faro, where an average square metre will cost €1,904 and €1,590, respectively.

Will your heirs understand how to organise your estate in Portugal?

Visit us on stand 66

at the International Algarve Fair 30th & 31st May

Making life easier for your heirs

Sorting out a Portuguese estate after a death can be a complicated and lengthy process. Blevins Franks help you structure your financial affairs to:

- Ensure your estate is distributed exactly as you wish
- Lessen the work your family would need to do
- Remove the need for probate wherever possible and reduce delays and costs
- Avoid or mitigate UK inheritance tax



Unique solutions for tax and private wealth

Gavin Scott SENIOR PARTNER
gavin.scott@blevinsfranks.com
Adrian Hook PARTNER
adrian.hook@blevinsfranks.com
289 350 150



BLEVINSFRANKS
www.blevinsfranksinternational.com

Blevins Franks Financial Management Limited is authorised and regulated by the UK Financial Services Authority. Blevins Franks Trustees Limited is authorised and regulated by the Malta Financial Services Authority.

TAX CONSULTANCY • INVESTMENT MANAGEMENT • TRUSTEE SERVICES • RETIREMENT BENEFIT SOLUTIONS

20 YEARS INSURANCE

kaza
Seguros

Insurance Solutions

SPECIAL OFFERS FOR EX-PATS

- HOUSE
- MOTOR
- DENTAL
- BOAT
- LIFE & HEALTH
- WORKERS
- BICYCLE
- BUSINESS
- INVESTMENT
- TRAVEL

BEST MARKET RATES **PROFESSIONAL SERVICE**

ZURICH

Liberty Seguros

Contact us for a quote!
www.kazaseguros.com
e-mail: kazaseguros@mail.telepac.pt
Tel: 282 761 612 Fax: 282 769 378 Mob: 919 694 025

EU investment in the rest of the world down 30%

In 2008, European Union FDI (foreign direct investment) in the extra-EU27 countries (outflows) fell by 28 percent.

According to official data,

investment dropped from €496 billion in 2007 to €354 billion in 2008, while FDI into the EU27 from the rest of the world (inflows) decreased by 57 percent,

from €400 billion to €173 billion.

In 2008, intra-EU27 FDI flows dropped by 42 percent compared with 2007.

Told You So

It is not nice to say "I told you so," but this time has to be an exception. In late February I wrote an article in this column which I called "Obama's Climate Strategy" (some papers that ran it may have changed the title), predicting that the United States would seek a one-to-one deal on climate change with China this year.



Dr. John Holdren, Presidential Science Advisor, speaking to the National Academy of Sciences in Washington, DC, USA, back on 27 April. President Barack Obama's chief scientific adviser along with Bill Chandler (not pictured) director of the energy and climate programme at the Carnegie Endowment for International Peace are working on a bilateral deal with the Chinese Xie Zhenhua, vice-chairman of the National Development and Reform Commission. (Photo: EPA/Dennis Brack/Pool)

It has just been revealed by Suzanne Goldenburg, US environmental correspondent of the Guardian, that a memorandum of understanding on exactly such a deal already exists. That is very good news.

John Holdren, now President Obama's chief scientific adviser, told me last year that he had been talking to the Chinese leadership and assured me that they were ready for a deal on climate, but he said nothing about a bilateral deal between the United States and China. Nevertheless, that was obviously what was needed: there is no other point of departure that could get the world to the finish line on time.

The finish line is a global deal on cutting emissions fast enough to avoid runaway warming, and the deadline is this December, when it is supposed to be wrapped up and signed in Copenhagen. But there are 117 countries taking part in the negotiations, and there is not a chance in a thousand that they can all arrive at the finish line together and on time without some template for an agreement. The real purpose of a bilateral US-Chinese climate deal is to provide that template.

The deal would be very useful just on its own: together, the two countries account for forty percent of the world's greenhouse gas emissions. But if the US-Chinese agreement can become the model, with other rich countries accepting the same terms as the United States and other rapidly developing countries making the same commitments as China, we might actually end up in December with a global deal worth having.

Work on the bilateral deal began in the dying days of the Bush administration, with the initiative on the Chinese side coming from Xie Zhenhua, vice-chairman of the National Development and Reform Commission. On the American side the driving forces were John Holdren and Bill Chandler, director of the energy and climate programme at the Carnegie Endowment for International Peace. It is not a done deal yet, but Chandler predicts it will happen by autumn, and that it will be "serious" and "substantive".

The draft agreement, drawn up by Holdren and Chandler late last year, has three main points: the US and China will use existing technologies to cut carbon emissions by 20 percent by 2010; they will cooperate on new technologies including carbon capture and storage and better fuel efficiency in vehicles; and they will both join the global agreement in Copenhagen in December. This US-Chinese draft has not been signed, but Xie has agreed to it.

A deal like this will not end the climate crisis, even if all the other big emitters accept similar terms. Past emissions have already committed us to so much warming that there will be famines, waves

of refugees and wars in some of the worst-hit regions no matter what we do now. Nevertheless, the kind of treaty that the US-Chinese deal might lead to in Copenhagen in December is worth having, because if we move fast enough there is still time to preserve most of the world we know in a more or less recognisable form.

Twenty percent across-the-board cuts in emissions by 2010, or even by 2012 or 2013, would be an excellent start. And in the meantime, Obama has just cut a deal with the automobile industry on fuel efficiency that will make a real difference to American emissions.

With the highest rate of car ownership in the world (five cars for every six people) and the world's worst fuel efficiency, US cars emit much more carbon dioxide per year than all the cars in Japan, China, India, Russia, France, Italy, Germany, Britain and Canada put together.

The target first set by Governor Arnold Schwarzenegger in California, an average of 35.5 miles per gallon (15 km/litre, 6.62 litres/100 km) for all cars and light trucks by 2016, has now been adopted by President Obama for the whole country. That will eventually cut US vehicle emissions by 40 percent (current average mileage in the US vehicle fleet is only 21.4.) It also means that US oil imports may fall by up to half over the next ten years.

By the time the United States reaches its 35.5 mpg target in 2016, most other countries in the world will have moved on to an average of 45 mpg or better. (China's current requirement is 43 mpg, and the European Union's target is 47 mpg by 2012.) Having left everything so late, the US will be playing catch-up for a long time — but at least it is back in the game. And China is finally talking about cutting its emissions, too.

"There are these two countries that the world blames for doing nothing, and they have a better story to tell," said Terry Tamminen, Governor Schwarzenegger's environmental adviser, who was at the talks in China. Things are moving in the right direction at last.



Gwynne Dyer is a London based independent journalist whose articles are published in 45 countries.

Insure your property in Portugal through The Portugal News

PROPERTY INSURANCE

UP TO 40%

RISK RELATED DISCOUNT ON PROPERTY INSURANCE

This exclusive Intasure policy, underwritten by **LLOYDS OF LONDON**, has been specially designed to meet the needs of property owners in Portugal. It is available exclusively through **The Portugal News** in Portugal.

For more information, call 707 500 025.

You will receive friendly advice and a quick quote with absolutely no obligation.

- ✓ Buy on the phone
- ✓ Instant cover
- ✓ Underwritten by LLOYDS OF LONDON
- ✓ Fully comprehensive cover
- ✓ Policy documents in English
- ✓ High level of public liability

As an owner of a property in Portugal make sure you get the right insurance cover, designed specifically for you.

- Your cover is underwritten by one of the world's leading insurers - **Lloyds of London**
- Up to 40% risk-related discount available, depending on security, claims experience, excess level and your age
- Your property is covered whether occupied or unoccupied
- Your property is covered if let short term or long term
- Excellent discounts for choosing higher excess
- All policy documents are in English
- Policy covers your swimming pool as well as buildings
- Policy covers public liability of £5m or €7.5m in regard to buildings and contents (traditionally, Portuguese policies provide minimal public liability cover)
- Loss of rent included following a claim
- Covers the purchase of your home during the period between exchange of contracts and completion
- Covers temporary accommodation following a claim
- Wider cover than a standard Portuguese buildings and contents policy
- Wider cover than a 'community' policy
- All claims are reported to and resolved by a UK based English speaking team
- Optional Accidental Damage cover
- Off-Property Cover available
- Policy available in either GBP or Euros - Claims paid in either

THE PORTUGAL News



intasure
Insurance that speaks your language

Call 707 500 025 for more information and a quick quote

Authorised and regulated by the Financial Services Authority

ONLY A FEW STANDS REMAINING
BOOK YOUR STAND NOW AT
THE INTERNATIONAL ALGARVE FAIR
MAY 30TH & 31ST

Portimão old bridge set for summer re-opening



After being closed for almost two years, except for a two month period last summer, the Portimão old bridge, which connects Portimão with Parchal, is due to reopen on July 15th. In a statement sent to **The Portugal News**, national road company **Estradas de Portugal** confirmed the deadline will be met, while adding it has kept within the €3.5 million budget.

Built in 1876, the iron bridge that crosses the Arade river has been watched closely since 2005, when EP (Estradas de Portugal) carried out underwater inspections and classified it in the worst way possible in terms of preservation of the structure, with six out of the seven pillars requiring immediate renovation. It was at that time that the old bridge was included in a list of five bridges that were considered as priority renovation projects in Portugal. After provisional work to the central pillars was concluded, the bridge reopened and a complete overhaul was planned for November 2007.

Two years later, one month before the overhaul was set to begin, disaster struck as additional inspections showed that the bridge was at imminent risk of collapse. The poor state of the bridge reached such an extent that some stones in the supporting pillars had shifted out of place.

It is not known to many, but the old bridge was built by a company called Five Lille in 1876, the same company that built the infamous Entre-os-Rios bridge, over the River Douro, which collapsed on 4th March 2001, killing 56 people.

Similar in both length and age (Portimão Bridge is ten years older), this may have been the reason why the Mayor of Portimão demanded an urgent response from EP to see whether the bridge needed to be closed immediately. After receiving confirmation that all safety standards were met, the bridge stayed open until renovations began.

The overhaul of the bridge has been an ongoing project since November 2007, although it was temporarily opened between

July 15th and September 15th 2008 to "minimise the inconvenience to users and local commerce, a situation that had been planned when the renovation work began, showing EP's concern along with Council's and the population in general" *Estradas de Portugal* told **The Portugal News** this week.

The company also gave details of the renovations that have been taking place: reinforcement of the supporting pillars and foundations, repair and painting of the iron structure, demolition of the existing concrete platform and replacing it with a new reinforced concrete platform, paving the platform, placing road signs and installing lighting along the structure.

Estradas de Portugal confirmed the bridge will reopen to traffic on July 15th, although paintwork to the iron structure will continue until the end of the month.

An inspection will not be necessary before the reopening, as the renovations guarantee the safety of the bridge, although a general overview will be carried out by EP and INR (Road Infrastructure Institute), in the presence of the National Road Safety Authority.

With the closing of the bridge in 2007, local residents of Parchal and Ferragudo have been forced to enter Portimão via the EN 125, adding several kilometres to their trip into/out of the City, which subsequently causes a build up of traffic on the EN 125 on a regular basis. Despite remaining open to two wheeled vehicles (though the crossing must be taken with engines off), it is said the closing of the bridge affects between six and eight thousand people on a daily basis.



A view of the 'Old' Portimão bridge this week. The structure, currently subject to extensive renovations, connects the town of Parchal, Lagoa across the Arade River. (Photo: The Portugal News)

Infrastructures a priority

Portugal's major infrastructure projects can not be postponed at the risk of the country missing the opportunity to become Europe's gateway, Finance Minister Fernando Teixeira dos Santos explained this week.

"Postponing investment projects is to miss opportunities. It would be postponing positioning ourselves as the doorway to Europe", Teixeira dos Santos told business leaders in the northern city of Oporto earlier this week. Dismissing criticism of the Socialist Government's plans to

build a new international airport near Lisbon and to link the capital to Madrid by bullet train, the Minister said critics had ceased to talk about "the merits" of the projects and to question their "opportunity" at a time of global crisis.

"The current economic period demands greater intervention by the state", Teixeira dos Santos said at a dinner sponsored by the Oporto Commercial Association (ACP), adding that "increased public investment is the measure that can make the most impact".

TPN/Lusa

Primark opens in Lisbon

Portugal's first branch of the Irish-owned Primark chain opened this week in Lisbon's Dolce Vita Tejo shopping centre.

According to *Diário Económico*, General-Director of the brand José Luiz Martinez said the opening of the store has

created 145 jobs, and also confirmed a second branch would open this year in Oporto.

The launch of Primark in Portugal is expected to create heated competition from its main competitors, Swedish chain H&M, and Spanish group Zara.

Boatshedalgarve.com
INTERNATIONAL YACHT BROKERS

Looking for a lifestyle change?
Contact us about becoming an agent...

Boatshed.com

T: +351 289 502 419
M: +351 914 738 251
boats@boatshedalgarve.com
www.boatshedalgarve.com

MONTE'S
Family Dining - Coffee Lounge - Separate children's menu

10% Discount!
with this voucher.
1 por visita não por pessoa

Located at Boavista Golf Resort, Lagos
Lunchtime Special 2 Courses €7.50

AVAILABLE FOR WEDDINGS AND PARTIES WITH NO VENUE COST.

Open Tuesday to Saturday for Lunch and Dinner
Now Open for Traditional Sunday Roast
Every Sunday 12.00 noon - 5.00 p.m. €10.50 and children €5.50.
Free glass of champagne on arrival.

Telephone: 282 764 382 Website: www.montesrestaurantlagos.com

~10 YEARS~
Wolf Valley Charity Fund

Charity Day at Vale do Lobo
Golf Tournament and Dinner Dance
Saturday, 30th May 2009

Wolf Valley Charity Fund celebrates tenth year milestone

Join us in a special Charity Day for 2009, celebrating the 10th Anniversary of the Wolf Valley Charity Fund.

Golf tournament on the Royal & Ocean courses, putting competition, dinner & dance, tombola, raffle, auction, wine tasting & other attractions.

Golf and dinner - €125 (includes €5 snack voucher)
Golf only - €60 (includes €5 snack voucher)
Dinner only - €65

For more information and application forms contact Vale do Lobo Reception
T. 289 353 322 or T. 289 353 465; Nevada Bob's Golf T. 289 398 436
or Brian Smith T. 289 394 716

IN AID OF LOCAL CHARITIES
EVERY ONE IS WELCOME!

VALE DO LOBO
ALGARVE

Deleme®
Janelas

Windows
Leader in Renewal

Come to see us!
FREE QUOTES

BE DEMANDING WITH YOUR COMFORT!!

COMFORT
SECURITY
THERMAL ISOLATION
ACOUSTIC ISOLATION

ALGARVE
Estrada de Albufeira
8125-406 Quarteira

PORTO • CANTANHEDE • LISBOA
geral@deleme-comercial.com

808 201 384 www.deleme.pt

289 362 259

Wolf Valley charity fund celebrates 10 years helping



Main picture: UNIR's Physiotherapy Unit with equipment supplied by the WVCF. Inset picture: Taken after the presentation of a TV to the Casa da Primeira Infância on March 26, 2009. This picture shows from left Edda Lungershausen (WVCF Charity Secretary); Ana Costa, Technical Director; Jose Esteves Teiga, Director and Brian Smith (President Wolf Valley Charity Fund).

In 1999 the Wolf Valley Charity Fund (WVCF) was founded by a group of Vale do Lobo residents with the aim of supporting local Portuguese charities and people in need, including the disabled, the under privileged and the socially deprived. Since then the WVCF has raised over €600,000.

The Charity organizes a major fund-raising events each year; supported by Vale do Lobo residents, private and commercial sponsors and the Vale do Lobo Group of companies, who generously donate the use of both the Royal and Ocean golf courses and the auditorium for the day.

The proceeds from the Charity Day, together with other fund raising events throughout the year, normally go to pre-chosen causes, but also provide smaller items to other organizations or people in dire need of help. It has always been the policy of the Charity that the money raised is used to directly purchase what is required. The

Charity works closely with the Mayor of Loulé and the President of the Alameda Junta de Freguesia in identifying those charities that need the WVCF's help.

Charities that have been helped in the past by the WVCF include A.S.C.A., A.S.M.A.L., Casa da Primeira Infância, Existir, Jardim-de-Infância de São João da Venda, Lar da Sagrada Família, Santa Casa da Misericórdia, Associação Esperança Paz and UNIR. Following the disastrous fires in 2003 and 2004 the Charity donated almost €60,000 to Loulé and Monchique to help rebuild damaged houses. The WVCF has provided everything ranging

from specially adapted vehicles, playground equipment, physiotherapy equipment, computers, hoists for bathrooms and articulated beds for the aged and infirm, special wheelchairs, commercial washing machines, kitchen equipment and many other items.

This year the WVCF will concentrate on helping Existir. Existir currently needs a specially adapted vehicle to carry disabled passengers. They also need to modify their 3 storey building and the WVCF will possibly help with this. During 2009 the WVCF has already helped the Casa da Primeira Infância (TV for the children) and UNIR (computer).

Wolf Valley Charity Day at Vale do Lobo, May 30th.

The Wolf Valley Charity Fund's 10th Annual Charity Day is about to take place at Vale do Lobo on May 30th. It is open to everyone.

Charity Day events will include a golf tournament on the Royal and Ocean Courses (Four Ball Better Ball Stableford - teams of two - partners can be arranged); tombola; a raffle with excellent prizes; two different wine tastings and a book stall. In the evening there will be pre-dinner drinks followed by a gala dinner / dance at the Vale do Lobo auditorium with catering by the Dona Filipa Hotel. Drawing for the raffle prizes and an auction will take place

during the dinner. Prices for the Golf and Dinner are €125; for Golf only €60 and Dinner/Dance only €65. The prices for the Golf and Dinner and Golf only include a voucher for €5 that can be spent at Spikes.

There are still some places left for golfers and diners. For more details about the Wolf Valley Charity Day and to make golf and dinner bookings contact Vale do Lobo reception at 289353322 or 289353465, Nevada Bob's Golf at 289398436 or Brian Smith at 289394716. Donations (cheques can be made out to the Wolf Valley Charity Fund) will be gratefully received.

Another 'Glorious' Algarvean Production

'Glorious' a comedy by Peter Quilter will soon be arriving on the stage of the Lagoa Auditorium.

This true story about the much-loved American society hostess, Florence Foster Jenkins will leave you breathless with amazement, choking with laughter and tearful with joy.

Florence and her accompanist Cosme McMoon set out to prove to the world that dreams really can come true if you dream them hard enough and have total faith that your talent, or lack of, will overcome all obstacles.

When her father died and left her a substantial fortune Florence began the singing career her father had prevented her taking up during his lifetime. In 1912 already President of many charities and musical societies, she began holding charity balls and recitals to which the rich and famous flocked. Her quite amazing soprano voice eventually filled the great Carnegie Hall

leaving thousands on the streets unable to purchase a ticket.

The play enters her life in 1944 when having lost her accompanist through ill health, she interviews her new candidate, Cosme, a somewhat effeminate young man in his thirty's, who after recovering from his initial surprise at Madame's incredible voice, decides to take the job. The two then become close friends for the rest of her life.

Add to the mix a dotty neighbour, a volatile Spanish maid, the 'boyfriend' an English ham actor, plus a voice of dissent and you will be sure to love the wonderful world of 'The Queen of the Sliding Scale.' Her records are still on sale now in 2009.

'Glorious' will be performed at the Lagoa Auditorium on the 12th and 13th June at 8pm with a matinee on Sunday 14th at 5pm. Tickets are now available: adults

€10, students €5 and advance reservations can be made on 282 789 608 or 289 561 594.

If you missed The Algarveans Variety Show in February when a sample of this production was performed by its star Miss S i a n Hughes-Roberts then don't miss the actual incredible play. It is truly 'Glorious.'

Siân Hughes-Roberts



International Children's Day

On the 1st June, at 10am, Fantasia Restaurant in Quarteira, is Organising an English Breakfast Party for the local Primary School (approx 60 children).

This is to celebrate the International Children's Day which here in Portugal is celebrated 1st June (http://en.wikipedia.org/wiki/Children's_Day).

The breakfast and soft drinks, lollipops etc. are to be served by Pooh Bear and Eeyore.

This event is being sponsored by Fantasia Restaurant, Just John off License, D.L.L. English Foods and Sindal English Foods.

For more information Tel. 289316171

Garden open day



This event will be held at Casa Deva, Colegio near Bensafim on Wednesday 10th June from 2.00pm - 5.00pm

All the fun of a summer fair! Plant sales, stalls, teas etc. Admission €5 including refreshments.

Directions to Casa Deva....

Take the Bensafim road from Lagos, turn left at the second sign to Colegio (balloons!) follow that lane, under the motor-

way bridge, and Casa Deva is the second house on the left hand side.

Proceeds in aid of the charity Turn On The Tap and The International Christian Fellowship. For more information please contact Tel: 28267850 / 917950987

ALGOZ ANTIQUES & DECORATION

Visit our shop in Algoz (next to the Post Office) and find a fascinating selection of antiques

We pay fair prices for articles you may wish to sell



We also sell vintage clocks & watches

Open: Mon-Fri 10-6 Sat 10-2

Please contact 282 574 158 • 967 044 773 www.algozantiquesanddecoration.com

Don't miss a visit to the FARO JEWISH HERITAGE CENTRE Synagogue Museum

The only remaining vestige of the 1st post inquisition Jewish Presence in Portugal
Open Weekdays 9h30 - 12h30 & 14h00 - 17h00

Tel: FJHC: 289 829 525 • Sr. António (Guide): 925 071 509
Ralf: 968 440 414 • email: Ralf.Pinto@sapo.pt
www.farojewishheritagecentre.org/

LET THE MAGIC IN ALGOZ SAVE! SAVE! SAVE!

Due to the exchange rate falling again 10% discount with your Loyalty Card at the moment. We believe we have the largest range of British products with the lowest prices. WHY PAY MORE FOR LESS?



Over 12,000 products in stock All imported from the UK

Mon - Fri 9am-7pm • Sat 9am-5pm • Suns & hols 10am-2pm
Tel 282 575 061 Fax 282 574 416
Email: weborder@letthemagicin.com
in the main street, near the Post Office with own car park

UK'S LARGEST COMBINED PLUMBING & DRAINAGE COMPANY IS NOW IN PORTUGAL

Offering Fast Professional Service Throughout The Algarve



DrainDoctor
CANALIZAÇÕES

All Plumbing
Drain Cleaning
CCTV Surveys

Jetting
Root Removal
Drain Relining

On Call 24 hours/7 Days A Week

Call: 289 425 480

For Speedy Service

Olhanense put Algarve football back on the map



Following last Sunday's Liga Vitalis victory over Gondomar the people of Olhão turned out in their thousands to hail their heroes who will now compete in the Premier League next season along with the giants of FC Porto, Sporting and Benfica. Former FC Porto captain and Portuguese international Jorge Costa has led his team to promotion and the league title in his first season in-charge.

A 75th minute header from Toy was enough to secure victory despite some erratic refereeing by Bruno Paixão who sent off four players in a game that was never dirty but vital to both teams.

Olhanense were playing for promotion and Gondomar who needed victory to keep alive their slim hopes of avoiding relegation to the lower leagues.

The six hundred travelling fans - many more wanted to go but the small ground could not accommodate them - were in good heart as they made the long journey north to FC Porto.

Following the game Francisco Leal, Olhão Mayor, and Isidoro

Sousa, Olhanense chairman, joined the players on the pitch as they received a rapturous reception from their fans. Francisco Leal said at the club's recent 97th Anniversary Dinner that, should the club achieve promotion, work would start immediately to upgrade the facilities at the José Arcanjo Stadium.

Even if Olhanense lose their last match and Santa Clara win and draw level on points, Olhanense cannot be overtaken as the result of the games between the two teams is the deciding factor, both of which were won by Olhanense. For the first time in seven years, Farense were the last team from

the Algarve to grace the Premier League, southern Portugal will be represented in the top flight.

In the early hours of Monday morning the people of Olhão flocked to the ground to welcome back their conquering heroes. It is 34 years since SC Olhanense were last in the Premier League. The British expats, who now number over 50, have created a true bond with the local Portuguese fans and in appreciation are hosting a party for their new friends in Manta Rota at the end of the month. Last week an RTP television news item highlighted how the British had made a tremendous impact within the club.



Fans in Gondomar before the game.

On Sunday Olhanense complete their league programme with a home game against Gil Vicente at the José Arcanjo Stadium (behind McDonalds on the

EN125). Kick-off: 4.00pm but arrive early to avoid congestion. Everyone is welcome and there is sure to be a carnival atmosphere with many of the supporters ar-

riving in fancy dress.

For more information: Christopher.wright@hotmail.co.uk or brian@moonlightservices.eu Tel. 916 504903 or 913 595 868

Brits on board the 'Bottle Top' train



The 'Bottle Top' phenomenon in Portugal is one that the nation, young and old, took to their hearts in a massive way; it has even been adopted by foreign visitors. However, little is known of its origins or of its results.

Prompted by a letter from the Tidball family, avid 'bottle-toppers' who own a holiday home in the Algarve, **The Portugal News** stumbled upon a fascinating story of how one woman started a movement that has changed the lives of many.

For years David and Fiona Tidball saved plastic bottle tops from the huge amounts of bottled water they drank while on holiday

in Portugal. These were kept to take back to the UK for charitable organisations that collected them in exchange for orthopaedic equipment.

However, several years ago, while driving through a small village near Algoz, Albufeira, the Tidballs saw a sight that moved them greatly and converted their bottle-top habits.

"A young man who had obvi-

ously lost the use of his legs was being helped to use a makeshift contraption of ropes and old tyres to get exercise", David Tidball told **The Portugal News**.

"We have also seen people, young and old, with obvious mobility problems and who have been placed outside in a chair to watch the world go by and pass the day", he adds.

So from then on, instead of collecting in Portugal to take back to the UK, the family decided to collect bottle tops in the UK and throughout Europe while on their travels to bring to Portugal, where the 'bottle top movement' had just exploded.

Over four years David and Rose Tiball collected nearly a thousand kilos of plastic bottle tops which they dropped off at a collection point in Faro.

"It quite overwhelms the lady in the garage who always returns the bags to us", he laughs.

The bottle tops are subsequently converted into cash

through being sold in large quantities for recycling, the money then being put towards purchasing wheelchairs and other orthopaedic equipment for various institutions and disabled people.

In Portugal the 'Bottle Top Movement' started in 2003 when a student nurse was left with the dilemma of where to put her empty food and drink items that she brought from home. With no designated recycling point in the vicinity, bottle tops were put aside or taken back home to be properly disposed of later. These eventually grew into a large pile and Nurse Guadalupe Jacinto realised that they could be worth something if sold for recycling in large quantities. And that money could be put towards purchasing a wheelchair for hospital patients. Hence the idea was born.

Guadalupe initially enlisted the help of friends and colleagues from Hospital Garcia de Orta, in Almada, where she worked, but word of mouth spread like wildfire. Soon posters had been printed and placed around the City, local schools came on board and petrol stations were promoting the idea.

In a matter of months, the concept had spread through mainland Portugal and had even reached Madeira and the Azores.

The first large-scale campaign,

launched in 2004, saw 7.8 tons of plastic bottle tops being converted into 16 wheelchairs and an articulated bed.

Guadalupe founded the 'Tampa Amiga' association to oversee the project, though any funds raised were managed by the recycling companies that adhere to individual collection causes through private accords. To receive money in exchange for bottle tops individual collectors depend on the support of companies that have been designated 'Residual Collection and Evaluation Systems'. These companies receive grants from the Ponto Verde Society (green recycling authority) for their material, and in this case, €500 - €600 is paid out for each ton of bottle tops.

Tampa Amiga was made up

entirely of contributors and volunteers. However, as the project spiralled uncontrollably it became clear that the Association could no longer manage itself. Unable to reply to the thousands of requests, emails and letters that constantly flooded in over the past six years, association Tampa Amiga closed in January this year.

Meanwhile the 'Bottle Top Mission' continues.

There are currently 243 drop-off points throughout Portugal that remain active thanks to agreements with recycling companies.

To find out how you can help, see website: www.tampinhas.org for a listing of regional drop off points. To start a collection group for your own cause, contact a Recolha e Valorização de Resíduos Company in your area.



Collection made by avid 'bottle-toppers' David and Fiona Tidball, who own a holiday home in the Algarve.

'BEST OF BRITISH' SUPERMARKET

Over 1,000 lines of products

THOMAS GREEN'S
OLHOS DE ÁGUA
ALBUFEIRA

TO LAUNCH OUR NEW CUSTOMER LOYALTY CARDS

We are pleased to offer cardholders an introductory discount of **10%** on all products until 31st May, as well as collecting redeemable points.

IF YOU HAV'NT REGISTERED YET VISIT THE STORE AS SOON AS POSSIBLE

Our **BOOK EXCHANGE** is now up and running!

Telephone: 289 541 119 • albufeira@thomasgreen.pt
www.thomasgreen.pt



THOMAS GREEN'S
'THE BEST OF BRITISH'

Open
Monday to Friday
10am to 7pm
Saturdays and
Bank Holidays
10am to 5pm

Visit us at
Praça do Mercado,
Loja 12
Olhos de Água
(Close to the
Municipal Market)

direct
gardeur

High quality clothing

One of the largest selections of
gardeur
ladies clothing in Europe, at unbeatable prices.

shoes for men and women

Monday - Friday: 10am - 6pm
Saturdays: 10am - 4pm

Rua Direita, Praia da Luz (parking available behind the Store on Rua do Ramalhete) Call 282 788 630 or www.gardeurdirect.com

SPRING SUMMER collection now in

BRITISH FOOD AT LOW PRICES

UK FOOD SUPPLIES

Why Pay More?

Easy Online Ordering
Home Delivery Available

Heinz - Smedleys - Pataks - Sarsons - HP -
McCoys - Bisto - Oxo - Branston - Batchelors

Our Lagos Store
Opened in April

Tel - 282 098497 Email sales@ukfoodsupplies.com

www.UkFoodSupplies.com

‘Christ the King’ statue celebrates half a century



Thousands of believers gathered at the Christ the King statue in Setúbal on Sunday, May 17th, to celebrate the end of the weekend pilgrimage that was held in honour of the fiftieth anniversary of the statue.

Inspired by the Christ the Redeemer statue in Rio de Janeiro, Brazil, Lisbon's 'Cristo-Rei' was inaugurated on May 17th, 1959. It was built as a plea to God to release Portugal from entering World War II, at a time when Portugal was under Salazar's dictatorship.

People gathered around the statue as early as eleven o'clock to wait for the final procession,

which left from Almada Church at 13h30 and arrived at the 'Sanctuary' just after 15h00.

One lady, who helped carry the effigy of Our Lady of Fatima during the march, from Cacilhas to the City centre on the Saturday and from there to the statue on Sunday: "I don't know how much it weighs. I know that She gave me the strength to get here and fulfil my promise" said Ana

Cruz, adding that the statuette that she was carrying has been around the world: "It was in Rome and blessed by Pope John Paul II."

The image of Our Lady of Fatima left the Christ the King statue at around 16h00 to the altar of the final mass, presided over by Cardinal D. José Saraiva Martins, the representative for the Vatican during the celebrations.

Fun and Games Day 2009



St Julian's School, Carcavelos, Saturday 13th June, 11am-6pm. The British Community Council of Lisbon is pleased to confirm that arrangements are well underway for our now traditional multi-sports day in mid-June.

Tim Munnion is, as always, responsible for the organisation of the sporting activities and has the possibility of including a few more teams, if they contact him quickly

on: tim.munnion@excelformacao.pt
Teams of 10 will participate in such diverse activities as field hockey, lacrosse, touch rugby, soccer, volleyball, basketball and Scottish Country Dancing!

The emphasis is on enjoyment, and at the end of the day the trophy for sportsmanship is given as much importance as the

team with the most points.

Funds raised, usually in the order of €5000, will be shared this year between The British Retirement Home and Sister Agnes' Children's Home.

As well as donations from the teams in the form of entry fees, much revenue is generated by a raffle, always with excellent prizes. Tickets are available from member organisations, details on the BCC site: bcclisbon.org

The IPS of Carcavelos will provide their excellent barbecue

to keep everyone's energy levels up, helped with side dishes from the WRVS. Liquid refreshments will be available from the Casuals' bar, managed by BCC secretary Dave Jackson.

Everyone, from the British, Portuguese and International communities are invited along for, what is always, a great day out in a beautiful setting

Greg Leadbeater, BCC chairman and chair of the organising committee, is available on 21 457 9612 to answer any general questions about this event.

www.the-news.net

Security staff arrested in connection with thefts



Six men and a woman were arrested following a seven month investigation of violence on Lisbon's 24 de Julho Avenue, where people attending nightclubs were being robbed by security staff after leaving the premises.

With training in martial arts and being regular gym enthusiasts, security staff working in several nightclubs used their skills and strength to assault customers with ease as they made their way home in Lisbon.

The seven assailants had been under investigation for seven months by the PSP's Criminal Investigation Division, with the support of the Violent Crime Special Unit and the Department of Investigation and Penal Action.

After arresting the suspects, officers searched ten homes in several areas of Lisbon, finding

three firearms, two replicas, tasers, four containers of pepper spray and several more prohibited items. A total of 750 grams of hashish, large amounts of cash, digital scales, cell phones and forged documents were also seized.

The PSP has stated that it is hoped this action of getting tough on crooked security staff will encourage the feeling of safety near nightclub and bar areas, especially in Alcântara, 24 de Julho Avenue and Santos.

The seven suspects are being charged with theft, possession of illegal weapons and drug trafficking.

ENGLISH DENTAL SURGEON

Dr. Francis Haley
B.D.S.

(Guy's Hospital, University of London)

Av. 25 Abril, 184 – 1^oC 2750 – 511 Cascais

Tel : 21 486 3012

<http://clinic.cdhalley.pt>



The effigy of Our Lady of Fatima arrives at the Christ the King statue, in Almada, to celebrate the fiftieth anniversary of the iconic statue. (Photo: Antonio Cotrim/LUSA)

BCFAGM

The Annual General Meeting of the British Charitable Fund (BCF) will be held on 27th May at 6.30p.m. at the Lisbon Casuals Clubhouse in the grounds of St Julian's School in Carcavelos. The meeting will be presided over by the British Consul, Mr Mark Crathorne. The meeting is open to British nationals who subscribe to the BCF and also to anyone interested in learning about the work of the BCF within the British Community in Portugal. For further details contact BCF Hon Sec. at Av. dos Bombeiros Voluntários 59, 2765-202 Estoril or by e-mail: fernandes.jane@mail.telepac.pt.

Beach clean up

On Friday and Saturday, June 5th and 6th, volunteers will be gathering behind Casino Estoril to participate in a beach clean up weekend. Everybody is invited to join the fun and help the environment.

Organised by Lisbon's Environmental Humanitarian Outreach Programme and the US Embassy, this event is organised to free the oceans of the thousands of tonnes of rubbish that washes up on the beaches.

Volunteers are asked to arrive behind Casino Estoril at 8.30 am on both days, by train, bus, or

carpool to reduce the impact on the environment. The beaches of Abano, Estoril, Monte Estoril, Quintada Marinha and Cabo Raso are the chosen locations.

Gloves are provided, as are large carrier bags to collect the trash.

Please e-mail cleanbeacheslisbon@hotmail.com to confirm your presence before May 29th.

Another Well Kept Secret

"You're going to Ireland?" my friend Susana queried. The emphasis on the word "Ireland" made me nervous: what was so wrong with the country to deserve such lambasting?

Turns out: nothing. Five days there last week rendered a country full of luxurious grass, a tumultuous but mesmerizing sea and best of all the friendliest Europeans that side of Lisbon. The Irish mafia, the potato famine and the fact that Ireland defeated the Lisbon Treaty were the only solid facts I knew about the country before I went there. I also recalled the Kennedy family came from Ireland, Obama is reputed to have Irish ancestors (we even saw a brochure advertising a day trip to his ancestral home!) and even my reddish hair makes some people think I have some Irish roots (I don't). But whether myth or fact, nothing could have prepared me for the enjoyable experience of travelling there.

First, a few "beware's". When I went online to buy our Aer Lingus tickets (www.aerlingus.com) I was wowed by the low price of €45.99, per person, each way; we couldn't afford not to go. But like many posted fares today, it was a misleading figure. Add on a handling fee of €5 per person (no one touched me, so what was the handling fee?) We then had to pay €18 for each checked bag; golf bags cost €30 for each bag; and they even tack on a small charge to sit

in the first six rows of the plane. I had long ago overcome my fear of flying by sitting up front in planes, so I elected to pay the extra to remain calm. In all, the tickets cost us €210 each roundtrip, a long way from the €45 we began with. That said, the airline trips were smooth, flight attendants attractive (Don's observation, not mine) and the food for sale quite edible.

Now to the country. Aside from the 45-minute wait to process our non-European passports, the initial impressions of Ireland were all positive, led off by the parking lot attendant who offered to let me use his cell phone to call friends waiting for us at the hotel. Next came the Portmarnock Hotel and Golf Links staff. All had customer service as their main objectives. (Take note, Portuguese.) When Don realized that his CPAP machine plug did not fit next to the bed, the front desk attendant scoured the hotel to find the proper size extension cord and worked until midnight to get Don's machine delivering air. The hotel's motto: "Where nothing is overlooked...but the sea." True to their word, we had a sea-facing room, enjoyed succulent meals and were impressed by the small but well equipped gym as well as the expert spa facilities, prepared to soothe our tired golf muscles.

Other highlights: Dublin. As a literature major at University, I knew about Ireland's literary heritage. But to have a Dublin Writer's Museum, James Joyce's home, as well

as the prestigious Trinity College Dublin Library with the stunning Book of Kells, containing transcriptions of the Bible, all within two streets of a well organized city bus tour, wowed me. Then, from the bus window I spotted the marquee of the Ambassador Theatre smack in the centre of town. "The Bodies...The Exhibition" (www.bodiestheexhibition.com) was open, available and reasonably priced in Dublin.

I had missed it in Lisbon, plus a similar one was recently shut down in Paris. "Don, let's go!" I begged that afternoon as he turned up his nose at the idea. With the Saturday full, he relented for a Sunday outing. I will not lie and say the exhibition was soothing or pleasant, but it was fascinating and educational. The Chinese government preserved the corpses and has sent them to Europe and beyond for viewing. Sliced open and well preserved I finally know what the pancreas looks like, where the liver lies and how lungs turn black with excessive smoking or other pollutants. In fact, next to the darkened lungs sat a large plastic container. Inside visitors had thrown away cigarette packages. One comment in the guest book read, "I saw the lungs and have vowed never to smoke again." The average age of those viewing the exhibit at the same time as we did was from 20-30. I'm not sure why few "seniors" came, maybe to avoid the grim reminder of being uncomfortably



Westheimer

close to the state of the bodies. Or at least nearer than the university age and twenty somethings we saw mesmerized, as were we, by the bodies. Of course there was more to Dublin: the requisite visit to the Guinness factory with the free glass of beer that the end. (A teetotaler I sipped up Don's foam and let him guzzle the rest); a tavern evening with Irish music and tap dancing and of course the golf at the challenging Portmarnock Golf Links Course. The course exhausted me with its steep grass where my ball found its way frequently. We also encountered punishing weather with high, howling winds, cold and occasional hail. The holes were so difficult for me that par became a pipedream. Several from the Tagus Golf Society, with whom we played as guests, scored well. Kudos to them!

Golf, Guinness, good food, good folk and the Bodies Exhibition comprised 5 days and nights in one of Europe's best kept secrets. Portugal is said to be the other. If so, then the reputation is well deserved by both.

patwestheimer@gmail.com

Delicacies at the Fair



Established in early 2008 *Delicacies - Home Gourmet Catering* was the brainchild of Sara Purificação and Ricardo Santos, a business that aimed to revolutionise home catering and cuisine as we know it. It is a unique concept in the Algarve and supplies private residences with the finest, freshest-prepared gourmet cuisine.

After an initial meeting at the client's home, where the event is discussed and the menu established, Sara and Ricardo put their experience to good use in coming up with a gastronomic proposal second to none and totally tailored to your event; whether that is a relaxing Sunday Bruch in the garden, a fabulous 'Welcome home' dinner, a friendly gathering or a business lunch. From then onwards clients need do nothing but-as Delicacies' slogan says - 'Relax, prepare your senses and feel the gourmet experience at home'.

Delicacies assure you will be amazed and pampered, your home becoming your favourite restaurant. The two chefs prepare the food 'in loco' and leave clients with nothing more to do but enjoy the entire experience.

Working to exceed clients' expectations, Sara and Ricardo constantly build on their seven years' experience, offering amazing 'fusion'-style cuisines with flair and panache, which includes classical French, Asian, Italian and typical Portuguese flavours. Vegetarian dishes are available on request. Delicacies cover the entire Algarve.

Both Sara and Ricardo are qualified chefs, having trained and obtained their degrees at the acclaimed Escola de Hotelaria do Algarve. However, if you would like to sample the duo's *Delicacies* first-hand, visit them at the International Algarve Fair on the weekend of May 30th and 31st, in the restaurant arena.

They will be serving up dishes based on a fusion of traditional French-Bistro and Asian (mainly Thai) foods, as well as a large variety of vegetarian dishes of Mediterranean inspiration. Amongst these will be Thai green curry (chicken and vegetarian option), Thai noodles soup (Tom Yum Kung), Falafel, pita bread with houmous, tzatziki and aubergine dip, eggs benedict with homemade gravlax and hollandaise (vegetarian option available), jacket potatoes, and delicious homemade Italian desserts like tiramisu and pannacotta. Refreshing sangria will also be available, as well as a tasting of Portuguese wines and Port, sponsored by Delicacies' suppliers, **Farvinhos**.

Ideal Living Portugal, the name says it all...



Ideal Living was established in Portugal with the main objective of supplying the region with quality furniture packages at sensible prices, creating idyllic home interiors at outstanding value for money.

Ideal Living offer a range of stylish furniture packs and provide a complete turnkey solution for all properties, from individual apartments to full developments. The packages can be personalised to suit clients' colour schemes and tastes and adapted to accommodate the purpose of the property, whether it be used for rentals, a holiday home, or a family abode.

The interior design pack offers everything you need to fully equip your property.

From sofas and chairs to curtains and teaspoons Ideal Living supply it all, offering beautiful and unique accents for your new home. The range of tableware, wall art, bed linen and decorative items add the final finishing touches to personalise each property.

Ideal Living will help you find just the right pieces to complement your taste and décor.

Ideal Living Portugal Ltd was established by partners Malcolm Dodgson and Karen Bellwood, who before setting up the business in Portugal spent many years furnishing their own properties in Spain and U.K.

Karen has, in fact, spent most of her

life helping others style their home, using her "natural flair" to the maximum, and over the years grew accustomed to being enlisted to help many friends and family.

After buying their first property in Portugal and discovering both the difficulty and cost in furnishing an apartment on the Algarve, Karen and Malcolm recognised a niche in the market for affordable turnkey solutions, and hence Ideal Living Portugal was born.

Karen said, "I believe Ideal Living's success is down to our personal commitment and dedication to each individual project. We pride ourselves on the professional and friendly service we give to all our clients, from sales through to installation, turning what can sometimes be an exhausting task into an exciting experience."

Products and furnishings are carefully handpicked from leading national and international furnishing manufacturers for their outstanding quality, design and value for money. From the first consultation to the moment the client walks into their fully furnished home, is an estimated six to eight weeks. The installation process, headed up by Robbie Preston, takes 1-2 days depending on the size of the property.

Complete packages start from €4,995 for a studio apartment and Ideal Living is now extending their service from the Algarve to cover the whole of Portugal.

THIS WEEK'S PROFILES



Delicacies Home Gourmet Catering

For more information contact *Delicacies - Home Gourmet Catering* on tel. 963 069 496, or email: our.delicacies@gmail.com.



Ideal Living Portugal

For more information Ideal Living Portugal on: enquires@ideallivingportugal.com, or call (+351) 289 398 573.

The showroom is located on the EN125, in Quatro Estradas, between Almancil and Vilamoura.



Thomas Green's

For more information please check their website www.thomasgreen.pt, email: albufeira@thomasgreen.pt or call 289 541 119 or 93 726 13 58.



Portugal Auctions

For more information on Portugal Auctions and Property Exhibitions, please contact Morag Richardson on +351 914 209 965, visit their website www.portugalauctions.com or email: sales@portugalauctions.com.

If you would like us to profile **YOUR business**, call Bella on 282 341100

Finding you the best opportunities



Created as an alternative to conventional real estate agents, Portugal Auctions and Property Exhibitions is an innovative pro-active marketing company that sources clients both nationally and internationally by promoting properties via exhibitions, foreign auctions and i-Spy360 Virtual Tours.

Instead of opening a real-estate shop and waiting for clients to walk in, Portugal Auctions is constantly seeking buyers as they expose properties to a wider market of serious investors and property groups looking to increase their portfolios, buying and selling through private treaty directly with the vendor.

Working hand in hand with i-Spy360, a company that provides 360° virtual tours internationally, promoting properties on the Internet with Virtual Tours provides prospective clients with a sneak preview of the house without having to visit the property, ideal for potential foreign buyers.

Selling properties mostly in the Algarve, clients are then invited to fly over and view their selected property in person, when they also meet the property owner and prices can be negotiated.

This direct approach towards marketing a property is working wonders for both clients and homeowners as Portugal Auctions has exhibited many properties for prices that cannot be seen elsewhere, whilst also making the whole transaction more personal.

Portugal Auctions sell any type of property, such as overseas invest-

ments, home and income opportunities, part exchange possibilities, development land and businesses. As an example, Portugal Auctions currently has a bed & breakfast investment opportunity in the Lagos area. The Villa comprises of four studio apartments, one two-bedroom apartment and a one bedroom cottage, going for €700,000. If that does not suit you, how about a property in a game reserve in South Africa, going for only €63,000, well below the market price.

Other services included in Portugal Auctions' portfolio is comprehensive assistance for clients, where Gill Bray, a representative of Helping Hands Network, can provide lawyer, design, translating, bureaucratic or any other sort of assistance in order to make the process of moving home as easy as possible.

Having recently held a successful property exhibition in Dublin, Portugal Auctions is organising an informal exhibition to preview properties prior to auction on Saturday 30th May at Barrington's Hotel Resort and Spa, in Vale do Lobo, from 4pm to 6pm. Here, clients will be given an opportunity to view virtual tours and submit offers to purchase, subject to viewing and status.

If you are interested in having a virtual tour of your property created, contact i-Spy360 on +351 936 191 682, email: Portugal@i-spy360.com or visit their website www.i-spy360.com.

New freshness at Thomas Green's



With a choice of over 1,500 brands, your local Thomas Green's supermarket is an excellent place to pick up your favourite food from back home. In order to show their appreciation to their regular customers, Thomas Green's, in Olhos d'Água, has recently introduced loyalty cards.

Being a franchise of an international business, Thomas Green's is now operating in several countries, such as Spain, France, the Netherlands, Cyprus and Portugal, providing everyday groceries, speciality goods and seasonal treats from England.

Located in an excellent shopping area with good parking, Thomas Green's in Olhos d'Água has a vast range of carefully chosen goods, all from one of England's biggest food wholesalers: NISA INTERNATIONAL.

Well into their second year, Thomas Green's has established itself as a favourite when it comes to food from back home, stocking up with what their customers want and always looking for new ideas.

Their most recent innovations are

the loyalty swipe cards that give instant discounts and also work with a point system, which can be exchanged for future purchases. For the month of May only, Thomas Green's is offering an introductory discount of 10 percent on all products when clients use their loyalty card.

Another new feature is the shop's book exchange: take your old books round and they will credit you against the purchase of one of their range of pre-read paper backs and hard backs.

Thomas Green's continues to sell all of the usual products from back home, from sweets to curries, pastries, soft drinks, frozen foods, ready-prepared meals, soups, Sir Cliff Richard's range of wines, scones, bagels and much, much more. Their friendly approach makes food shopping a pleasure and they are always open to requests for new products.

Thomas Green's, in Olhos d'Água, is located near the Municipal Market and is open Mon-Fri 10am-7pm and Saturdays and public Holidays from 10am till 5pm.

Bowls Algarve - Summer League 2009

The new season started on Thursday 14th May with three new teams in the league and great expectations all round. We are delighted to welcome to Bowls Algarve our three new clubs and wish them all every success in the leagues and in their

domestic club activities – Amendoeira are based at Alcantarilha, Pedras are at Cabanas and Valverde are in Almacil. We now have eight teams involved with the Summer League, with Alvor Eagles, Doves and Larks, PDF Pirates

and Albufeira Cats in addition to the three already mentioned. This positive growth can only be beneficial to the positive development of the game of bowls in the Algarve and Portugal as a whole.

The first series of matches took place at Alvor, the format being two triples in each team, each playing two sets of nine ends. Two points for each set won and two points for the overall aggregate win, gives a maximum total of ten points available. Newcomers Pedras got off to an excellent start with a 44-28 shot victory over the Alvor Larks and took 8 points to 2. Valverde made an even better start to their Bowls Algarve career with an emphatic 39-20 victory over the Albufeira Cats and a maximum 10 points in the bag. Meanwhile old hands Alvor Doves and last years' champions PDF Pirates fought out a close battle, Doves eventually winning 46-34 and taking 8 points to 2. Alvor Eagles and Amendoeira will play their match later, as Amendoeira players were unavailable for this date.

So Valverde are the early league leaders on 10 points, Pedras have 8 as do Doves whilst PDF and Larks have 2 points each. Next week the teams travel to Amendoeira for round two.

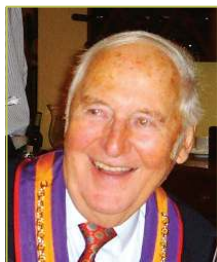
Alan Clarke, League Director

Chaîne des Rôtisseurs

The Algarve Chapter of the Chaîne des Rôtisseurs met for dinner recently at the excellent Restaurante Vivendo at Meia Praia, Lagos. Our hosts were the charming Maître Rotisseur, Vincent Winiker and his good wife, Karen, a Maître Hôtelier. With credentials like that it came as little surprise when, after our welcoming Kir Royals and canapés, Chef de Cuisine Christoph Voigt went on to enchant us with one of the most elegant and simply delicious meals this Chaîne member has had set before him in a long time.

Dinner began with a succulent Carpaccio of Alentejo fillet mignon with green pepper followed by a salmon fillet in a banana leaf on a bed of orange-saffron vegetables. These courses were both so fresh and well served. The Carpaccio had not been sitting in the fridge awaiting presentation and the salmon which had come straight from the oven was nestling on its pretty little pillow. The white version of Chamifé from Cortes de Cima which was served throughout these two perfect dishes was both man enough for the first, yet sufficiently delicate for the second.

Many of us often forget to take advantage of the seasons and the hedgerows, but not so Christoph Voigt at Vivendo who gave us a delicately refreshing Elderflower sorbet before moving on to the crowning glory of the evening. Written on the menu as; 'Pink fried



Vincent Winiker

ribs of lamb on a wild garlic risotto and artichokes', was a modest way to describe something that was so perfect in every flavour some way. Palha Canas 2004 made the agreeably light, red wine accompaniment.

To end this leisurely feast we were rewarded with a Gratin of fruits of the forest which was simply bursting with taste and antioxidants. There could not have been a more appropriate menu to celebrate of the last days of spring and the beginning of summer. So it's hats off to Vivendo; congratulations and grateful thanks to the Winiker's, Christoph and his team for reminding us that there is nothing better than ability, simplicity and the best ingredients.

For further information about the Chaîne des Rôtisseurs and forthcoming events in the Algarve please contact Dr Jean Ferran at ferran@monchique.com Tel: 282 912 822

Muddy Cogs Bike Rides

This Saturdays ride starts in the village of Penina. This is close to Rocha da Pena and just north of Benafim. Benafim lies on the main Salir to Alte road and can also be reached via the 524 from Paragil. Lets meet here around 1.15 pm. Please call me if you need more precise directions.

The ride starts at 1.30 pm. Paul will be at Bikeland around 12.00 to 12.30pm and can take some people and/or bikes from there if required.

If you need bike hire or transport, then please call in advance so that this can be arranged.

This ride is the usual mixture of dirt track roads and tarmac, but mainly tarmac this week. The total distance is around 32km and there are a few possible cafe stops along the way.

There are some tremendous scenic views as we pass through some wonderful countryside making this is a ride well worthwhile doing.

€5 per person (no joining fee). For more information, contact Paul Beesley on: 289 360 001 or 913 226 954, e-mail: paul.beesley@sapo.pt, www.activityalgarve.com.

East Algarve Walks

Every Tuesday & Friday mornings.

For more information
Call 913 595 868.

brian@moonlightservices.eu
www.moonlightservices.eu



Lets walk... from Benafim

Saturday May 23rd

A moderately easy 2 hour walk through the countryside and orange groves, some gentle climbs. 10am start - meet at the restaur-

rant/cafe Hamburgo on the main road from Alte to Salir, if coming from Alte the cafe is on the left just before the village of Benafim

Lets walk... on Foia

Wednesday May 27th

A moderate walk with some climbs on the slopes of this beautiful mountain.

10.00 start - meet at the Tourist Information in Monchique. Drive into Monchique town and

follow the signs for Foia, after passing through a one-way system you come to a roundabout and the Tourist information is on the left above a car park

No need to book please just come along with a sense of humour & wearing comfortable shoes, there is a small charge of €5 for the walk.

Julie Statham 965 753 033 or www.portugalwalks.com



The Rotary Club Praia da Rocha honoured 13 year old Leticia de Oliveira Verissimo, now pupil of the 7th year at Escola Eng.º Nuno Mergulhão in Portimão, for her excellent school results (deserving all support of the community) during a festive dinner at Hotel Algarve Casino on Mai 12th, 2009. The president of Rotary Club Praia da Rocha, Bernhard Schluender, could hand over a premium of 500.- Euros from the Portuguese Rotary Foundation, hopefully a stimulation for more pupils. The Speaker of the evening was Prof. Dr. José Alberto Quaresma, stressing the importance of education to begin at home with the parents and not only in school.

ARTE VIVA 2009

MUSEU DE SÃO BRÁS

A Weekend of live art and entertainment

Attractions for everyone whatever their age or interests. Saturday July 11 and Sunday July 12 from 18.00 until 24.00

The aim of this annual event is to blend the work of multinational creative artists, some of whom will be working live in different media, with other examples of live art in the form of music, theatre, fashion, and street-artists including jugglers, clowns and fire-eaters, to culminate in a vibrant international festival of live entertainment, unique in the Algarve.

Once again the youth of the São Brás schools who have taken part in the art competition "Concurso Juvenil de Arte e Literatura" entitled, Lendas e Tradições, will have their work on display during the weekend. Their works of art form an integral part of the festival

Visiting children will also have the opportunity to practice their talents, under supervision, in a "kids-corner" with all kinds of creative activities to keep them happy.

Providing spectacular live music on Saturday evening will be the bands, Tuca Moura, a mix of Brazilian and African beats and La Planta Mutante, playing fab sounds of the eighties, whilst on Sunday, the world music of Inês Machado and her trio will open

the evening, followed by, Vá de Viró, with the famous local group, Veredas da Memória, closing the festival. Music to suit every taste.

International food, snacks and drinks will be available. Entrance fee at the gate: €4 and children up to 12 years free. Parking at the side of the Museum and the surrounding streets.

Calling all artists

We would like to remind you about our fantastic annual summer festival of live ART and MUSIC, ARTE VIVA. Two evenings of prime entertainment with great interaction between the public and the artists working and exhibiting. A "not to miss" opportunity to show and sell your work.

Westill have some exhibitors spaces available and urge you to contact Vânia at the office, "toute de suite". She will give you all the details and can be contacted at the office during normal office hours on 966-329-073

FREE PICKUPS from Carvoeiro & Ferragudo
call 282 358 502 to book

Vale de Milho Golf

*Ideal for short game practise!
Ideal for family golf!
Ideal for beginners!*



Vale de Milho - A 9 hole, par 3 golf course, was designed by the Ryder Cup player Dave Thomas, to provide a real challenge throughout it's 926 meters for all standards of players. Facilities include a lounge bar, restaurant, a well stocked shop, snooker room and golf school.

"Best designed (Algarve par 3) layout" - Greg Turner.
"Top Holiday Golf Course" - Top 10 Algarve, Dorling Kindersley.



TWILIGHT PROMOTION

November to March - after 3pm
April to September - after 4:30pm
October - after 4pm

GREEN FEES

9 Holes Green Fee €24.00
9 Holes Green Fee Junior €16.50
18 Holes Green Fee €37.00
18 Holes Green Fee Junior €25.50

SEASON TICKETS

7 Rounds - 30% Discount
5 Rounds - 20% Discount

TO FIND US FOLLOW THE SIGNS

FROM LAGOA OR CARVOEIRO

GPS Location: N37.09663° W8.44837°

Tel. 282 358 502 - Fax 282 358 497

Telm. 919 816 560

E-mails: valedemilhogolf@mail.telepac.pt

Web site: valedemilhogolf.com

15%
DISCOUNT ON
GREENFEES
WITH THIS
VOUCHER

Pestana

GOLF & RESORTS

We are looking for a Sales Consultant

Must have a Car &
Licença de Angariador

Send Cv to: sales@pestanagolf.com
www.pestanagolf.com



Get more from your Larder

Here are Judith's top 12 store cupboard essentials and some recipes that will get the most out of your larder...

1) Light olive oil: The light types are ideal both for cooking and in salad dressings so you needn't buy separate bottles for different purposes.

2) Dried pasta spirals: More versatile than spaghetti or tagliatelle as their compact shape means they can be used in bakes, soups, stews and salads.

3) Harissa paste: This hot North African pepper paste - a more-ish mix of red chillies, herbs, spices and oil - can be used instead of fresh chillies, lazy chilli, paprika, cayenne or even curry powder or paste. Also tastes great thinned with oil and brushed over steak or chops, added to mayo for a quick dip or to yoghurt for a marinade.

4) Honey: A great substitute for sugar in baking, hot drinks and delicious on toast, honey also makes a great quick drizzle for breakfast cereals, yoghurt and fresh fruit. It can be used as a marinade ingredient for grilled chicken, roast gammon and lamb, or simply added to salad dressings.

5) Canned cannellini beans: Quick, cheap and easy protein source - ideal tipped into vegetable soups, meat stews (to eke out the costly meat) and good for three-bean salad, or blended with lemon juice and seasoning for a quick dip.

6) Dried apricots: Poach in water for breakfast (puree leftovers for a great sauce for ice cream), eat as healthy snacks, or chopped and added to couscous or rice salads, cakes or home-made bread.

7) Blanched almonds: The most versatile of all the nuts, they can be chopped and sprinkled on

yoghurt, fruit or breakfast cereal, flaked and added to chicken or pork stir-fry, added to cakes and biscuits or ground and added to crumble topping, sweet pastry and cakes or made into a delicious soup with milk, chicken stock and seasoning.

8) Dried lentils: Make a delicious soup from scratch in 30 minutes with brown, green or puy lentils, chopped carrot, onion and celery, vegetable stock and seasoning. Simmer the ingredients then blend. Also great cooked and stirred into rice salad, or used as a side dish instead of potatoes.

9) Sun-dried tomato paste: Gives a more intense hit to all kinds of stews, casseroles, soups and sauces than ordinary tomato puree or canned tomatoes. Stir some into mayonnaise for a tasty dip or baked potato topping.

10) Microwaveable rice: A pouch of brown or white basmati rice that will cook in just two minutes in the microwave is the ideal store cupboard standby. Use not only for an instant curry accompaniment but also cooled to make a great salad with chopped cucumber/onions/peppers/dried fruit/nuts.

11) Canned tuna in water: More versatile and less fatty than tuna in oil and healthier than high-salt tuna in brine. This makes a great lunch with sliced tomatoes, red onion and cannellini or butterbeans, all dressed in vinaigrette.

12) Balsamic vinegar: Ideal all-round vinegar, great for salad dressings (even on its own), add a dash to onions, tomatoes or mushrooms while they are sautéing to bring out the flavour. Use with olive oil or on its own as a dip for bread - or sprinkle over strawberries instead of sugar.

If Judith Wills hasn't been to the supermarket, she's not worried. In her book *New Home Larder* the home cook explains how reorganising those cupboards, and filling them with staple goods will get you cooking economically and efficiently.

Chicken satay with peanut sauce

Fresh ingredients:

1 small to medium whole chicken

Lime juice (optional)

Coriander leaf (optional)

For the marinade:

1tbsp soya sauce

1tbsp runny honey

1tsp each ground turmeric, cumin and coriander

2 cloves garlic, well crushed

2cm piece fresh ginger, peeled and finely grated

Juice of 1 lime, or 1tbsp lime juice from bottle

1tbsp groundnut oil

For the sauce:

5tbsp crunchy peanut butter

1tsp Thai red curry paste

120ml coconut milk

2tsp soft dark brown sugar

Juice of half a lime, or 1dsp lime juice from bottle

Handful coriander leaves, chopped (optional)

Joint the chicken, cutting each breast and leg into two so that you have eight pieces and removing much of the skin. Pierce the chicken pieces several times each with a knife and put them in a shallow glass or china bowl.

Mix all the marinade ingredients together and stir into the chicken. Leave to marinate for at least 2 hours, or overnight if you can, turning occasionally. When ready to cook, preheat the oven to 200°C.

To make the sauce, place all the ingredients, except the coriander, in a small pan and bring to a simmer. Cook for a couple of minutes, until thickened, stirring occasionally, then set aside. Transfer the chicken pieces to a roasting tray with the marinade and bake for about 30 minutes, turning occasionally, until golden and thoroughly cooked through. Serve with the peanut sauce (stirring in the fresh coriander) and some Thai fragrant rice.



Chicken satay with peanut sauce



Falafel Patties with Piquillo Peppers

Falafel Patties with Piquillo Peppers

Fresh ingredients: onion, parsley, egg

1 large onion, peeled and finely chopped

2tbsp light olive oil

2 cloves garlic, peeled and well crushed

350g jar or can piquillo peppers, drained and chopped

(See Tip)

Several dashes of Tabasco

2 x 400g cans chickpeas

1tbsp finely chopped parsley

1tsp each ground cumin and coriander seed

1 egg, beaten

A little wholemeal flour

Salt and black pepper

Add the onion and half the oil to a frying pan and sauté over medium-high heat for 8-10 minutes or until soft and transparent, stirring frequently, and adding the garlic for the last minute.

Reserve half the onion mix in a bowl along with a quarter of the chopped piquillo peppers, then add the rest of the peppers to an electric blender along with the remaining onion mix from the frying pan, a dash of Tabasco and some seasoning to taste. Blend until smooth.

Transfer back to the pan to reheat (or to a serving jug to heat in the microwave).

Drain the chickpeas and add them to a large mixing bowl with the parsley, spices, Tabasco to taste and some seasoning. Mash thoroughly with a fork (or you could mash in the blender, but a

fork is just as easy as you don't need the mix too smooth).

Stir in the reserved onion and pepper mix, combining well, then add the egg. Form the mix into eight or twelve patties and dust with a little flour. Fry the patties in the remaining oil for about 6-7 minutes, turning halfway through, until they are golden brown. Serve with the pepper sauce.

Tips: Serve with some brown rice, couscous or bulghar wheat and a large green salad.

Note: Piquillo peppers come in containers of varying sizes - don't worry too much if your can or jar contains a little less or more than the amount stated above. You can also use ordinary canned or bottled red peppers, if you like, though the piquillos do give a lovely flavour.

Tapenade

150g black stoned olives
2tbsp drained and rinsed capers
2 cloves garlic, peeled and crushed

Up to 5ml robust olive oil
Blend the first three ingredients in an electric blender with 1tbsp of the oil, then add more oil little by little until you have a black paste, not too runny. Transfer to a container, cover and chill, or serve.

To this basic tapenade recipe you can add a small can of anchovies, drained, rinsed and chopped, at stage one. You can also add a dash of lemon juice, and if you have any fresh pars-



ley add 2tbsp, finely chopped, after blending.

Restaurant Write-ups

The Battering Plaine in Almancil (just next door to the Post Office) is the place to go for English Fish & Chips as we know and love them! As well as offering traditional cod and chips they also have Haddock, Scampi, Doner Kebabs, Pies, Sausages and much more. You can eat in the restaurant or order a takeaway, and there is a delivery service to Almancil, Quinta do Lago and Vale do Lobo areas as well.

Monte do Casal, country house hotel, spa and restaurant

is a member of small luxury hotels of the world. Situated in the beautiful historic location of Estoi, it is easy to find by following the yellow signs from Estoi square. Here you can enjoy à-la-carte, fine dining of an evening, inside the restaurant or lunch overlooking the lakes and waterfalls. On offer is an à-la-carte five course degustation tasting menu with the option of five tasting wines, a vegetarian menu, plus both spa and lunch menus. Reservations are strongly recommended.

For our restaurant guide please see the hotline on pages 32 & 33

The International Algarve Fair
30th & 31st May

If you haven't yet booked
your stand yet call 282 380 317
or go to algarvefair.com

Monte do Casal
Country House Hotel, Restaurant and Spa
A member of Small Luxury Hotels of the World
For Dinner, Saturday 23rd May, The Cuban 7 piece band 'Amerika Libre' will be performing an outstanding Latin American Spectacular at Monte do Casal. Exciting Cuban and Caribbean sounds and a specially created A la Carte Menu or a Special Set Menu at €35 will provide a memorable Saturday evening.
Reservations: 289 990 140 / 919 883 267
reservations@montedocasal.pt
www.montedocasal.pt
Cerro do Lobo, Estoi
(Follow the yellow signs from Estoi Square) slh.com

THE BATTERING PLAICE
Traditional British Fish and Chips
Restaurant-Takeaway-Delivery service
Next to the Post Office, Almancil
EXCELLENT VALUE FOR MONEY
Using only the finest quality cod, haddock, wholetail scampi, English sausages, homemade 6oz pure beef burgers, chicken burgers, pies and much more. Handcut chips, freshly prepared beer batter & homemade mushy peas.
LUNCH SPECIALS
Cod, Haddock or Scampi with chips and mushy peas
ONLY €6.00
OPEN: MONDAY - SATURDAY
12.00 Midday-2.30PM • 5.00PM-10.00PM
SUNDAY
6.00PM-9.00PM
Last orders for restaurant and delivery
30 minutes prior to above closing times
Telephone - 963 731 736

The opinions expressed here are those of our readers and not necessarily of The Portugal News. The editor reserves the right to edit letters or refuse publication. Send your letters, which must include your name and full postal address (even if you wish to remain anonymous on the page), and be no more than 300 words, to The Portugal News, Apartado 13, 8401-901 Lagoa. E-mail address: letters@the-news.net

Car tax is not okay

SIR, Every week **The Portugal News** publishes articles about the ever more interference in our day to day lives by the European Commission, with directives on everything from the colours of ambulances to vehicle daytime running lights, and a myriad of other laws and regulations that we don't need. Yet the one time they could really do something useful, they don't. I refer to last week's article on car importation. Unfortunately **The Portugal News** does not actually state who in "the EC's Taxation and Customs Union" made the comments but whoever it was, is wrong on several points.

Personal exemptions on imports when an individual transfers residence to Portugal is not a great gift by the Portuguese State to be commended, but rather a rule laid down in Directive 83/183/EEC. Anyone who has actually imported a car will know that in reality, Customs main job seems to be to demand a copious amount of paperwork, and lay as many obstacles in the way as possible to avoid granting the exemption. One could also ask why, as there are no Customs control between EU Member States, is Customs given this responsibility? Surely this is a clear breach of EU rules.

I am well aware that Portugal has always argued that it is not an 'import tax' but a 'registration tax'. The major flaw is that the tax is based on a formula and no account is taken into consideration of the real value of the product. For example, a 2001 Ferrari 360 Modena (approx UK second hand

value £45,000) would pay around the same tax as a 1988 Rover 3.51 (approx UK second hand value £150). If Portugal is allowed to continue this practice, clearly there is nothing stopping other Member States from starting their own similar tax, or in fact a tax on anything else. Where is it written in the Treaty of Rome that the free movement of goods stops at the Guadiana river?

Finally, the comment from the article that "the EU also suggests no taxes should be charged on cross-border transfer of cars, but says it has been unable to implement this through lack of support from a number of Member States." As I understand it, Portugal and Denmark are the only two Member States that now have such a tax, it doesn't take a rocket scientist to work out that there isn't likely to be much interest, as compliant Member States probably aren't even aware of its existence. I'm sure that former Portuguese PM and current Commission President, Jose Barroso, whose government also happily collected this tax, has nothing to do with the "lack of interest" shown.

Now with be a good time for readers of **The Portugal News** to bring this matter up with their MEP. After all, as we enter the Euro elections campaigning period, this is the one time in 5 years when we actually have their attention.

ROGER MELLIE, Vilamoura

Here's an idea ...

SIR, For those readers who are

looking for a new car and do not want to pay the dreaded car tax which it seems from last week's headlines can be charged, maybe there is an answer. Walking past the Jeep garage in Portimão the other day, I noticed a new Jeep Wrangler 2-seater soft top for sale, because of some fluke it is classified as a commercial vehicle and only IVA is levied, no car tax. If you want 4 seats then you have to pay car tax. Whilst not suiting everyone, the car could be of interest to a single person or couple and saves a fortune on tax. Don't forget also that Portugal has a scrap car incentive as well, with up to €5,000 (depending on the new make) on a 15 year old taxed, IPO valid Portuguese registered car.

M. HEPTON, By e-mail

Petroleum prices

SIR, why is petrol still so costly in the Algarve - costing 50% more than in Spain?

ERIC CARN, Paderne

To dog owners

SIR, I would like to inform all dog owners in the Carvoeiro area that the dog poisoners are operating again.

My son's beautiful husky dog has died this week after having been poisoned by persons unknown.

It is a cowardly and vicious attack causing an agonising death to the dog and distress to the owner.

If it is possible to catch these unprincipled people they should be punished. It is a shame that this still continues here as some Portuguese are becoming more responsible owners and caring for their animals.

N. TAYLOR, Carvoeiro

Weeds, butterflies, et al

SIR, Your article on weeds (**The Portugal News** - 9 May)

struck an odd chord. I noticed the article because of the large photo of a dandelion seed head. It was only a week or so ago that I was talking to a neighbour and mentioned there were some interesting items missing from the garden: no dandelions and no stinging nettles. Hoorah! Mind you, there are plenty of alternatives, but they are pretty and I am happy to live with them. Let the Algarve weeds abound, say I.

On the other hand, something else is missing. When I first came here at the beginning of the century the place was filled with slowly flapping butterflies as big as my hand. Where are they? I haven't seen any for at least two years?

The drought we had a couple of years ago also seems to have done serious damage to the frog population. Perhaps it is a good thing I am no longer deafened by the blighters in the stream, and up the trees, but I rather miss the racket.

Nowadays there are just one or two surprised croaks, and then silence.

And if the weather doesn't warm up soon the next endangered species might well be swimming pools.

JOHN CLARE, Arao

European elections

SIR, Please allow me to make some comments regarding the forthcoming elections to the European Parliament

According to the 'Eurobarometer' inquiry only 34 % of the European people entitled are ready to vote. This indicates the lowest participation ever seen. This is a big shame for any politically active body in every European country. An inquiry in Portugal shows a significantly lower interested population - only 24 % are more or less well informed and ready to vote. 70% of the population in Portugal were said to be insufficiently informed

about the activities of the European Parliament.

This gives a realistic picture of a country which is unable to understand the basic European ideas and their influence on the decisions made by the European Parliament to their daily life. For the Portuguese people, is Europe only 'a cow' which can be milked to their ends? But this 'cow' is fed by tax money from other European countries. The only local discussion is: if it is important or not to be led by a Portuguese EC Commission President.

F. K. HARTMANN, Alvor

Pardon the puns

SIR, Nothing but doom and gloom in the Letters page recently, perhaps a little levity is needed? I've always been a lover of puns, most of which are usually one-liners like:

Practice safe eating - always use condiments.

A Freudian slip is when you say one thing but mean your mother.

Shotgun wedding: A case of wife or death.

I used to work in a blanket factory, but it folded.

Marriage is the mourning after the knot before.

A hangover is the wrath of grapes.

Banning the bra was a big flop. A successful diet is the triumph of mind over platter.

Now and again a longer gem comes along and among my favourites of this kind is this one:

An old Colonial was diagnosed with a disease that would shortly kill him. His local witch doctor said he could cure him and asked for a leather bootlace which he cut up into small pieces and soaked in a nauseous mixture. He instructed the patient to swallow a mouthful three times a day until it was finished. When the witchdoctor returned it was obvious that the concoction had had no effect. "Ah, I see" said he, "the thong is ended but the malady lingers on".

RON LAVERY, By e-mail

Turning the corner?



In the week that quarterly GDP growth statistics showed Portugal had recorded the third highest growth figures, coupled with being found to be the most competitive economy in southern Europe and second best improvement in the construction industry, the Finance Minister has predicted that the economy is likely to recover sooner than expected and actually grow in the second half of the year.

Teixeira dos Santos has resisted the temptation to assume an euphoric stance despite latest figures both here and abroad allowing for an optimistic outlook on the immediate future. The Finance Minister said this week that the country might have already experienced the worst the current crisis can throw at it and predicted the economy might come out of the recession as early as the second half of the year.

Speaking to Reuters, Teixeira dos Santos expressed confidence that the burgeoning budget deficit would peak in 2009 before declining next year.

"With the high level of uncertainty in mind, I think the Portuguese economy is now passing through the worst period and I think that as of the second half we will start seeing positive signs ... basically, I expect quarter-to-quarter growth in the second half of this year," he was quoted as telling the news agency.

The Minister further pledged that taxes would not be raised once the economy had recovered, explaining that the Government had not resorted to tax cuts as the effects of the crisis hit the economy here.

Teixeira dos Santos further told Reuters that in spite of a credit rating downgrade by 'Standard & Poor's' and a spike in the spread of Portugal's bonds to German bonds, there has been no problem in placing the country's bonds at debt auctions.

The Minister's comments come shortly after the Govern-

ment revised its GDP forecast, saying it would shrink 3.4 percent this year, 2.6 percent more than foreseen in its previous projection. Teixeira dos Santos also told a Lisbon news conference that the Government's new estimate for unemployment in 2009 was set at 8.8 percent, up from the earlier forecast of 8.5 percent.

He said the Government expected to close the year with inflation at 0.1 percent, down from the previous projection of 1.1 percent, while exports and public/private investments were expected to shrink by 11.8 percent and 14.1 percent, respectively.

The economy also received a boost on Wednesday, when the European Commission announced it had approved the Government's €4 billion to plan to recapitalise national banks.

EU Competition Commissioner Neelie Kroes, in announcing the body's approval of the re-financing plan said Portugal's recapitalisation plan "envisages effective measures to boost confidence in the markets" and also "establishes safeguards to limit distortions of competition."

Further good news came when the Institute for Management Development (IMD) unveiled Portugal has being the most competitive economy in southern Europe, surpassing Spain it climbed three positions in the rankings.

Boosting Portugal's rise in the table was its continuous improvements to its infrastructures along with its competitiveness in terms of costs.

Portuguese for Beginners

Emília Rosendo

144

THIS LESSON:
The verb structure "estar
a" in the Past.

① Select from the list below the verb to be used with the structure "estar + a" in "Pretérito Perfeito do Indicativo".

preparar	brincar	arrumar	planear
passar	pensar	estudar	chorar
mexer	andar	fazer	pintar

- As estantes estão limpas, os livros estão devidamente organizados nas prateleiras e o cesto dos papéis está vazio. Certamente, as empregadas _____ o escritório.
- As unhas do Miguel estão tão sujas porque ele _____ com plasticina no infanteiro.
- Alguns alunos estavam muito cansados e cheios de sono quando entraram para a sala. Eles _____ durante toda a noite para o exame.
- A Maria tem os olhos tão vermelhos e inchados porque, acredito, _____.
- O João vai ficar muito emocionado no dia do

seu aniversário! Nós _____ uma festa surpresa para ele.

6. Ontem à tarde, os pais do António _____ em família as próximas férias de Verão.

7. - O que é que tu _____ ? Estás todo suado!
- (Eu) _____ de bicicleta.

8. - O que é que vocês _____ ? Têm os sapatos cheios de lama!

- (Nós) _____ com o cão no campo.

9. Eu _____ seriamente no assunto, mas ainda não tomei nenhuma decisão.

10. - Meninas, o que é que vocês _____ com o meu frasco de verniz?

- (Nós) _____ as unhas.

11. Ela está tão irritada porque pensa que alguém _____ no seu computador sem a sua autorização.

12. As crianças _____ os trabalhos de casa e, agora, já podem ver o seu programa favorito de televisão

Please send your completed exercises with a **STAMPED, SELF-ADDRESSED ENVELOPE**, to me:

Emília Rosendo at **The Portugal News** and I will return them corrected.

The Portugal News • Apartado 13 • 8401-901 Lagoa

PROPERTY

A weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 23 May 2009

PROPERTY OF THE WEEK

Costa Vicentina, West Coast Vale Figueiras, heaven on earth



This week 'Property of the Week' is proud to showcase a truly unique opportunity to create something very special against the awesome backdrop of the beautiful Costa Vicentina, courtesy of **Licensed Real Estate Agency Togofor-Homes Lda.**

The Costa Vicentina National Park extends along the Algarvean and Alentejan coast for 150 km, offering unparalleled views of the un-spoilt coastline.

The breathtaking combination of rugged cliff tops, sheer drops, sprawling dunes, powerful Atlantic tides and endless deserted beaches enthrall nature-lovers of all kinds, whilst supporting over 100 species of flora and attracting more than 50 species of birds.

It is no wonder then that this part of Portugal is celebrated and visited by surfers worldwide.

In addition to this there are wonderful routes for walking, cycling and hiking which take in the best of what this un-spoilt piece of nature has to offer.

The property consists of two adjacent plots with a total area of 80 hectares and includes a registered ruin.

Immediately behind the 600m sandy beach are beautiful rolling hills reaching over 100m above sea level and deep valleys. Further inland there are gentle slopes up to 150m above sea level with ocean views to the West and

views of the Serra de Monchique to the East.

The vegetation is a mixture of natural scrub and bushes along with a plantation of pine and eucalyptus trees. Close to the property is a paved coastal road, electric power and telephone lines.

This West Coast location is highlighted as one of the main future growth areas in the Algarve, incorporating improvements to infra-structures, increasing local amenities combined with the concentrated promotion of this natural and un-spoilt Portuguese coastline.

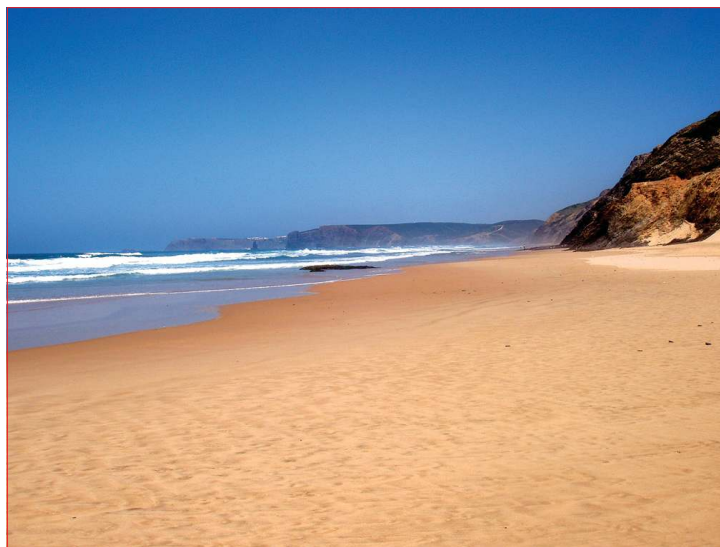
Located approximately 28km north of Cape St. Vincente, 25kms from Lagos and only 15km from the A22 motorway, this is the ideal location for a rural tourism project complementing the surroundings or indeed a spectacular private beach-front residence all dependant on official approval.

Reduced from €1,500,000 to €1,300,000 this property is bursting with potential and possibilities.

Licensed Real Estate Agency Togofor-Homes Lda

combines a diverse portfolio of properties with professional customer service and a database of registered clients from around the world.

For more information, contact the Togofor-Homes' offices in Lagos; tel: (+351) 282 432 004, fax: 282 496 729; or Alvor, tel: (+351) 282 476 568, fax: 282 458 177. Alternatively, e-mail: info@togofor-homes.com, or see website: www.togofor-homes.com AMI: 6902



DANISH QUALITY TIMBER HOMES

Design flexibility | Top workmanship

The best materials | Fully fitted and equipped

An eco-friendly and economic solution with fast turnaround

A wooden home from **DANECASA** is the complete answer

We have the experience • We have the choice • We have the complete solution

www.danecasa.com

Come and see for yourself at our showhouse alongside the eastern entrance to Algarve Shopping on the EN125 at Guia, Portugal. Tel +351 289 571 270 | info@danecasa.com
PIO X11 14, San Silvestre de Guzman, Huelva 21591, Spain.
Mobile +34 630 211 248 | carl@danecasa.com



Cool in summer, warm in Winter and dry all year round, a wooden building from Danecasa not only looks good inside and out, it provides an extremely comfortable and healthy living environment and can counter Winter allergies.

You will also benefit from possible savings in energy consumption of over 30% compared to a conventional brick built home

DANECASA Scanwo®
Constructive solutions for modern living



Professional Estate Agents

Mobile +351 917 709 917
pedro@algarveproperty.com

www.algarveproperty.com



Pedro Diogo
your professional real estate consultant

Gov. Lic.
AMI 2196



SESMARIAS

Refª V72027

3 bedroom villa located on a very quiet area, only five minutes walking to the beach. 650 sq.m. plot with approx. 208 sq.m. of constructed area. Modern architecture. Top quality finishes. Fully fitted kitchen. Air conditioning. Alarm. Large landscaped garden with swimming pool and barbecue area. Stunning sea and country views. Must be seen to fully appreciate.

Price: € 960,000



VILAMOURA

Refª A72019

3 bedroom apartment located on a complex with large green areas and communal pool. Very quiet area between the Pinhal and the prestigious Old Course. 115 sq.m. of constructed area. Furnished and equipped. Balcony with BBQ. Near several golf courses and less than 5 minutes drive from the Marina in Vilamoura and the beach. Excellent letting potential.

Price: € 205,000



S. B. MESSINES

Refª A72018

Old Wind Mill fabulously transformed into a 5 bedroom detached villa. Lots of character. Very quiet area approx. 5 mins drive from Messines. 1,440sq.m. plot w/ 221sq.m. constr. area. Living room w/ fireplace & separated dining area. Lovely conservatory. Fitted kitchen. Garden w/ sw. pool & ornamental pond. Several car private parking. Lovely panoramic views over country.

Price: € 350,000



ALBUFEIRA

Refª V82060

Four bedroom detached villa located on a very quiet and residential area. Approx. 15 minutes drive to the beach. 675 sq.m. plot with 287 sq.m. of constructed area. Top quality finishes. Fully fitted kitchen. Living room with fireplace. Four en suite bedrooms. Private garden with lovely pool area.

Price: € 560,000

VILAGENTE



SOCIEDADE DE MEDIAÇÃO
IMOBILIÁRIA, LDA.
AMI 489

Edifício do Cinema, Loja 3,
Vilamoura,
8125-432 Quarteira
Algarve - Portugal
Tel: 289 314 486
Fax: 289 315 578
vilagente@mail.telepac.pt
www.vendavilla.com



Vilamoura

Studio apartment composed of lounge, bathroom and terrace. Furnished, equipped and with air conditioning. Construction area - 54 sq.m.

Ref: A1321

Price: € 70,000



Vilamoura

Situated near all facilities, one bedroom apartment composed of bathroom, lounge, kitchen, storage and terrace. Furnished and equipped. Communal swimming pool and garden area. Parking space in the basement. Construction area - 74 sq.m.

Ref: A1188

Price: € 110,000



Loulé

Villa with ground floor and 1st floor composed of 4 bedrooms, 2 bathrooms, 3 lounges 2 kitchens, pantry, laundry room and storages. Garage and terraces. Villa has 2 separate entrances. Located in the centre of Loulé. Construction area - 200 sq.m.

Ref: V12595

Price: € 180,000



Boliqueime

Country villa composed of 3 bedrooms, 2 bathrooms, lounge w/ dining area and fireplace, equipped kitchen and various terraces. Roof terrace, swimming pool and garden. Plot area: 2.200 sq.m.

Ref: V12585

Price: € 450,000

AMI licence 7673



E-mail:

sarah@algarvemanta.pt

Mobile:

00351 911 041 862

Office phone/fax:

00351 281 952 820

Sales:

www.algarvemantaproperties.com

Rentals:

www.algarvemanta.pt



Ref: 727 - €113.000

Tavira

Fully furnished beautifully finished one bedroom apartment, equipped kitchen, lounge with patio doors to balcony, bedroom has fitted wardrobes. First floor with lift and space to park in garage.



Ref: 813 - €129.000

Conceição de Tavira

Fully furnished two bedroom first floor apartment. Very close to Benamor Golf Course and beach resort of Cabanas, two good verandas, south facing and north. Good sized lounge and bedrooms with fitted wardrobes.



Ref: 773 - €135.000

Vila Nova de Cacela

Two bedroom, two bathroom one of which is en suite, nearly new apartment with equipped kitchen, roof terrace, and parking in garage, very close to all local facilities, ocean view from apartment.



Ref: 075 - €220.000

Manta Rota

Brand New three bedroom townhouse on closed condominium with pool, great investment, air con fitted, fully equipped kitchen, large lounge diner, close to blue flag award winning beach.



Ref: 849 - €470.000

Near Tavira

Very generous brand new country property, 12 km from Tavira, ocean views, very large garage, three en suite bedrooms, enormous lounge/diner, equipped kitchen, 4600m2 of land, price if a pool is required €495,000.

Elly van Hulst

The fastest real estate agent in the Algarve

(former World Record Holder 3.000mts running '89-'01)

www.property-runner.com

Tel. +351 289 842 992

between Loulé and S. Brás

AMI 6392



near Vila do Bispo

- Unique long stone cottage
- Dated 1791 restored 2001
- 3 bedrooms 2 bathrooms
- Annex & separate cottage
- Beautiful gardens & views
- Villa 200m² Plot 30.000m²

Ref. C934

Price: € 800,000



São Brás de Alportel

- Unique old olive factory
- To convert to lovely villa or poss. B&B / restaurant
- 2 bedrooms 2 bathrooms
- Original well, garden
- Cott. 300m² Plot 1.000m²

Ref. C1155

Price: € 495,000



Santa Bárbara de Nexe

- Ground floor studio apartment
- South facing private terrace
- Lovely views to ocean
- Bedroom / living / kitchen
- Bathroom, fireplace
- Studio 45m², furnished

Ref. A492

Price: € 56,000



São Brás de Alportel

- Potential to increase
- Basement / extra rooms or separate apartment
- 3 bedrooms 1 bathroom
- Approval for pool 10x5
- Villa 224m² Plot 1.650m²

Ref. V1181 - "Quick Sale"

Price Reduced: € 280.000



Silver Coast - Nazaré

- Beachfront townhouses
- Spectacular ocean views
- Closed condominium
- 2+1 bedrooms 3 bathrooms
- Shared pool, garage
- Townhouse 216m²

Ref. V2276

Price: € 300,000



Large Family Home for Sale in Almancil

Large 500+ square metre 4 bedroom/6 bathroom family home for sale in a quiet and secluded area of Almancil.

Ground Floor: Modern fully fitted kitchen, Dining Room, Large lounge/sitting room with views on 3 sides of the Algarve scenery, and 3 good sized bedrooms, all en suite.

First Floor: Huge, stunning Master Bedroom and en suite bathroom with large private sun terrace

Basement: Playroom/Games Room/ Cinema Room with kitchen, wine cellar and built in bar, the basement runs the entire length of the house. The Vila stands in ½ acre fully enclosed irrigated garden with pool, return drive with electric entrance gates, mature fruit trees, garages, car port and shady BBQ terrace.

The Vila has its own bore hole. Recently decorated to a high standard is close to the Shops, schools and all amenities and is 10 minutes to beaches.

For sale (Delaware Company) by Owner at: €975,000.

NOW €875,000.

Contact Chris on 289 396 754



JUST REDUCED
€100,000

**NEXT
weekend!**

Don't miss 'the greatest family party' in the Algarve. Two whole days for you to enjoy the best that the international community in the Algarve has to offer.

Stands

There will be over 150 stands with everything for the home, garden and lifestyle. Stands will be offering advice on travel, home improvements and finance, there will be lots to buy including fashions, books, art, decor, specialist foods, pets products and visitors can enjoy beauty treatments and health advice.

Algarve Dog Show

Purely for dog lovers - training seminars, grooming demos, dog displays and more.

Games Area

Especially for children (but adults will like it too). Fairground games, bouncy castle, lots of prizes.

Fire & Rescue displays all day

The Lagoa firemen plus fire engine, ambulance and special 'rescue' and lifesaving demonstrations for children and the chance to put out a real fire!

The Algarve Wine Festival

Lagoa City Hall will be staging their annual wine festival. Lots of tastings!

Green Challenge

Local schools have taken up the challenge to help save the planet. Their ideas will be on display in the Pavilion.

Motor Show

Lots of new vehicles to inspect and dream over.

Food Arena

Several international restaurants serving delicious food including Pizza from Italy, Surinam Food, Salads, Wraps, Hog Roast from UK, Chicken Piri-piri w/ *Batata Frita* from Portugal, Vegetarian, Tapas from Spain, Curries from India and Pies from the UK.

Arts & Crafts Market

A dedicated section for artisans to show off their wares in a beautiful tented area. Some wonderful products will be on offer.

All Day Entertainment

Peruvian band, children's ballet, choirs, music & singing, line-dancing in the evenings and our special parade at 12.00, 15.00 and 17.50 hours each day with the Algarve Fair jingle.

Children's Fancy Dress

Children are invited to come to the fair in fancy dress and join in the parades

The Portugal News Café

Come and enjoy the hospitality of The Portugal News in their special café situated in the Pavilion. Buy a *bica* and a *pastel de nata* for €1.50 and you'll receive the free travel hairbrush and mirror which commemorates the 1000th edition of The Portugal News.

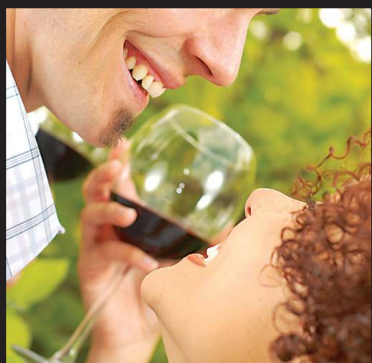
Entrance & Prizes

Entrance costs only €3 per person and children under 12 are admitted free.

There are competitions to win, bargains to grab in the marquee, displays & demonstrations, new products to discover, it's a great day out for all the family, and full of surprises.



IT'S WHERE ALL THE ALGARVE MEETS!



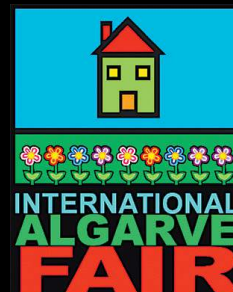
Organised by:

**THE PORTUGAL
News**

Supported by:



Sponsored by:



**LAGOA
Fatacil
30 / 31 MAY
11.00h - 19.00h
Exhibition Hotline
282 380 317
algarvefair.com**



More power to your patio



Make that outdoor space another room where you can relax and entertain. We find out how to create the perfect space with the latest fabulous furniture, equipment and accessories.

If ever there was a time to make the most of your outdoor space, it's this year.

Tight budgets will almost certainly result in more of us enjoying time in our own gardens this summer.

Fortunately, the choice of garden furniture and accessories has never been better, and there's no longer any need to set-

tle for uncomfortable, wobbly seats or a conventional dining set.

Liz Murphy, associate editor of House Beautiful, says: "Once the domain only of the keen gardener, our gardens have become extensions of our homes."

"Most of us rush to sit outside at the first glimpse of spring sunshine, and we want our gar-

dens to feel as comfortable as our living rooms, equipped with everything from sofas to coffee tables."

Open-plan kitchens opening onto decks and patios is an established trend, she points out, and this creates the need for the view from the back of the house to look as good as the front.

Rather than grabbing the first

sunlounger or patio set you see, she advises that when planning a room outdoors you start from the same basic point as you would when creating an indoors room.

She says: "Decide what you want the room to do, and how much light it gets. If you want an outside dining area and your garden's in full sun over lunchtime, make sure to include lots of shade."

"In the short term, this may be an awning or huge parasol, but a longer term solution could be an arbour which, if you have climbing plants like vines to cover it, will look gorgeous and give far more shade than an umbrella."

New materials such as weather-resistant rattan have banished the chore of rushing around covering up furniture at the first sign of a shower, or the need to store it.

If your priority is to lounge, rather than eat, Liz suggests opting for comfy living room-style furniture like large, squashy sun loungers or a corner unit.

Don't neglect all-important finishing touches like lighting, she urges, adding: "Solar-pow-

ered ground and fairy lights will gradually begin to twinkle as darkness falls, creating a soft glow to eat by."

"Use lamps, lanterns and candles to highlight particular features in your garden, such as a beautiful tree, bush, or pretty seating area. Add scented candles to fill the air with fragrance."

Plug into patio power by choosing from this selection of some of the best outdoor furniture and accessories.

Country Cottage

Even if you don't enjoy a country cottage setting you can still conjure the soft prettiness of that look with dazzling white painted furniture or decorative wrought iron pieces.

Decadent Zone

Lounging on an L-shaped sofa or relaxing on a day bed isn't cheap but the investment will pay dividends and transform a patio into an outdoor sanctuary.

Traditional Wood

Wood is the most popular

choice for a classic setting. Liz Murphy points out: "Garden furniture in soft wood is cheaper but doesn't weather well, so won't last as long without being painted."

"Hardwoods, such as teak, are much more hardwearing and will stay looking good for years. Oil the wood to help it keep its natural teak colour, or leave it to weather and it will go a beautiful shade of silvery grey."

Patio for less

Faced with a blast of sunshine, a bare patio and not much cash it's easy to panic-buy the first cheap-but-not-so-cheerful furniture set you find.

Instead Annie Deakin, editor at mydeco.com, advises: "Get into the summer swing with bright colours and funky accessories. They will always exude sunshine and high party spirits whatever the weather."

Get sorted with some well-designed and well-priced choices that you won't regret buying once the sun's gone in.

By Gabrielle Fagan



500+ sq metre 4 bed, 6 bath unfurnished Vila to let in a quiet and secluded area of Almancil.

The Vila is on 3 floors with a modern fully fitted kitchen, an enormous Master Bedroom and Bathroom suite and is wheelchair friendly with access to all 3 floors via an Elevator.

This is a comfortable warm family home with under floor heating, a fireplace in the kitchen and a huge bonus room/playroom/party room in the basement. Large fully enclosed walled garden with pool, garaging, BBQ terrace, plenty of storage and a producing orchard.

The Vila has recently been fully decorated, is close to schools, shops and all amenities and 10 minutes away from the beach.

LARGE FAMILY HOME FOR RENT IN ALMANCIL

Available now for long term let. €2,500/pm
For details call Chris on 289 396 754 today...



HAVE IT ALL NIGHT LONG!

S.O.S.
SKY DIGITAL TELEVISION

All Your Channels
All Night Long Guaranteed
The Best Reputation on the Algarve

Chris Whitman
916 378 722
sosskydigital@msn.com

Abode furniture

LIMITED OFFER

Credit Crunching Combo Deal

Santiago Dining table + 4 Santiago chairs + Mirror and coffee table = **€499** including IVA*

LIMITED OFFER WHILST STOCKS LAST

* Terms and conditions apply, IVA included, Full warranty included, Some assembly required, collection only. Delivery is available at an extra charge on this combo deal.

www.furnishyourabode.com
UK: 0870 8032 970
PT: 282 762 070

Well located T3 apartment in Lagoa

Top floor T3 Apartment excellently located on the outskirts of Lagoa, with views across the fields, while being a stone's throw from a gymnasium, theatre, police station, health clinic, school and shops. Situated in a pretty, landscaped cul-de-sac, the apartment has a light and spacious lounge overlooking the countryside, three bedrooms, two bathrooms, kitchen and two balconies. Being only 5 minutes drive to the beach and various golf courses makes it an ideal holiday home and a great investment.

Type: T3 or lux T2 • Size: approx 100m2
Price: P.O.A.
Call 282 343 652 or 282 352 547
or email: mail@infiniteinspire.com



private sale





QUALITY IS THE KEY OF SUCESS...

FILNETO
GROUP

+351 967 012 442
info@filneto.com
www.filneto.com

Colinas da Boavista (Tavira) from €107,600.





Condomínio do Pinhal (Vilamoura) from €395,000.




Atlântico Plaza (Loulé) from €285,000.





Best Priced Properties Across The Algarve

Silves, Ref: S663

BARGAIN! Reduced to €250,000.

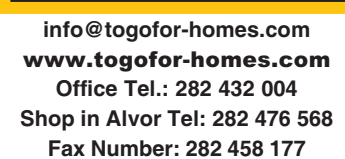
- Detached 2 storey new house
- 3 bedrooms, 3 bathrooms
- Large 9,990m² plot
- Breathtaking country views
- Extension possible, fully furnished
- 25 mins drive to beaches, close to Silves



Near Silves, Ref: S699

GREAT VALUE! Only €195,500.

- Detached renovated farmhouse
- 3 bedrooms, 2 bathrooms
- 1 storey property, 120m² living area
- Large 14,700m² plot
- Fruit trees by the river
- Peaceful location, near Silves



AMI 6902
TOGO FOR HOMES
THE ALGARVE PROPERTY SPECIALISTS

info@togofor-homes.com
www.togofor-homes.com
Office Tel.: 282 432 004
Shop in Alvor Tel: 282 476 568
Fax Number: 282 458 177



Contact Me!



SORAIA SANTOS

Tel: +351 962 014 793
email: ssantos@remax.pt
www.remax.pt/ssantos

RE/MAX Vilamoura

**5 AWARDS IN 5 YEARS FOR
EXCELLENCY IN REAL ESTATE SALES**

Buying or selling? Contact me Today!



Vilamoura: 3 bedroom top-floor luxury apartment. Roof terrace with BBQ and Jacuzzi and open views. Fully equipped kitchen. Central heating and air-conditioning. Beautiful pool and garden area.
GREAT VALUE! PRICE: from €525,000.



Vilamoura: 2 bedroom, 2 bathroom, large terrace with open views to the pool and garden. Fully furnished. Air-conditioning. Garage. Close to snack-bar and restaurant. Walking distance to the marina.
GREAT LOCATION! PRICE: €194,000.



Vilamoura: 2 bedroom, 2 bathroom ground-floor apartment with private garden. Spacious garden and swimming-pool. Just by the golf-course. Quiet and familiar location. Fully furnished. Garage.
FEELS LIKE YOU ARE IN A VILLA! PRICE: €260,000.



Fonte Santa: 4 bedroom semi-detached villa, with 3 en-suite bedrooms. Spacious rooms. Garage. Terraces. Lovely garden with space for a pool. Nice neighbourhood walking distance to the beach.
WALK TO THE BEACH! PRICE: €385,000.

PROPERTIES REQUIRED: MONCHIQUE & SILVES

We are expanding our portfolio in the Monchique and Silves area and have registered clients from Germany, Holland and France looking for properties which meet the following criteria:

- ★ **Detached houses and villas, renovated or new**
- ★ **4+ bedrooms, minimum plot 3,000m², pool**
- ★ **Maximum price €500,000**

Our clients are arriving over the summer and autumn and are ready to buy!

AMI 6902
TOGO FOR HOMES
THE ALGARVE PROPERTY SPECIALISTS

info@togofor-homes.com
www.togofor-homes.com
Office Tel.: 282 432 004
Shop in Alvor Tel: 282 476 568
Fax Number: 282 458 177



T. 00 351 289 320 180
F. 00 351 289 320 190
www.newlynportugal.com
info@newlynportugal.com

Portugal

Cabanas - East Algarve - From € 215.000





O POMAR
YOUR DREAM HOME IN THE SOUTH

Vilamoura - From € 290.000




Carvoeiro - From € 495.000




ALGARVE REMOVALS



Weekly removals service to and from the UK, Algarve & Ireland with full packing service & storage facility in the UK & Algarve, from 1 box to part or full load shipments.

- **Transportation of cars, boats & motorbikes**
- **Local removals and deliveries within Algarve**
- **We guarantee your peace of mind & safety of goods**

The General, Main Road, Boreham, Chelmsford, Essex CM3 3HJ

UK- Tel: 0044 (0)1245 468888
Algarve- Tel: 00351 289 513851
Email: sales@algarveremovals.com

Mob: 0044 (0)7711 179842
Mob: 00351 969134801
Web: www.algarveremovals.com



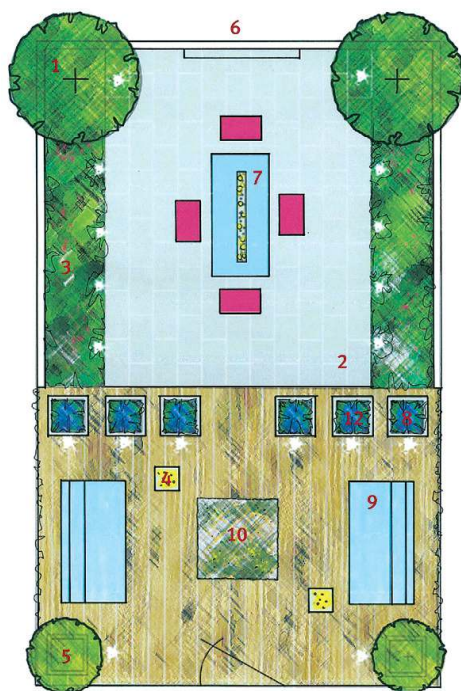
Gardens inspired by the credit crunch



The credit crunch even affected some sponsors of this year's Chelsea Flower Show, with the number of main show gardens being reduced from a bumper crop of 22 last year to 13 this year.

Chris Beardshaw's Inspirational Blueprints

Small Garden



Sarah Eberle, award-winning garden designer, who runs her own business from Hampshire, England, says there are many things gardeners can do to save money during the credit crunch.

"Use your imagination and think outside the box as to how you could use materials, making your garden more personalised," she suggests. "People can stamp their own personality on their garden."

"It's much better to have something charming and slightly more informal than trying to do something that the professional landscaper would do."

For those who want a selection of new plants, but don't want to have to pay a lot for them, Sarah advises hosting a garden party.

"Invite your friends around and ask them to bring plants instead of wine. You can always

drink elderflower cordial instead.

"Alternatively, visit your local summer fete, which always has a plant stall and swap with friends if you have to lift and divide clumps of different plants."

When choosing plants, she says anything slow-growing and evergreen is going to be more expensive. "Choose plants which are naturally prolific as they may grow quickly and self seed."

She recommends grasses which can be grouped together and can give you real value for money. They'll also look fantastic in small urban gardens.

"You can make whole gardens out of grasses and cut different lengths into patterns," Sarah says. "Draw a couple of ground lines, mow them and come up with something really interesting."

If you are after colour, try seeded flower mixes in urban situations, she advises. "Get a load of seed and scatter it for a wonderful blanket of colours. Sow seeds of annuals, which you can change each year, and will give a much more natural effect than bedding plants."

Don't overspend on trying to achieve a particular look, like over-patterning paving by giving it a brick edge, which may be unnecessary.

"Although details are important, overall it's the quality of the space which is paramount and that comes from personality, comfort and feeling appropriate to the user."

There are other techniques you can use to save money. Award-winning horticulturalist and TV gardener Chris Beardshaw says limit yourself to one new plant each month.

"That way you will have something new to admire and, if you choose one for each month of the year, you can be sure that your garden will have year-long interest. Take advantage of any multi-purchase offers, as planting in blocks makes a bold impact and fills an area quickly and cheaply."

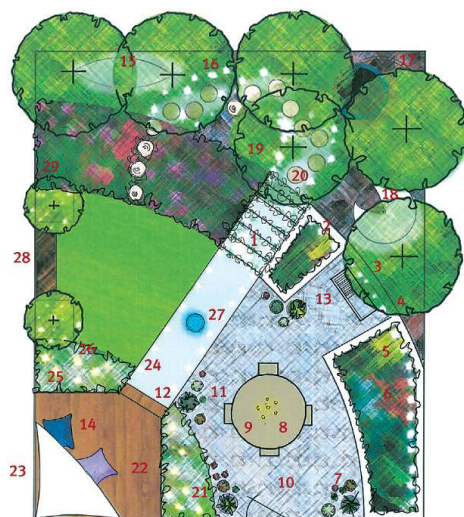
Chris, who has teamed up with Grant's Whisky to create blueprints for the perfect credit crunch gardens (see the website: www.grantswhisky.com/gardenafterhours), recommends people shop at nurseries rather than supermarket-style garden centres.

"Often there is more variety or more unusual plants on offer and you have less non-gardening items to distract you into spending more money. Don't fool yourself into thinking you need every gardening gadget under the sun. Stick to the basics like a good spade and fork, a decent pair of secateurs and a knife and limit everything else as you can often get by just as well without it."

Hannah Stephenson

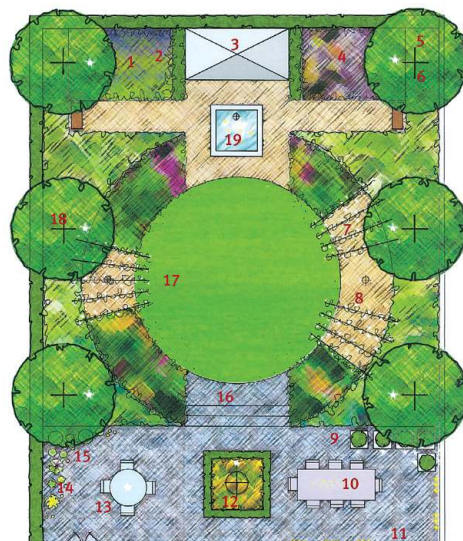
Chris Beardshaw's Inspirational Blueprints

Medium Garden



Chris Beardshaw's Inspirational Blueprints

Large garden



From plot to plate



Spinach

Spinach is one of those vegetables that years ago picked up a bad reputation for being bitter, overcooked and generally disliked by children. However, in recent years, as spinach has been wilted rather than boiled to death, or eaten raw in salads, its image has undergone a facelift. The earliest sowings of spinach should now be ready for cutting, although it's worth sowing more seed throughout May for a continuous crop. Pick leaves when they are 5-10cm for eating raw in salads, but let them grow bigger if you want them for cooking. If you have sown spinach in seed drills during March or April, you'll need to water it in June or July. Give the soil a good soaking once a week to stop it bolting, and then keep picking over it regularly.

ALGARVE TREE SERVICES

917 479 921
www.algarvetreeservices.com

**PRUNING
DISMANTLING
FELLING
STUMP GRINDING
BRUSHWOOD CHIPPER
SERVICE**

**QUALITY TREE CARE
ACROSS THE ALGARVE**

Q GARDEN

E.N. 125 Odiáxere - 8600 • Lagos • Tel 282 799 633

Widest choice of plants, trees, house and waterplants

Landscaping • Irrigation
Renovation • Maintenance • Fencing
Garden sheds • Furniture
Waterfeatures • Plant rental
Ceramic, Mediterranean & Portuguese Pots

www.qgardenpt.com

ECOSISTEMAS

GARDEN CENTRE
EN125 Odiáxere - 8600-256 Lagos
Tel: 282 768 776 / 282 768 777 / 918 798 515
Fax: 282 768 778
Email: gardencenter@ecosistemasol.com
Mun: ecosistemasol@hotmail.com

OFFICE
Zona Ind. do Chincato, Lote 4 - 8600-306 Lagos
Tel: 282 798 463 / 282 799 537 / 919 854 298
Fax: 282 799 030
Email: odeslar@mail.telepac.pt
Web: www.odeslar.com

www.ecosistemasol.com - www.oliveiradeporlugal.com

GARDEN CENTRE - NURSERY
May & June Promotion: Palms & shrubs 12% off

GERALDES
Paisagismo, Lda

Providing honest & reliable service for over 20 years.

Professionalism and craftsmanship guaranteed.

- Irrigation Systems
- Water Features & Ponds
- Personalized Grounds Maintenance Programs

Landscap
Construction • Design • Maintenance

Call Joe for your free estimate 913 407 507 or 289 328 255
Bilingual Contractor (English/Portuguese)
E-mail: geraldespaisagismo@hotmail.com

CONSTRUCTION

ALVARÁ Nº 56504

Build 4-U-Lda

Villa Construction & Renovations

Over 20 years operating throughout Portugal

Contact Alan McCormick on 919 356 749
Tel/Fax: 289 394 196
build-4-u@sapo.pt
www.build-4-u-lda.com
Estrada Vale de éguas, nº. 18
Apartamento 4, 8135-018 Almancil

Construction licence N.º 4566

João Nunes

Building your home

Since 1989

- New Home Construction
- Extensions
- Renovations
- Building Management
- Swimming Pool Construction

We provide free written estimates and guarantees



www.joao-nunes.com

Av. José Costa Mealha Nº131-A, R/C Dto. 8100 - 500 Loulé
Tel. 289 417 867 Fax. 289 417 869 Mob. 966 570 158 geral@joao-nunes.com

VILLA CONSTRUCTION RENOVATIONS

INTELLIGENT HOME SYSTEMS AND HOME CINEMAS BUILDING MANAGEMENT

FREE ESTIMATES GIVEN



ac.construction@sapo.pt
TEL: ARMANDO 969 387 229

hotline on 707 500 677

IMAGINE HOME

Our professional & reliable team, construct, reconstruct or refurbish anything!

Call: Cindy 964 679 177
or send an email:
imaginehome.pt@gmail.com
Bemposta / Portimão
Deutsch - English - Français - Português

- Ceillings
- Walls & room dividers
- Lighting & ambience
- Painting
- All types of floors
- Kitchens & Bathrooms
- Equipment installation

HOME IMPROVEMENTS



GIANTS WINDOWS LDA

Windows and Doors in PVC, Aluminium & Wood

Glass curtains, conservatories, security entrance doors in wood & PVC, roof skylights, fly screens, roller shutters, aluminium shutters, maintenance products for PVC & wood, any kind of repair service



Rua de Faro, n. 14
8005-531 Santa Bárbara de Nexe

911 199 888
289 998 050
289 998 279

Opening times:
Monday - Friday
09.00h - 13.00h & 15.00h - 18.00h
Saturday
Closed
Email: giantswindows@hotmail.com
www.giantswindows.com

INTERIORS

Complete Interior Design Packages from €4,995

(including free delivery & installation)

OUTSTANDING QUALITY FURNITURE AT UNBEATABLE PRICES

BRAND NEW TO THE ALGARVE
Furniture packages available to rent from as little as €159 per month

FOR MORE INFORMATION PLEASE CALL
Tel: 289 398-573 or Mob: 910 410 510 or
email: enquiries@ideallivingportugal.com
www.ideallivingportugal.com

Visit our showroom on the N125 near Quatro Estradas (next to Winkworths)



Furniture World

Tables, Chairs, Beds, Chests, Wardrobes, Coffee Tables, Bookcases, Sofas, Rugs, etc..etc..



Solid Wood Furniture All at Realistic Prices
www.furnitureworld.pt

Urb. da Marateca Lote 5, Chinicato, Lagos

Lagos Portimão
EN125
2km from Lagos Next to Solmate

Tel: 282 798 263

MÓVEIS MALHEIRO

Household & Garden Furniture

Mon - Fri: 9am - 7pm
Closed: 1pm - 3pm
Sat: 9.30am - 1pm

Urb. do Malheiro
R. das Acácias, Lote 4
8500-331 Portimão

Lagos Faro
Household Furniture Garden Furniture
Lagos EN125 Lagos
Portimão

Tel: 282 491 583 Fax: 282 492 249
moveis.malheiro@mail.telepac.pt
www.moveismalheiro.com



see our Furniture Packs



Bedspreads

Factory Outlet

THE PORTUGUESE LINEN SHOP

Established 20 years buying from the BEST manufacturers in Portugal

BUY PORTUGUESE QUALITY GUARANTEED

ALVOR: near old municipal market - 13b Rua do Castelo, Alvor (see online for map)
Open Mon - Fri - 10.30am - 6pm Tel: 282 457 510

LAGOA: Located next to Total Petrol station - Beco Marques Pombal, Loja B, on the EN125
Open Mon - Fri - 10am - 6pm Tel: 282 353 244
Saturday 10am - 1pm

Mob: 968 237 310
www.bedspreadsportugal.com - information@bedspreadsportugal.com

All property pages can be viewed on-line free of charge
www.the-news.net
where we have around 300,000 hits per week.

PROMOTIONS ON NEW PRODUCTS Bedrooms Extra

The biggest 'British Bed' retailer in the Algarve

All in stock next day delivery

3ft mattress from €89

All British fire reg

The Best Beds in the World

All mattresses British made to British standard

Large selection of dining sets

Dura Beds with their great Perfect Scents lavender mattresses

Over 100 bedrooms on display All Different

New products now arrived on promotion

Tel: 282 762 383
Fax: 282 792 113 | E-mail: sales@bedrooms-extra.com
Website: www.bedrooms-extra.com
Torre, Odiáxere 8600 - Lagos

We take your old bed away and give it to charity

If you have seen the rest, please come and see the best.



LUZDECOR
Mobiliários, Cortinados e Decorações Interiores

Come and look, be inspired - add style to your home

We can transform your property completely or one room at a time
In house design service at NO extra cost
Turnkey packages available tailor made to suit your property and your budget

We look forward to seeing you at
Showroom: Lote 38, Vila das Acácias,
Praia da Luz 8600 - 124 Lagos
Tel. 282 789 849 Mob: 917 771 831
luzdecor@world.net.pt • Visit: www.luzdecorhome.com

All property pages can be
viewed on-line free of charge
on www.the-news.net

KITCHENS



Klass Cozinhas

Come visit our showroom in Lagoa
We are open 6 days a week
and can offer you
**TOP QUALITY KITCHENS at the
LOWEST PRICES AROUND**
All construction work undertaken
282 342 062 or 926 148 240

15 years experience and a total
commitment to quality and reliability.



Visit our spacious kitchen studio in
Lagoa opposite the Fatacil fairgrounds

Elite Kitchens

Iberelite Lda • Parque Empresarial do
Algarve, N.º 11 • LAGOA
Tel: 282 353 664 • Fax 282 343 258
Email: iberelite@sapo.pt



In the dark?
Shed
some
light on
your company
by advertising here ...

Call Bella Talhadas
on 707 500 677

LEGAL & FINANCE

Alexandra Soares
Advogada . Lawyer

Main office:

Rua Direita Casa 509 / 09
8600-160 LUZ LGS
Tel. (+351) 282 792 837 / 838
Fax (+351) 282 792 839

2nd office:

Rua Gil Leonel Lt. 16, Loja E
Urbanização Dunas de Lagos
Mela Praia
8600-315 LAGOS

info@alexandrasoares.com
www.alexandrasoares.com

License N.º 218 Faro | CED Profissional 218 Faro

MORTGAGE?

We are INDEPENDENT ENGLISH
MORTGAGE BROKERS

We can help you find the perfect Mortgage deal

- ▶ We are Independent English Mortgage Brokers who have an expert knowledge of the mortgage possibilities throughout Portugal.
- ▶ We can find you up to 30 year terms and 90% loan to valuation on any kind of Mortgage.
- ▶ We deal with all Portuguese banks and have 27 years experience in the finance industry.

Thousand Markets Lda

For more information call

tel/fax: 21 386 6109

mobile: 91 853 9480

mobile: 91 672 1382

www.portugal-mortgagesonline.com



PROPERTY AGENTS



kasas
Algarve Property .com

Tel 00351 289 310 310 - info@algarveproperty.com
www.algarveproperty.com

How can we help you today?
Professional Estate Agents
Gov. Lic. AMI 2196

To place an advert call our
hotline on 707 500 677

Eradicate rot from
wooden windows

Get those jobs done with a little help
from DIY guru Julia Gray. This week:
Eradicate rot from wooden windows.

Top tips for..
treating wet rot in
wooden windows

• Now's a good time to inspect your home's windows for damage sustained during winter. That way, you can address any problems when the weather's nice. If you have wooden windows, easily remedied problems like cracks and chipped paint are common, but a more serious situation is wet rot because the damage has already been done. If you spot this, treat it straight away.

• There are various methods for treating wet rot, but the following approach is easy for DIYers to do. Start by scraping out the worst of the rotten (soft) wood, but proceed with care. If you remove too much, you could be left without much window frame.

• When you've removed most of the rot, use a wood-hardening liquid on the rest. Apply it on the area around it and work in well. This liquid, as the name suggests, makes soft wood hard again. You could use the liquid alone and not scrape the rotten wood out, but obviously the liquid will penetrate better and work more effectively if you remove the top layers of rot first.

• To restore the appearance of the window frame, use a wood filler specially designed for rot-



ten frames. This usually requires you to mix hardener with the filler, which can be tricky, so read the instructions carefully. Work quickly before the hardener sets.

• When the filler's set, sand, wipe clean and paint. It's obviously important to apply the paint as quickly as possible to give the frame maximum protection. A quick-drying, water-based wood paint is much nicer to use than an oil-based one and will ensure you have the job done in a fraction of the time. This really helps when you need to do a number of coats in one day. From now on, remember to check your windows periodically, so you can maintain them when they need it.

Start your shopping in
The Portugal News
PROPERTY DIRECTORY

PROPERTY SERVICES



Portugal Auctions
Pro-Active Property Marketing

Buying or Selling Property?
Pro-active Property Marketing through
Auctions, Exhibitions & i-spy360 Virtual Tours
Welcome to our Website
www.portugalauctions.com
Your Property Partner -
Turning Dreams into Reality!

WHERE TO WORSHIP

Lisbon

IGREJA DO CORPO SANTO, LISBON
Largo do Corpo Santo, Catholic Services in English, Mass each Sunday and Holy day at 11.00am Tel: 21 467 3771

IGREJA DA SRA. DOS NAVEGANTES, CASCAIS Rua dos Navegantes, Catholic Services in English, Mass each Saturday at 6.30pm; Mass each Sunday and Holyday 12 noon Tel: 21 467 3771

ST MARIA, SÃO PEDRO DO ESTORIL
Catholic Service in English every Sunday at 10.15 Tel: 21 467 3771

OCEAN CHRISTIAN COMMUNITY - An International Spirit-filled Church serving the Linha de Cascais area. Small group bible studies meet regularly. Join us for Sunday worship with a contemporary style at the Hotel Sabeira, Rua Belmonte, No. 1, Estoril. Tel: 21 9282019

INTERNATIONAL BAPTIST CHURCH OF LISBON 11.30am English worship service in the facilities of the Terceira Igreja Evangélica Baptista de Lisboa. Location: Rua Filipe Folque, 36, 1º Floor, 1050 Lisbon. Rev. Joseph Ian Mornoh

BAPTIST MISSION - Esqueira (Aveiro)
Traditional Baptist church service in English on Sunday at 5pm. Contact: Pastor David Loop Tel: 965-363-986

RIVERSIDE INTERNATIONAL CHURCH
Office: Rua São José 178, 1.º dto. Fontainhas, 2750-134 Cascais, Phone: 21 483 6590, Fax: 21 483 6592. Church: ABLA (next to Riviera Hotel), Praceta Infante D. Henrique, N° 80, Quinta do Junqueiro, 2775-584 Carcavelos. We are an interdenominational Christ-centered, contemporary, caring & culturally relevant church meeting at ABLA in Carcavelos each Sunday at 10.30 in English and 18.00 on Portuguese. Creche, children and youth ministries provided.

THE DOOR Christian International Church -meets at Cidade Desportiva, Praceta Carlos Capitulo, Loja B "Massama/Queluz, every Sunday at 10.30am and 7.00pm- all welcome. For more information call Pastor Frank Escobar at 21-467-3386 or Mobile 919 086 683 God Bless!

CHAPEL OF ST. PIUS X, PRIORADO S. PIO X, Estrada de Chelas, 31, 1900 Lisboa. Tel: (21) 814 3591. Latin Tridentine Mass, Lisbon every Sunday at 11am. Rosary before Mass, confessions also available. Montforte (Alentejo) also 2nd & 4th Sundays, 6.30pm. Resident Priest: Ernesto Cardoso

ST GEORGE'S CHURCH, LISBON (Church of England): Rua S. Jorge. Enter through British Cemetery gate opposite Jardim da Estrela. Sunday School. Service 11.30 am every Sunday. Tel: 21 4692303

ST PAUL'S CHURCH, ESTORIL (Church of England). Av. Bombeiros Voluntários 59 (behind Hotel Sana Estoril). Sunday School.

Service 9.30 am every Sunday. Tel. 21.4692303.

ST. MARY'S, S. PEDRO DO ESTORIL 368 Rua do Murtal, Mass each Sunday and Holyday 10.15am Tel: 21 467 3771

ST. ANDREW'S CHURCH OF SCOTLAND (PRESBYTERIAN) Rua Amieira, 13, Lisbon: Sun. 11.00. Minister's Tel: 214 837 885. www.standrews-lisbon.com.sapo.pt

CASCAIS INTERNATIONAL CHRISTIAN CHURCH Av. de Sintra, Nº 1154, Cascais (Tel: 21 486 1856). Sunday English worship 10.30 Portuguese at 17.30. An international evangelical fellowship, nursery provided, children's church programme, mid-week bible studies.

THE SALVATION ARMY, LISBON
Reboleira Corps (Praceta Almada Nogueira, Lote 213 Loja Dt. do Exército 11 A); Chelas Corps (Rua Rui de Sousa, Lote 65 A Loja C); Laranjeiras Corps (Bairro de Laranjeiras). At all these Corps: Morning Service 9.30am Salvation Meeting 5.00pm Picheleira Corp Rua Capitão Roby, Picheleira, Lisbon (21 805708).

IGREJA DE CRISTO (CRISTA)
Carcavelos, Rio de Moura & Lisbon. At all three centres, services in Portuguese, bilingual counselling. (Tel: 21 2461596).

LISBON SYNAGOGUE: Rua Alexandre Herculano 59, Tel: 213 931 130 Fax 21 388 4304 e-mail: celesboa@mail.telepac.pt

IGREJA BAPTISTA de Queijas (close to Cascais) Rua Carlos Santos 8B, Queijas Near the Olympic Stadium off the A5. Tel: 214 172 087. Sunday Service: English 10.15 / Portuguese 12.00 Prayer and Bible Study: Thursday 8pm Traditional Baptist Service in English followed by Sunday School

JEHOVAH'S WITNESSES - Public Talk in English, Rua João de Deus, 76, Sintra. (Behind Sintra train station). Sunday 1.30pm. Tel: 214 690 600. No collection. Also Rua da Barroca, 122 (Bairro Alto), Lisbon. Sunday 11am. Tel: 213 421 604. (Chinese: Saturday 3pm) No collection.

The Algarve

CHURCH OF ENGLAND ST. VINCENT'S ANGLICAN CHAPLAINCY Holy Communion every Sunday in our three congregations: 11.30am St Luke's Monte de Palhaqueira, Gordões (Near Sta Barbara). Contact Sandra 289 791 699 & 919055959. 9.30am Igreja N Sra de Fátima, EN125 between Quatro Estradas & Alcantarilha. Contact Rosie 289 328 302.8.00am and 12noon Igreja N Sra da Luz, Praia da Luz (near Lagos) with Sunday School. Contact Joyce 282 788 104. More info: www.stvincents.algarve.org

ALL SAINTS ANGLICAN CHURCH, ALGARVE Contemporary, Evangelical worship. Sundays: Holy Communion Service with Crèche and Adventurers 10.30 am

Community Centre, Alcantarilha (ASCA - Associação Social e Cultural de Alcantarilha). Service in Lagoa at Lagoa Convent Chapel 6pm. Details from 282 380311 or www.allsaitsalgarve.org. See our website for dates of Services of Holy Communion. www.fontevida.org

CENTRO CRISTÃO FONTEVIDA Pentecostal Church, Sítio do Paul, Estrada do Sargacal, Sargacal 8600 Lagos. Apartado 4388601/905. Fridays Youth meeting at 09.00 p.m. Sundays 10.00 a.m. Tel: 282 764 040 Fax: 282 799 518 Website www.fontevida.org

THE EVANGELICAL BAPTIST CHURCH OF LAGOS. Service 6pm. Urb. Vila Praia da Dona Ana, Lote 11b, Lagos. (Nr. Hotel Golfinho). Information 282 768 088.

THE SALVATION ARMY in São Bras de Alportel will hold on the 1st Sunday of each month an International Worship Service at the Salvation Army Citadel in São Bras at 5pm, Rua 25 de Abril, nº 19 (next to the Market).

CATHOLIC MASS every Sunday partly in English - 11am. at St. Lourenço Church - Alcantarilha - 6.30pm. at Four Seasons Country Club - Quinta do Lago - Alcantarilha. Further information, Griselda Neto on 965168120 or Vitor on vgn@domopor.com).

INTERNATIONAL CHRISTIAN FELLOWSHIP International Christian Fellowship in Portimão. Sundays at 11am. * Sunday School for Children in English & Portuguese* Avda 25 de abril 17 r/c-D, Portimão) *opposite public swimming pool (piscina municipal) *Tel 282 461 985. Website: www.coaa.co.uk/ictf.htm

LIVING HOPE BAPTIST CHURCH English speaking services every Sunday 5 p.m. About 100m North of bullring circle in Albufeira. For more information contact pastor Mark: 964860765. Or email: pastor@ibev.pt

CHURCH IN ALJEZUR / VALE DE TELHA. Our mission: Matthew 28:18-20 (An outreach from Church in Lagos) Call Stefan Saunders (Pastor) mobile 963 165 983.

INTERNATIONAL COMMUNITY CHURCH in Lagos invites you to attend its services in English on Sundays at 11.00am. Sunday School for children. 5 Travessa de Santo Amaro, Lagos, Tel. 282-086804 or 282-697546, www.icc-lagos.org.

INTERNATIONAL EVANGELICAL CHURCH OF THE ALGARVE

Warmly welcomes residents & visitors of all nationalities and denominations to their Sunday Services in Vale Judeu at 10.30. See our blue sign on the N125 between the Vilamoura entrance & the Atlântico Waterside Park. Services in

English, creche and Sunday School. For further information: 289 328635.

LAGOA CHRISTIAN FELLOWSHIP An international English speaking church. Contemporary worship and Christ-centered study of the Bible. "God Squad" for kids, toddler thru pre-teen. Service every Sunday 11am to 12.30 pm. Portuguese translation available. Address: EN125 - Vale de Lousas, Alcantarilha. Pastor Alípio Amaral Tel: 282 381347. Visit our website at www.lagoafellowship.com

TAVIRA CHRISTIAN CENTRE Meetings in English, Sundays at 10.30 am at 126 Rua Almirante Cândido Reis. Full programme and further details from Jackie 281 322 857, Geoff 969 100 121 or Maria 966 380 404. E-mail: jackieandmo@yahoo.co.uk

RESGATE DE VIDA, LAGOS. Raising up a new generation according to Eph.4 v 11-12, Church with a Brazilian Flavor. Portuguese speaking. Children Welcome. Meeting on Sundays 8pm - 10pm at Rua, Hospital S. João de Deus. For directions phone Pastors Sidney 963414757 or Anderson 962934005

ROMAN CATHOLIC ST. ANDREWS, PENINA

S.C. Mass in English every Saturday 6pm, St. Andrews Church, Penina. For further information, please contact Padre Manuel 282 459151

SALVATION ARMY Service Sundays at 10.45am in Portuguese. Bible studies for children, adolescents and adults in Portuguese starting at 9.30 until 10.30. Rua 25 de Abril, nr. 19, São Brás de Alportel

ALL NATIONS, Todas as Nações, All welcome, contemporary worship service, Carvoeiro Tennis Club, Mato Serrão Carvoeiro. Sundays 10.30am-12.00pm, Luke and Shelley 913362221

EREV SHABAT - For services Tel: 282 416710

JEHOVAH'S WITNESSES - Public Talk in English. The New Kingdom Hall of Jehovah's Witnesses, 25 Largo Emperbeiro Sarraa Prado, Portimão (Next door to the University). Saturday 4pm. School Tuesday 7.30pm Tel: 282 485 495. (Chinese: Saturday 4pm) No collection. Also Rua Bartolomeu Dias, Albufeira. (Next to the Junta da Freguesia). Sunday 10.15 am. School Wednesday 7.45pm Tel: 282 442 279. No collection.

Oporto

GREATER GRACE INTERNATIONAL FELLOWSHIP has contemporary Christian gatherings on Sunday afternoons at 3rd Baptist Church, Rua Estacao 133, Porto, & Saturday evenings on the 1st floor at Confeitaria Palacio, Porto (across

from the "Emergency" entrance of Hospital Santo Antonio); for meeting times, details and updated schedule visit www.NovaAurora.com, call 220 994 785 or send an SMS to 917 112 736.

RIVERSIDE PORTO INTERNATIONAL CHURCH - Oporto. A church that is fun and enriching. Bible based and relevant. Caring, supportive and international. Interdenominational meetings from 6pm Sundays at 1642 Avenida Sacadura Cabral, Aguda, VNG, between Aguda railway station and Miramar golf course. Call Tina or Bill Mason on 227 627 643 or 914 949 611 contact@riversideporto.com or www.riversideporto.com

ST. JAMES'S CHURCH, ANGLICAN CHAPLAINCY OF OPORTO. Largo da Maternidade, Júlio Dinis. Sun. 11am Details from Chaplain (22) 609 1006. www.stjamesporto.org

THE SALVATION ARMY OPORTO Pereiro Corps (Av. Vaso da Gama No: 675-2 E Ramalde), Service 10am, Salvation

Meeting 5.00pm. Coloras Corps. (Av. dos Bombeiros Voluntários; Tel: 22 929 1077) Sun. 10am. Thurs 4.00pm Ladies Home League Meeting.

JEHOVAH'S WITNESSES - Public Talk in English. Praça Don Afonso V, 168. Sunday 10.30am. Tel: 226 160 976. No collection.

Caldas da Rainha

ANGLICAN EVENING WORSHIP IN ENGLISH. At 6.00pm on the first Sunday of each month, except in August and January. Held in the Evangelical Baptist Church, Rua Dr. José Saudeade e Silva 27/29 (between Caldas da Rainha Railway Station and "Pingo Doce". All welcome.

JEHOVAH'S WITNESSES - Public Talk in English. Rua Adelino Amaro da Costa, next to CERCIP. 2520 Peniche, Obidos. Sunday 11am (1st & 2nd Sunday of the month). No collection.



10.30am • Holy Communion
ASCA • ALMANCEIL
with Adventurers and Creche
6pm • Holy Communion
Convento de S. José • LAGOA

ANGLICAN CHURCH

Lead Priest : Fr. Joseph Wingo **T: 309 402 783**
Assistant Priest: Rev'd Jackie Nevill **T: 914 781 453**
Deacon: Rev'd Paul Luckman **T: 917 240 123**
info@allsaintsalgarve.org • www.allsaintsalgarve.org
Please enquire about Baptism Services, Marriage Blessings, Funeral Services etc.
For directions, call **282 380 311** any time

su do ku

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it. There's no maths involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It's fun. It's challenging. It's addictive! Solving time is typically from 10 to 30 minutes, depending on your skill and experience.

8	7	1		5				
4		9			7	1		
3							9	
			3			4	7	
		8	2	1				
5	3		4					
1								2
8	2			6	9			
		5		2	6	8		

Last weeks solution:

6	3	2	4	9	5	7	8	1
8	7	9	6	2	1	4	3	5
1	5	4	8	7	3	2	6	9
2	8	5	9	6	7	3	1	4
4	1	6	5	3	2	8	9	7
7	9	3	1	8	4	6	5	2
5	6	8	7	4	9	1	2	3
3	4	1	2	5	6	9	7	8
9	2	7	3	1	8	5	4	6

For **tips** on how to solve Sudoku puzzles, browse the **forums**, go to www.sudoku.com

	1	2	3	4		5	6	
7								8
9						10		
11				12				
13		14			15	16		
					17			
18			19				20	21
22					23			
		24						

ACROSS

1. In addition (11)
9. Glided (7)
10. Granted (5)
11. Cancel (5)
12. The Merchant of Venice (6)
13. Generous (6)
15. Slumbering (6)
18. Excess (7)
20. Characteristic (5)
22. Oust (5)
23. Exhilaration (7)
24. Enterprise (11)

DOWN


2. Marriage (5)
3. Burial mound (7)
4. Charm (6)
5. Power (5)
- (6) Income (7)
7. Permanent (11)
8. Incapable (11)
14. Interpretation (7)
16. Relapse (3-4)
17. Climb (6)
19. Supply (5)
21. Foreign (5)

Crossword No. 242

QUICK SOLUTIONS N°: 241

Across: 1 Splendid; 5 Adds; 9 Prop; 10 Assassin; 11 Funny; 12 Globule; 13 Objectionable; 18 Teutonic; 19 Sick; 20 Amnesia; 21 Cover; 22 Tell; 23 Strident.

Down: 2 Perturb; 3 Expense; 4 Insignificant; 6 Disturb; 7 Sincere; 8 Baboon; 13 Outcast; 14 Journal; 15 Choose; 16 Abscond; 17 Lectern.



Upward Gance
with Joyce Voelker

Sins of Omission

An especially wise student asked his teacher if a person should be punished for something he or she had not done. The teacher replied, "No, certainly not." "Good," said the little boy, "I haven't done my homework."

At times we equate sin with doing things that displease God. The Bible is clear about things that we should not do such as lie, cheat, kill, commit adultery. Clearly we understand that when we do these things or any other actions forbidden by God we are sinning. Often, however, we are guilty of disobedience because of what we do not do. For example if we do not show mercy to those in need, do not give to the poor, do not trust God or spend time in prayer, we are also sinning against Him.

My favorite definition of the word *sin* is "missing the mark." God created man in His own image. He has a plan for us to follow. His ideal for us is like the bull's eye or inner circle on the target. When what we do or do not do misses the mark, we have sinned and our sin displeases our creator. The bad news is that none of us are perfect marksmen.

We all fall short and often miss the mark, sometimes even by our failure to take aim and shoot. Romans 3:23 says, "*For every one has sinned; we all fall short of God's glorious standard.*" None of us is worthy of God's love and forgiveness. However, we need not give up in defeat. There is also good news. Romans 5:8 "*But God showed his great love for us by sending Christ to die for us while we were still sinners.*" Romans 6:23 gives us even more hope. "*For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord.*"

The same God who created man and set the standard knew from the start that none of us is up to the task. In spite of our sin, He made a way for us to be forgiven and reconciled with Him. Christ paid our penalty on the cross so that our sins need not keep us from entering into an eternal relationship with God.

*More information about how to have a relationship with God can be found at www.rbc.org/personal_relationship_with_god.page



Ask the expert

A miserable teenager

Q: "My 15-year-old son never seems to express his emotions, and seems totally miserable. I wonder if he's depressed, and if he'd feel better if he just let his emotions out a bit more?"

A: Dr Jennifer Betts carried out a study at Monash University in Melbourne, Australia, looking at the emotion regulation strategies of teenagers aged 12 to 16 with high depressive symptoms.

She says: "Teenagers who have symptoms of depression often manage their emotions by suppressing or 'bottling them up' at a more frequent rate than those teenagers without depression symptoms."

"This strategy of suppression usually doesn't help the person feel any better and takes a lot of physical and mental energy. A more helpful way to manage emotions is to appropriately let them out. For example, if a teenager's friend forgets her birthday, rather than keeping her anger and disappointment to herself, she could talk to the friend about how

she's feeling.

"Another helpful way for teenagers to manage emotions is to re-appraise an event that could be considered negative in a more positive way. For example, missing the school bus is likely to produce frustration, but reappraising this situation as a chance to gain some exercise may reduce the frustration and produce other positive feelings."

"Research has found that teenagers with depression symptoms don't use this reappraisal strategy as often as others. Learning how to use such strategies is often part of cognitive-behavioural therapy, a type of treatment for young people with depression."

"To find out if your son is depressed and may benefit from this type of treatment, take him to your GP."

Readers Tip

If your toddler won't tidy up, use a star chart to reward him if he does - it can work wonders.

Website of the week:

www.bda.uk.com/foodfacts

The British Dietetic Association website features factsheets on a range of topics including breastfeeding, food labels and health claims, diet and the behaviour and learning of children, and life stage eating for children and babies. There are also factsheets about healthy diets for adults.

Three ways to... stop your child biting her nails

1. Reward her when she doesn't bite them each day, and never punish her when she does bite them.
2. Take her for a manicure - it can be easier to stop nail-biting when nails look tidy.
3. Give her things to keep her hands occupied, like a stress ball or Play-Doh - or even teach her to knit.

News for parents

Lisa Salmon looks at the weird, wonderful and sometimes weary world of parenting.

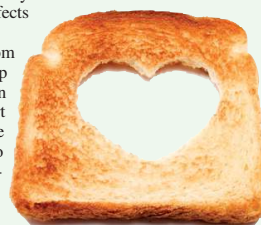
Adding folic acid to bread could reduce the number of babies born with heart defects, a study has concluded.

It is already known that taking folic acid supplements - also known as vitamin B9 - before conception and in early pregnancy cuts the risk of neural tube defects such as spina bifida.

But new research from Canada found there was a drop in the number of babies born with severe congenital heart problems after it was made compulsory in that country to fortify bread and pasta products with folic acid.

Currently, it is not manda-

tory in the UK to add the vitamin to food, although experts are assessing the evidence to make a decision.



New research suggests that frequent bouts of sporadic activity could be just as beneficial to children's health as longer exercise sessions.

Academics from the University of Exeter measured the frequency, intensity and duration of bouts of physical activity in a group of children and analysed the results against a number of health indicators.

The results showed that the links between children's activity

and health were similar regardless of how the child accumulated their exercise.

The researchers believe their findings have positive implications, as children are more likely to engage in short bursts of activity than complete longer bouts of exercise.

Parents in the UK are ignoring the threat of fines and taking their children on holiday during term time to get the best bargain breaks, it has been revealed.



In 2004, when fines were introduced to deter parents from allowing children to miss school, just 18% of mothers and fathers said they would ignore the financial penalty.

But 26% of parents have already taken children on holidays during term time this year, according to a survey by travelsupermarket.com.

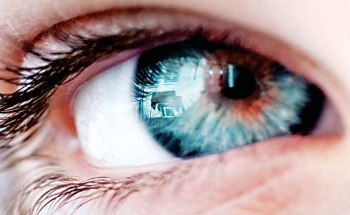
And 31% of parents admitted they would be organising family trips during school time before the end of the year to avoid the expense of the peak holiday season.

A total of 33% of the 4,022 adults polled said that travel was an important part of children's education, while only 21% said a holiday in school time could not be justified under any circumstances.

In a recession, parents are obviously weighing up the possibility of a fine against the potential savings of much cheaper holidays in term time.

Win a luxurious half day trip on the Cranchi 41 (Lady Amber)

Do you have Eagle Eyes? Look through the adverts (not editorial) in this week's paper and see if you can spot 3 blue dolphins (see the photo above). Some may be easy to spot, others well hidden or only partially visible. When you have found the three dolphins email us with the company names of the three advertisers.



Win a luxurious all inclusive half day on board a beautiful Cranchi 41 'Lady Amber' for 6 to 8 persons to the value of €800 every week

The Cranchi 41 Endurance is designed with comfort and performance as a priority. The spacious cockpit is comfortable, secure and ideal for entertaining guests. Want to 'chill' and get some 'rays'? The Cranchi 41 comes with a large sunbathing deck on the forward deck and stern. There is a space below which is ideal for stowing inflatable's and other fun toys and it opens hydraulically with the simple push of a button. All the amenities of home can be found on this boat, from an electric grill to a cockpit refrigerator to a freshwater sink and an expandable cockpit table. As the name suggests All Boat Trips provide maritime entertainment for all the family.



We also have FISHING TRIPS, and SIGHTSEEING GROTTO TRIPS running regularly and we are a FULLY LICENSED DOLPHIN WATCHING COMPANY. You can book a DOLPHIN TRIP, or any other trip of your choice, every day of the week with us. Powerboats, sailing yachts and speed boats. You decide your perfect day and we can organize it. "For a trip of a lifetime" Contact

All Boat Trips
www.all-boat-trips.com

Marina de Lagos, Loja 17 • 8600-780 Lagos
tel: +351 282798727 • fax: +351 282762653
email: info@all-boat-trips.com • web: www.all-boat-trips.com

HOW TO ENTER:

Study all the adverts in the paper, and look for 3 blue dolphins, like the one at the top of this announcement. They are small, and we have hidden them well and distributed them throughout the paper, so be sure you look everywhere. Once you have found them, email us at: competitions@the-news.net with the company names of the three advertisers. Please write 'Dolphins' in the Subject line. We will draw the answers each Wednesday and the first correct answer that clearly identifies the locations of the dolphins will win. The winner will be announced the next week. Remember, if you don't win this week, try again next week until the competition ends on the 24th June. Winners will be sent a confirmation letter with instructions on how to claim their prize. There is no cash value or alternative to the competition prize.

Last week's winner of a luxurious all inclusive half day on board a beautiful Cranchi 41 'Lady Amber' for 6 to 8 persons to the value of €800 was Maria Brennan, Barão do São João - Lagos.



BETO
FITNESS CLUB

• ginásio body combat • body pump • rpm • localizada • staff simpático e dedicado
• acompanhamento constante • banho turco • zona de lounge

www.betofitnessclubs.com 282 419 950

The hottest new scents for summer

You've picked out a stylish new pair of shades, invested in self-tan and brightened up the contents of your make-up bag. So what should be your next beauty step into high summer?

Get your nose around this season's hottest new scents. Push your signature fragrance to the back of your dressing table and lighten up with a summery perfume for the sunshine months ahead.

Here's a guide to the best new scents for 2009 and how to wear them when temperatures soar. And if you're not jetting off for sunnier climes, check out the latest "destination" scents to transport you to an exotic beach location with one carefree spritz.

Seasonal swap

You wouldn't wear 120 denier opaques in the blistering heat, so why layer up your skin with a super-heavy perfume? Just like our wardrobes, it's a natural progression to switch perfumes to match the seasons.

"The best way to choose a summer fragrance is to avoid those that contain heavy notes like musk, sandalwood, vetiver, vanilla and lavender - in the heat, they risk giving you a heavy head," advises Roni Raithatha from The Fragrance Shop.

"Instead opt for peony, rose, lily of the valley, orchid, jasmine and bergamot. Look for apple, peach and orange blossom if you like something a little stronger without being too powerful."

You may also be able to find your usual fragrance in a lighter "eau" edition for summer.

There's no place for your legs to hide this summer. Wave goodbye to concealing thick tights, heavy trousers and boots and say hello to mini-skirts, micro-shorts and dresses with daunting thigh-high hemlines.

Flirty fashions are said to brighten up a dismal economic climate so our legs are in line for a hectic summer!

But panic not if your pins are in need of a good makeover. Limber up with some TLC toning, defuzzing and clever glossing, and your limbs will rival those of the leggy supermodels in no time.

Tone Tactics

When it comes to flashing the flesh, cellulite can be the biggest body woe for women of any shape or size.

Take poor Mischa Barton, who was famously snapped last summer with heavily dimpled thighs during a sunbathing session in Australia.

The orange peel effect usually appears in areas that have poor circulation, so start your mission to achieve enviable legs with a twice-daily massage.

Combine with a firming anti-cellulite product to smooth the skin and help diminish lumps and bumps.

Expert tip: "To assist with cellulite, dry body brush every day," advises Sally Penford from the International Dermal Institute.

"Brush gently but briskly from the ankles to the knees, then from the knees to the bikini line. This will encourage the lymphatic circulation which is responsible for moving and eliminating toxins from the body."

Smooth Operator

Designer stubble is best left to David Beckham. Ladies' legs need to be super-smooth and fuzz-free to carry off summer fake tans and shimmers to best effect.

The best time for shaving or using an epilator on your legs is after a bath or shower, when it's easier to remove hair as your pores are open.

Avoid using an epilator or hair removal cream just before you step out the house. Leaving the de-fuzz process until just before bedtime will allow any irritation or blotches to calm down overnight.

Expert tip: "Dead skin cells can cause ingrowing hairs by blocking the hair follicle. Exfoliate one or two days before defuzzing," says Heidi Edwards, Nair leg technician.

Shimmer & Shine

Make-up isn't just reserved for faces these days. Leg make-up is a celebrity's best friend on the red carpet. Think of it as concealer for your limbs to help vanish away unsightly blemishes, bruises and thread veins.

Skin on the lower leg is thinner and more prone to dry and flaking skin, so make sure you prep your pins first with a moisturising leg oil.

Expert tip: "To make legs appear slimmer and toned, first apply a natural fake tan all over legs, then take a shimmer, apply to the centre of the legs starting from the shin and blend all the way up to the top of the thigh," recommends Chase Aston, Body Shop international make-up artist.

By Lisa Haynes



Get a leg-up for summer

Limber up and get your pins summer-ready.

Centro Comercial Portimão

CONTINENTE

60 Lojas **6** Cinemas **12** Restaurantes
Stores Cinemas Restaurants

"Guys & Dolls"

Kids Fashion Boutique

SUMMER CLOTHES & SHOES COLLECTIONS NOW AVAILABLE!!

Clothes for your fashion conscious kids

Petit Bateau, Lelli Kelly, Blau Mari, Roberto Cavalli

Large shoe range. Feet measured for width & length

Start-rite, Lelli Kelly, Pom d'Api, Geox, Miss Sixty, Catimini, Fiorucci, Cavalli

SPECIAL PROMOTION Buy 2 pairs of shoes & get 20% discount on 2nd Pair discount given on lower price/purchases to be made in two's.

Av.5 de Outubro, ALMANCIL High Street.

Tel.: 289 358 014 or 933 326 471

Lelli Kelly
GEOX
startrite

Greeting cards
for all occasions

UNIVERSIDADE DA CRIANÇA

NEW DIRECTIONS IN EDUCATION



Children learn by building up ideas, developing orientation skills and, in particular, by making mistakes and starting all over again.

CRÈCHE AND PRE-SCHOOL

- ENROL NOW -

UNIVERSIDADE DA CRIANÇA
Rua Sidónio Pais, Lote 4 - 8500-735 Portimão
Tel. 282 423 974 - Fax 282 401 581
reitoria-uc@ideas4tomorrow.com

for truly
great hair...

HAIR
LOUNGE

Pulse
at the
HAIR LOUNGE
Anti-Ageing Clinics

To book your
appointment
please contact
the Hair Lounge
team on:

May Offer
Manicure and
Spa Pedicure €30

289 360 965 or 91 919 7860

Rua Prof. José Jorge Rodrigues, 50 Boliqueime

Boliqueime is located just ten minutes drive from both
Vilamoura and Albufeira on the N125.

www.pulsebeauty.co.uk/portugal Pulse Clinics: UK - Portugal - Turkey

Collections

LADIES' FASHIONS FROM ALL
OVER EUROPE

New Summer Season

Reception, Monte Carvoeiro

Friday 22nd May: 10am - 5pm

NEW: A Nora, Manta Rota (nr V.R.S. António)

Wednesday 27th May, 11am-5pm

International Algarve Fair, Fatacil, Lagoa

Saturday 30th & Sunday 31st May

Contact Alison on

282 358014

or e-mail greening@sapo.pt

Shop at Quinta da Praia, Alvor - 282 476 574

Mon - Fri: 10am-1pm & 3pm-6pm • Sat: 10am - 1pm

Suffering in the name of beauty

Beauty can come at a high price - DIY waxing and hair dying sessions may trigger allergies and hair loss, and some slimmers chase weight loss by buying risky online slimming pills. We check out the perils of beauty.

We all enjoy looking good and often follow the lead of celebrities who are the first to try the latest beauty trends. But chasing glamour may come at a high price to our health.

While some slimmers desperate for weight loss buy risky online slimming pills others may endanger themselves by overdosing on sunbeds in pursuit of a tan.

We check out the top-to-toe perils of beauty.

::Luscious lashes

Girls Aloud star and X Factor judge Cheryl Cole helped spark the craze for eyelash extensions, but The College of Optometrists warn that many people may be turning a blind eye to their possible dangers.

Repeated use of extensions may cause traction alopecia, a condition where hair falls out due to excessive tension on the hair

shaft. The organisation warns that there is a risk of eyelash follicles being permanently damaged.

Dr. Susan Blakeney, optometric advisor at The College, points out that bonding agents and glues are irritants, which may cause discomfort and even potential eye damage.

"As eyelash extensions are such a new trend, there is little clinical research into their impact on eye health so we are urging women to take care," she says.

What can I do? Always use a reputable beauty salon and have an allergy test prior to treatment.

Check whether you can wear mascara or go swimming wearing the extensions. Seek advice from an optometrist (www.college-optometrists.org) if you suffer discomfort or irritation.

::Dyeing for trouble
Sales of home hair colouring kits have shot up 20% as women try to save money in the credit crunch. But it's vital to take precautions to avoid the risk of suffering from allergic reactions.

"An allergic reaction can range from an irritation on the scalp, swelling affecting the eyelids and ears, through to the most severe,



Cancer Research UK warns that using a sunbed before the age of 35 increases the risk of developing melanoma skin cancer by up to 75%. The intensity of some types of UV rays from sunbeds can be up to 10-15 times higher than that of the midday sun.

but extremely rare, occurrence of an anaphylactic shock," says Marilyn Sherlock, chair of The Institute of Trichologists. "It's essential that people follow the manufacturers instructions given with hair dye products and always do a patch test to check for allergy."

What can I do? Sherlock explains that adverse symptoms may indicate a reaction to certain chemicals. She says scientists advise leaving 72 hours after applying the patch test solution. Visit www.trichologists.org.uk for more information.

::Tight jeans

Figure-hugging, low-slung jeans are believed to contribute to infertility problems in men thanks to overheating in the crotch area. They may also trigger yeast and urinary infections in women.

For women, wearing tight jeans can put pressure on the urethra - the tube that carries urine from the bladder to the outside - causing inflammation that may lead to one of the most common problems, cystitis.

Passing urine becomes painful, frequent and urgent and requires medical attention.

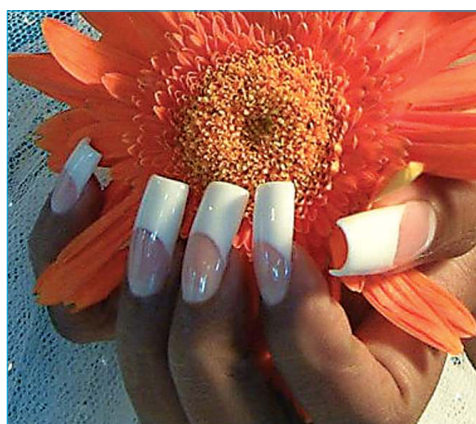
What can I do? Choose jeans with a slightly higher cut, and ensure the denim has a degree of

stretch. Avoid very tight belts, which may restrict breathing, digestion, and circulation.

::Dying for a tan

Cancer Research UK warns that using a sunbed once a month

or more can increase the risk of skin cancer by more than 50%. Using one before the age of 35 increases the risk of developing melanoma skin cancer by up to 75%.



False nails - either acrylic or gel - are very popular, but nails can become damaged or prone to disfiguring infections.



CENTRO PACIFICO

Good Health News

The Family Medical Centre comes to Albufeira.

One of the Algarve's longest establishes medical centres, the Family Medical Centre, with existing clinics in Quinta do Lago and Vale do Lobo (since 1988) will open a medical centre in the heart of Albufeira. It will also manage the Centro Pacifico for complementary health. The clinic will bring medical excellence into town with several leading medical specialists in their fields.

Watch this space for more information soon.

+351 289 543 545

Rua do Pacifico, Lotes 25-27 Cerro Alagôa 8200-166 Albufeira

www.centropacifico.com

BOWTECH

The Original Bowen Technique

Bowen therapy for everyone
Aches Pains Injuries Illnesses

This highly acclaimed treatment is now available in the Portimão/Monchique area

Phillippa Birchenough BTA
tel: 917689993
birchenough.bowen@vodafone.pt

Dr John Piper MB, BS, FRCS

Surgery at Armação de Pêra
Clipsa - Clínica Particular de Saúde, Lda -
on Mondays and Thursday mornings.

Av. Marginal, Edifício Atlântico I
8365 Armação de Pêra. Call 282 315 761

Monte da Palhagueira Retirement Village

* 55 Years old or over?

* Thinking of security for the future?

* Want to live in a safe, pleasant and healthy environment?



Consider Monte da Palhagueira Village

32 houses and apartments set in 22 acres of landscaped grounds, offering independence, peace of mind and security for retirement. Amenities include 2 swimming pools, putting green, croquet lawn, boule pitch, village hall, restaurant, hairdresser, physiotherapist, church and British trained medical staff on duty at all times.

Contact Clive Roberts • Monte da Palhagueira Village
Gorjões, 8005-488 • Santa Barbara de Nexe • Faro
Tel: 289 990900 • Email: montedapalhagueira@gmail.com

RIVERSIDE INTERNATIONAL MEDICAL CENTRE

CENTRO MÉDICO INTERNACIONAL

Dr. med. Univ. Zürich
ANDREAS J. MESZTICZKI

Specialist in Internal and General Family Medicine
Accident & Emergency Medicine
Aviation Medicine - Flight Surgeon
Authorised Medical Examiner/AME by INAC
Vaccination Centre - Chiropractic

SERVICES

24h Emergency Service • All laboratory testings
Ultrasound • ECG • Stress ECG • Home visits
Check-up / Cancer screening • Physiotherapy
Ear / eye / lung tests • INR Testing • Minor surgery
Fitness for air travel certificates
Medical Evacuation Flights
Pilot & Driving License Medicals
Wheelchair friendly accessibility

Tel. 289 99 77 42 • ajm@oninet.pt
24 Hr Service - Tel. 919 657 860
Opening Hours: Mon - Fri 9-12 & 16-18 hrs

Rua de Faro 34,
8005-531 Santa Barbara de Nexe/Faro
(opposite the Pharmacy)
GPS coordinates: N 37° 06.118' W 7° 57.822'



Consultant plastic surgeon James McDiarmid says he's seen a 20% rise in patients requesting repair work after wearing heavy, chandelier-style earrings, as they can tear lobes or cause sagging.

Ed Yong, health information manager at Cancer Research UK, explains that sunbeds give out UV rays just like the sun. Exposure to UV rays - whether from the sun or a sunbed - damages the DNA in skin cells, which can cause cancer.

"The intensity of some types of UV rays from sunbeds can be up to 10-15 times higher than that of the midday sun," he says.

What can I do? Use your common sense - avoid tanning salons and stay out of the sun between 11am-4pm. Always wear sun cream with a high pro-

tection factor. See the website: www.cancerresearchuk.org for more information.

• Earring hazards

Large, dangly earrings may look great when worn on the red carpet by stars like Angelina Jolie, but they can damage ear lobes.

Consultant plastic surgeon James McDiarmid says he's seen a 20% rise in patients requesting repair work after wearing heavy, chandelier-style earrings, as they can tear lobes or cause sagging.

"Women are being damaged by fashion earrings," he says. "It's not just splitting or stretched

earlobes. The lobes can also swell and they have lumps the size of a marble that look like dumb bells on either side of the lobe. Usually we can refreshen the edges and put them back together and repair the ear front and back."

• What can I do? Limit how much you wear heavy earrings - take them off at the first sign of discomfort.

• Bagging an injury

Big bags may be fashionable but they're a common cause of neck and back pain. Research by Nurofen reveals that the average woman carries at least seven items in her handbag, which weights nearly half a stone (2.8kg). The study also found 56% of women suffer pain in the shoulder, neck or arm through carrying big bags, while 22% experience daily pain.

Medical expert Dr Rosemary Leonard says carrying a heavy bag on one shoulder alters the symmetry of the upper spine and puts a strain on muscles supporting the neck and shoulders.

"This can result in tingling and pain in the arms and hands, shoul-

der pain and even long term neck and upper back problems."

What can I do? Carry less and alternate which shoulder you carry your bag on. Ideally, use a rucksack-style bag or one with a wide shoulder strap.

• Killer heels

Fans of skyscraper high heels may feel sore, aching feet at the end of an evening are a small price to pay for looking good.

"High heels throw weight on to the ball of the foot, which may lead to calluses, painful bunions, corns and deformity," explains Nita Parmar at The Society of Chiropractors and Podiatrists.

They may trigger back problems as the spine is thrown out of alignment as you try to lean backwards to keep balance, while narrow heels can cause ankle instability, resulting in sprains.

What can I do? Experts advise varying your heel heights from day to day. See a registered podiatrist for advice on feet or specific footwear (see: www.feetforlife.org to find a local specialist).

• Nailing it

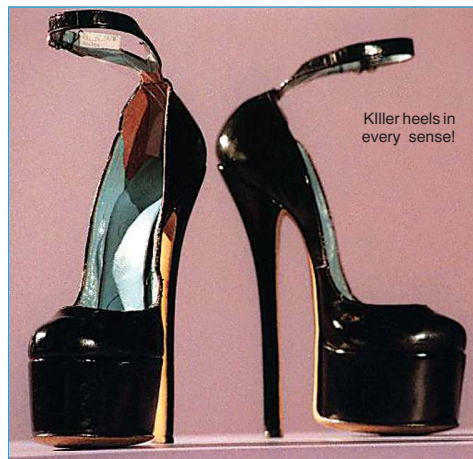
False nails - either acrylic or gel - are very popular, but nails can become damaged or prone to disfiguring infections. Celebrity manicurist Glenis Baptiste advises only going to reputable, licensed nail salons.

"It's essential that equipment is properly sterilised, otherwise nails are vulnerable to fungal infections once the natural barrier to infection, the nail, has been thinned so the false nail can be applied."

What can I do? Baptiste advises that lifting, cracked or broken fake nails should be removed immediately by an expert. She recommends regular, month-long breaks from wearing false nails.



For women, wearing tight jeans can put pressure on the urethra - the tube that carries urine from the bladder to the outside



Killer heels in every sense!

Book your stand now at the International Algarve Fair 30th & 31st May just a few left!

Get back on course with **BOWTECH**

Fast permanent results for:

- back pain
- sciatica
- migraines
- menstrual & hormonal problems
- groin pain & pelvis tilt
- sports injuries
- arthritis
- neck and frozen shoulder
- carpal tunnel syndrome
- ear infections
- eczema

Patrick Matthews is the most experienced practitioner in Portugal with a 90% success rate. Tel: 914067285 email: bowenboy@gmail.com www.bowenhealingholidays.com



Girls Aloud star and X Factor judge Cheryl Cole helped spark the craze for eyelash extensions.

"When you return for an infill to prolong the life of the nails, the technician should always check to ensure you haven't got a fungal infection in between the false nail and the natural nail. This can occur if water gets in between the two layers.

"I advise having one infill, then letting the nails grow out, having them removed and then having a break. Natural nails can then regain strength otherwise they'll become weak, flaky and prone to infection."

Gabrielle Fagan

TONE UP, STRENGTHEN YOUR CORE AND LOSE INCHES FROM YOUR WAIST!

Lose Weight • Burn fat • Reduce Cellulite • Tone Muscle
Ride for just 15 minutes a day!
The fun way to lose weight!



Just plug it in and off you go, even use it while you're watching TV

AS SEEN ON TV Richard & Judy show, Channel 4.



iJoy ride horse €499
iJoy ride board €375
Includes free delivery and free exercise DVD.

Come and try it for yourself at the new FRONTERA Furniture shop - see our main advert for map, or call on 911 911 909 or email for an electronic brochure on info@furniturefrontera.com.

Optica Orbita
www.opticaorbita.com

Lots of glasses for less EUROS

Complete Pair of Eyeglasses

Single Vision +6,00 CII 2,00 **59€**

Single Vision +6,00 CII 2,00 **89€**

Hard coated
Anti-reflection coating
Cleancoat
UV Protection

Eye testing by appointment only

Rua Rosé C. Leal e Brito, Bl. B, Loja B. 8100-597 Loulé
Tel/Fax: 289 411 777 • Mob. 913 399 647

Perfect Smile
Implant and Cosmetic Dentistry Clinic

Teeth-in-an-Hour (Computer Guided Dental Implant Surgery)
Smile Make-overs (Porcelain Crowns and Veneers)
Dental Bleaching - Fixed Orthodontics - General Dentistry

HOSPITAL PARTICULAR DO ALGARVE - Cruz da Bota, Lote 6, Estrada de Alvor, PORTIMÃO
Tel. / Fax.: 282 457 018 www.perfect-smile.pt

To advertise contact
707 500 677 or email
bella@the-news.net

Alarms

RESPONSE ALARMS ■10
Home Security Systems
Tel: 282 356 083
Mob: 918 987 093
paul-responsealarms
@hotmail.com

Antiques

ANTIQUES & DECORATION
Fair prices for articles.
Tel: 282 574 158
Mob: 967 044 773

FRED PEETERS
Dutch Antique Dealer
Messines
Tel: 282 338 602

GOLD SILVER JEWELLERY
Buying in any condition
Also coins, watches and old oil
paintings
10am - 6pm
Tel: 960 212 008

Bureaucracy

SOVEREIGN
For your fiscal representation
Tel: 282 340 480
port@SovereignGroup.com
SovereignGroup.com/Portugal

**FOR FULL DETAILS PLEASE SEE
OUR MAIN ADVERT**

We can help
you cut your
overheads

Are you looking to cut costs or
set up a small office?
Do you want to save on staff
costs and overheads?
Do you need someone to answer
all your calls without the cost and
commitment of full time staff?
Lingua Franca is your answer
We can answer calls in your
name. Nobody will know they are
not talking directly to you or your
staff.
We speak English, German or
Portuguese, take messages and
then let you know by email, text
or fax.
We can even connect selected
callers to wherever you are in
the world.
And the good news is that
this courteous, helpful and
completely confidential service
will cost you much less than
one staff member.



**LINGUA
FRANCA**
CONTACT
CENTRE

For more info call us on 707 500 016
or email us at sales@linguafranca.cc

Computers & Office supplies

AA PC SURGERY ■15
Personally Tailored Laptops
and PC's created for your
needs -
Everything in English
Tel: 707 940 332
sales@worldtelecom.pt

ALGARVE LAPTOPS
English laptops / PCs & support
Repairs, upgrades & support.
Tel: 282 312 044
www.algarvelaptops.com

Education

**CENTRO DE LÍNGUAS
DE LAGOS**
Language School
Rua Dr. Joaquim Tello - Lagos
Tel: 282 761 070
info@centrodelinguas.com
www.centrodelinguas.com

CLCC - CENTRE
Language School
Portimão - Jardim Gil Eanes
Tel: 282 430 250
geral@clcc.pt
www.clcc.pt

**UNIVERSIDADE DA
CRIANÇA**
Crèche & pre-school
Portimão
Tel: 282 423 974
reitoria-
uc@ideias4tomorrow.com

Entertainment

**FARO JEWISH
HERITAGE CENTRE**
Synagogue Museum
Tel (Centre): 289 829 525
(Guide) 936 394 488
Ralf Pinto@sapo.pt
www.farojewishheritage.org/

STANDING OVATION
Wedding blessings, Events &
Party organiser
Tel: 914 599 933
www.standingovationalgarve.com

Landscaping Gardens & Ponds

**ALGARVE TREE
SERVICE**
Tree Surgery
Vale Grito, Aladana, Lagos
Tel: 917 479 921
www.algarvetreeservice.com

ECOSSISTEMAS ■15
Garden Centre
EN125, Odiáxere, Lagos.
Tel: 282 799 537
Fax 282 799 840
www.ecossistemas.com

GERALDES LANDSCAPE
Construction and maintenance
Tel: 289 328 255
Mob: 913 407 507
geraldespaisagismo@hotmail.com

HARVEYS OF LOULÉ
Garden Construction &
maintenance
Loulé
Tel: 289 412 462
Mob: 916 048 671
harvor@sapo.pt

**NORMAN
GROUNDWORKS**
Gardening & landscaping
Tel: 282 332 899
Mob: 963 134 129

Q GARDEN
EN125 Odiáxere
Tel: 282 799 633
qgarden@mail.telepac.pt
www.qgardenpt.com

Health & Beauty

**ALAN GALE DENTURE
STUDIO**
Silves
Tel: 282 442 302
Mob: 916 717 113

**ANDREAS J.
MESZCZKI MD**
Riverside International Medical
Centre
Santa Barbara de Nexe / Faro
Moncarapacho - Tavira -
V.R. Stº António
Tel: 289 997 742
24hrs service: 919 657 860

BOWEN TECHNIQUE
Central and East Algarve
Gareth Bullock
Mobile: 912 540 071

BOWEN THERAPY ■10
Portimão/Monchique area
Phillippa Birchenough BTAA
Mob: 917 689 993
birchenough.bowen@vodafone.pt

CLÍNICA DENTÁRIA
Dra. Cristina Fernandes
(Dental Clinic)
Rua João Menezes, N° 8 r/c,
8400 Lagoa
Tel: 282 342 920

DONA KAREN
Beauty Therapy
Faro
Tel: 289 813 538

DR. FRANCIS HALEY
Dental Surgeon
Av. 25 Abril, 184-1°C,
Cascais
Tel: 214 863 012

HAIR LOUNGE
Hair and Beauty Salon,
Boliquireme.
Tel: 289 360 965

**INTERNATIONAL
RETIREMENT HOME**
Lagos
Enhance your life now
Tel: 918 852 044
Mob: 918 851 551

**LUZDOC
INTERNATIONAL**
Medical service
24hr emergency N°
917 811 988.

**MONTE DA
PALHAGUEIRA**
Retirement Village
Gorjões, 8005-488,
Santa Barbara de Nexe, Faro
Tel: 289 990 900
montedapalhagueira@gmail.com

OUTDOOR LIVING SL
The fun way to lose weight
Frontera, Almancil
Tel: 911 911 909

PERFECT SMILE
Dental clinic
Cruz da Bota, lote 6
Estrada se Alvor.
Tel: 282 457 018
www.perfect-smile.pt

**SENSES... SKIN CARE
CENTRE** ■15
Beauty (and skin care)
Rua 1 de Maio, N36, Lagos
Tel: 282 762 261
Mob: 913 275 869
info@senses-skincare.com
www.senses-skincare.com

Heating & Cooling

**BARLAVENTO
REFRIGERATION**
Air conditioning, pool heating,
underfloor heating
Tel: 917 230 727
paulkent-aircon@hotmail.com

DOMUS HEATING ■15
Underfloor heating,
EN125, Sítio Benfarras
Boliquireme
Tel: 289 322 852
Fax: 289 322 894
domusheating@mac.com
www.domus-heating.com

ELECTROCOMFORT
Natural stone & under-floor
heating, air con & solar
systems
Tel/Fax: 282 688 378
info@electrocomfort.com

FIRES OF PORTUGAL
Wood burning & Gas Fires
Tel: 289 489 958
Mob: 967 721 209.
carolinsalir@mail.telepac.pt

MISTER COOL ■10
Heating & Cooling
Lagoa
Tel/Fax 282 381 364
Mob: 917 175 818

SACL
Heating & Cooling
Vale de Louzas
EN125 - Alcantarilha
Tel: 282 314 190
Tel: 282 322 175
Fax: 282 314 191
rscil@mail.telpac.pt

Holidays, Travel & Tours

ALGARVE TOUR
Travel
Albufeira & Faro
Tel: 289 890 226

ANA - Aeroportos Algarve
Fly direct to major European
Cities
Tel: 289 800 617
faroairport@ana.pt
www.faroairport.com.pt

AIRPASS
Online ticket reservations
Tel: 282 480 580 (Algarve)
Mob: 932 070 707
Tel: 218 439 510 (Lisbon)
Mob: 932 090 909
info@airpass.pt

LONDON MARRIOTT
Hotel
West India Quay
(Canary Wharf)
London
Tel: +44 207 093 1000

VILLA SOL
Hotel
Morgadinhos
Tel: 289 320 320
Fax: 289 320 431

Interiors

ABSOLUTE ESSENTIALS
Furniture and accessories
Tel: 959 321 959
absoluteinteriorfurniture@btinternet.com

ABODE FURNISHER
The Algarve leading furniture
package specialist
Tel: 282 762 070
info@abode-group.com

ALGARVE CURTAINS
Curtains, cushions, bedcovers
Ferragudo
Tel: 282 493 238
Mob: 964 677 699

BEDROOMS EXTRA
Bedrooms, sofas & dining
Parque Industrial O Infante
9-10 Torre. Odiáxere
Tel: 282 762 383.
sales@bedroomsextra.com

**BEDSPREADS FACTORY
OUTLET** ■10
Soft furnishings
Lagoa & Alvor
Tel: 282 353 244
Tel: 282 457 510
info@bedspreadsportugal.com

FURNITURE WORLD
Solid wood furniture at realistic
prices
Chinicoa, Lagos
Tel: 282 798 263
www.furnitureworld.pt

FRONTERA
Complete High Quality Home
Furnishings
Tel: +34 959 470 971
sales@furniturefrontera.com
www.furniturefrontera.com

IDEAL LIVING
Loulé
Tel: 289 398 573
Mob: 910 410 510

LUZ DECOR
Interior Decor
Praia da Luz, Lagos
Tel: 282 789 849
Mob: 917 771 831
patsy@oninet.pt
www.luzdecorhome.com

MÓVEIS MALHEIRO
Furnishings - Pires e Ribeiro,
Lda. Urb. do Malheiro, Rua das
Acácias, Lote 4 Portimão
Tel: 282 491 583
Fax 282 492 249
moveis.malheiro@mail.telepac.pt

PLANET SOFA & BEDS
Interior & exterior furniture,
Furniture package specialists
Lagos
Tel: 282 762 070
info@planetsofa-algarve.com
www.planetsofa-algarve.com

STYLE FURNISHINGS
English beds in the Algarve
Vale de Louzas
Alcantarilha
info@stylefurnishings.com
Tel: 282 322 291

Kitchens & Bathrooms

ELITE KITCHENS
Kitchens.
Tel: 282 353 664
iberelite@sapo.pt

KLASS COZINHAS
Kitchens Lagoa
Tel: 282 342 062
Mob: 926 148 240
klasscozinhas@sapo.pt

Legal & Insurance

ALEXANDRA SOARES
Lawyer
Rua direita, Praia da Luz
Tel: 282 792 837
info@slexandrasoares.com

ANA DUARTE
Lawyer in Lagos
Tel: 282 792 766
anaduarteadv@hotmail.com

BLEVINSFRANKS
Unique solutions for your tax
and private wealth
Freephone: 800 813 303
pensions@blevinsfranks.com
www.blevinsfranksinternational.com

EURO FINESCO
Fiscal & Expatriate Service
Guia
Tel: 289 561 333
info@eurofinesco.com
www.eurofinesco.com

HLB GIBRO GROUP
Fiscal Representation for
non residents
Loulé,
Tel: 289 463 271
info@gbconsultores.com
www.gibro.com

INTASURE
Property Insurance
Tel: 707 500 025

KAZA SEGUROS
Insurance Solutions to
accommodate your needs
Tel: 282 761 612/3/5
Mob: 919 694 025
kazaseguros@mail.telepac.pt

LLOYD & WHITE
EN125
Tel: 289 360 578
www.lloywhyteintl.com

O'NEILLS MORTGAGES
Algarve's Premier Independent
Mortgage Brokers
Tel: (00351) 289 301 866
www.oneillsmortgages.com

**PROFESSIONAL
INVESTMENT
CONSULTANTS**
Independent Insurance
Professions
Carvoeiro
Tel: 282 357 853 / 282 969 288
insurance.portugal@pic-
europe.com
www.insurance4portugal.com

TAX ANGELS
Tax
Vilamoura
Tel: 289 380 048
info@portugal-tax.com

**THOUSAND MARKETS
LDA**
Mortgage brokers
Tel: 213 866 109
Mob: 918 539 480/916 721 382
pierreelaville@yahoo.com
www.portugal-
mortgagesonline.com

XPAT CARE
Health Insurance
Tel: 707 500 028

Media & Publicity

**GOOD MORNING
ALGARVE**
The best of the Algarve at their
best
www.goodmorningalgarve.com

INACIO ALVES
Marketing & Publicity
Olhão.
Tel: 289 721 050
Mob: 968 639 468
inalves@mail.telepac.pt
www.inalves.com

Miscellaneous

**FOOD PASSION -
CATERING**
Cutlery, crockery, glassware
also outside catering.
Tel: 282 314 276
Mob: 912 159 813

Optician

OPTICA ORBITA
Fashionable quality optician
R. José C. Leal e Brito, Bl.
B.Loja B Loulé
Tel/Fax: 289 411 777

Pets

PINKIE PURS
Luxury cat hotel
Silver coast, Lisbon
Mob: 913 013 931
Tel: 262 999 050
lemonrehouse@sapo.pt

PAWS 4 PETS
Top quality foods, treats,
grooming products &
supplements.
Silves - Tel: 282 443 170
Albufeira - Tel: 289 588 882
Mob: 916 273 376
www.paws4pets.net

VIP VETERINARY SURGERY ■10
for very important pets
Urb. Horta Senhora - Lagos
Tel: 282 782 282
www.vipveterinarysurgery.com

Pools & Building

ALGARVE HOT TUBS
Hot tubs / pool heaters
Quatro Estadas
Mob: 969 806 472

POOL SAFETY FENCING
Mob: 919 892 518
Mob: 910 666 613
poolfencing@aol.com

BUILD 4 U.
Construction etc.
Mob: 919 356 749.
info@build-4-u-lda.com
www.build-4-u-lda.com

DANECASA
Wooden homes or steel frame
construction
Guia (nr. Algarve shopping)
Tel: 289 571 270
info@danecasa.com
www.danecasa.com

HOME - POOLSAN
Chlorine free Eco-Friendly
Swimming pool treatment
info@home.pt.com
www.heatwafer.com

IBERIA BLUE
Pools & Equipment
Phone/Fax 282 761 116
Mob: 913 393 421
info@iberiablue.com
www.iberiablue.com

JOÃO NUNES
Building your home
Tel: 289 417 867
Mob: 966 570 158
jn.geral@gmail.com

PURE POOLS
Pools & Equipment
Lagos
Tel: 282 760 033
Mob: 919 517 868
purepools@yahoo.com
www.purepools.com

POOLS SAFE.EU
Pool security Covers Fences
Nets
Estrada Gale, Guia, Albufeira
Tel: 289 591 662
Fax: 289 591 665

Property Agents

ABODE
Carvoeiro
Tel: 282 356 865
leohbraun@hotmail.com
www.aboda-pt.com

ALGARVE EASY PROPERTY
Best mortgages & property
agent
Rua Vasco da Gama, Lagos
Tel: 282 769 150
Mob: 913 500 826
www.algarveeasyproperty.com

ALGARVE MANTA PROPERTIES
Manta Rota
Tel/Fax: 281 952 820
Mob: 911 041 862
sarah@algarvemanta.pt
www.algarvemantaproperties.com
Rentals: www.algarvemanta.pt

ALGARVE PROPERTY CENTRAL
Vilamoura
Tel: 289 310 310
sales@algarveproperty.com
www.algarveproperty.com

ELLY VAN HULST
Real Estate
Between Loulé and S. Brás
www.property-runner.com
Tel: 289 842 992

ESTE ALGARVE
Real Estate
Cevadeiras, Vila Nova de
Cacela, V. R. Stº António.
Tel: 281 951 165
or Centro Comer., Av. 28 de
Maio (Marginal), Tavira.
Tel: 281 370 277
belosantospedras@hotmail.com
www.estealgarve.com

FILNETO GROUP
Loulé
Tel: 289 416 160
Mob: 967 012 442
Fax: 289 422 877
info@filneto.com
www.filneto.com

KASAS
Algarve Property
Vilamoura
sales@algarveproperty.com
www.algarveproperty.com

LAND & HOUSES
Yellow Homes
Real Estate
Tavira.
Tel: 281 320 281.
www.landandhousesalgarve.com

NEWLYN
Property developers
Tel: 289 320 180
www.opomar.net

PROPERTY AUCTIONS
Market your property privately
Tel: 936 191 682
www.i-spy360.com

REMAX DIAMOND
Real Estate
João Nunes
R. Francisco Xavier Ataíde de
Oliveira, Lote 32-1, Lagos
Tel: 282 770 140
Fax 282 770 149
Mob: 917 771 849
joão.s.nunes@gmail.com

REMAX VILAMOURA
Real Estate
Soraia Santos
Vilamoura
Mob: 962 014 793
email: ssantos@remax.pt
www.remax.pt/ssantos

TO GO FOR HOMES
Algarve Property Specialists
Alvor
Tel: 282 432 004
Mob: 917 472 273
www.togofofor-homes.com

VENDAVILLA - VILAMOURA
Real Estate
Tel: 289 314 486
Fax: 289 315 578
vilagente@mail.telepac.pt
www.vendavilla.com

Property Services

DELEME
Windows and Doors
Albufeira EN125
Tel: 289 362259
Mob: 913 897394

BARLAVENTO REFRIGERAÇÃO
Air con, dehumidifiers etc.
Tel: 917 230 727
paulkentaircon@hotmail.com

GFS METALWORK
Gates, grills etc
Tel: 282 449 270
Mob: 933 402 261
Mob: 933 555 387
www.gfs-metalworks.com
info@gfs-metalworks.com

EAST ALGARVE BUILDING & GARDENS
Vila Nova de Cacela
Mob: 964 508 128
Mob: 964 508 128
ianshaw72@hotmail.com

GIANTS WINDOWS
Windows, doors, etc
Tel: 911 199 888.

IMAGINE HOMES
Creative makeovers inside
and out
Mob: 964 979 177
imaginehome.pt@gmail.com

JAMES WALKER
Professional painting &
decorating
Mob: 967 944 660
walkers@sapo.pt

LIVINGSTON'S PAINTING
For all your painting needs
Algarve only
Tel: 917 511 550

M2M BLINDS
Window blinds & Fly screens
Tel: 286 518 059
Mob: 932 894 709
m2mblinds@hotmail.com
www.m2mblinds.com

MESTRE CONSTRUTIVO
Construction
Tel: 289 422 525
Mob: 938 669 215
Fax 289 422 268.
www.mestre-construtivo.com
info@mestre-construtivo.com

PROFILIMPO
Drain cleaning specialists
Tel: 914 145 117

ROCOCOCCO
Ceramic and natural stone tiles.
Rua Direita, Praia da Luz
Tel: 282 764 035
Mob: 967 839 114
rococcostone@msn.com

ODEXLAR
Cleaning products for industry,
hotels pools etc.
Odiáxere
Tel: 282 798 463
www.odexlar.com

STONE CARE SERVICES
Specialists in the refurbishment
& maintenance of natural stone
Tel. 919 498 258
www.stonecare-services.com

THE WORKSHOP
Carpentry, building &
renovations
Tel: 289 396 909
Mob: 966 001 922

THE DRAIN DOCTOR
Plumbing & drainage company
24 hours / 7 days a week
Tel: 289 425 480

THE DRAIN KING
Personal & professional
service
Tel: 282 471 335
Mob: 918 647 305
drainking8@aol.com

TOFTS
Decorating & Painting
Mob: 918 938 004
Tel: 289 399 370

VILLA GATES
Ornate & contemporary gates
made to order
Refurbishing of old gates
Tel: 309 403 075
Mob: 912 642 477

Removals

AIM
Removals & Storage
Tel: 282 799 141
info@aim.com.pt

ALGARVE REMOVALS
Removals & Storage
Tel UK: +44 (0) 1245 468 888
Mob UK: +44 (0) 7711 179842
or Tel: 289 513 851
Mob: 969 134 801
sales@algarveremovals.com
www.algarveremovals.com

NEIL & EMILY RICHARDSON
Tavira
Mob: 939 486 870
Tel: 281 963 191
neilandem@sapo.pt

NEW CONCEPT INTERNATIONAL
Removals & Storage
Tel: 289 395 105
Mob: 968 031 955
(+44) 845 004 6827

SA REMOVALS
All Europe
Tel: +351 965 653 025
(Mr. Curado)
mudatudo@iol.pt
www.removalstoportugal.com

STORAGE
U-Store Self Storage
Urb. Ind. Maraleca, lote 26
Chinicato, Lagos
Tel/Fax: 282 798 490
Mob: 917 010 365
www.u-store-portugal.com
info@u-store-portugal.com

Restaurants

ESTRELA SNACK BAR
Home made pitta bread &
pizzas
Barão São João
Open 11am - late
Mob: 912 859 549

MONTE DO CASAL
Estoi
Tel: 289 990 140
Mob: 914 935 327

RESTAURANTE FLORESTAL
Cosmopolitan menu
Open: Tues-Sat. 12.00-2.30pm
& 7.00-10.00pm
Sun. Special Brunch 12-3pm
Barão de S. João, Nr. Luz
Tel: 282 687 204

THE BATTERING PLACE
Fish and chip shop
Almancil
Tel: 963 731 736
juliewhite@hotmail.com

Retail

BOATSHED
Boatshed, boat sales.
Vilamoura / Albufeira
914 738251

LET THE MAGIC IN
British supermarket in Algez
Tel: 282 575 061
weborder@leththemagicin.com

ALGARVE BOOK CELLAR
Carvoeiro
Tel: 282 085 713
raymond.compton@netvisão.pt

ANDIFER BUTCHERY
English cuts & South African
Delicacies
Portimão
Tel: 282 410 590

CENTRO COMERCIAL PORTIMÃO
Continente + 60 shops +
6 Cinemas + 12 Restaurants
Portimão
Tel : 282 490 840
admin:ccp@SierraCentres.net

COLLECTIONS
Ladies fashion
Quinta da Praia - Alvor
Tel: 282 476 574
greening@sapo.pt

GUYS & DOLLS
Childrens Shoes & clothes
Greeting cards
Av. 5 de Outubro, Blc. 4, R/c
Esq. Almancil.
Tel: 289 358 014
Mob: 933 326 471

View these pages for FREE at
www.the-news.net
To advertise please contact Bella on
707 500 677 or

FI-LINE FASHIONS ■10
Fashions
Av do Rio, Ed. Almadraba,
Loja B, Armação de Pêra
Tel: 282 312 936

GARDEUR DIRECT
Clothing
Praia da Luz
Tel: 282 788 630
www.gardeurdirect.com

THE ENGLISH BUTCHER
Butcher
Almancil
Tel: 289 395 859
Tel: 289 397 289
Mobile: 965 864 682

THOMAS GREEN
British Supermarket
Olhos de Água, Albufeira
Tel: 289 541 119
albufeira@thomasgreen.pt
www.thomasgreen.pt

UK FOOD SUPPLIES
Suppliers of UK foods
Tel: 911 084 888
sales@ukfoodsups.com
www.ukfoodsups.com

Sports & Activities

GAMES ROOM EQUIPMENT
Vilamoura
Mob: 917 846 242
info@fnorth.net

VALE DE MILHO GOLF
Carvoeiro
Tel: 282 358 502
valademilhogolf@mail.telepac.pt
www.valademilhogolf.com

Satellite systems

SOS DIGITAL
satellite TV systems
Tel: 916 378 722
www.soskydigital.com
soskydigital@msn.com

SKYNET
Satellite systems
Tel: 964 890 260
skynet@live.com.pt

SKY REALM ■10
Satellite systems
Tel: 918 887 775.
skyrealm@hotmail.co.uk

Telephones & Communications

DIRECTORY ENQUIRIES IN ENGLISH
National & International
Tel: 760 50 60 70

WORLD TELECOM ■10
10% off ONEfone phones or
modems
Everything in English
Tel: 707 500 600
sales@worldtelecom.pt
worldtelecom.pt

FOR FULL DETAILS, PLEASE SEE OUR MAIN ADVERT

Reader Privilege Voucher

This voucher cannot be combined with any other offer and only one voucher may be used for each purchase

This voucher is worth

10%

discount on designated products or services

Reader Privilege Voucher

This voucher cannot be combined with any other offer and only one voucher may be used for each purchase

This voucher is worth

15%

discount on designated products or services

Reader Privilege Voucher

This voucher cannot be combined with any other offer and only one voucher may be used for each purchase

This voucher is worth

20%

discount on designated products or services

How to use Reader Privilege Vouchers

Our advertisers value your business and would like to offer you special discounts as a reader of *The Portugal News*. Each voucher has a colour code. Please check in the Advertiser Hotline listings to see the same colour code(s) shown as a small colour block next to the advertiser's name. The colour of the block indicates the percentage discount the advertiser will accept for designated products or services which they provide. If in doubt, please confirm the acceptability of the voucher by phoning the outlet.

Keeping cool in the summer

As we get to the very hot summer months it is worth just taking a few moments to consider how hot our four footed friends may get. We have a few ideas to help them out if they are awkward about stopping in or hiding under a tree, or if we have to take them out and about.

ers come in various sizes. I will have my cages and covers on our stand in the Dog Show area of The Algarve Fair on 30th and 31st May.

We now have the Keep Cool coat in stock, the ultimate cool coat for dogs, very impressive. Keep Cool Coats have been specially designed to keep your dog cool in any situation. The unique fabric is activated by water and will keep the dog dry for hours without dripping all over them as some do. It is ideal for working dogs, agility, obedience, shows, etc., to keep the dog cool. Or just to keep them cool in our wonderful hot summers. The Keep Cool Coats are easy to use, just soak in water for a few minutes, lightly ring out and place the dog coat on the dog. If out for long walks or days out with your dog, just rewet the coat from a water bottle, tap or perhaps a shower if available. The dog coat becomes hard when dry, just simply rewet and it comes back to life. The dog coat

is intended as a preventative measure, to be used before your dog gets overheated. When not in use just dry and place it in the bag provided. This unique material is not affected by mould, mildew or odour. If it becomes soiled it can be washed in the machine using a non biological powder. The coat comes in various sizes and colours. Also available are neck scarves for us to keep us cool for a few hours.

Ann from Kool Coats will be at the Paws4Pets stand at The Algarve Fair on 30th and 31st May to demonstrate these wonderful coats and also at the Dog Show. Please come and see us.

We had looked into the cool collars which seemed a good idea but have been warned that they can be a problem if dogs bite into the chemical crystals within, so have decided against them. Dogs will play, especially youngsters, so better to be safe than sorry we decided.

Other help for overheating/sunburn is another type of coat. Lennie my Bearded, had Hypothyroidism, with that came a thinning of his coat, this meant his skin was exposed to the sun. This happened our first year here. I appealed to my cyberpals who



Cleo

came up with the ideal answer. A reflective coat called the Cooler dog coat. It uses special Reflecto material coupled with ultra light cool cotton lining which helps the reflective qualities, keeping the dog cooler and happier underneath. I managed to get one for Lennie and it was a godsend for his two summers here. Sandy wore it last year when she was ill before we lost her in July. If anyone would like to see it I still have it.

Sun exposure on noses—this has to be watched, most especially on our white coated, light skinned dogs and cats. Even in the UK I put sunscreen on my white cat during the summer. We have a sunscreen formulated for dogs which I use on my OES noses in the sun.

We will have the pleasure of

Vets on our stands for a few hours each day to offer general advice and reassurance to anyone. Just check with us for the timings.

Cleo and Cassie will both be with me throughout the Algarve Fair. They will demonstrate the Kool Coats and be pleased to say Hello to everyone.

Find us on our normal stand in the main arena and also in the Dog Show area.

Protect your pet with knowledge. Knowledge is power and it could mean the difference between life and death. All our advice is given freely and in good faith. Please always discuss any pet problems with a qualified veterinary surgeon or other professional.

Jan Cobley
Paws 4 Pets 916 273 376
www.paws4pets.net

Hi There !



Many lovely kittens and adult cats are waiting for a nice loving home. They are wormed and deflead. Some are already vaccinated. Call Valérie for a visit 913 860 865 or 282 342 823 (evenings) - lili10.evann@yahoo.fr

KEEP COOL




Keep Cool Dog Coats
have been specially designed to keep your dog cool in any situation

Get your dogs ready for the Algarvean summer

Come and see demonstrations of these fantastic coats at our stand at the Country Fair 30/31st May 11am—7pm and bring your dog

For use all day: for walking, playing or lazing!

Paws 4 Pets
The Best A Pet Can Get

Albufeira—Edifício Avenida Nova, Torre da Mosqueira, 8200-562



Cassie

When going anywhere for shows, picnics etc., I take their cages with me. My fabric cages have black netting windows which help to keep the inside cooler. I also have reflective covers for my cages which are fantastic. I have used them at all my

outside dog shows and the cages remain cool. Not only that but it seems to give the dogs some security, they are happier in the cage with the cover on. They do reverse for the winter or during a rainstorm. Yes we do get downpours at times at shows and

having a waterproof cage to put the groomed dog in has been helpful. I have also used them at home when nursing my sick dogs—very useful, not only does the cage and cover provide cool but have been vital at keeping the pesky flies at bay. The cov-



Text & Images - 2009 Copyright of Keep Cool Ltd - All rights reserved

CLÍNICA VETERINÁRIA DA LOUSÃ - CVL

INFORMS THAT NOW, ALSO HAS A VETERINARY CONSULTORY IN ARGANIL (GÂNDARA), WHICH IS OPEN MONDAYS, WEDNESDAYS AND FRIDAYS 17H30 TO 19H30 AND SATURDAYS 10H30 TO 13H00. APPOINTMENTS ARE ADVISABLE.

TEL: 239 99 10 10
EMERGENCIES 24H/DAY
91 955 42 44





VIP
Veterinary Surgery





VIP service...
Portuguese prices!

- Book by appointment
- Air conditioned waiting area
- Quality Anesthetic and Oxygen
- English speaking (Portuguese translation available)
- On-site X-ray facilities
- Friendly staff
- State of the art hospitalisation facilities

Tel: 282 782 282

Consulting Times:
Mon-Fri: 9am-11am & 4pm-6pm Sat: 9am-12pm

www.vipveterinarysurgery.com
Emergency Tel: 916 500 574

URB HORTA SENHORA DA GLORIA,
LOTE 7, FRACCAO B, 8600-548 LAGOS, PORTUGAL



ALGARVE DOGSHOW

Purely for dog lovers - training seminars, grooming demos, dog displays and more.

LAGOA • Fatacil

30 / 31 MAY • 11.00h - 19.00h

Exhibition Hotline 282 380 317 algarvefair.com

How to wow a crowd on the high seas

You're joking! That was my reaction when I was invited to learn the art of cracking jokes on a comedy cruise in the Mediterranean. And so I found myself on-stage aboard the good ship Island Star, trying to make 350 people laugh.

To say I was terrified would be the understatement of the decade. Sailing from Niceto Menorca, I was on stage for the first time since my last school play.

To make matters worse, there was a real witch in the front row of the audience - any comic's worst nightmare: an elderly Yorkshire 'lady', slightly the worse for drink and heckling.

The comedy group Jongleurs was founded in 1983 and with 17 stand-up clubs throughout Britain, Jongleurs launched the careers of such notables as Rory Bremner, Graham Norton, Jo Brand, Al Murray, Jack Dee and Jimmy Carr. So, I thought, why not me?

Comics from the group such as 41-year-old Miles - surely destined for still greater things - performed on the luxurious, 46,811-ton Island Star throughout 2008.

Before I braved the glare of the spotlight on stage, Miles told me how to engage the audience, how to present myself and my material, how to hold the microphone (high and confidently, not dangling). And above all, delivery - and I'm not talking about Tesco.

My voice seemed to come out of some dark corner of the universe - a thin, reedy discord like a Dalek. In trembling tones, I delivered my short material: a true Irish story...

"I was driving through Ireland from Cork to Donegal. I was very tired and stopped at a small hotel in a town called Letterkenny. I knocked on the door. A yawning night-porter with his braces over a grubby long-sleeved vest came to the door and asked if he could help.

"I asked if he had a room. 'No trouble at all,' he said and invited me in to sign the register. 'You wouldn't happen to have a room with a bath?' I asked. 'That's no trouble either,' said the porter.

"He reached up behind him, pulled down a key and said: 'You're in room number seven sir... and the room with the bath is at the end of the corridor.'"

Laughter, applause! I was made! I introduced the next act and exited left.

I had flown to Pisa to join the Island Star in the middle of a Mediterranean cruise. Formerly called Horizon, with 10 decks and 753 comfortable cabins for 1,875 passengers tended by 573 crew, this impressive ship will be joining the Celebrity Cruises fleet - and probably renamed - during 2009.

This follows the recent merger of First Choice - which operated Island Cruises in a joint venture with Royal Caribbean - with Thomson within the TUI travel giant. But her sister ship Island Escape will continue to operate Mediterranean cruises under the TUI Travel flag, out of Palma, Majorca next year.

The Island brand stands for casual cruising, with a slogan of "relaxed, informal and friendly". There is no strict dress code (but bare-chested or 'vested' gentlemen are not welcome in restaurants), great entertainment and lively shore excursions with a difference.

Guided bike tours are another innovation, and provided another story for me.

Some of my fellow passengers had survived a bike ride into Rome through its snarling, chaotic traffic. They were therefore well-equipped for the relatively calm bike tour I took after we docked in the beautiful port of Mahon in Menorca.

I have to confess I was not. I hadn't ridden a bike for years, except the static things in the gym. We set off in orderly single file on well-equipped mountainbikes with what seemed like dozens of gears. We enjoyed a quiet ride through the picturesque old town and out into the country. Finally back to the ship exhausted after a



Mahon, Menorca.

24-mile ride. I waddled into dinner that night like John Wayne fresh off a horse.

To my surprise I was recognised by some of the passengers - the result of the comedy night. I was a celebrity!

Earlier I had visited the ship's spa for a blissful, one-hour hot-stones massage, which was much-needed after the exertions of the day. The Island Spa also has a beauty and hairdressing salon, and I could have had a facial, a manicure, a mud mask or even a detox body wrap if I had felt so inclined.

That night I enjoyed a gourmet dinner, with excellent waiter service, in the elegant Oasis restaurant - one of five on the ship. There are also seven bars ranging from The Pub, which is as its name sounds, to the quieter, wood-panelled Captain's Club.

The Oasis is the only restaurant on the ship where people dress more formally for dinner, though not in black-tie. A meal in the Oasis is extra to the cruise charge, as is the slightly less formal Steak House, but other restaurants are free.

After dinner - there are no set times for eating, another bonus - I went to the finale in the Ocean Theatre, a superbly-presented West End-style, all-singing, all-dancing show. And finally a quick look at the Casino, where seven proved to be an unlucky number for me.

And what of my fellow passengers? Relaxed, friendly and informal, as indicated by the slogan of the ship, they included young couples, a few families, middle-aged and older couples, and some singles.

Travel Facts

Michael O'Flaherty was a guest of Island Cruises, which offers 7 night Western Mediterranean fly-cruises out of Palma,

Majorca, from March 31, 2009, from £649, calling at Olbia (Sardinia), Civitavecchia (Rome), Livorno (Florence/Pisa), Villefranche (France), and Mahon (Menorca). Price is based on two adults sharing an inside cabin on Aqua deck, and includes return flights and transfers.

Island Escape enquiries tel: 00 44 (0)127 362 7843 or go to: www.islandcruises.com

Michael O'Flaherty



Jongleurs Comedy Club aboard Island Star.

Stay in Gibraltar and enjoy our special reader offer

Complete 4 star luxury at the O'Callaghan Elliott Hotel, Gibraltar for only £110.00 per night

For only £110 per room, per night, including breakfast you can enjoy all the comforts of Gibraltar's leading hotel. The price includes dinner for one night from our A La Carte menu up to the value of £30.00pp. You can stay as long as you like (min. 2 nights) but your visit must include a Friday, Saturday or Sunday night. This offer continues until 31st Aug. 2009. To take advantage of it call or e-mail the Elliott and quote 'The Portugal News Reader rate offer'.

Tel: 350 20070500 • E-Mail: elliott@ocallaghanhotels.com



O'Callaghan
ELLIOTT HOTEL

VILA SOL ALGARVE
A RENAISSANCE SPA & GOLF RESORT

KEEP FIT! MIND AND BODY!
Vila Sol SPA to keep you physically fit and spiritually strong!

Join the SPA membership at the Vila Sol Algarve, A Renaissance SPA & Golf Resort for three or six months or one year and get your investment back through the entire ranges of discounts and offers on SPA therapies, fitness packages, hotel stays, restaurants, tennis, golf and so much more...

Contact: 289 300 550 | spa.vilasol@renaisancehotels.com | www.renaissancealgarve.com
Vilamoura - Algarve

FARO AIRPORT

NEW
ROUTES
SUMMER '09



STOCKHOLM
Since 4th April



COPENHAGEN
Since 4th April

norwegian.no

2N2 Aeroportos
Algarve

FLIGHT INFORMATION: +351 289 800 6171 faro.airport@ana.pt Europe's gateway to the sun
PC, pocket PC or PDA timetable downloads at www.faroairport.com.pt
Choose your destination: http://www.ana.pt/portal/page/portal/ANA/INOV_NOVOES_HORARIOS_TODOS



ALGARVE

SBC
FORUM ALGARVE
TEL: 289 887 212
21 MAY-27 MAY



1 Hoodwinked
Animation/PV
(10.20-12.15 Sat & Sun)
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
14.10-16.40-19.10-21.40
Angels & Demons
Tom Hanks, Ayelet Zurer
(00.20 Fri & Sat)
2 Monsters vs. Aliens
Animation/PV
(10.50 Sat & Sun)
Knowing
Nicolas Cage, Rose Byrne
13.05-15.40-18.25-21.10 (00.10 Fri & Sat)
3 Angels & Demons
Tom Hanks, Ayelet Zurer
(12.00 Sat & Sun) 15.00-18.00-21.00 (00.00 Fri & Sat)
4 Harry Potter and the Sorcerer's Stone
Daniel Radcliffe, Emma Watson/PV
(11.00 Sat)
Harry Potter and the Chamber of Secrets
Daniel Radcliffe, Emma Watson/PV
(11.00 Sun)
Star Trek
Chris Pine, Zachary Quinto
15.30-18.30-21.20 (00.15 Fri & Sat)
5 Night at the Museum 2
Ben Stiller, Amy Adams
(11.30 Sat & Sun) 13.55-16.20-18.45-21.30 (23.55 Fri & Sat)
6 Angels & Demons
Tom Hanks, Ayelet Zurer
12.50-15.50-18.50-21.50
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
(00.30 Fri & Sat)
7 Hotel for Dogs PV
Emma Roberts, Don Cheadle
(10.15-12.30 Sat & Sun)
Fast & Furious
Vin Diesel, Paul Walker
14.50-17.30-22.20 (00.45 Fri & Sat)
Night at the Museum 2
Ben Stiller, Amy Adams
20.00
8 Max & Co.
Animation/PV
(10.40-12.35 Sat & Sun)
Cidade dos Homens
Douglas Silva, Darlan Cunha
14.40-19.45 (00.35 Fri & Sat)
Última Parada 174
Michel Gomes, Chris Vianna
17.15-22.10
9 Ice Age
Animation/PV
(11.05 Sat & Sun)
The International
Clive Owen, Naomi Watts
13.15-15.55-18.35-21.15 (00.05 Fri & Sat)

CASTELLO LOPES CINEMAS
ALGARVESHOPPING
TEL: 707 220 220
21 MAY-27 MAY



1 Appaloosa
Ed Harris, Viggo Mortensen
13.30-16.00-18.40-21.25 (23.55 Fri & Sat)
2 Night at the Museum 2
Ben Stiller, Amy Adams
13.25-16.15-18.50-21.30 (00.10 Fri & Sat)
3 Monsters vs. Aliens
Animation/PV
13.50-16.30-19.00
Fast & Furious
Vin Diesel, Paul Walker
21.05 (23.40 Fri & Sat)
4 X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
13.05-15.55-18.35-21.20 (23.50 Fri & Sat)
5 Knowing
Nicolas Cage, Rose Byrne
13.00-15.40-18.20-21.00
New in Town
Renée Zellweger, Harry Connick Jr
(23.30 Fri & Sat)

6 Cidade dos Homens
Douglas Silva, Darlan Cunha
13.40-16.20-19.10-21.40 (00.20 Fri & Sat)
7 Angels & Demons
Tom Hanks, Ayelet Zurer
12.45-15.35-18.25-21.15 (00.05 Fri & Sat)
8 Angels & Demons
Tom Hanks, Ayelet Zurer
13.15-16.05-18.55-21.45
9 Star Trek
Chris Pine, Zachary Quinto
13.10-15.50-18.30-21.10 (23.45 Fri & Sat)

CASTELLO LOPES CINEMAS
PORTIMÃO
TEL: 707 220 220
21 MAY-27 MAY



1 Angels & Demons
Tom Hanks, Ayelet Zurer
13.10-15.55-18.45-21.30 (00.20 Fri & Sat)
2 The Ruins
Jena Malone, Laura Ramsey
13.40-16.30-19.05-21.50 (00.10 Fri & Sat)
3 X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
13.35-16.20-18.55-22.00 (00.25 Fri & Sat)
4 Monsters vs. Aliens
Animation/PV
13.20-16.00-18.35 Sat & Sun
Knowing
Nicolas Cage, Rose Byrne
13.20-16.00-18.35-21.20 (23.55 Fri & Sat)
5 Star Trek
Chris Pine, Zachary Quinto
13.15-15.50-18.30-21.10 (23.50 Fri & Sat)
6 Night at the Museum 2
Ben Stiller, Amy Adams
13.25-16.10-18.40-21.40 (00.00 Fri & Sat)

CENTRE

LUSOMUNDO
ALMADA FORUM
TEL: 707 246362
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation/PV
King of California
Evan Rachel Wood, Michael Douglas
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
Cidade dos Homens
Douglas Silva, Darlan Cunha
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
New in Town
Renée Zellweger, Harry Connick Jr
The International
Clive Owen, Naomi Watts
Knowing
Nicolas Cage, Rose Byrne
The Ruins
Jena Malone, Laura Ramsey
Fast & Furious
Vin Diesel, Paul Walker
Appaloosa
Ed Harris, Viggo Mortensen
Confessions of a Shopaholic
Isla Fisher, Hugh Dancy
He's Just Not That Into You
Drew Barrymore, Scarlett Johansson
Duplicity
Clive Owen, Julia Roberts

LUSOMUNDO
ALVALÁXIA
TEL: 21 754 9000
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation/PV
King of California
Evan Rachel Wood, Michael Douglas
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
Cidade dos Homens
Douglas Silva, Darlan Cunha

X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Married Life
Pierce Brosnan, Rachel McAdams
Singularidades de uma Rapariga Loira
Catarina Wallenstein, Ricardo Trepa
Knowing
Nicolas Cage, Rose Byrne
He's Just Not That Into You
Drew Barrymore, Scarlett Johansson
Che: Part Two
Benicio Del Toro, Franka Potente

LUSOMUNDO
AMOREIRAS
TEL: 707 246362
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation/PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Closing the Ring
Shirley MacLaine, Christopher Plummer
Knowing
Nicolas Cage, Rose Byrne
He's Just Not That Into You
Drew Barrymore, Scarlett Johansson

LUSOMUNDO
CASCAISHOPPING
TEL: 707 246362
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation/PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Knowing
Nicolas Cage, Rose Byrne
Fast & Furious
Vin Diesel, Paul Walker

LUSOMUNDO
COLOMBO
TEL: 707 246362
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation/PV
Angels & Demons
Tom Hanks, Ayelet Zurer
The Edge of Love
Keira Knightley, Cillian Murphy
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
The International
Clive Owen, Naomi Watts
Knowing
Nicolas Cage, Rose Byrne
Fast & Furious
Vin Diesel, Paul Walker

UCI CINEMAS
EL CORTE INGLÉS
TEL: 707 23 22 21
21 MAY-27 MAY



Night at the Museum 2
Ben Stiller, Amy Adams
Angels & Demons
Tom Hanks, Ayelet Zurer
The Edge of Love
Keira Knightley, Cillian Murphy
Chacun son Cinéma
Isabelle Adjani, Takeshi Kitano
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
New in Town
Renée Zellweger, Harry Connick Jr
Closing the Ring
Shirley MacLaine, Christopher Plummer
The International
Clive Owen, Naomi Watts
Knowing
Nicolas Cage, Rose Byrne
Max & Co.
Animation/PV
This Is England
Andrew Shim, Jo Hartley
Monsters vs. Aliens
Animation/PV
He's Just Not That Into You
Drew Barrymore, Scarlett Johansson
Duplicity
Clive Owen, Julia Roberts

Gran Torino
Clint Eastwood, Bee Vang
Slumdog Millionaire
Dev Patel, Freida Pinto
The Reader
Kate Winslet, David Kross

UCI CINEMAS
FREEPORT
TEL: 707 23 22 21
21 MAY-27 MAY



Night at the Museum 2
Ben Stiller, Amy Adams
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
The International
Clive Owen, Naomi Watts
Fast & Furious
Vin Diesel, Paul Walker
Monsters vs. Aliens
Animation/PV
He's Just Not That Into You
Drew Barrymore, Scarlett Johansson
Duplicity
Clive Owen, Julia Roberts

LUSOMUNDO
VASCO DA GAMA
TEL: 707 246362
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation/PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Knowing
Nicolas Cage, Rose Byrne

UCI CINEMAS
DOLCE VITA TEJO
TEL: 707 23 22 21
21 MAY-27 MAY



Night at the Museum 2
Ben Stiller, Amy Adams
King of California
Evan Rachel Wood, Michael Douglas
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
The International
Clive Owen, Naomi Watts
Knowing
Nicolas Cage, Rose Byrne
Fast & Furious
Vin Diesel, Paul Walker
Monsters vs. Aliens
Animation/PV
He's Just Not That Into You
Drew Barrymore, Scarlett Johansson
Marley & Me
Owen Wilson, Jennifer Aniston
Gran Torino
Clint Eastwood, Bee Vang

NORTH

UCI CINEMAS
ARRÁBIDA SHOPPING
TEL: 707 23 22 21
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
King of California
Evan Rachel Wood, Michael Douglas
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
New in Town
Renée Zellweger, Harry Connick Jr
The International
Clive Owen, Naomi Watts
Knowing
Nicolas Cage, Rose Byrne
Fireflies in the Garden
Ryan Reynolds, Willem Dafoe
Fast & Furious
Vin Diesel, Paul Walker
Max & Co.
Animation/PV
This Is England
Andrew Shim, Jo Hartley
Confessions of a Shopaholic
Isla Fisher, Hugh Dancy
Monsters vs. Aliens
Animation/PV
He's Just Not That Into You
Drew Barrymore, Scarlett Johansson

Duplicity
Clive Owen, Julia Roberts
Marley & Me
Owen Wilson, Jennifer Aniston
Gran Torino
Clint Eastwood, Bee Vang
The Reader
Kate Winslet, David Kross
Slumdog Millionaire
Dev Patel, Freida Pinto

LUSOMUNDO
DOLCE VITA COIMBRA
TEL: 707 246362
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Fast & Furious
Vin Diesel, Paul Walker
Knowing
Nicolas Cage, Rose Byrne
The International
Clive Owen, Naomi Watts
Married Life
Pierce Brosnan, Rachel McAdams
Monsters vs. Aliens
Animation/PV
A Zona
António Pedrosa, Cátia Afonso
Appaloosa
Ed Harris, Viggo Mortensen

LUSOMUNDO
DOLCE VITA DOURO
TEL: 707 246362
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation/PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
Fast & Furious
Vin Diesel, Paul Walker
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
The International
Clive Owen, Naomi Watts

LUSOMUNDO
PALÁCIO DO GELO
TEL: 707 246362
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation/PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
The Ruins
Jena Malone, Laura Ramsey
The International
Clive Owen, Naomi Watts
Fast & Furious
Vin Diesel, Paul Walker

LUSOMUNDO
BRAGA PARQUE
TEL: 707 246362
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation/PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
The Ruins
Jena Malone, Laura Ramsey
Knowing
Nicolas Cage, Rose Byrne
New in Town
Renée Zellweger, Harry Connick Jr
The International
Clive Owen, Naomi Watts
Fast & Furious
Vin Diesel, Paul Walker

LUSOMUNDO
DOLCE VITA PORTO
TEL: 707 246362
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation/PV
Angels & Demons
Tom Hanks, Ayelet Zurer

Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Knowing
Nicolas Cage, Rose Byrne
Singularidades de uma Rapariga Loira
Catarina Wallenstein, Ricardo Trepa

LUSOMUNDO
MAIA SHOPPING
TEL: 707 246362
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation/PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Fast & Furious
Vin Diesel, Paul Walker

LUSOMUNDO
GAIA SHOPPING
TEL: 707 246362
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation/PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
Eden Lake
Kelly Reilly, Michael Fassbender
Fast & Furious
Vin Diesel, Paul Walker
Confessions of a Shopaholic
Isla Fisher, Hugh Dancy
Knowing
Nicolas Cage, Rose Byrne
Max & Co.
Animation/PV

LUSOMUNDO
NORTE SHOPPING
TEL: 707 246362
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation/PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
New in Town
Renée Zellweger, Harry Connick Jr
Fast & Furious
Vin Diesel, Paul Walker
Knowing
Nicolas Cage, Rose Byrne

LUSOMUNDO
PARQUE NASCENTE
TEL: 707 246362
21 MAY-27 MAY

Night at the Museum 2
Ben Stiller, Amy Adams
Fly Me to the Moon
Animation/PV
Angels & Demons
Tom Hanks, Ayelet Zurer
Star Trek
Chris Pine, Zachary Quinto
Knowing
Nicolas Cage, Rose Byrne
X-Men Origins: Wolverine
Hugh Jackman, Ryan Reynolds
The Ruins
Jena Malone, Laura Ramsey
Fast & Furious
Vin Diesel, Paul Walker
Cidade dos Homens
Douglas Silva, Darlan Cunha
New in Town
Renée Zellweger, Harry Connick Jr
Confessions of a Shopaholic
Isla Fisher, Hugh Dancy
He's Just Not That Into You
Drew Barrymore, Scarlett Johansson
The International
Clive Owen, Naomi Watts

PV = Portuguese Version
OV = English Version





It's a new "Night" and "Museum" for Ben Stiller, who is joined by several other stars from the original film, as well as new characters from history - including Amy Adams as famed aviatrix Amelia Earhart, Hank Azaria as villainous Egyptian pharaoh Kahmunrah, Christopher Guest as Russian tyrant Ivan the Terrible and Alain Chabat as Napoleon. Owen Wilson is back as cowboy Jedediah, and Robin Williams again rides into history as Teddy Roosevelt in *Night at the Museum: Battle of the Smithsonian*.

When the Museum of Natural History is closed for upgrades and renovations, the museum pieces are moved into federal storage at the famous Smithsonian. The center of the film will be bringing to life the Smithsonian Institution, which houses the world's largest museum complex with more than 136 million items in its collections.

With a forwarded résumé, Larry (Ben Stiller) becomes another caretaker at the Smithsonian, where Kahmunrah, an evil Pharaoh comes to life with the reestablishing of a tablet as a magical force in the museum bringing the old exhibits and new exhibits back to life, and in conflict with each other. Larry enlists the help of Amelia Earhart, who he develops a romantic interest in, and together they try to put everything back in order.



At the age of 16, Miranda (Evan Rachel Wood) has been abandoned by her mother, and has dropped out of school. She is supporting herself as an employee at McDonald's while her father, Charlie (Michael Douglas), resides in a mental institution.

When Charlie is released and sent back to their home,

KING OF CALIFORNIA

YOU'VE GOT TO BELIEVE IN TREASURE TO FIND IT.

Miranda finds the relatively peaceful existence she's built for herself completely disrupted. Charlie has become obsessed with the notion that the long-lost treasure of Spanish explorer Father Juan Florismarte Torres is buried somewhere near their suburban California house. Initially skeptical, Miranda soon finds herself joining in Charlie's questionable antics in an effort to give him one last shot at accomplishing his dreams.

In this groundbreaking 3-D animated adventure, three young flies set off on a courageous mission to become the first insects on the moon by hitching a ride on the historic Apollo 11 space flight. Based on the actual transcripts and the original blueprints from NASA, the film's stunning visuals and meticulous attention to detail introduce a whole new generation to the

FIRST EVER ANIMATED MOVIE CREATED FOR 3D

FLY ME TO THE MOON

1969 and like everyone else in the world, Nat and his pals IQ and Scooter are abuzz over the upcoming launch of the first manned mission to the moon. Inspired by his Grandpa's oft-told tale of hiding aboard Amelia Earhart's plane during her famed solo cross-Atlantic flight, Nat hatches a secret plan for the three young flies to stow away on the Apollo 11 rocket.



Film Classification

Night at the Museum 2 - M/12
Fly Me to the Moon - M/6
King of California - M/12
Angels & Demons - M/12
The Edge of Love - M/12

Star Trek - M/12
Cidade dos Homens - M/12
X-Men Origins: Wolverine - M/12
New in Town - M/12
Married Life - M/12
Closing the Ring - M/12
The International - M/12

Knowing - M/12
The Ruins - M/16
Fireflies in the Garden - M/12
Fast & Furious - M/12
Max & Co. - M/6
Appaloosa - M/12
Monsters vs Aliens - M/4

M/4 - Suitable for audiences aged four years and over
M/6 - Suitable for audiences aged six years and over
M/12 - Suitable for audiences aged 12 years and over
M/16 - Suitable for audiences aged 16 years and over
M/18 - Suitable for audiences aged 18 years and over



HIGHLIGHTS



LISBON - 22 and 23 May - 21h00 - Small Auditorium 'Eduardo Prado Coelho Room' of CCB-Belém Cultural Centre - SHANTALA SHIVALINGAPPA concept, artistic direction and performing, **NICOLAS BOUDIER** lighting, **ALEXANDRE CASTRES** video design, **JIM VIVIEN** régie video, **PERDIEM & CO / GAËLLE SEGUIN - I. IBUKI 'Soufite Vital'** USHIO AMAGATSU choreography and wardrobe YOICHIRO YOSHIKAWA music; **II. SOLO** Choreography created in the context of a residence at the Tanztheater Wuppertal-Pina Bausch, **FERRAN SAVALL** music & **MARION CITO** wardrobe, **III. SHIFT** SHANTALA SHIVALINGAPPA choreography, **IV. SMARANA SAVITRY NAIR** choreography & Traditional music from the Northern India - CCB is situated on Praça do Império in Belém - T. 213 612 400



RIO DE MOURO

(Sintra) - May 23 - Don't miss the 1st Annual Cornerstone Academy Spring Fair on Saturday, from 16:00-20:00 at the Quinta da Estrangeira in Rio de Mouro. In addition to

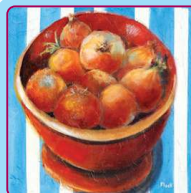
facepainting, games, an art auction, jumping castle and great food, the afternoon will be wrapped up with a Gospel Concert beginning at 19h00. For more information, or to purchase tickets, call 21 916 7281. For directions, visit the CSA website at www.cornerstoneacademy.eu Bring your family and friends!

ALMANCEIL - May 28 & 30 - Piano Concert by SA CHEN at Centro Cultural S. Lourenço

On 28th, Thursday's concert, Sa Chen will perform Beethoven's Moonlight Sonata and Sonata Op. 110 and from Chopin the Prelude Op. 24 and on the 30th, Saturday's concert, Sa Chen will perform a variety of short pieces by Rachmaninoff, Ravel, Mendelssohn, Chopin and Schumann, among others. Sa Chen is a young Chinese pianist who is considered to be one of the brightest performers of her generation. Concerts begin at 19h30 sharp - Wine and canapés will be served from 19h00 and also during the interval. Entry is €25 for guests and non-members. For more information visit the AMIGOS' website www.amigos-de-musica.org or www.centroculturalsaolourenco.com (Click on Portuguese or English and then click concerts) or call Cristina 289 395 475 - ccsl@iol.pt



ALMODÔVAR - May 29 & 30 - Jazz at Cine-Teatro - 29th: The Two Gentlemen Band from USA at 21h30; 30th: Joana Machado from Portugal at 21h30 - The Cine-Teatro is on Rua do Cinema Almodôvar - Tel/Fax: 286 600 605



PADERNE - Exhibition / Perfectly small paintings - May 30 & 31

Coming from a range of international backgrounds, 20 artists have been commissioned by Galeria Corte-Real to produce original work for this new exhibition - Measuring 20 cms x 20 cms, these exquisite pictures are to be shown in the gallery's recently opened white space, The Cube. During the weekend visitors are specially invited to enjoy Corte-Real's delightful gardens and countryside quinta, as well as viewing the new collection of paintings, exclusive pottery and organic products - Simple savouries will be served on both days and there is the opportunity to sample the recently bottled vintage from Rui Virginia's award winning vineyards, Quinta Barranco Longo, near Algoz - Galeria Corte-Real specialises in exhibiting previously unseen paintings and by negotiating with the artists they are able to offer original art at affordable prices - Open from 11h00 to 19h00 - Normal opening hours: Thu & Sunday from 11h00 until 17h00 / Fri and Sat from 11h00 until 19h00 - Located close to the protected village of Paderne (Signs from Ferreiras, Boliqueime & Paderne) - T. 918 980 199 or 912 737 762

ALCANTARILHA

UNTIL JUNE 15

Painting Exhibition by Anabela Aiveca - Capela das Artes Art Gallery - The art gallery is open Tuesday to Sunday, 16h00 to 21h00 - Espaço Cultural de Alcantarilha, Apartado 101, Quinta da Cruz, E.N. 125 - T. 282 320 200 - F. 282 320 209 - www.capeladasartes.com

ALMANCEIL

MAY 22

Music, Cheese and Wine Evening (José Nunes, classical guitar and Luis Conceição, harpsichord) - In Aid of St. Vincent's Anglican Church and its Charities - Tickets €20 from Griffin Bookshop or call 281 952 525 / 289 394 752 / 289 328 302

FARO

MAY 23

Musical 'gota d'água' from Chico Buarque and Paulo Pontes - 21h30 - Teatro das Figuras - EN125 - T. 289 888 100 / 289 888 110

LAGOA

UNTIL MAY 31

Homage to world renown Portuguese painter Costa Camelo whose works are on exhibition at Manuel Gamboa Exhibitions Room at Convento S. José - Rua Joaquim Eugénio Júdice - The exhibition will run until May 27 - T. 282 380 434

JUNE 12, 13 & 14

The Algarveans present 'Glorious!' - A Comedy in English by Peter Quilter directed by Jenny Grainer - Play about Florence Foster Jenkins, the vocally challenged American soprano with Siân in the starring role - 12th & 13th: 20h00; 14th: 17h00 - Bookings 282 789 608 / 289 561 594 - Price: €10 (€5 Students)

DAILY

Quinta dos Vales - Wine and art - Quinta dos Vales - Sítio dos Vales, Caixa P. 112, 8400-031 Estorbar (near Lagoa) - T. 282431036 - F. 282431189 - quintadosvales.eu

LAGOS

MAY 23 & 24

Collective Art Exhibition at Gallery LUSCO FUSCO - Rua Gil Vicente nº 34 - For more information please call: T. 282 763 549 - www.luscofuscoconceptstore.com

MAY-JUNE

14 years later... Art exhibition MALA at the Slavemart - from 16-30.Oct. 2009, in Barão de S. João at Florestal restaurant, and www.aidanbremner.com. Contacts: 00351-919211557, annegret.aidan@sapo.pt.

MONDAYS

The New Orleans Jazz Band - Free concert - 20h30 - Tivoli Hotel - Rua Vasco da Gama - T. 289 591 804

SOUTH

MONTHLY

Writing Workshops - Writing Memoirs & Writing Short Fiction - Sat: 14h30-16h30 - The Owl Story Bookshop (Bica Boa in Monchique) - For more details and to reserve a place visit www.lisaelvidge.com or call Lisa on 962 887 680

LOULÉ

UNTIL MAY 30

Painting Exhibition by David Haines - Chá d'Arte Tea Room & Art Gallery - Open Mon-Fri: 13h00-2h00; Sat: 10h30-2h00; Closed Sundays - D. Pedro I Square, nº 5, 6 - 964 628 735

MAY 23

Chá d'ARTE presents live music with 'Massimo Romano' show **Loop Pedals & Spray Paintings** - 22h30

MONTE GORDO

MAY 22 TO 25

Traditional Irish weekend 'Ceili dancing and music' - McGintys Irish bar - 913 392 832

PERA

MAY 22 TO OCT 22

'Discoveries' International Sand Sculpture Festival - Construction site on road to Algoz - Open daily from May 22 to October 22 - 10h00 and 24h00 - T. 969 459 259 - fiesa@prosandart.com - www.fiesa.com

PORTIMÃO

MAY 23 & 24

Portimão Air Festival 09 returns with more adrenaline in the air and on land - **Portimão Promenade (River waterfront)** - 282 470 828

MAY 27

Concert by the Algarve Orchestra at the Portimão Arena - Promenade Concert for Schools - Conductor: Laurent Wagner; Soloist: André Sardet - 10h30

UNTIL MAY 24

Exhibition 'Gosto de Mulheres' - Arade Gallery - Fairs & Exhibitions Park - 962505344

TUESDAYS

The New Orleans Jazz Band - Mariner's Bar/Restaurant - Rua Santa Isabel - Reservations: 914 806 310

SILVES

MAY 23

The New Orleans Quartet - Cine-Club (Old Cinema) - 20h30 - Details: 918 158 550

TAVIRA

UNTIL JUNE 28

Exhibition 'RAP - A Portuguese Robot in New York' - RAP (Robotic Action Painter) is a robot created by Leonel Moura that creates original drawings and decides when the work is completed and signs with its name in the lower right corner - Palácio da Galeria Educativa Services of Tavira Municipal Museum - 281 320 500 (Ext. 324) - edu.museus@cm-tavira.pt

NORTH

PORTO

DAILY

Casa da Música: guided visits from Mon-Sun: 10h30; 11h30; 12h30; 15h00; 16h00; 17h00; 18h00 - Tickets can be bought until 10 minutes before the visit - Price: € 2; Free for children under 12 - 220120214 - Av. da Boavista, 604-610 www.casadamusica.com

DAILY

Serralves Foundation: Visits to the exhibitions - Sat: 17h-20h; Sun: 12h-13h - to the architectonic spaces (museum & casa de serralves) Sun: 15h-16h - to the park Sun: 11h-12h - Visits are free on the purchase of an entrance ticket to the museum - Rua D. João de Castro, 210 - T. 226 156 584 • www.serralves.pt

UNTIL MAY 30

Exhibition 'Amnésia' by Pedro Gomes at Galeria 111 - Rua D. Manuel II - 226 093 279 www.galeria111.pt

JUNE 19

Concert in commemoration of the 50th anniversary of Conductor Álvaro Cassuto's career by Orquestra do Norte conducted by Álvaro Cassuto and at the piano António Rosado - Coliseu do Porto - 21h30 - T. 223 394 940

GUIMARÃES

JULY 16 TO 18

MANTA Music Festival with Bishop Allen, Young Gods and José González - Gardens of Centro Cultural Vila Flor - Av. D. Afonso Henriques, 701 - 253 424 700

CENTRE

DAILY

Casino Estoril - Shows, games, concerts, lots of entertainment and Art Gallery - Info.estoril@estoril-sol.com 214667700 - 214825400

GOLEGA

UNTIL MAY 31

Paintings & Etchings by Mary St. George - Galeria de Arte 'João Pedro Veiga' - Rua D. João IV, 2150 Golegã - T. 249 979 000 - Tue-Sun (closed Mon & holidays) - 9h30-18h00 - www.zhibit.org/marystgeorge

LISBON

MAY 24 TO JUNE 15

78th Lisbon Book Fair - Parque Eduardo VII - 132 participants with 203 pavilions (11 dedicated to children) - www.feiradolivrodelsboia.pt

UNTIL MAY 30

Photo Exhibition 'Timeline' by João Leonardo at Galeria 111 - Campo Grande 113 - T. 217 977 418 - www.111.pt

UNTIL JUNE 7

CIRQUE DU SOLEIL / VAREKA! 2009 - Grand Chapiteau, Parque Tejo, Passeio dos Heróis do Mar, lote 6.18P, Sacavém/Loures (after Vasco da Gama bridge) - From €29 - €64 / children - Tue-Fri: 21h30; Sat: 17h30 & 21h30; Sun: 16h30 & 20h30

LISBON SUMMER CONCERTS:

May 29 - Here and Now 'The Very Best of the 80s' - Rick Astley, Kim Wilde, ABC, Nik Kershaw, Belinda Carlisle and Curiosity Killed the Cat - Pop/Rock - 21h00 - Pavilhão Atlântico - **May 30** - Harlem Globetrotters Sports Show - 20h00 - Pavilhão Atlântico - **June 3 - ACDC** - Estádio José Alvalade - **June 9** - Lisbon Calling - 19h00 - Pop/Rock - Pavilhão Atlântico - **June 18** - Dream Theater & Guests - Metal/Progressive - 21h00 - Coliseu dos Recreios - **June 25 & 28** - Mamma Mia - at 21h15 & 16h00 - Musical - Pavilhão Atlântico - **June 27** - Concert by the British singer and song writer Elton John - Restelo Stadium - **July 4** - Kylie Minogue - 21h00 - Pop/Rock - Pavilhão Atlântico - **July 22** - Eagles 'Long Road out of Eden' - 21h00 - Pop/Rock - Pavilhão Atlântico - **July 25** - Anastacia - 21h00 - Pop/Rock - Pavilhão Atlântico - **July 30** - Leonard Cohen - 21h00 - Pop/Rock - Pavilhão Atlântico - **July 31** - Seal in concert - 22h00 - Seal, the most popular soul vocalist of the decade - Tickets: €20, €60 - Cascais Hippodrome.



Events may be cancelled, delayed or fail to live up to their billing. Send us your events to copy@the-news.net by Tuesday before publication.

TICKETS: Most tickets are available at FNAC and Worten outlets across the country, ATM machines, Abreu agencies, El Corte Inglés, Casa Viola, Ticketline or at the event itself on the night. Websites: www.pavilhaoatlantico.pt; www.ticketline.pt | Phone numbers: Ticketline 707 234 324

BBC1

6.00 Breakfast. (T) 10.00 Saturday Kitchen. (T) 11.30 Football Focus. (T) 12.00 BBC News; Weather. (T) 12.10 Formula 1: The Monaco Grand Prix - Qualifying. Live coverage from the Circuit de Monaco in Monte Carlo. (T) 2.15 Live Golf: PGA Championship. Coverage of the third day's play at Wentworth. (T)

5.30 BBC News; Regional News; Weather. (T) 5.50 Weakest Link. Anne Robinson hosts the general knowledge quiz. (R) (T)

6.35 Robin Hood. The people of Nottingham are told that Richard the Lionheart has been killed in battle, and Prince John wastes no time in arranging his own coronation as King of England. (T)

7.20 Tonight's the Night. A breast-cancer charity fundraiser dances the waltz with Strictly Come Dancing star James Jordan, and a seven-year-old girl becomes the youngest cast member of High School Musical for the night. The Doctor Who competition winner visits the Tardis in a scene specially written by Russell T Davies, and a 19-year-old fulfils her dream of performing in Lord of the Dance. Presented by John Barrowman. Last in the series. (T)

8.15 The National Lottery: 1 vs 100. Ben Shepherd hosts the quiz in which one contestant takes on 100 opponents. Includes the National Lottery draws. Last in the series. (T)

9.05 Casually. A badly beaten Alice is rushed into the department - but when the police admit they cannot link Tony to the assault, Curtis takes the law into his own hands and confronts her attacker himself. Adam is so busy treating his colleague, he is unable to join Jessica at the registration of Harry's birth, while Zoe asks Jordan for more responsibility in a bid to prove her commitment. (T)

9.55 BBC News; Weather; (T) National Lottery Update. (T)

10.15 Reggie Perrin. Reggie is sick of commuting to work every day, so he takes up cycling - but that brings its own, rather more painful, problems. To add to the beleaguered businessman's woes, he suddenly finds himself in favour with Chris, who is desperate to make it onto the Groomtech board and has asked his employee for help. However, when his overbearing boss invites himself to the Perrins' home for a weekend of work, it causes tension in Reggie's marriage and drives him to despair. (R) (T)

10.45 FILM: Pearl Harbor (2001). Romantic war epic, starring Ben Affleck. (T)

1.35 Friday Night with Jonathan Ross; (R) (T) Weatherview. (T) 2.40 BBC News. (T)

Visit our e-paper
www.the-news.net



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 CBBC: Funky Fables. (R) (T) 7.15 Elliot Kid. (R) (T) 7.30 Dinosaurs. (R) (T) 7.50 Wolverine and the X-Men; (R) (T) The Owl. (R) (T) 8.15 Sportsround. (R) (T) 8.30 What's New Scooby-Doo? (R) (T) 8.50 Frankenstein's Cat. (R) (T) 9.00 Sorry, I've Got No Head. (R) (T) 9.30 Hotel Trubble; (R) (T) Diddy Dick & Dom. (T) 10.00 Transmission Impossible with Ed and Ouchie. (T) 11.30 Young Dracula. (R) (T) 12.00 BBC Switch: Kyle XY. (R) (T) 12.40 BBC Switch: Wingin' It. (T) 1.10 BBC Switch: Class of 2008. (R) (T) 1.35 BBC Switch: Sound. (T) 2.05 FILM: The Treasure of Pancho Villa (1955). Western adventure, starring Rory Calhoun. (T) 3.35 FILM: Four for Texas (1963). Western comedy, starring Dean Martin and Frank Sinatra. (T) 5.30 Live Golf: PGA Championship. Continued coverage of the third day's play at Wentworth. (T) 6.35 Flog It! (T) 7.20 Dad's Army. The bumbling platoon takes part in a Home Guard efficiency test, but ends up mistakenly attacking a tea lady with onions. Fulton Mackay guest stars. (R) (T) 7.50 Chelsea Flower Show 2009. Highlights of the RHS gardening event. Last in the series. (T) 8.50 The Birth of British Music. The legacy of Austrian composer Joseph Haydn. (T) 9.50 Have I Got a Bit More News for You. With panellists Reginald D Hunter and Stuart Maconie. (T) 10.30 FILM: Donnie Darko (2001). A disturbed teenager is plagued by visions of a sinister giant rabbit predicting the end of the world. Drama, with Jake Gyllenhaal and Jena Malone. (T) 12.15 FILM: The Defender (1994). Martial arts thriller, starring Jet Li. Dubbed in English. (T) 1.45 FILM: Of Human Bondage (1934). Drama, starring Bette Davis. (T) (tw) 3.10 Inside Fi. (T) 3.25 Close.

Pick of the Day

Bear Grylls: Born Survivor (C4, 8pm)

It's hard to know whether to admire Bear Grylls's unquenchable thirst for danger or think he's the perfect candidate for a bed in the local mental institution. Whether he's flinging himself out of aeroplanes, or eating the raw flesh of a poisonous snake, he's fully prepared to put his life on the line for our entertainment. After successfully negotiating the unforgiving jungles of Belize in the opening instalment of this latest series, the intrepid adventurer heads into the heart of "Dracula country" - the Carpathian Mountains of Transylvania. The forests are teeming with ferocious predators and it's not long before Bear comes face-to-face with a large male brown bear. If that wasn't enough to make him quake in his boots, Bear navigates the rugged landscape - sliding down treacherous gorges and climbing sheer limestone cliffs. Finally, Bear heads underground and follows a subterranean river through dark caves in an effort to cut beneath the hazardous terrain above. Tonight's programme wouldn't be complete without Bear feasting some of nature's less than palatable delights - and he doesn't disappoint by eating snails, trout and apples found in a pile of bear droppings.

C4

5.50 The Hoobs. (R) (T) 6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (R) (T) 7.00 World Sport. 7.30 Ginetta Championship. 8.00 The Morning Line. (T) 9.00 T4: Yo Gabba Gabba. (T) 9.30 T4: Friends. (R) (T) 10.00 T4: One Tree Hill. (T) 11.00 T4: Friends. (R) (T) 11.30 T4: Green Day: Live from Abbey Road. (T) 12.00 T4: Girls Aloud v Sugababes: Top Ten. (R) (T) 1.00 T4: Scrubs. (R) (T) 1.30 T4: Scrubs. (R) (T) 2.00 Channel 4 Racing from Haydock Park, Newmarket and Beverley. Including the 3.10 betfred.com Temple Stakes (5f). (T) 4.00 Come Dine with Me. (R) (T) 4.30 Come Dine with Me. (R) (T) 5.00 Come Dine with Me. (R) (T) 5.30 Come Dine with Me. (R) (T) 6.00 Come Dine with Me. (R) (T) 6.30 Channel 4 News. (T) 7.00 Big Art. Representatives from seven Big Art sites approach potential backers to secure the money needed to make their projects happen, but some people find their vision falters. (T) 8.00 Bear Grylls: Born Survivor. The former soldier explores the Carpathian Mountains of Transylvania in Romania, encountering treacherous gorges, a ferocious predator and a subterranean river. (T) 9.00 Hitler: The Rise of Evil. First in a two-part drama tracing Adolf Hitler's formative years. (R) (T) 10.50 FILM: Bullitt (1968). Thriller, starring Steve McQueen. (T) 1.00 FILM: Brick (2005). Premiere. Mystery drama, starring Joseph Gordon-Levitt. (T) 2.55 The Closer. (T) 3.40 Extinct. (R) (T) 4.05 Time Team. (R) (T) 5.00 Countdown. (R) (T) 5.50 The Hoobs. (R) (T)

FIVE

6.00 Sunrise. 7.00 Milkshake!: Mio Mao. (R) (T) 7.05 Ebb and Flo. (R) (T) 7.10 Franklin. (R) (T) 7.35 Hana's Helpline. (R) (T) 7.45 Olivia. (R) (T) 8.00 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 8.15 Animal Families. (R) (T) 8.35 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.50 Mist: Sheepdog Tales. (T) 9.00 Roary the Racing Car. (R) (T) 9.15 Roobarb and Custard Too. (R) (T) 9.30 The Milkshake! Show. (R) (T) 10.00 The Grid. (T) 10.30 The Gadget Show. (R) (T) 11.30 Fifth Gear Stunt Special. (T) 12.30 Oil Riggers. (R) (T) 1.30 Michaela's Zoo Babies. (R) (T) 2.00 Zoo Days Shorts. (R) (T) 2.15 FILM: The Wind in the Willows (1996). Children's comedy, directed by and starring Terry Jones. (T) 3.55 FILM: Little Giants (1994). Sports comedy, starring Rick Moranis. (T) 5.55 FILM: The Goonies (1985). Children's adventure, starring Sean Astin. (T) 8.00 Five News. (T) 8.05 NCIS. The team tries to protect a naval officer. (R) (T) 8.55 NCIS. A Marine veteran confesses to the murder of his friend 60 years previously, but Gibbs decides to investigate further and save the Medal of Honour winner from prison. (R) (T) 9.55 CSI: NY. When a vocal coach is murdered in a theatre, a string of bizarre evidence inspired by previous cases leads Stella to believe someone is playing the CSIs at their own game. (T) 10.55 Law & Order. (T) 11.55 Quiz Call. 4.00 The Gadget Show. (R) (T) 4.45 Rough Guide To. (R) (T) 5.00 Hana's Helpline. (R) (T) 5.15 The Milkshake! Show. (R) (T) 5.40 Thomas & Friends. (R) (T) 5.50 Roary the Racing Car. (R) (T)

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 The Crocodile Hunter Diaries. (R) (T) 10.30 Quincy ME. (R) (T) 11.30 FILM: Columbo: Old Fashioned Murder (1976). Crime drama, starring Peter Falk. (T) 1.05 ITV News and Weather; Weather. (T) 1.15 FILM: Carry On Jack (1963). Navy comedy, starring Kenneth Williams. (T) 3.00 FILM: Blues Brothers 2000 (1998). Comedy sequel, starring Dan Aykroyd. (T)

5.20 London Tonight; Weather. (T)

5.35 ITV News and Weather. (T)

5.50 You've Been Framed! Comedian Harry Hill narrates a selection of camcorder calamities and viewers' mobile phone footage, featuring camping disasters and kung-fu chaos. (R) (T) All Star Mr & Mrs. The Bill's Gary Lucy and partner Natasha Gray, Holly City's Tina Hobley and husband Oliver Wheeler, and actor Brian Blessed and his wife Hildegarde Neil reveal whether they really were made for each other. Fern Britton and Phillip Schofield ask the questions as the couples expose their relationships to public scrutiny to raise money for charity. (T) Primeval. Abby and Sarah race to save a civilian who is trapped in a tree when an anomaly opens at a campsite and releases a herd of embolotherium - rhinoceros-type beasts from the Eocene. Danny Armitage arrives with a mysterious woman from the future who seems to have the power to stop the stampede, but the team discovers she has a dark secret. Jason Fleming, Hannah Spearritt and Laila Rouass star. (T)

8.20 Britain's Got Talent. Simon Cowell, Amanda Holden and Piers Morgan judge the final round of auditions in the search for the nation's most impressive performers. The panel will then announce the 40 acts through to the live semi-finals, bound to include some of this year's current favourites - singers Susan Boyle, Shaun Smith, Jamie Pugh and Greg Pritchard, dance acts Diversity and Fearless, violinist Sue Son and young stars Shaheen Jafargholi, Aidan Davis, Hollie Steel and Callum Francis. Ant and Dec host. Continues tomorrow. (T)

9.50 ITV News and Weather; Weather. (T)

10.05 FILM: Mission: Impossible 2 (2000). A secret agent battles a criminal mastermind intent on stealing a deadly man-made virus. Action thriller sequel, starring Tom Cruise and Dougray Scott. (T)

12.25 Six Degrees; (R) (T) ITV News Headlines. 1.15 FILM: Valdez Is Coming (1971). Western, starring Burt Lancaster. (T) 2.45 Nightwatch with Steve Scott. Crime. (R) (T) 3.35 ITV Nightscreen.

(R) - repeat programme;
(S) - programme with teletext subtitles;
(st) - programme broadcast in stereo;
(bw) - black and white.

LOCAL

RTP1
0630 Children TV 0800 Bom Dia Portugal 1100 Portugal Sem Fronteiras 1300 News 1415 Top+ 1530 Smallville, series 1615 The Wedding Date, film 1800 TBA 2000 News 2045 Voz do Cidadão 2100 Football 2300 The Island, film 0130 Close to Home, series 0300 Halloween Resurrection, film 0430 Telealeas

RTP2
0700 Euronews 0800 África 7dias 0830 Notícias de Portugal 0900 Open University 1000 Zig Zag 1200 Film 1345 Zig Zag 1400 Parlamento 1500 Sports 1900 Versailles, The Dream of a King, documentary 2030 The Class, series 2100 Diário de Turma 2145 A Hora da Sorte 2200 News 2240 The Postman Always Rings Twice, film 0030 They Made Me A Criminal, film 0230 Sports 0615 Euronews

SIC
0600 Etnias 0645 Sic Kids 0830 Disney Kids 1000 Power Rangers 1030 Programa da Lucy 1200 Planet 1300 News 1400 Episódio Especial 1445 Futal 1630 Film 1815 Film 2000 News 2130 Tá a Gravar 2315 Guinness. O Mundo dos Recordes 0015 Film 0230 Quando o Telefone Toca

TVI
0700 Children TV 0930 Smackdown, wrestling 1030 Campeões e Detectives 1115 Deluxe 1215 Antevésio 1300 News 1400 Film 1600 Film 1800 Film 2000 News 2115 Flor do Mar 2215 Deixa Que Te Leve 2315 Olhos nos Olhos 0015 Para Tudo Há Uma Primeira Vez, film 0230 Sempre a Soma 0400 The Office, series 0430 Law & Order: Special Victims Unit, series 0530 Telealeas

Best of the Rest

BBC3
7.00 Out-Takes 7.30 Top Gear 8.30 The Real Hustle on Holiday 9.00 Horne & Corden 9.30 Horne & Corden 10.00 Horne & Corden 10.30 Live at the Apollo 11.15 Family Guy 11.40 American Dad! 12.05 My Weapon Is a Dog 1.05 The Real Hustle on Holiday 1.35 Bizarre ER 2.05 Horne & Corden 2.35 Horne & Corden 3.05 Horne & Corden 3.35 Out-Takes 4.05 My Weapon Is a Dog 5.05 Close

BBC4
7.00 Film: The Stars Look Down U (1939) 8.35 All Our Working Lives: Cutting Coal 9.35 The Miners' Strike 11.05 My Strike 12.05 Timeshift: The Lost Pictures of Eugene Smith 12.45 The Night James Brown Saved Boston 2.00 BBC Four Sessions 3.00 My Strike 4.00 Close
ITV2
1.05 Holiday Airport: Sydney 2.05 Britain's Got More Talent 3.05 American Idol 4.05 American Idol 6.10 Film: Back to the Future Part III PG (1990) 8.20 Identical Triplets: Their Secret World 9.20 The Planet's Funniest Animals 9.50 Britain's Got More Talent 10.50 The Justin Lee Collins Show 11.50 Britain's Got Talent 1.20 Britain's Got More Talent 2.20 Ricki Lake 3.05 Teleshopping 5.35 ITV2 Nightscreen
Sky1
1.00 Don't Forget the Lyrics 2.00

It's Me or the Dog USA 3.00 It's Me or the Dog USA 4.00 Guinness World Records Smashed! 5.00 American Gladiators 6.00 Malcolm in the Middle 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 Futurama 8.30 Futurama 9.00 Lost 11.00 Bones 12.00 Ross Kemp: Return to Afghanistan 1.00 24 1.45 Road Wars 2.45 Road Wars 3.40 The Villa 4.35 Weeds 5.10 Brainiac: Science Abuse
G.O.L.D
2.05 Blackadder's Most Cunning Moments 4.05 Only Fools and Horses 5.10 Only Fools and Horses 7.10 Fawcett Towers - Favourite Moments 11.10 Jonathan Creek 1.10 Fawcett Towers - Favourite Moments 3.00 Close
TCM
1.00 You're a Big Boy Now 15 (1967) 3.00 The Silver Chalice U (1954) 5.30 Trial by Combat PG (1976) 7.10 Protocol PG (1984) 9.00 Caddyshack 15 (1980) 10.55 Wise Guys 15 (1986) 12.40 Clash of the Titans PG (1981) 3.00 The Man Who Loved Cat Dancing 15 (1973) 5.00 The Old Man and the Sea U (1958)

The Disney Channel
Kids' programmes from 7am, except: 4.00 Film: Camp Rock PG (2008) Musical, starring Demi Lovato.

www.the-news.net

THE PORTUGAL News

Sky Movies Drama

6.30 Breaking Away PG (1979) 8.15 Goya's Ghosts 15 (2006) 10.15 Some Kind of Wonderful 15 (1987) 12.00 Storyville 15 (1992) With James Spader. 2.00 The Last of the Mohicans 15 (1992) With Daniel Day-Lewis. 4.00 Forces of Nature 12 (1999) With Sandra Bullock. 5.50 Freedom Writers 12 (2007) With Hilary Swank. 8.00 Dead Man Walking 15 (1995) With Susan Sarandon. 10.10 What's Love Got to Do with It 18 (1993) With Angela Bassett. 12.10 Three 15 (2005) With Kelly Brook. 1.50 Scarface 18 (1983) With Al Pacino. 4.40 The Top 10 Show 5.00 Gideon PG (1999)

Sky Movies Comedy

6.25 Blast from the Past 12 (1999) 8.15 Family Show 8.45 Tin Men 15 (1987) 10.45 Alex Zane's Guest List 11.15 Ferris Bueller's Day Off 15 (1986) With Matthew Broderick. 1.00 The Heartbreak Kid 15 (2007) With Ben Stiller. 3.00 Over Her Dead Body 12 (2008) With Eva Longoria Parker. 4.40 The Great White Hype 15 (1996) With Samuel

L Jackson. 6.15 Ferris Bueller's Day Off 15 (1986) With Matthew Broderick. 8.00 The Heartbreak Kid 15 (2007) With Ben Stiller. 10.00 Over Her Dead Body 12 (2008) With Eva Longoria Parker. 11.40 The Great White Hype 15 (1996) With Samuel L. Jackson. 1.15 Tin Men 15 (1987) With Richard Dreyfuss. 3.10 Blast from the Past 12 (1999) 4.55 Leap of Faith PG (1992)

Sky Movies Action/Thriller

6.50 Arlington Road 15 (1999) 9.00 Pathfinder 15 (2007) 10.50 Die Hard 18 (1988) 1.15 In the Name of the King: A Dungeon Siege Tale 12 (2007) With Jason Statham. 3.35 Airport 1975 PG (1974) With Charlton Heston. 5.35 Pathfinder 15 (2007) With Karl Urban. 7.25 The Avengers 12 (1998) With Ralph Fiennes. 9.00 In the Name of the King: A Dungeon Siege Tale 12 (2007) With Jason Statham. 11.10 Shoot 'Em Up 18 (2007) With Clive Owen. 12.45 Die Hard 18 (1988) With Bruce Willis. 3.00 Face/Off (1997) With Robert Carlyle. 4.50 Airport 1975 PG (1974)

Are you a SKYPER?

You obviously like low cost phone calls, but did you know you can continue to use SKYPE and

still save another 50%

on your monthly phone costs.

HOW? Call World Telecom on 707 500 600

from fixed phones, call boxes, mobiles and mobiles on roaming

Monday to Friday 09:30 - 18:00

calls from fixed phones
60 cents per enquiry
calls from mobiles
60 cents per minute

It's so easy to find a number

National & International
Business & Private

directory enquiries in English

760 50 60 70

Directory Enquiries in English and so much more

BBC1

6.00 Breakfast. (T) 9.00 The Andrew Marr Show. (T) 10.00 The Big Questions. (T) 11.00 The Politics Show. (T) 12.10 Formula 1: The Monaco Grand Prix. Live coverage of the race from Monte Carlo (Start-time: 1.00pm). (T) 3.00 EastEnders. (T) 4.55 Points of View. (T)

5.10 Songs of Praise. Claire Sweeney visits her home city of Liverpool. (T)

5.45 Final Score. Ray Stubbs presents reports and updates on the last day of the Premier League season, as the final places are confirmed. Digital viewers can access extended coverage on the interactive service. (T)

6.30 Last of the Summer Wine. After suffering a brush with Stella, Hobbo resolves to find her a man - and with the help of Clegg and Truly he decides to set her up with Norris Fairburn. (T)

7.00 BBC News; Regional News; Weather. (T)

7.30 Countryfile. Matt Baker and Julia Bradbury visit Strangford Lough in Northern Ireland where they examine a tidal energy scheme that provides power to 1,000 homes. John Craven investigates the latest food production technologies and Katie Knappman celebrates the 50th anniversary of the Paddle Steamer Preservation Society, including Weather for the Week Ahead. (T)

8.30 Inspector George Gently. Bacchus and Gently arrive in a small town to investigate when a mill manager is found hanged in what seems to be a suicide case. However, the detectives begin to suspect foul play as they discover money has gone missing and the widow reveals her husband was having an affair. Starring Martin Shaw and Lee Ingleby. Last in the series. (T)

10.00 BBC News; Weather. (T)

10.20 Match of the Day. Gary Lineker presents highlights of the final day of the Premier League season, including Hull City v Manchester United and Aston Villa v Newcastle United. All 20 sides were in action as the final places were decided, with the matches at the Kingston Communications Stadium and Villa Park among those that decided the relegation places. The Tigers ensured to match the Magpies' result to ensure their place in the top flight next season. (T)

11.50 FILM: The Greatest Game Ever Played (2005). Fact-based golf drama, starring Shia LaBeouf. (T)

1.45 Sign Zone: Terry Pratchett: Living with Alzheimer's. (R) (T) 2.45 Sign Zone: Holby City. (R) (T) 3.45 BBC News. (T)

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 CBBC: ChuckleVision. (R) (T) 7.15 ChuckleVision. (R) (T) 7.30 Dinosaup; (R) (T) Diddy Dick & Dom. (R) (T) 8.00 The Legend of Dick & Dom. (R) (T) 8.30 MI High; (R) (T) The Owl. (R) (T) 9.00 Escape from Scorpion Island. (T) 10.00 Something for the Weekend. (T) 11.30 Great British Menu. (R) (T) 12.00 Animal Park. (R) (T) 1.00 Escape to the Country. (R) (T) 2.00 Fred Dibnah's Made in Britain. (R) (T) 2.30 Live Golf: PGA Championship. Coverage of the final day's play at Wentworth. (T) 6.30 Ray Mears Goes Walkabout. (R) (T) 7.30 The Real Italian Job: James Martin's Mille Miglia. Italianas follow TV chef and car fanatic James Martin as he prepares to take part in the Mille Miglia - an annual 1,000-mile race through Italy featuring more than 300 classic cars. (R) (T) 8.30 South Pacific. An exploration of the marine wildlife of the region, including the epic journeys of sperm whales from one side of the ocean to the other in search of food and a mate. (T) 9.30 The Incredible Human Journey. Dr Alice Roberts investigates the arrival of mankind's ancestors to Europe. (T) 10.30 Fighting Passions. (T) 11.30 The Graham Norton Show Uncut. (T) 12.15 FILM: The Enforcer (1995). Martial arts thriller, starring Jet Li. Dubbed in English. (T) 1.55 BBC News. 1.55 Reporters. 2.00 BBC News. 2.30 Dateline London. (T) 3.45 The Super League Show. (T) 4.45 Close. (T)

Pick of the Day

Inspector George Gently (BBC1, 8.30pm)

You can always rely on the BBC to schedule its programmes for maximum effect. Whether or not this particular effect is one of irritation is open to debate — even though the sun is shining outside and we're all skint, Sunday evenings are a feast of crime, grime, and poverty-stricken landscapes. Welcome to the Sixties and TV's most depressingly bleak setting. In the run-up to the general election in 1964, local Mill manager Patrick Fuller is found hanging from the rafters. The people of Rinton, a small town in the north east of England, are shocked and outraged. It looks like suicide but with missing money, no suicide note and the rope tied to a hoist, Chief Inspector George Gently and his side-kick, Bacchus, speculate that it could be a murder. They line up several suspects from among the Mill workers - and also Mrs Fuller, the bitter widow, who accuses her husband of having an affair. When forensics discover a lost earring and a snagged piece of material that matches the dead man's jacket, it seems as if the Mill is, indeed, a hotbed of passion and intrigue. Blackmail, affairs, hush money, jealousy, politics and more murders follow before Gently and Bacchus can begin to solve the case.

C4

6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (R) (T) 7.00 GT4 European Cup. 7.30 FIA GT Championship. 8.00 Ocean Race. (R) (T) 8.55 T4: Friends. (R) (T) 9.30 T4: Night at the Museum 2: T4 Movie Special. (R) (T) 10.00 T4: Hollywood. (T) 12.30 T4: Friends. (R) (T) 1.00 T4: Being. (T) 1.35 T4: The Big Bang Theory. (R) (T) 2.05 T4: The Big Bang Theory. (R) (T) 2.40 T4: Smallville. (T) 3.40 T4: The Simpsons. (R) (T) 4.15 T4: The Simpsons. (R) (T) 4.45 Deal or No Deal. (T) 5.30 Channel 4 News. (T) 5.45 The Simpsons. (R) (T) 6.15 Night at the Museum Intro. (T) 6.20 FILM: Night at the Museum (2006). Premiere. A night watchman at a museum discovers the exhibits come to life and run riot once night falls. Comedy adventure, with Ben Stiller. (T) 8.30 Come Dine with Me. Four amateur cooks from Crydon take up the culinary challenge, with the first party being hosted by a deer stalker who pursues and shoots his main course. Last in the series. A new series of Come Dine with Me returns to Channel 4 tomorrow afternoon at 5.30pm. (T) 9.30 The Secret Millionaire. Haulage industry tycoon Hilary Devey goes undercover on the Falinge housing estate in Rochdale, which has the country's highest percentage of people receiving incapacity benefits. (R) (T) 10.30 Ricky Gervais Live: Animals. (R) (T) 12.00 FILM: Once Upon a Time in America (1984). Crime drama, starring Robert De Niro. (T) 4.00 Scrapheap Challenge. (R) (T) 4.55 Countdown. (R) (T) 5.40 Cubez. (R)

FIVE

6.00 Sunrise. 7.00 Milkshake!: Angels of Jarm. (R) (T) 7.05 Ebb and Flo. (R) (T) 7.10 Franklin. (R) (T) 7.35 Hana's Helpline. (R) (T) 7.50 Olivia. (R) (T) 8.00 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 8.20 Animal Families. (R) (T) 8.35 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.50 Mist: Sheepdog Tales. (T) 9.05 Roary the Racing Car. (R) (T) 9.20 Rupert Bear. (R) (T) 9.35 The Milkshake! Show. (R) (T) 10.00 Michaela's Wild Challenge. (R) (T) 10.30 Everybody Hates Chris. (R) (T) 11.00 Helicopter Warfare. (R) (T) 12.00 Build a New Life in the Country. (R) (T) 1.00 FILM: Strangers on a Train (1951). Hitchcock's thriller, starring Robert Walker and Farley Granger. (T) (bw) 3.00 FILM: Lawrence of Arabia (1962). Oscar-winning epic drama, starring Peter O'Toole. (T) 7.05 Five News. (R) 7.15 Cricket on Five. England v West Indies. Mark Nicholas presents action from the second one-day of the three-game series, held at the County Ground in Bristol. (T) 8.00 FILM: Where Eagles Dare (1969). An elite commando group sets out to rescue an American general captured by the Nazis. World War Two thriller, with Richard Burton and Clint Eastwood. Including Five News Update. (T) 11.05 FILM: The Wild Bunch (1969). Western, starring William Holden. (T) 1.50 Winter X Games. (R) 2.10 Boxing Classic. (R) 2.40 Boxing USA. 3.45 Motorsport Mundial. 4.10 FIM Motocross. 5.00 Hana's Helpline. (R) (T) 5.15 The Milkshake! Show. (R) (T) 5.40 Thomas & Friends. (R) (T) 5.50 Roary the Racing Car. (R) (T)

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 Coronation Street. (R) (T) 11.40 FILM: Holiday on the Buses (1973). Comedy, starring Reg Varney. (T) 1.25 ITV News and Weather; Weather. (T) 1.30 Best Ever Worst Dance Moments. (R) (T) 2.30 Britain's Got Talent. (R) (T) 4.00 FILM: Police Academy III: Back in Training (1986). Comedy sequel, with Steve Guttenberg. (T)

5.45 London Tonight; Weather. (T)

6.00 Beat the Star. GMTV presenter and former professional tennis player Andrew Castle takes on student mentor Lee Hawkins in a series of challenging events, with #50,000 at stake. Vernon Kay hosts. (T)

7.30 Heartbeat. Mason and Dawson continue their search for Rosie in Australia, and after ruling out Mick as a suspect, turn their attention to a local roadhouse near to where a missing woman's car was found abandoned. The search is on for the bar owner's son when the police discover he has a criminal record. Meanwhile, Carol delivers Nev's sister's baby and is later overjoyed when her long-lost brother Danny arrives in town. Starring Joe McFadden and Clare Wille. (T)

8.30 Britain's Got Talent. Ant and Dec host the first of the semi-finals as eight acts compete to win the approval of Simon Cowell, Amanda Holden and Piers Morgan. The pressure will be on the opening act to set the standard as viewers get the chance to vote for their favourite. The act with the highest number of public votes goes through to the final automatically, with the second and third-placed performers vying for the crucial judges' choice. Continues tomorrow. (T)

10.00 ITV News and Weather; Weather. (T)

10.15 Peter Kosminsky: The South Bank Show. Melvyn Bragg talks to the Bafta-winning director of The Government Inspector about his career and film-making technique. Kosminsky discusses his political upbringing, travels to Bosnia - the setting for his war drama Warriors - and reveals why he made Britz, a film about Britain's anti-terrorism legislation. Contributors include Mark Rylance, Ron Loach, David Aukin, Matthew Macfadyen, and Brooke Kinsella, star of Kosminsky's 1997 piece No Child of Mine. (T)

11.15 Crossing Jordan. A man asks for help in finally bringing his father's killer to justice, but Jordan comes up against a community that prefers the 40-year-old crime remain unsolved. (T)

12.15 It's My Life. (R) (T) 1.05 The Cosby Mysteries; (R) (T) ITV News Headlines. 2.00 Quincy ME. (R) (T) 2.50 Mediterranean Nightmares: Tonight. (R) 3.15 ITV Nightscreen.

LOCAL

RTP1
0630 Children TV 0800 Bom Dia Portugal 1000 Mass 1100 Mudar de Vida 1130 Discovery Hour 1200 T2 Para 3 "Remodelado" 1230 Contra Informação 1300 News 1415 S6 Vistal 1530 Terminator: The Sarah Connor Chronicles, series 1700 TBA 2000 News 2100 As Escolas de Marcelo Rebelo de Sousa 2130 Febre da Dança 2230 Os Contemporâneos 2315 Domingo Desporto 0115 Italy Rally 0210 Paris, film 0400 Televisão 0605 N6s

RTP2
0700 Euronews 0730 África@Global 0800 Músicas de África 0900 Caminhos 0930 70x7 1000 N6s 1100 Da Terra ao Mar 1130 Consócio 1200 Vida por Vida 1230 Olhar o Mundo 1300 National Geographic 1400 Queria Ser 1445 Voz do Cidadão 1500 Sports 1900 Arte e Emoção 1930 Alma e a Gente 2000 Todi, A Segunda Morte De Luisa Aguiar 2100 7 Palmas de Testa 2200 News 2230 Câmara Clara 2350 Britcom 0050 Onda Curta 0150 Sports 0530 Euronews

SIC
0630 Sic Kids 0845 Disney Kids 1015 Power Rangers 1045 Tween Box 1200 BBC Wild Life 1300 News 1400 Fama Show 1445 Disney Film 1630 Film 1815 Film 2000 News 2100 Grande Reportagem 2145 Atrave-te a Canlar 2315 Film 0130 CSI New York, series 0230 Quando o Telefone Toca

TVI
0700 Children's TV 0930 O Bando dos Quatro 1030 Hannah Montana 1115 Mass 1300 News 1400 Film 1600 Film 1800 Film 2000 News 2100 Equador 2200 Uma Canção Para Ti 0100 Sempre A Somar 0230 O Caminho do Sonho, film 0400 Law & Order: Special Victims Unit, series 0500 Teleseles 0630 Todos Iguais

Best of the Rest

BBC3
7.00 Formula 1: The Monaco Grand Prix 7.55 Film: Hidalgo 12 (2003) 10.00 Family Guy 10.25 American Dad! 10.45 Blood, Sweat and Takeaways 11.45 Ideal 12.15 My Weapson Is a Dog 1.15 Formula 1: The Monaco Grand Prix 2.05 Blood, Sweat and Takeaways 3.05 Ideal 3.35 Kirsten's Toppless Ambition 4.35 My Weapson Is a Dog 5.30 Close

BBC4
7.00 North and South 8.00 A Poet's Guide to Britain 8.30 Snow 9.30 The Great British Wedding 10.30 Timeshift: Wedding Rites: In Sickness and in Health 11.30 Film: The Wedding Director 15 (2006) 1.10 The Great Contemporary Art Bubble 2.10 Timeshift: Wedding Rites: In Sickness and in Health 3.10 Snow 4.10 Close

ITV2
1.00 Britain's Got More Talent 2.00 Britain's Got More Talent 3.00 Britain's Got More Talent 4.00 Britain's Got More Talent 5.00 Britain's Got More Talent 6.00 Britain's Got Talent 7.30 Britain's Got More Talent 8.30 Superhuman: World's Smallest People 9.30 The Planet's Funniest Animals 10.00 Britain's Got More Talent 11.05 Film: Notting Hill 15 (1999) 1.40 Britain's

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

Got More Talent 2.35 Teleshopping 5.35 ITV2 Nightscreen
Sky1
1.00 UK Border Force 2.00 The Real A&E 3.00 Cold Case 4.00 Malcolm in the Middle 4.30 Malcolm in the Middle 5.00 Futurama 5.30 Futurama 6.00 The Simpsons 6.30 The Simpsons 7.00 Don't Forget the Lyrics 8.00 Guinness World Records Smashed! 9.00 Fringe 10.10 Fringe 11.20 Lie to Me 12.20 Road Wars 1.20 Road Wars 2.15 Street Wars 3.10 The Villa 4.05 Road Wars 4.30 Bite Size Brainiac 4.35 Weeds 5.10 Brainiac: Science Abuse

G.O.L.D
1.45 The Green Green Grass 2.25 The Green Green Grass 3.05 The Green Green Grass 3.45 Only Fools and Horses Top 40 Moments 5.45 Morecambe and Wise - The Greatest Moment 7.20 Film: Stuart Little 2 U (2002) 9.00 Jonathan Creek 11.00 Jonathan Creek 1.35 The Two Ronnies 2.20 Bread 3.00 Close

TCM
1.00 Which Way to the Front? PG (1970) 3.00 The Elephant Man PG (1980) 5.10 Falling in Love PG (1984) 7.15 What's Up, Doc? PG (1972) 9.00 Presumed Innocent 18 (1990) 11.30 Lone Star (1996) 2.10 Pat Garrett and Billy the Kid 15 (1973) 4.20 The Screening Room 5.00 Band of Angels PG (1957)
The Disney Channel
Kids' programmes from 7am, except: 1.15 Film: High School Musical U (2006) Comedy musical, starring Zac Efron and Vanessa Hudgens. 3.00 Film: The Cheetah Girls: One World PG (2008) Comedy drama sequel, starring Adrienne Bailon. 4.20 Film: High School Musical 2 U (2007) Comic musical sequel, starring Zac Efron.

MOVIES

Sky Movies Drama

6.45 The Neighbor 12 (2008) 8.30 Onegin 12 (1999) 10.30 Idlewild 15 (2006) 12.40 The Thin Red Line 15 (1998) With Sean Penn. 3.30 The Top 10 Show 3.50 The American President 15 (1995) With Michael Douglas. 5.50 Becoming Jane PG (2006) With Anne Hathaway. 8.00 Meet Joe Black 12 (1998) With Brad Pitt. 11.00 We Own the Night 15 (2007) With Joaquin Phoenix. 1.00 No Reservations PG (2007) With Catherine Zeta-Jones. 2.50 Gridlock'd 18 (1997) With Tupac Shakur. 4.30 The Simple Life of Noah Dearborn PG (1999)

Sky Movies Comedy

6.45 As Good as It Gets 15 (1997) 9.05 The Santa Clause 3: The Escape Clause U (2006) 10.40 Leatherheads PG (2008) 12.40 Knocked Up 15 (2007) With Seth Rogen. 2.50 Semi-Pro 15 (2008) With Will Ferrell. 4.25 The Santa Clause 3: The Escape Clause U (2006) With Tim Allen. 6.00 Leatherheads PG (2008) With

George Clooney. 8.00 Knocked Up 15 (2007) With Seth Rogen. 10.10 Semi-Pro 15 (2008) With Will Ferrell. 11.45 As Good as It Gets 15 (1997) With Jack Nicholson. 2.05 I Want Candy 15 (2007) With Carmen Electra. 3.40 Bad Manners 15 (1997) 5.15 Special Delivery 12 (2008)

Sky Movies Action/Thriller

6.40 Plunkett & Maclean 15 (1999) 8.25 The Italian Job PG (1969) 10.10 Rush Hour 3 12 (2007) 11.50 Patriot Games 15 (1992) With Harrison Ford. 1.50 Hitman 15 (2007) With Timothy Olyphant. 3.35 The Italian Job PG (1969) With Michael Caine. 5.20 Rush Hour 3 12 (2007) With Jackie Chan. 7.00 Patriot Games 15 (1992) With Harrison Ford. 9.00 Hitman 15 (2007) With Timothy Olyphant. 10.40 8 Million Ways to Die 18 (1986) With Jeff Bridges. 12.40 The Usual Suspects 18 (1995) With Gabriel Byrne. 2.30 Night Hawks 18 (1981) With Sylvester Stallone. 4.15 The Librarian: Return to King Solomon's Mines PG (2006)

SPORT

Sky Sports 1

6.00 Aerobics Oz Style 6.30 The Lions 1974 - Invincibles 7.30 European Cup Final 9.00 League Two Play-Off Final 10.30 The Sunday Supplement 12.00 Super Sunday - The Final Countdown. A look ahead to today's crucial matches. 12.50 Live League One Play-Off Final. Millwall v Scunthorpe United (Kick-off 1.00pm). 3.30 Live Super Sunday. A match from the final day of the Premier League season (Kick-off 4.00pm). 7.00 League One Play-Off Final 8.25 Football First 10.15 Football First 11.45 Football First 1.15 Football First 2.45 Football First 4.15 Football First 5.45 Sky Sports Classics

Sky Sports 2

6.00 Watersports World 7.00 Spanish Football 8.30 Super League 10.30 Live International Cricket. England v West Indies. 6.30 Live Golf Night. The Senior PGA Championship. 8.00 Golf Night 10.00 International Cricket 12.00 League One Play-Off Final 1.30 Spanish Football 3.30 League One Play-Off Final 5.00 Champions League Weekly 5.30 Wild Spirits

Sky Sports 3

6.00 Pool 7.00 Seamaster Sailing 7.30 WWE: Afterburn 8.30 WWE Vintage Collection 9.30 European Cup Final 11.00 Seamaster Sailing 11.30 Racing News 12.00 Super League 2.00 WWE Vintage Collection 3.00 WWE: Experience 4.00 Live Super Sunday. A match on the concluding day of the Premier League season (Kick-off 4.00pm). 6.00 Live Indy Car Series. The Indianapolis 500. 9.30 Rallyzone 10.00 Seamaster Sailing 10.30 Live

NASCAR. The Coca-Cola 600. 3.30 Ocean Adventures 4.00 Seamaster Sailing 4.30 Pool 5.30 Rallyzone

British Eurosport

7.30 World Rally Championship 8.05 Cycling 8.40 Planet Armstrong 8.45 Live Porsche Super Cup. The Grand Prix de Monaco. 9.30 F1: The Factory 10.00 Live French Open Tennis. The opening day of the second Grand Slam of the year. 7.30 Game, Set and Mats 7.55 Cycling 8.55 Planet Armstrong 9.00 euroCRASH! 9.15 Motorsports Weekend 9.30 World Series by Renault 10.00 World Rally Championship 10.30 French Open Tennis 11.30 Game, Set and Mats 12.00 World Rally Championship 12.45 Close

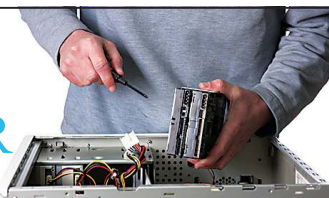
Sky Sports Xtra

6.00 Mountain Bike World 6.30 Golf Night 9.30 Golf Night 11.00 Live IRB Rugby World Sevens. The London Sevens. 8.00 Live Spanish Football. A La Liga match. 10.00 WWE: Late Night - Afterburn 11.00 Golf Night 2.00 Golf Night 4.00 International Cricket

All the latest headlines at
www.the-news.net

THE PORTUGAL
News

LET US BUILD
YOUR COMPUTER



We can tailor-make a computer in our workshops just for you and in exact accordance with your needs.

EVERYTHING IN ENGLISH

Our technicians will install English language operating systems, deliver the computer and configure everything for you. They will transfer data from your old computer, plus all your previous settings, favourites, cookies, e-mail accounts leaving everything as you like it, but faster and better.

FROM ONLY €399⁽¹⁾

BBC1

6.00 Breakfast. (T) 9.00 Real Rescues. (R) (T) 9.45 Homes Under the Hammer. (R) (T) 10.45 The Unsolvable. (T) 11.15 Cash in the Attic. (R) (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News: Weather. (T) 1.15 Regional News: Weather. (T) 1.20 FlogIt! (T) 1.50 'Allo 'Allo! (R) (T) 2.15 Diagnosis Murder. (R) (T) 3.00 Wallace & Gromit: A Close Shave. (R) (T) 3.30 FILM: Freaky Friday (2003). Disney comedy remake, starring Jamie Lee Curtis and Lindsay Lohan. (T)

5.00 FILM: National Treasure (2004). Action adventure, starring Nicolas Cage. (T)

7.00 BBC News: Weather. (T)

7.25 Regional News Programmes: Weather. (T)

7.30 Everest ER. New series. Life in the mountain's base camp clinic, where doctors spend 10 weeks every spring treating climbers who have been injured or become unwell in the thin atmosphere. (T)

8.00 EastEnders. A mystery woman has her eye on Billy as he tries to make amends with Jay. Zainab confronts a face from her past and Syd goes to stay with Dot - much to Nick's displeasure. (T)

8.30 Panorama. Jeremy Vine presents an investigation into the techniques used to interrogate terror suspects in the wake of September 11, asking whether they broke American and international law. (T)

9.00 Ashes to Ashes. A murder victim is discovered in the canal, and Gene soon has his prime suspect when it turns out the dead man was mixed up with local loan shark Trevor Riley. In his search for incriminating evidence, Gene and the team resort to old-school policing - breaking into Riley's office after hours - but what they find takes the case in a completely different direction. Tom Georgeson and comedy actress Daisy Haggard (Green Wing) guest star. (T)

10.00 BBC News. (T)

10.05 Regional News: Weather. (T)

10.15 The Omid Djalili Show. The comedian talks about drinking and what Gordon Brown could learn from football managers. Sketches feature a Scottish film-maker and Commuting - The Musical. Last in the series. (T)

10.45 Inside Sport. David Beckham is interviewed by Gabby Logan, with England's most-capped outfield footballer discussing his career, future ambitions and life away from the pitch. Elsewhere, Matthew Pinsent visits Johannesburg to investigate the safety and security measures in place for the 2010 World Cup. England Under-21s coach Stuart Pearce is the studio guest. (T)

11.15 FILM: Two for the Money (2005). Premiere. Drama, starring Al Pacino and Matthew McConaughey. (T) Weatherview. (T)

1.15 Sign Zone: South Pacific. (R) (T) 2.15 Sign Zone: Real Rescues. (R) (T) 3.00 BBC News. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 CBBC: Jakers! (R) (T) 7.25 Space Pirates. (R) (T) 7.55 Poetry Pie. (R) (T) 8.00 Bear Behaving Badly. (R) (T) 8.20 Basil's Game Show. (R) (T) 8.50 Wolverine and the X-Men. (R) (T) 9.10 Pinky and Perky. (R) (T) 9.25 Thumb Wrestling Federation: TWFF. (R) (T) 9.30 Beat the Boss USA. (T) 10.00 Little Howard's Big Question. (R) (T) 10.30 Smart. (R) (T) 11.00 FILM: The Little Vampire (2000). Children's adventure, starring Richard E. Grant. (T) 12.30 FILM: The Moon-Spinners (1964). Family adventure, starring Hayley Mills. (T) 2.25 Coast. (T) 2.30 Escape to the Country. (R) (T) 3.00 Paralympic World Cup. Live coverage from Manchester. (T) 5.15 Cash in the Celebrity Attic. (T) 6.00 Great British Menu. (T) 7.00 Only Yesterday. The Carpenters' Story. The lives of Richard and Karen Carpenter. (R) (T) 8.00 Springwatch 2009. New series. Simon King, Kate Humble and Chris Packham study nature. (T) 9.00 Who's Watching You? New series. As the UK's DNA database grows and the number of CCTV cameras increases, Richard Bilton investigates the world of surveillance, beginning with a trip to Middlebrough. (T) 10.00 Going Postal. One-off documentary looking at five of the school and workplace shootings in America over the past 20 years, seeking to build a picture of why such attacks occur. Part of the Violence Season. (T) 11.30 The Wire. (T) 12.30 BBC News. (T) 3.00 Close. 4.00 BBC Learning Zone. (T)

5.50 The Hoobs. (R) (T) 6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (R) (T) 7.00 Freshly Squeezed. 7.25 Everybody Loves Raymond. (R) (T) 7.55 Everybody Loves Raymond. (R) (T) 8.25 Frasier. (R) (T) 8.55 Will & Grace. (R) (T) 9.20 Friends. (R) (T) 9.50 Friends. (R) (T) 10.20 Lily Allen Special: Under the Skin. (R) (T) 11.25 FILM: Black Beauty (1971). Children's adventure, starring Mark Lester. (T) 1.25 FILM: Rio Grande (1950). Western, starring John Wayne. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.05 FILM: Around the World in 80 Days (2004). A Victorian gentlemen embarks on an ambitious journey to circumnavigate the world. Adventure comedy, starring Steve Coogan and Jackie Chan. (T) 9.20 Churchill's Darkest Decision. In the summer of 1940 Nazi Germany was poised to seize the entire French fleet, making Hitler's threat to invade Britain a real possibility. Winston Churchill was faced with a difficult choice - either rely on the French government to withhold the ships from the enemy, or destroy them himself. (T) 10.25 The Operation: Surgery Live. (T) 11.30 8 Out of 10 Cats. (R) (T) 12.05 NY-LON. (R) (T) 1.05 The Road to Guantanamo. (T) 2.00 The Gadget Show. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 The Wright Stuff. (T) 9.50 London 10.00. (T) 11.00 Trisha Goddard. (T) 12.00 Penguin Adventure with Nigel Marven. (R) (T) 1.00 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.00 FILM: None But the Brave (1965). World War Two adventure, starring Frank Sinatra. (T) 5.00 Five News with Natasha Kaplinsky. (T) 5.15 Neighbours. (R) (T) 5.45 Home and Away. (R) (T) 6.15 FILM: The Hunchback of Notre Dame (1996). A deformed bell-ringer stands up to a cruel government minister's evil plans. Disney animation, with the voices of Tom Hulse and Danni Moore. (T) 8.00 The Gadget Show. (T) 8.15 Neighbours. (R) (T) 8.45 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R)

BBC1

6.00 Breakfast. (T) 9.15 Real Rescues. (R) (T) 10.00 Homes Under the Hammer. (R) (T) BBC News. Weather. (T) 11.00 The Unsellables. (T) 11.30 Cash in the Attic. (T) BBC News. Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News. Weather. (T) 1.30 Regional News. Weather. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News. Weather. Regional News. (T) 3.05 CBeebies: Big & Small. (R) (T) 3.15 Grandpa in My Pocket. (T) 3.25 CBBC: Tronji. (T) 3.50 Funky Fables. (R) (T) Thumb Wrestling Federation: TWFF. (R) (T) 4.05 Richard Hammond's Blast Lab. (R) (T) 4.35 Blue Peter. (T) MyWish. (R) (T) 5.05 Newsround. (T)

5.15 Weakest Link. Anne Robinson oversees the back-stabbing general knowledge quiz, as contestants try to weed out the weaklings and walk off with a cash prize. (T)

6.00 BBC News. Weather. (T)

6.30 Regional News. Weather. (T)

6.55 Party Election Broadcast for the European Parliament. By the British National Party. (R) (T)

7.00 The One Show. Jerry Springer joins Adrian Chiles and Christine Bleakley in the studio, and the Clinic of Curious Complaints examines women with excessive hair. (T)

7.30 EastEnders. Jay goes missing after giving evidence in court, sending Billy and Minto into a panic. Ian offers Heather a loan, while Zainab's matchmaking skills land her in trouble with Syed. (T) BBC News. Regional News. (T)

8.00 HOLBY City. In a special episode focusing on Maddy in the aftermath of her attack, the doctor is faced with the choice of staying at Holby or joining Dan Clifford in Europe. The former consultant bonds with Linden to try to persuade Ric to interview her for his new position, while she treats a victim who has been stabbed - an injury that is very close to home. Featuring a guest appearance by Peter Wingfield. (T)

9.00 Uncovering Our Earliest Ancestor: The Link. The story breaks a new scientific discovery that threatens to change humanity's understanding of evolution. David Attenborough narrates. (T)

10.00 BBC News. (T)

10.25 Regional News. Weather. (T)

10.35 Party Election Broadcast for the European Parliament. By the Libertas Party. (T)

10.40 Kick Out the Kids. Documentary taking a light-hearted look at the work of Share & Care, a scheme set up by Charley Boorman's wife Oily to help ease twentysomethings into independence by placing them in the homes of older individuals. This programme witnesses a heavy-drinking unemployed gardener takes up residence with an 82-year-old who strongly disapproves of alcohol, and a high-flying headhunter moves in with a thrifty 85-year-old former aristocrat. (T)

11.25 FILM: Jacknife (1989). Drama, starring Robert De Niro. (T) Weatherwise. (T)

1.10 Sign Zone: See Hear. (R) (T) 1.40 Sign Zone: Rocket Science. (R) (T) 2.40 Sign Zone: Country Tracks. (R) (T) 3.35 Sign Zone: Real Rescues. (R) (T) 4.20 BBC News. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 CBBC: Jakers! (R) (T) 7.25 Space Pirates. (R) (T) 7.55 Poetry Pie. (T) 8.00 Bear Behaving Badly. (R) (T) 8.20 Basil's Game Show. (R) (T) 9.00 Wolverine and the X-Men. (R) (T) 9.10 Pinky and Perky. (R) (T) 9.25 Thumb Wrestling Federation: TWFF. (R) (T) 9.30 Beat the Boss USA. (T) 10.00 Little Howard's Big Question. (R) (T) 10.30 Smart. (R) (T) 11.00 FILM: The Shaggy DA (1976). Disney comedy sequel, starring Dean Cain. (T) 12.30 Working Lunch. (T) 1.00 Castle in the Country. (R) (T) 1.30 Animal 24-7. (R) (T) 2.15 Escape to the Country. (R) (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flog It! (R) (T) 4.30 Put Your Money Where Your Mouth Is. (T) 5.15 Cash in the Celebrity Attic. (T) 5.55 Party Election Broadcast for the European Parliament. (T) 6.00 Great British Menu. (T) 7.00 South Pacific. An exploration of the marine wildlife of the region. (R) (T) 8.00 Springwatch 2009. Simon King discovers a goshawk nest. (T) 9.00 Simon Schama's John Donne. Fiona Shaw joins the historian to explore the life of John Donne, discovering how the 16th-century poet became the Dean of St Paul's, and examining some of his best-known works. Part of the BBC's Poetry Season. (T) 10.00 Have I Got News for You. With Reginald D Hunter and Stuart Maconie. (R) (T) 10.30 Newsnight. (T) Weather. (T) 11.20 Party Election Broadcast for the European Parliament. (R) (T) 11.25 The Wire. (T) 12.25 BBC News. (T) 4.00 BBC Learning Zone. (T)

Pick of the Day

CSI: Crime Scene Investigation (five, 9pm)

Never let it be said this crime drama isn't topical. Just a few weeks after sci-fi fans around the world were whipped into a frenzy with the release of the new Star Trek movie, this edition does its best to tap into the enthusiasm for all things interstellar. During a convention for the TV show Astro Quest, a director meets a sticky end on a specially constructed set and the CSI team are called in to investigate. Before you can say 'set to stun', Hodges is goshawked to see Wendy among the attendees - complete with elaborate costume. "You're a Quester?" he asks, with a big grin on his face. But before they can bond over their shared love of the show, there's a case to be solved and it seems the victim was bashed over the head. Langston learns the dead man was in an altercation shortly before his death, but he also managed to squeeze in a romp in the command chair. As the team delve deeper into the deceased's life, they learn he was sleeping around, but one of his partners insists their relationship was mutually open. As the leads dry up, and Hodges continues to have increasingly bizarre fantasies about Wendy, can Langston marshal his forces and catch the culprit?

C4

5.50 The Hoobs. (R) (T) 6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Everybody Loves Raymond. (R) (T) 8.30 Frasier. (R) (T) 9.00 Will & Grace. (R) (T) 9.25 The Class. (R) (T) 9.55 Fat March USA. (R) (T) 10.55 Mark Ronson's Top 20 Brit Girls. (R) (T) 12.00 News at Noon. (T) 12.30 The City Gardener. (R) (T) 1.00 FILM: The Quiet Man (1952). Romantic drama, starring John Wayne. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: If Not School, Then What? New series. A 15-year-old is given the opportunity to work at an orphanage in Bulgaria. (T) 8.00 Gok's Fashion Fix. The stylist tries to convert TV presenter Ben Shephard to high-street fashion, a sports therapist receives a makeover, and Brix Smith-Start continues her couture crusade. (T) 9.00 The Lost World War One Bunker: A Time Team Special. Preserved wartime trenches under a field in Belgium. (R) (T) 10.35 The Operation: Surgery Live. (T) 11.40 My Name Is Earl. (R) (T) 12.10 European Poker Tour. 1.10 World Superbikes. 1.35 World Sport. (R) (T) 2.05 4Sport: Destination 2012. (R) (T) 2.55 FIA GT3 Championship. (R) (T) 3.20 KOTV Classics. (R) (T) 4.10 Freeports on 4. (R) (T) 4.35 Scrapheap Challenge. (R) (T) 5.35 Inuk. (R) (T)

FIVE

6.00 Milkshake! Miss Spider's Sunny Patch Friends. (R) (T) 6.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Roary the Racing Car. (R) (T) 6.45 Peppa Pig. (R) (T) 6.50 Roobarb and Custard Too. (R) (T) 7.00 Olivia. (R) (T) 7.15 Little Princess. (R) (T) 7.30 The Mr Men Show. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Frit and the Flowerpots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Poogy. (R) (T) 8.50 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 Hana's Helpline. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha Goddard. (T) 11.45 1 Own Britain's Best Home 2009. (R) (T) 12.45 Five News. (T) 12.55 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.10 FILM: The Wedding Dress (2001). Drama, starring Neil Patrick Harris. (T) 5.00 Five News with Natasha Kaplinsky. Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Animal Rescue Squad. (R) (T) 6.55 Party Election Broadcast for the European Parliament. (T) 7.00 Five News at 7. (T) 7.15 Cricket on Five. England v West Indies. Mark Nicholas presents action from the third and final one-day of the series, held at Edgbaston in Birmingham. (T) 8.00 Helicopter Warfare. How US Air Force reservists rescued a Navy Seal stranded behind enemy lines. (T) 8.00 Five News at 9. 9.00 CSI: Crime Scene Investigation. A TV producer is killed at a sci-fi convention. (T) 10.00 CSI: Miami. Two paedophiles are killed on the same day. (R) (T) Five News Update. (T) 11.00 CSI: NY. (R) (T) 12.00 The Shield. (R) (T) 1.00 NBA Basketball. 3.30 NBA Basketball. (R) 4.20 IndyCar Series. 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 Dickinson's Real Deal. (R) (T) 3.59 London Weather. (T) 4.00 The Biggest Loser. (T)

5.00 Divided. Quiz show in which three contestants work together to answer up to 15 general-knowledge questions and split a cash prize three ways. Hosted by Andrew Castle. (T)

6.00 London Tonight. Weather. (T)

6.25 Party Election Broadcast for the European Parliament. By the British National Party. (R) (T)

6.30 ITV Evening News. Weather. (T)

7.00 Emmerdale. Mark Visits Faye, who reminds him about the potential consequences of their secret past and threatens to reveal the truth to Natasha. Gennie steps in to rescue Bob when the release of a smoke bomb causes the sprinklers to go off at the variety show, and the pair later share a moment of unspoken attraction. Katie offers Lee a place to stay after he is caught sleeping in Seth's hide, prompting Nathan's jealousy to surface. (T)

8.00 Coronation Street. Peter grows jealous of Michelle's blossoming romance with Luke and decides to declare his feelings for her. Fiz sends a letter to John in prison and Sian worries about losing Ryan. The next episode is on Thursday at 8pm. (T)

8.30 Britain's Got Talent. Ant and Dec present the third semi-final. Eight more acts take to the stage in a bid to impress Simon Cowell. Piers Morgan and Amanda Holden and reach Saturday's final - where they will be in with a chance of scooping the £100,000 prize. After the public votes are counted and the winner makes the final automatically, the second and third-placed acts vie for the all-important judges' choice. Continues on Thursday. (T)

10.00 News at Ten and Weather. (T)

10.30 London News and Weather. (T)

10.33 Party Election Broadcast for the European Parliament. By the Libertas Party. (T)

10.35 UEFA Champions League Final Preview. Jim Rosenthal and Andy Townsend look ahead to the showpiece match between Manchester United and Barcelona at the Stadio Olimpico in Rome. (T)

11.35 Nightwatch with Steve Scott: Action Stations. The work of fighter pilots and ground troops in Afghanistan. (T)

12.30 Supernatural. (R) (T) ITV News Headlines. 1.15 Loose Women. (R) 2.05 The Jeremy Kyle Show. (R) (T) 3.00 ITV Nightscreen.

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

LOCAL Best of the Rest

RTP1
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Chamas da Vida 1500 Sangue do Meu Sangue 1615 Portugal no Coração 1800 Portugal em Directo 1915 Preço Certo 2000 News 2100 30 Minutos 2130 Telerural 2200 Duelo Final 2300 Serviço de Saúde 0000 Liga dos Últimos 0045 Teste, series 0215 Provede Amor 0345 Teleseleções 0605 Nôs

RTP2
0720 Zig Zag 1400 Sociedade Civil 1530 Percursos da Música Portuguesa 1600 National Geographic 1700 Zig Zag 1830 A Fé nos Homens 1950 Zig Zag 2045 Everything Hates Chris, series 2115 National Geographic 2200 News 2240 The Mentalist, series 2330 Bairro Alto 0000 Noites da Dois 0115 Universidades 0145 Câmara Clara 0255 Euronews 0500 Sociedade Civil

SIC
0600 Sic Notícias 0900 Ligo, Ganhau 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1530 Contacto 1715 Rebelde Way 1800 Três Imãs 1900 Nôs por Ca 2000 News 2130 Os Malucos do Riso 2300 Caminho das Índias 2345 Podia Acabar o Mundo 0045 Criminal Minds, series 0145 CSI New York, series 0230 Quando o Telefone Toca 0430 Entourage, series

TVI
0700 Diário Da Manhã 1015 Voce na TV 1300 News 1400 As Tardes da Júlia 1700 Quem quer Ganha 1815 Morangos com Açúcar 2000 News 2130 Deixa Que Te Leve 2230 Flor do Mar 2330 Olhos nos Olhos 0015 Perseguição Sem Tréguas, film 0230 Sempre a Somar 0430 Law & Order: Special Victims Unit, series 0530 Telesales

Visit the paper
online
www.the-news.net



Sky Movies Drama

6.00 A Father's Son PG (1999) 8.00 The Trench 15 (1999) 10.00 The Children of Huang Shi 12 (2008) 11.20 Varsity Blues 15 (1999) With Jon Voight. 2.00 Georgia Rule 15 (2007) With Jane Fonda. 4.00 The Astronaut Farmer PG (2006) With Billy Bob Thornton. 5.50 Gridiron Gang 12 (2006) With Dwayne Johnson. 8.00 Charlie Wilson's War 15 (2007) With Tom Hanks. 9.45 Three 15 (2005) With Kelly Brook. 11.30 Sleepers 18 (1996) With Brad Pitt. 2.00 Vanishing Point 18 (1971) With Barry Newman. 4.00 American Graffiti PG (1973)

Sky Movies Comedy

6.00 Milk 15 (1998) 7.40 1 Wanna Hold Your Hand PG (1978) 9.20 I Think I Love My Wife 15 (2007) 11.00 The Nanny Diaries 12 (2007) With Scarlett Johansson. 12.50 Epic Movie 12 (2007) With Kal Penn. 2.30 School for Scoundrels 12 (2006) With Billy Bob Thornton. 4.15 The Distinguished Gentleman 15

(1992) With Eddie Murphy. 6.10 The Nanny Diaries 12 (2007) With Scarlett Johansson. 8.00 Epic Movie 12 (2007) With Kal Penn. 9.40 I Think I Love My Wife 15 (2007) With Chris Rock. 11.15 School for Scoundrels 12 (2006) With Billy Bob Thornton. 1.00 Music and Lyrics PG (2007) With Hugh Grant. 2.55 Milk 15 (1998) With James Fleet. 4.35 1 Wanna Hold Your Hand PG (1978)

Sky Movies Action/Thriller

6.25 A Bridge Too Far PG (1977) 9.25 Letters from Two Jims 15 (2006) 11.55 Daylight 12 (1996) With Sylvester Stallone. 1.55 A Bridge Too Far PG (1977) With Dirk Bogarde. 4.50 Next of Kin 15 (1989) With Patrick Swayze. 6.40 Die Hard 18 (1988) With Bruce Willis. 9.00 Die Hard 4.00 15 (2007) With Bruce Willis. 11.10 Ghost Rider 12 (2007) With Nicolas Cage. 1.05 Outlaw 18 (2007) With Sean Bean. 2.55 Dead Presidents 18 (1995) With Larenz Tate. 5.10 Enemy Within PG (2007)

All the latest headlines at

www.the-news.net

THE PORTUGAL
News

6.00 Breakfast. (T) 9.15 Real Rescues. (R) (T) 10.00 Homes Under the Hammer. (R) (T) BBC News: Weather. (T) 11.00 The Unsellables. (T) 11.30 Cash in the Attic. (T) BBC News: Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News: Weather. (T) 1.30 Regional News: Weather. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News: Weather: Regional News. (T) 3.05 Cbeebies: Big & Small. (R) (T) 3.15 Grandpa in My Pocket. (T) 3.25 CBeebies: Tronji. (T) 3.50 Funky Fables. (R) (T) Thumb Wrestling Federation: TWFF. (R) (T) 4.05 Paradise Cafe. (R) (T) 4.35 Blue Peter. (T) MyWish. (R) (T) 5.05 Newsround. (T)

5.15 Weakest Link. Anne Robinson piles on the pressure in another round of the general knowledge contest. (T)
6.00 BBC News: Weather. (T)
6.30 Regional News Programmes: Weather. (T)
6.55 Party Election Broadcast for the European Parliament. By the Green Party. (R) (T)
7.00 The One Show. Singer Alesha Dixon joins Adrian Chiles and Christine Bleakley on the programme. Plus, a feature on bad breath complaints in Dr Sarah's Clinic. (T)

7.30 Animal 24/7. RSPCA Inspector Chris Shaw rescues a whippet who is suffering with a large tumour, a family must decide the future of its pet rabbits and presenter Tom Heap meets a bird of prey. (T) BBC News: Regional News. (T)
8.00 10 Things You Need to Know About Losing Weight. Medical journalist Michael Mosley looks at the latest scientific breakthroughs in slimming, testing out the tips himself in an effort to shed a couple of pounds. The programme investigates the benefits of eating soup, the brain's response to skipping meals, how low-fat dairy products contribute to weight loss and the best foods to eat to stave off hunger pangs. (T)
9.00 The Apprentice. The candidates are challenged to sell products live on TV. The teams have one hour each but even the most experienced salespeople struggle to act natural in front of the cameras. (T)

10.00 BBC News. (T)
10.25 Regional News: Weather. (T)
10.35 Party Election Broadcast for the European Parliament. By No2EU - Yes to Democracy. (T)
10.40 The National Lottery Draws. The balls are set rolling to decide the all-important numbers. Presented by Gethin Jones. (T)

10.50 The Street. New resident Paul Billerton (Toby Kabbell), who works as a gardener in the local parks, takes a shine to local girl Kirsty. One morning he plucks up the courage to ask her on a date and an awkward relationship begins. However, Paul confides in Kirsty he is carrying a terrible secret he cannot share, which eventually leads him to the brink of self-destruction. With Robyn Addison and Jodhi May. Last in the series. (R) (T)

11.50 FILM: It Runs in the Family (2003). Drama, starring Kirk and Michael Douglas. (T) National Lottery Update and Weather. (T)
12.40 Sign Zone: The Incredible Human Journey. (R) (T) 2.40 Sign Zone: Professor Regan's Medicine Cabinet. (R) (T) 3.40 Sign Zone: Real Rescues. (R) (T) 4.25 BBC News. (T)



BBC2

6.00 Cbeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 CBBC: Jakers! (R) (T) 7.25 Space Pirates. (R) (T) 7.55 Poetry Pie. (R) (T) 8.00 Brave Behaviour. (R) (T) 8.20 Basil's Game Show. (R) (T) 8.50 Wolverine and the X-Men. (R) (T) 9.10 Pinky and Perky. (R) (T) 9.25 Thumb Wrestling Federation: TWFF. (R) (T) 9.30 Beat the Boss USA. (T) (T) 10.00 Little Howard's Big Question. (R) (T) 10.30 Smart. (R) (T) 11.00 Dangermouse. (R) (T) 11.15 FILM: Return to Oz (1985). Fantasy adventure, starring Fairuza Balk. (T) 1.00 See Hear. (T) 1.30 Working Lunch. (T) 2.00 Escape to the Country. (R) (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flog It! (R) (T) 4.30 Put Your Money Where Your Mouth Is. (T) 5.15 Cash in the Celebrity Attic. (T) 5.55 Party Election Broadcast for the European Parliament. (T) 6.00 Great British Menu. (R) (T) 7.00 Keep It in the Family. A delicatessen manager takes over her family's dairy farm. (R) (T) 8.00 Springwatch 2009. Martin Hughes-Games celebrates why it is good to watch wildlife in the summer holidays, Chris Packham and Kate Humble look at the plight of the cuckoo and Simon King is in Wales. (T) 9.00 Armando Iannucci: Milton's Heaven and Hell. Celebrating John Milton's Paradise Lost. (T) 10.00 The Apprentice: You're Fired! With comedian Rufus Hound and shopping channel owner Hasfa Abubaker. (T) 10.30 Newsnight. (T) Weather. (T) 11.20 Party Election Broadcast for the European Parliament. (R) (T) 11.25 The Wire. (T) 12.25 BBC News. (T) 4.00 BBC Learning Zone.

Pick of the Day

Armando Iannucci: Milton's Heaven and Hell (BBC2, 9pm)

He's made a living taking the mick out of a succession of politicians and earning himself a reputation as one of the true originals of the comedy circuit. But it turns out that Armando Iannucci has a few more strings to his bow, and as part of the BBC's celebration of poetry, he wants to share chapter-and-verse on one of his literary heroes. Milton is often considered too difficult, obscure or miserable for today's reader - but to Iannucci, Paradise Lost is a thrilling work of creative genius that we ignore at our peril. Milton tackles everything from good and evil to human freedom and the existence of God, in language unparalleled in scope and variety. So why has he gone down in history as little more than miserable so-and-so who didn't know when to put a full stop? That's the very question Armando sets out to address. In this film, he explores Paradise Lost in detail and looks at the way Milton's extraordinary life, encompassing work as 'spin doctor' to Oliver Cromwell, being imprisoned in the Tower of London and losing his sight, all fed into his masterpiece.

C4

5.50 The Hoobs. (R) (T) 6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Everybody Loves Raymond. (R) (T) 8.30 Frasier. (R) (T) 9.00 Will & Grace. (R) (T) 9.25 The Class. (R) (T) 9.55 Fat March USA. (R) (T) 10.55 Alexa's Top 20 Headline Grabbers. (R) (T) 12.00 News at Noon. (T) 12.30 The City Gardener. (R) (T) 1.05 FILM: The Man Who Shot Liberty Valance (1962). John Ford's Western, starring James Stewart and Lee Marvin. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: If Not School, Then What? A boy explores his interest in rap. (T) 8.00 Embarrassing Bodies. Past patients revisit the clinic. (T) 9.00 Grand Designs. Kevin McClood follows designers Jane and Robert Ellis as they plan the conversion of a 300-year-old barn in Herefordshire into a contemporary home using modern steel and glass. (R) (T) 10.00 Desperate Housewives. Part one of two. Susan accepts Dave's seemingly friendly gesture. (T) 11.05 The Operation: Surgery Live. (T) 12.05 Dirty Sexy Money. (R) (T) 1.05 Around the World in 80 Trades. (R) (T) 2.05 Missing: Race Against Time. (R) (T) 3.05 Full Metal Challenge. (R) (T) 4.05 Scrapheap Challenge. (R) (T) 4.55 Countdown. (R) (T) 5.40 Cubezz. (R) (T)

FIVE

6.00 Milkshake! Miss Spider's Sunny Patch Friends. (R) (T) 6.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Roary the Racing Car. (R) (T) 6.45 Peppa Pig. (R) (T) 6.50 Roobarb and Custard Too. (R) (T) 7.00 Olivia. (R) (T) 7.15 Little Princess. (R) (T) 7.30 The Mr Men Show. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Fifi and the Flowertots. (R) (T) 8.10 Peppa Pig. (R) (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Pocoyo. (R) (T) 8.50 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 Hans & Helga. (R) (T) 9.10 The Wright Stuff. (R) (T) 10.45 Trisha Goddard. (T) 11.45 I Own Britain's Best Home 2009. (R) (T) 12.45 Five News. (T) 12.55 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.05 The Family Recipe. (R) (T) 3.15 FILM: Murder 101: If Wishes Were Horses (2007). Mystery, starring Dick Van Dyke. (T) 5.00 Five News: Neighbours Kapinsky. (R) (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Animal Rescue Squad. (R) (T) 6.55 Party Election Broadcast for the European Parliament. (T) 7.00 Five News at 7. (T) 7.25 Party Election Broadcast for the European Parliament. By the Christian Party. (T) 7.30 Highland Emergency. The RAF fights to save two boys who have drifted out to sea. (R) (T) 7.30 Five News Update. (T) 8.00 CSI: Crime Scene Investigation. A lawyer is found dead at her son's wedding reception. (R) (T) 8.00 Five News at 9. (R) 9.00 FILM: Presumed Innocent (1990). A lawyer comes under suspicion of murdering a colleague with whom he has been having an affair. Thriller, starring Harrison Ford and Greta Scacchi. (T) 11.30 True CSI. (R) (T) 12.30 Poker. 2.05 V8 Supercars. (R) 2.40 Race and Rally UK. (R) 3.30 NHL Ice Hockey. 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

LOCAL

RTP1
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Chamas da Vida 1500 Sanguê do Meu Sanguê 1615 Portugal no Coração 1800 O Preço Certo 1915 News 1945 Football 2130 News 2200 Dueto Final 2300 The Siege, film 01.00 Armour of God, film 0230 Prova de Amor 0400 Teleseles 0605 Nós

RTP2
0720 Zig Zag 1400 Sociedade Civil 1530 Percursos da Música Portuguesa 1600 National Geographic 1700 Zig Zag 1830 Fé dos Homens 1915 Biosfera 1950 Zig Zag 2045 Everybody Hates Chris, series 2105 National Geographic 2200 News 2240 24, series 2330 Clube de Imprensa 0030 Noites da Dois 0115 Universidades 0130 Biosfera 0215 Bastidores 0315 Euronews 0500 Sociedade Civil

SIC
0600 Sic Notícias 0900 Ligo, Ganhou! 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1530 Contacto 1715 Rebelde War 1800 Três Irmãs 1900 Nós por Cá 2000 News 2130 Os Malucos do Riso 2300 Caminho das Índias 2345 Podia Acabar o Mundo 0045 Criminal Minds, series 0145 CSI New York, series 0230 Quando o Telefone Toca 0430 Entourage, series

TVI
0700 Diário Da Manhã 1015 Você na TV! 1300 News 1400 As Tardes da Júlia 1700 Quem quer Ganha 1815 Morangos com Açúcar 2000 News 2130 Dêixa Que Te Leve 2230 Flor do Mar 2330 Olhos nos Olhos 0015 Elizabeth, film 0245 Sempre e Sempre 0430 Law & Order: Special Victims Unit, series 0530 Teleseles

Best of the Rest

BBC3
7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Make My Body Younger 9.00 Film: Enigma 15 (2001) 10.55 Family Guy 11.20 Family Guy 11.45 The Real Hustle on Holiday 12.15 Make My Body Younger 1.10 Claire Richards: My Big Fat Wedding 2.10 Bizzaro Animal ER 2.40 The Real Hustle on Holiday 3.10 Ideal 3.40 Doctor Who Confidential 3.55 Blood, Sweat and Takeaways 4.50 Bizarre Animal ER 5.15 Close

BBC4
7.00 World News Today 7.00 Weather 7.30 Masterpieces of the British Museum 8.00 How the Celts Saved Britain 9.00 Feasts 10.00 The Great British Foreign Holiday 11.00 Film: Sylvia 15 (2003) 12.50 The Great British Foreign Holiday 1.50 Batman 2.15 Batman 2.40 Mad Men 3.25 Mad Men 4.15 Close

ITV2
1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Ricki Lake 5.15 Creature Comforts 5.30 Britain's Got Talent 7.00 Britain's Got More Talent 8.00 Gossip Girl 9.00 Film: American Pie 2.15 (2001) 11.00 Film: Armed and Dangerous 1.5 (1985) 12.45 Katy Brand's Big Ass Show 1.15 Teleshopping 4.45 ITV2 Nightscreen

All the latest headlines at
www.the-news.net

THE NEWS

Sky1

1.00 Shear Genius 2.00 Tru Calling 3.00 Cold Case 4.00 Malcolm in the Middle 4.30 It's Me or the Dog USA 5.30 Futurama 6.00 Futurama 6.30 Oops TV 7.00 The Simpsons 7.30 The Simpsons 8.00 Celebrity Are You Smarter Than a 10 Year Old? 9.00 UK Border Force 10.00 Prison Break: The Final Break 12.00 Fringe 1.10 Fringe 2.15 Road Wars 3.10 Toughest Villages in Britain 4.05 Stargate SG-1 5.00 Stargate SG-1 5.55 Bite Size Brainiac

G.O.L.D
1.00 Last of the Summer Wine 1.40 Last of the Summer Wine 2.20 Only Fools and Horses 3.00 Last of the Summer Wine 3.40 Ever Decreasing Circles 4.20 My Family 5.00 Whatever Happened to the Likely Lads? 5.40 As Time Goes By 6.20 One Foot in the Grave 7.00 Last of the Summer Wine 7.40 Last of the Summer Wine 8.20 Only Fools and Horses 9.00 The Vicar of Dibley Story 10.25 The Royle Family 11.05 Harry Enfield and Chums 11.45 The Vicar of Dibley Story 1.10 The Royle Family 1.50 Harry Enfield and Chums 2.30 Bread 3.00 Close

TCM
3.00 The Bobo PG (1967) 5.05 To Have and Have Not U (1944) 7.00 The Abdication PG (1974) 9.00 Before Sunrise 15 (1995) 11.05 That'll Be the Day 15 (1973) 12.55 Sweet Bird of Youth 15 (1962) 3.05 Before Sunrise 15 (1995) 5.00 The Naked Runner PG (1967)

The Disney Channel
Kids' programmes from 7am, except:

Sky Movies Drama

6.00 Gypsy Woman 15 (2001) 7.30 Broken Bridges PG (2006) 9.30 Consenting Adults 15 (1992) 11.15 On Broadway 12 (2007) With Joey McIntyre. 1.00 Ride with the Devil 15 (1999) With Tobey Maguire. 3.25 The Top 10 Show 3.45 Phenomenon PG (1996) With Adam Sandler. 6.00 The Last of the Mohicans 15 (1992) With Daniel Day-Lewis. 8.00 Atonement 15 (2007) With Keira Knightley. 10.10 Platoon 15 (1986) With Charlie Sheen. 12.15 A Civil Action 15 (1998) With John Travolta. 2.15 In Dreams 18 (1999) With Annette Bening. 4.00 Miracle in the Woods PG (1997) 5.40 The Top 10 Show

Sky Movies Comedy

6.15 Sexy Delivery 12 (2008) 7.55 Raising Arizona 12 (1987) 9.35 The Santa Clause 3: The Escape Clause U (2006) 11.10 Norbit 12 (2007) With Eddie Murphy. 12.55 I Now Pronounce You Chuck & Larry 12 (2007) With Adam Sandler. 2.55 Wild Hogs 12 (2007) With John Travolta. 4.40 The Santa Clause 3:

The Escape Clause U (2006) With Tim Allen. 6.15 Norbit 12 (2007) With Eddie Murphy. 8.00 I Now Pronounce You Chuck & Larry 12 (2007) With Adam Sandler. 10.00 Wild Hogs 12 (2007) With John Travolta. 11.45 American Pie Presents: Beta House 18 (2007) With John White. 1.20 Raising Arizona 12 (1987) With Nicolas Cage. 3.00 American Pie Presents: Beta House 18 (2007) With John White. 4.35 Special Delivery 12 (2008)

Sky Movies Action/Thriller

6.55 Arlington Road 15 (1999) 9.05 Next 12 (2007) 10.55 Red Sonja 15 (1985) 12.40 Jaws 3 12 (1983) With Dennis Quaid. 2.25 Next 12 (2007) With Nicolas Cage. 4.15 Red Sonja 15 (1985) With Brigitte Nielsen. 6.00 Beowulf 12 (2007) With Ray Winstone. 8.00 Deep Blue Sea 15 (1999) With Samuel L. Jackson. 10.00 Rambo 18 (2008) With Sylvester Stallone. 11.35 Face 18 (1997) With Robert Carlyle. 1.25 Rambo 18 (2008) With Sylvester Stallone. 3.00 The Corruptor 18 (1999) With Chow Yun-Fat. 4.55 Back in Business PG (2007)

If you would like to advertise on these pages, contact Bella Talhadas
Call 707 500 677 or email
bella@the-news.net or
send a fax to 282 341 201



ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 Dickinson's Real Deal. (R) (T) 3.59 London Weather. (T) 4.00 The Biggest Loser. (T)

5.00 Divided. Quiz show in which three contestants work together to answer up to 15 general-knowledge questions and split a cash prize three ways. Hosted by Andrew Castle. (T)
6.00 London Tonight; Weather. (T)
6.10 Party Election Broadcast for the European Parliament. By the Green Party. (T)
6.15 ITV Evening News; Weather. (T)
6.30 Emmerdale. The day arrives for Mark and Natasha to renew their wedding vows. Rodney advises Jimmy to keep his knowledge of Nicola's pregnancy secret, and Bob struggles with his feelings. (T)

7.00 UEFA Champions League Final. Manchester United v Barcelona (Kick-off 7.45pm). Steve Rider introduces live coverage of the showpiece encounter at the Stadio Olimpico in Rome. Subsequent programmes subject to change. (T)

10.10 News at Ten and Weather. (T)
10.30 London News and Weather. (T)
10.45 Benidorm. Donald and Jacqueline help Kelly take revenge on Mateo in their own unique way, while Jane gets back at Mick for forgetting their anniversary by enjoying the flattering attentions of handsome young admirer Jack. Comedy, with Siobhan Finneran and Jake Canuso. (R) (T)

11.15 FILM: Dr Jekyll and Mr Hyde (2002). Remake of the classic horror, starring John Hannah. (T)
1.05 Nightwatch with Steve Scott: Emergency. (R) (T) ITV News Headlines. 2.00 Loose Women. (R) 2.45 The Jeremy Kyle Show. (R) (T) 3.40 ITV Nightscreen.

If you would like to advertise on these pages, contact Bella Talhadas
Call 707 500 677 or email
bella@the-news.net or
send a fax to 282 341 201



SPORT

Sky Sports 1

6.00 Good Morning Sports Fans
9.00 UEFA Champions League Final Preview 10.00 Revista De La Liga
11.00 UEFA Champions League
12.00 UEFA Champions League
1.00 UEFA Champions League Final Preview 2.00 Football Asia 2.30 UEFA Champions League 3.30 UEFA Champions League 4.30 UEFA Champions League 5.30 FIFA Football Mundial 6.00 Live UEFA Champions League Final. Manchester United v Barcelona (Kick-off 7.45pm). 10.30 You're on Sky Sports! 12.00 FIFA Football Mundial 12.30 UEFA Champions League Final 2.00 Poker 3.30 FIFA Football Mundial 4.00 UEFA Champions League Final 5.30 Total Rugby

Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean Adventures 7.00 WWE Vintage Collection 8.00 International Cricket 10.00 Pool 11.00 Poker 12.30 Great Manchester 150 1.00 International Cricket 3.00 World Hockey Monthly 3.30 Poker 5.00 Great Manchester Run 5.30 Live Twenty20 Cup Cricket. Somerset Sabres v Warwickshire Bears. 9.00 Great Manchester Run 9.30 Total Rugby 10.00 Boots 'n' All 11.10 Twenty20 Cup Cricket 1.00 Transworld Sport 2.00 Total Rugby 2.30 Boots 'n' All 3.30 Twenty20 Cup Cricket 5.30 Close

Sky Sports 3

7.00 British Rally Championship 8.00 Ladies European Tour Golf 9.00

PGA EuroPro Tour Golf 11.00 Football Asia 11.30 Racing News 12.00 British Rally Championship 1.00 Ladies European Tour Golf 1.20 Ocean Adventures 2.20 360 Series 3.00 Pool 4.00 WWE Bottom Line 5.00 WWE: Afterburn 6.00 Boots 'n' All 7.00 Powerboating 8.00 Boots 'n' All 9.00 Aero GP 9.30 Aero GP 10.00 Transworld Sport 11.00 NFL: Total Access 12.00 PGA EuroPro Tour Golf 2.00 Powerboating 3.00 Great Manchester Run 3.30 Max Power 4.30 Close

British Eurosport

7.30 French Open Breakfast 7.45 World Series by Renault 8.15 Game, Set and Mats 8.45 French Open Tennis 10.00 Live French Open Tennis. Day four from Roland Garros. 7.30 Game, Set and Mats 7.50 Planet Armstrong 7.55 Eurosport for the Planet 8.30 Wednesday Selection 8.35 Riders Club 8.40 Golf 8.50 US PGA Golf 9.45 European Tour Golf 10.15 Golf Club 10.20 yacht Club 10.30 French Open Tennis 11.30 Game, Set and Mats 12.00 Cycling 1.00 Close

Sky Sports Xtra

2.00 PGA EuroPro Tour Golf 4.00 Ocean Adventures 4.30 Aerobics Oz Style 5.00 NFL: Total Access 6.00 European Tour Weekly 6.30 Total Rugby 7.00 Great Manchester Run 7.30 European Tour Weekly 8.00 PGA EuroPro Tour Golf 10.00 Watersports World 11.00 Ocean Adventures 11.30 European Tour Weekly 12.00 Watersports World 1.00 Aero GP 1.30 Aero GP 2.00 Ocean Adventures 2.30 European Tour Weekly 3.00 Close

ONE Home
desktop model

As portable as a mobile phone, but much bigger!

See ad on page 3 and
Tel: 707 500 600 today



BBC1

6.00 Breakfast. (T) 9.15 Real Rescues. (R) (T) 10.00 Homes Under the Hammer; (R) (T) BBC News; Weather. (T) 11.00 The Unsellables. (T) 11.30 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: Big & Small. (R) (T) 3.15 Grandpa in My Pocket. (T) 3.25 CBBC: Tronji. (T) 3.50 Funky Fables. (R) (T) 4.05 Ed and Ocho's Excellent Inventions. (T) 4.35 Horrible Histories. (T) 5.05 Newsround. (T)

5.15 Weakest Link. Anne Robinson asks more general knowledge questions against the clock as contestants try to avoid being voted off the team. (R) (T)

6.00 BBC News; Weather. (T)
6.30 Regional News Programmes; Weather. (T)
6.55 Party Election Broadcast for the European Parliament. By the Liberal Democrats. (R) (T)
7.00 The One Show. Dan Snow examines the history of military decoys, while the Clinic of Curious

Complaints focuses on the problem of dandruff. Adrian Chiles and Christina Bleakley present. (T)
7.30 EastEnders. Billy comes under pressure to remove his name from the witness list when he discovers Jay is in serious danger. Bradley is shocked by Syd's concerns for Dot's health; (T) BBC News; Regional News. (T)

8.00 On the Fiddle! Benefit fund investigators in the Midlands are on the trail of a family of Sicilians who are still claiming benefits for their father, even though he has been dead for six years. In Surrey, a man and woman have to convince the Department for Work and Pensions they are no longer a couple, even though they still live together with their children under the same roof. (T)

8.30 My Family. Ben decides to join a secret men's club to increase his social standing, but soon realises it's not quite what he had in mind. Susan becomes obsessed with lifestyle guru Dr Buck and begs him to attend her book club. Comedy, starring Robert Lindsay and Zoe Wanamaker. (R) (T)

9.00 Tourette's! I Swear! Can't Help It. In 2002, a BBC documentary explored the struggle faced by John Davidson, a 30-year-old suffering from Tourette's syndrome - the symptoms of which involve involuntary outbursts and muscular spasms - and comparing his experience with eight-year-old Greg Storey, who was just learning to live with the disorder. This programme revisits John and Greg - now 37 and 15 respectively - to find out how their lives continue to change. (T)

10.00 BBC News. (T)
10.25 Regional News; Weather. (T)
10.35 Party Election Broadcast for the European Parliament. By the Jury Team. (T)

10.40 Question Time. (T)
11.40 FILM: The Name of the Rose (1986). Medieval mystery, starring Sean Connery. (T) Holiday Weather. (T)

1.50 Sign Zone: Panorama. (R) (T) 2.20 Sign Zone: Countryfile. (R) (T) 3.15 Sign Zone: Real Rescues. (R) (T) 4.00 BBC News. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 CBBC: Jakers! (R) (T) 7.25 Space Pirates. (R) (T) 7.55 Poetry Pie. (R) (T) 8.00 Bear Behaving Badly. (R) (T) 8.20 Basil's Game Show. (R) (T) 8.50 Wolverine and the X-Men. (R) (T) 9.10 Pinky and Perky. (R) (T) 9.25 Thumb Wrestling Federation: TWF. (R) (T) 9.30 Beat the Boss USA. (R) (T) 10.00 Little Howard's Big Question. (R) (T) 10.30 Smart. (R) (T) 11.00 FILM: Wide Awake (1998). Comedy drama, starring Joseph Cross. (T) 12.20 Coast. (T) 12.30 Working Lunch. (T) 1.00 Castle in the Country. (R) (T) 1.30 Animal 24/7. (R) (T) 2.15 Escape to the Country. (R) (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flog It! (R) (T) 4.30 Put Your Money Where Your Mouth Is. (T) 5.15 Cash in the Celebrity Attic. (T) 5.55 Party Election Broadcast for the European Parliament. (T) 6.00 Great British Menu. (T) 7.00 The Apprentice. The candidates are challenged to sell products live on TV. The teams have one hour each but even the most experienced salespeople struggle to act natural in front of the cameras. (R) (T) 8.00 Springwatch 2009. An update on the search for the elusive polecat. (T) 9.00 Keep It in the Family. Austins department store in Derry, Northern Ireland. Last in the series. (T) 10.00 The Graham Norton Show. With Kurt Russell and Toni Collette. (T) 10.30 Newsnight; (T) Weather. (T) 11.20 Party Election Broadcast for the European Parliament. (R) (T) 11.25 The Apprentice: You're Fired! (R) (T) 12.05 BBC News. (T) 4.00 BBC Learning Zone. (T)

Pick of the Day

Extreme Male Beauty (C4, 10pm)

It's the last episode of this eye-opening series that has seen presenter Tim Shaw delve deeply into the world of male vanity. Here, he's on the final stretch of his attempt to go from rough to buff and, after sorting out his body, Shaw spends a fortnight on perfecting his face. The presenter has a bash at anything that he's told will help lift his sagging features, including drinking his own urine. Shaw takes time out to witness a hair transplant and chew the fat with men who reveal what they would change about their own faces. Then it's a complete body wax and spray tan, before revealing his new 'Beckham inspired' look to wife Hayley. She might like what she sees, but what about our host? Is he happy with his new image? The answer may well surprise some. "I know I aesthetically look like one of these models in the adverts," says Shaw. "But if you know what? I don't feel any happier in myself at all. Not at all. The effort you have to go to is far not worth it. It cost me friendships and almost cost me my marriage. If vanity's that important to you, by all means go ahead and do it, but be aware how damaging it could be."

C4

5.50 The Hoobs. (R) (T) 6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Everybody Loves Raymond. (R) (T) 8.30 Frasier. (R) (T) 9.00 Will & Grace. (R) (T) 9.30 The Class. (R) (T) 9.55 Fat March USA. (R) (T) 10.55 Fat March USA. (R) (T) 11.50 Supporting Acts. (R) (T) 12.00 News at Noon. (T) 12.30 3 Minute Wonder: Flatpack Stories. (R) (T) 12.35 Life Begins Again. (T) 1.40 FILM: Two Thousand Women (1944). (T) 2.00 Two comedy, with Phyllis Calvert. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: If Not School, Then What? A 15-year-old who became unruly after his mum died. (T) 8.00 The Home Show. George Clarke revisits a couple in Surrey, whose drab home was transformed into a colourful and contemporary living space, and finds out whether they still love the results. (T) 9.00 The Building Inspector Is Coming. The work of Birmingham City Council's building control unit. (T) 10.00 Extreme Male Beauty. The importance of a good-looking face. Last in the series. (T) 11.05 The Operation: Surgery Live. (T) 12.10 4Music: Campfire Sessions. (R) (T) 12.45 Duple Drama. (R) (T) 1.15 4Music: 4Play. Gary Go. (R) (T) 1.25 4Music: Album Chart Show. (R) (T) 1.55 Around the World in 80 Trades. (R) (T) 2.55 3 Minute Wonder: The Filmmakers of Kabul. (R) (T) 3.00 The Closer. (T) 3.45 British Made. (R) (T) 3.55 Scrapheap Challenge. (R) (T) 4.55 Countdown. (R) (T) 5.40 Cubez. (R) (T) 5.50 The Hoobs. (R) (T)

FIVE

6.00 Milkshake!: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Roary the Racing Car. (R) (T) 6.50 Peppa Pig. (R) (T) 7.00 Olivia. (R) (T) 7.15 Little Princess. (R) (T) 7.30 The Mr Men Show. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Fifi and the Flowerlots. (R) (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Pocoyo. (R) (T) 8.50 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 Hana's Helpline. (R) (T) 9.15 The Wright Stuff. (T) 10.45 Trisha Goddard. (T) 11.45 Own Britain's Best Home 2009. (R) (T) 12.45 Five News. (T) 12.55 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Wordplay Plus. (T) 3.10 FILM: Mystery Woman: Mystery Weekend (2005). Whodunit, starring Kelly Martin. (T) 5.00 Five News with Natasha Kaplinsky. Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Animal Rescue Squad. (R) (T) 6.55 Party Election Broadcast for the European Parliament. (T) 7.00 Five News at 7. (T) 7.25 Party Election Broadcast for the European Parliament. By the Socialist Labour Party. (T) 7.30 Highland Emergency. A rescue helicopter responds to a crash near Prestwick. (R) (T) 7.30 Five News Update. (R) (T) 8.00 Paul Merton in India. The comedian visits Delhi. (R) (T) 8.00 Five News at 9. 9.00 The Mentalist. Patrick helps a woman accused of killing her former husband. (T) 10.00 Law & Order: Special Victims Unit. The body of a baby girl is found inside a fridge. (R) (T) 11.00 Law & Order: Criminal Intent. (R) (T) 12.00 Quiz Card. 4.00 NBA Basketball. (R) (T) 4.45 Wildlife SOS. (R) (T) 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

LOCAL

Best of the Rest

RTP1

0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Chamas da Vida 1500 Sangue do Meu Sangue 1600 Portugal no Coração 1800 Portugal em Directo 1915 O Preço Certo 2000 News 2100 Grande Entrevista 2145 A Minha Família 2230 Duelo Final 2330 Corredor do Podium 0030 Journeymen, series 0115 Quarto Crescente 0215 Prova de Amor 0330 Telesales 0605 Nós

RTP2

0720 Zig Zag 1400 Sociedade Civil 1530 Percursos da Música Portuguesa 1600 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1915 Iniciativa 1945 Zig Zag 2045 Everybody Hates Chris, series 2115 National Geographic 2200 News 2240 Fringe, series 2330 Jonestown, documentary 0030 Noites da Dois 0115 Universidades 0145 Iniciativa 0215 Euronews 0500 Sociedade Civil

SIC

0600 Sic Notícias 0900 Ligou, Ganhou! 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1530 Contacto 1715 Rebelde Way 1800 Três Imãs 1900 Nós por Cá 2000 News 2115 Aqui e Agora 2200 Os Malucos do Riso 2300 Caminho das Índias 2345 Podia Acabar o Mundo 0045 Criminal Minds, series 0145 Cartaz Cultural 0230 Quando o Telefone Toca 0430 Entourage, series

TVI

0700 Diário Da Manhã 1015 Vozes na TVI 1300 News 1400 As Tardes da Júlia 1700 Quem quer Ganhar 1815 Morangos com Açúcar 2000 News 2120 Deixa Que Te Leve 2230 Flor do Mar 2330 Olhos nos Olhos 0105 Dirty Sexy Money, film 0130 The Office, series 0200 Cartaz das Artes 0230 Sempre a Somar 0430 Law & Order: Special Victims Unit, series 0530 Telesales

BBC3

7.00 Doctor Who 7.50 Doctor Who Confidential 8.00 Blood, Sweat and Takeaways 9.00 Pulling Special 10.00 EastEnders 10.30 The Real Hustle on Holiday 11.00 Family Guy 11.25 Family Guy 11.50 Ideal 12.20 Pulling Special 1.15 The Real Hustle on Holiday 1.45 Blood, Sweat and Takeaways 2.45 Ideal 3.15 Bizarre ER 3.45 Doctor Who Confidential 4.00 Make My Body Younger 4.55 Close

BBC4

7.00 World News Today 7.00 Weather 7.40 The New Avengers 8.30 Masterpieces of the British Museum 9.00 Michael Wood on Beowulf 10.00 A Poet's Guide to Britain 10.30 Feasts 11.30 Michael Wood on Beowulf 12.30 Storyville: The Jew Who Dealt with the Nazis 2.00 Feasts 3.00 The New Avengers 3.55 Close

ITV2

1.00 Airline USA 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Ricki Lake's 5.15 Sally Jessy Raphael 6.00 Judge Judy 7.00 All Star Family Fortunes 7.45 Creature Comforts 8.00 The Planet's Funniest Animals 8.30 New Homes from Hell 2009 9.30 The Planet's Funniest Animals 10.00 Britain's Got More Talent 11.00 Film: The Thomas Crown Affair 11.00 (1999) 1.15 Coronation Street 1.40 Entourage 2.10 Britain's Got More Talent 3.05 Teleshopping 5.35 ITV2 Nightscreen

Sky1

1.00 Shear Genius 2.00 Tru Calling 3.00 Cold Case 4.00 Malcolm in the Middle 4.30 It's Me or the Dog USA 5.30 Futurama 6.00 Futurama 6.30 Cops TV 7.00 The Simpsons 7.30 The Simpsons 8.00 The Real A&E 9.00 Bones 10.00 Lie to Me 11.00 Bones 12.00 Law & Order 1.00

Road Wars 1.50 Toughest Seaside Resorts in Britain 2.40 Street Wars 3.30 Road Wars 3.55 Stargate SG-1 4.45 Stargate SG-1 5.35 Cruise with Stelios: Caribbean G.O.L.D

1.00 Last of the Summer Wine 1.40 Last of the Summer Wine 2.20 Only Fools and Horses 3.00 Last of the Summer Wine 3.40 Ever Decreasing Circles 4.20 My Family 5.00 Whatever Happened to the Likely Lads? 5.40 As Time Goes By 6.20 One Foot in the Grave 7.00 Last of the Summer Wine 7.40 Last of the Summer Wine 8.20 Only Fools and Horses 9.00 Morecambe and Wise - The Greatest Moment 10.35 The Royle Family 11.10 Harry Enfield and Chums 11.50 Morecambe and Wise - The Greatest Moment 1.25 The Royle Family 2.00 Harry Enfield and Chums 2.30 Bread 3.00 Close

TCM

1.05 She's Back on Broadway U (1953) 3.30 Elvis: That's the Way It Is PG (1970) 4.55 The Treasure of the Sierra Madre PG (1948) 7.20 Viva Las Vegas U (1964) 9.00 City of Angels PG (1998) 11.15 Stardust 15 (1974) 1.25 Mutiny on the Bounty 15 (1962) 4.25 The Screening Room 5.00 Critic's Choice PG (1963)

The Disney Channel

Kids' programmes from 7am, except:

1.00 Visit the paper online www.the-news.net

MOVIES

Sky Movies Drama

6.00 The Neighbor 12 (2008) 7.45 35MM 8.15 Nobody's Fool 15 (1994) 10.15 The Thin Red Line 15 (1998) 1.15 The Legend of 1900 15 (1998) With Tim Roth. 3.30 Becoming Jane PG (2006) With Anne Hathaway. 5.45 The Namesake 12 (2006) With Kal Penn. 8.00 Hope Floats PG (1998) With Sandra Bullock. 10.00 What's Love Got to Do With It 18 (1993) With Angela Bassett. 12.00 American Gigolo 18 (1980) With Richard Gere. 2.00 My Kingdom 18 (2001) With Richard Harris. 4.00 Redemption of the Ghost PG (2001)

Sky Movies Comedy

6.15 The Muse PG (1999) 8.00 Expiration Date 12 (2006) 9.40 The Muse PG (1999) 11.25 Man of the Year 12 (2006) With Robin Williams. 1.25 Lucky You PG (2007) With Eric Bana. 3.35 As Good as It Gets 15 (1997) With Jack Nicholson. 6.00 Patch Adams 12 (1998) With Robin Williams. 8.00 Lucky You PG (2007) With Eric Bana. 1.00 0.5 Jackass Number Two 18 (2006) With Johnny Knoxville. 11.45 As Good as It Gets 15

(1997) With Jack Nicholson. 2.10 Jackass Number Two 18 (2006) With Johnny Knoxville. 3.50 Bad Manners 15 (1997) 5.25 Expiration Date 12 (2006)

Sky Movies Action/Thriller

6.25 Plunkett & Maclean 15 (1999) 8.20 In the Line of Fire 15 (1993) 10.40 Legionnaire 15 (1998) 12.35 Shooter 15 (2007) With Mark Wahlberg. 2.55 Jaws: The Revenge 12 (1987) With Michael Caine. 4.45 In the Line of Fire 15 (1993) With Clint Eastwood. 7.05 Conan the Destroyer 15 (1984) With Arnold Schwarzenegger. 9.00 Shooter 15 (2007) With Mark Wahlberg. 11.10 The General's Daughter 18 (1999) With John Travolta. 1.10 Delta Force II: The Colombian Connection 18 (1990) With Chuck Norris. 3.10 Death Sentence 18 (2007) 5.00 NYC: Tornado Terror 12 (2008)



SPORT

Sky Sports 1

6.00 Good Morning Sports Fans 9.00 FIFA Futbol Mundial 9.30 European Tour Weekly 10.00 Live European Tour Golf. The European Open. 1.00 UEFA Champions League Final 2.00 FIFA Futbol Mundial 3.00 Boots 'n' All 4.00 FIFA Futbol Mundial 4.30 UEFA Champions League Final 6.00 The Rugby Club 7.00 Live Twenty20 Cup Cricket. Sussex Sharks v Essex Eagles. 10.30 The Lions 1974 - Invincibles 11.30 The Rugby Club 12.30 Premier League World 1.00 The Lions 1974 - Invincibles 2.00 The Rugby Club 3.00 Premier League World 3.30 The Lions 1974 - Invincibles 4.30 The Rugby Club 5.30 Premier League World

Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean Adventures 7.00 Twenty20 Cup Cricket 9.00 Ocean Adventures 9.30 UEFA Champions League Final 11.00 Boots 'n' All 12.00 Twenty20 Cup Cricket 2.00 Transworld Sport 3.00 Live European Tour Golf. The European Open. 6.00 Race World 7.00 Premier League World 7.30 Golf Night 9.30 The Rugby Club 10.30 Live Poker. Coverage of the online Sky Poker 5.00 tournament. 12.30 Twenty20 Cup Cricket 2.30 Golf Night 4.30 Close

Sky Sports 3

7.30 Powerboating 8.30 Aero GP 9.00 Aero GP 9.30 Total Rugby 10.00 Transworld Sport 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Powerboating 1.00 Aero GP 1.30 Aero GP 2.00 Ocean Adventures 2.30 Total Rugby 3.00 Transworld Sport 4.00

Powerboating 5.00 WWE Vintage Collection 6.00 Ocean Adventures 6.30 The Dogs 7.00 Motor Racing 7.30 Live Rugby League. Featherstone Rovers v Leigh Centurions (Kick-off 7.30pm). 9.30 WWE: Late Night - Raw 11.30 Extreme Championship Wrestling 12.30 Rugby League 2.30 Close

British Eurosport

7.30 French Open Breakfast 7.45 Cycling 8.30 Game, Set and Mats 9.00 French Open Tennis 10.00 Live French Open Tennis. The second round continues at Roland Garros. 6.30 Game, Set and Mats 6.55 French Open Tennis 8.55 Game, Set and Mats 9.25 Cycling 10.25 PlanetArmstrong 10.30 World Series by Renault 11.00 UEFA Champions League 12.45 Close

Sky Sports Xtra

4.00 Ocean Adventures 4.30 Aerobics Oz Style 5.00 NFL: Total Access. 6.00 Aerobics Oz Style 6.30 IAAF Athletic Weekly 7.00 Live Horse Racing. From Newcastle and Leopardstown. 9.00 The Dogs 9.30 Premier League World 10.00 Race World 11.00 Ocean Adventures 11.30 NFL: Total Access 12.30 The Dogs 1.00 Ocean Adventures 1.30 IAAF Athletic Weekly 2.00 Motor Racing 2.30 Close

(R) - repeat programme; (T) - programme with teletext subtitles; (S) - programme broadcast in stereo; (bw) - black and white.

Everything in English



707
500
600

6.00 Breakfast. (T) 9.15 Real Rescues. (R) (T) 10.00 Homes Under the Hammer. (R) (T) BBC News. Weather. (T) 11.00 The Unsellables. (T) 11.30 Cash in the Attic. (T) BBC News. Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News. Weather. (T) 1.30 Regional News. Weather. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News. Weather. Regional News. (T) 3.05 CBeebies: Big & Small. (R) (T) 3.15 Grandpa in My Pocket. (R) (T) 3.25 CBBC: Tronji. (T) 3.50 The Secret Show. (R) (T) 4.05 Animals at Work. (R) (T) 4.35 Trapped. (T) 5.05 Newsround. (T) 5.15 Weakest Link. General knowledge quiz. (T) 6.00 BBC News. Weather. (T) 6.30 Regional News Programmes. Weather. (T) 6.55 Party Election Broadcast for the European Parliament. By the UK Independence Party. (R) (T) 7.00 The One Show. Des Coleman looks at the story behind the popular song Waterloo Sunset, while Dr. Sarah's Clinic focuses on belly buttons. Presented by Adrian Chiles and Christine Bleakley. (T) 7.30 A Question of Sport. Sue Barker asks the questions in the light-hearted quiz, with celebrity guests joining team captains Matt Dawson and Phil Tufnell. (T) BBC News. Regional News. (T) 8.00 EastEnders. Billy sets out to rescue Jay from Terry's gang, but he has to make it to court on time. Jack confronts Ronnie, while Ian forces Mo to make a sacrifice to pay off Stacey's debt. (T) 8.30 Total Wipeout. Fast Forward. Richard Hammond and Amanda Byram present another chance to see contestants take on the challenge of the massive obstacle course - now condensed into half an hour. (T) 9.00 Have I Got News for You. Guest host David Mitchell and panellist Andrew Maxwell join Paul Merton and Ian Hislop for another round of the satirical current affairs quiz. (T) 9.30 Reggie Perrin. Reggie feels as if the entire world is against him - wife Nicola continues to neglect her husband, while Chris has given him just 24 hours to prepare an important conference speech. The stressed executive's day goes from bad to worse when he finds his boss in a clinch with dream woman Jasmine at the office party - and then he returns home to find his mother in a compromising position with his father-in-law. Last in the series. (T) 10.00 BBC News. (T) 10.25 Regional News. Weather. (T) 10.35 Friday Night with Jonathan Ross. Celebrity chat with House actor Hugh Laurie and the Killers frontman Brandon Flowers, who joins Jonathan on the sofa and performs in the studio with the rest of the band. (T) 11.35 The National Lottery EuroMillions Draw. QJ Borg presents coverage of the National Lottery EuroMillions weekly draw. (T) 11.40 FILM: Starship Troopers (1997). Sci-fi adventure, starring Casper Van Dien. (T) Weatherview. (T) 1.45 Sign Zone: 10 Things You Didn't Know About Sleep. (R) (T) 2.45 Sign Zone: Real Rescues. (R) (T) 3.30 BBC News. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) 7.00 CBBC: Jakers! (R) 7.25 Space Pirates. (R) (T) 7.55 Poetry Pie. (R) (T) 8.00 Bear Behaving Badly. (R) (T) 8.20 Basil's Game Show. (R) (T) 8.50 Wolverine and the X-Men. (R) (T) 9.10 Pinky and Perky. (R) (T) 9.25 Thumb Wrestling Federation: TWF. (R) (T) 9.30 Beat the Boss USA. (T) 10.00 Little Howard's Big Question. (R) (T) 10.30 SMart. (R) (T) 11.00 FILM: The Country Bears (2002). Children's musical adventure, with the voice of Haley Joel Osment. (T) 12.25 Coast. (T) 12.30 Working Lunch. (T) 1.00 Castle in the Country. (R) (T) 1.30 Animal 24/7. (R) (T) 2.15 Escape to the Country. (R) (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flog It! (R) (T) 4.30 Put Your Money Where Your Mouth Is. (T) 5.15 Cash in the Celebrity Attic. (T) 5.55 Party Election Broadcast for the European Parliament. (T) 6.00 Great British Menu. 6.30 Eggheads. (R) (T) 7.00 Are You Being Served? A letter from Mr Lucas to Miss Brahms goes astray. (R) (T) 7.30 Mastermind. Subjects include the Ghost Stories of MR James. (T) 8.00 Gardeners' World. Tips to make gardens more bee-friendly. (T) 9.00 My Life in Verse: Sheila Hancock. New series. The actor reveals how poetry has become part of her life. (T) 10.00 Britain's Best Drives. Richard Wilson drives around the Lake District. (T) 10.30 Newsnight. (T) 11.00 Newsnight Review. (T) Weather. (T) 11.35 Later with Jarvis Holland. (T) 12.40 Medium. (R) (T) 1.25 The Wire. (R) (T) 2.20 The Wire. (R) (T) 3.20 The Wire. (R) (T) 4.20 Close.

Pick of the Day

My Life in Verse: Sheila Hancock (BBC2, 9pm)

The BBC's Poetry season has given some of our most famous faces the chance to wax lyrical about their love of the art form, whether it's fronting a documentary about a particular poet or, like this new series, revealing the works which inspired and moved them. In this opener, actress Sheila Hancock explores how, since the death of her beloved husband John Thaw in 2002, poetry has become an increasingly important part of her life. The veteran star explains how she sought solace from her grief in the verse of WB Yeats and Edna St Vincent Millay, whose works articulated the complex feelings she was experiencing at the time. Here, cameras follow Hancock as she sets out to explore her new love of the rhyming couplet, and at the same time revisits her old haunts; travelling to the Dorset coast, the Norfolk Fens, Wiltshire and Southern France. Along her journey, the star encounters enthusiasts, acting colleagues and experts who share her love for the written verse, while poets including Philip Larkin and Primo Levi offer their views on the consolations of old age.

C4

6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (R) (T) 7.00 Freshly Squeezed. (T) 7.30 Everybody Loves Raymond. (R) (T) 8.00 Everybody Loves Raymond. (R) (T) 8.30 Frasier. (R) (T) 9.00 Will & Grace. (R) (T) 9.30 The Class. (R) (T) 9.55 Fat March USA. (R) (T) 10.55 Fat March USA. (R) (T) 11.45 Post Modern Pastimes. (R) (T) 12.00 News at Noon. (T) 12.30 Life Begins Again. (R) (T) 1.30 FILM: I Was a Male War Bride (1949). Comedy, starring Cary Grant. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Coach Trip. (T) 5.30 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: If Not School, Then What? A teenager takes on an outdoor education project. Last in the series. (T) 8.00 A Place in the Sun: Home or Away. Properties in Devon, Cornwall and the Canary Islands. (T) 9.00 Ramsay's Kitchen Nightmares USA. A failing pizzeria in Los Angeles. (R) (T) 10.00 FILM: How to Lose a Guy in 10 Days (2003). A journalist tries to show how women deter prospective partners - not realising her target has his own agenda. Romantic comedy, starring Kate Hudson. (T) 12.10 4Music: 4Music Favourites: Black-Eyed Peas. (T) 12.45 4Music: The JD Set Presents: The Brute Chorus. (T) 12.55 4Music: 4Play: Tori Amos. (T) 1.10 No Angels. (R) (T) 2.10 What About Brian. (T) 2.50 The Closer. (R) (T) 3.40 Scrapheap Challenge. (R) (T) 4.35 Countdown. (R) (T) 5.20 World Superbikes. (R)

FIVE

6.00 Milkshake!: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Roary the Racing Car. (R) (T) 6.50 Peppa Pig. (R) (T) 7.00 Olivia. (R) (T) 7.15 Little Princess. (R) (T) 7.30 The Mr Men Show. (R) (T) 7.45 Noddy in Toyland. (R) (T) 8.00 Fifi and the Flowertots. (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Pocoyo. (R) (T) 8.50 Bert and Ernie's Great Adventures. (R) (T) 8.55 Chiro. (R) (T) 9.00 Hana's Helpline. (R) (T) 9.15 The Wright Stuff. (T) 9.45 Trisha Goddard. (T) 11.45 I Own Britain's Best Home 2009. (R) (T) 12.45 Five News. (T) 12.55 Wordplay. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (R) (T) 2.50 Wordplay Plus. (T) 3.05 FILM: A Painted House (2003). Drama, starring Scott Glenn. (T) 5.00 Five News; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Animal Rescue Squad. (R) (T) 6.55 Party Election Broadcast for the European Parliament. (T) 7.00 Five News at 7. (T) 7.30 Top Trumps: Extreme Planes. Comparing high-performance planes; (R) (T) 7.30 Five News Update. (T) 8.00 Police Interceptors. The unit helps rescue a man pinned beneath a tractor; (R) (T) 8.00 Five News at 9.00 NCIS. Gibbs comes out of retirement against his better judgement to help Fornell and his daughter by reopening the case of an escaped convict who is putting their lives in danger. (R) (T) 10.00 Law & Order: Criminal Intent. A womanising doctor's death is investigated. (T) 11.00 Num3rs. (T) 12.00 Quiz Call. 4.00 The Gadget Show. (R) (T) 4.45 Wildlife SOS. (R) (T) 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 60 Minute Makeover. (T) 3.00 Dickinson's Big Deal. (R) (T) 3.59 London Weather. (T) 4.00 The Biggest Loser. (T) 5.00 Divided. Quiz show, hosted by Andrew Castle, in which three contestants work together to answer up to 15 general-knowledge questions and split a cash prize three ways. The clock is ticking and for each second they spend deliberating, the prize fund drops, and they will only win the money if they can all agree on how to divide it at the end of the game. (T) 6.00 London Tonight. Weather. (T) 6.25 Party Election Broadcast for the European Parliament. By the UK Independence Party. (T) 6.30 ITV Evening News; Weather. (T) 7.00 Emmerdale. Nicola dumps Jimmy when she discovers he knew about her pregnancy all along and that it is the only reason he proposed. Bob admits to Gennie he does not want her to move out, while Terry has to hide his jealousy when Doug presents Brenda with a wheelchair to enable her to get back into action after spraining her ankle. (T) 7.30 Coronation Street. Michelle seizes the opportunity to thank Peter for coming to Ryan's defence in the face of Vinnie's accusations. David's plans gather pace when he spots Tina and Gary out on a date, and Tony shocks Natasha by an unexpected act of callousness. Fizz is devastated to learn Chesney wants nothing more to do with her. (T) 8.00 My Extreme Makeover Misery: Tonight. (T) 8.30 Britain's Got Talent. Ant and Dec host the last of the semi-finals, with eight more acts hoping to sing, dance and entertain their way to a place in tomorrow night's final and #100,000 in the bank. Viewers have the chance to vote for who they want to see performing in front of the Queen, with judges Simon Cowell, Amanda Holden and Piers Morgan picking their favourite from the runners-up in the public vote. (T) 10.00 News at Ten and Weather. (T) 10.25 London News and Weather. (T) 10.30 Party Election Broadcast for the European Parliament. By No2EU - Yes to Democracy. (T) 10.35 FILM: The Beguiled (1971). Period drama, starring Clint Eastwood. (T) 12.35 Nightwatch with Steve Scott: Mystery. (R) (T) 1.25 Nightwatch with Steve Scott: Crime. (R) (T) (TV) News Headlines. 2.20 FILM: Red Skies (2002). Crime thriller, starring Vivian Wu. (T) 3.45 ITV Nightscreen.

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

LOCAL

RTP1
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Thomas da Vida 1500 Sangue do Meu Sangue 1615 Portugal no Coração 1800 Portugal em Directo 1915 O Preço Certo 2000 News 2100 Antes Pelo Contrário 2115 Pal' à Força 2200 Duelo Final 2300 V for Vendetta, film 0115 Last Days, film 0300 Prova de Amor 0430 Telesales

RTP2
0720 Zig Zag 1400 Sociedade Civil 1530 Percursos da Música Portuguesa 1600 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1915 A Alma e a Gente 1945 Zig Zag 2045 Everybody Hates Chris, series 2115 Grandes Livros 2200 News 2240 Brothers and Sisters, series 2330 Diga Lá Excelência 0030 Bestiores 0100 Notícias da Dois 0145 Pálcas 0345 Euronews 0515 Sociedade Civil

SIC
0600 Sic Notícias 0900 Ligo, Ganho! 1000 Fátima 1300 News 1415 O Cravo e a Rosa 1530 Contacto 1715 Rebelde Way 1800 Três Irmãs 1900 Nôs por Cá 2000 News 2130 Camão, o Presidente 2200 Tá a Gravar 2300 Caminho das Índias 2345 Pódia Acabar o Mundo 0045 Criminal Minds, series 0145 CSI New York, series 0230 Quando o Telefone Toca

TVI
0700 Diário Da Manhã 1015 Vozê na TV! 1300 News 1405 As Tardes da Jília 1700 Quem quer Ganha 1815 Morangos com Açúcar 2000 News 2145 Euronews 2200 Deixa Que Te Lave 2300 Flor do Mar 0000 Olhos nos Olhos 0045 Dr. Jekyll & Mr Hyde, film 0300 Sempre a Soma 0430 Law & Order: Special Victims Unit, series 0530 Telesales

Best of the Rest

BBC3
7.00 Top Gear 8.05 Doctor Who 9.00 Two Pints of Lager and a Packet of Crisps 9.30 Two Pints of Lager and a Packet of Crisps 10.00 EastEnders 10.30 My Life As an Animal 11.30 Family Guy 11.55 Family Guy 12.15 Coming of Age 12.45 Two Pints of Lager and a Packet of Crisps 1.15 Two Pints of Lager and a Packet of Crisps 1.45 Ideal 2.15 Bizarre ER 2.45 My Life As an Animal 3.40 Coming of Age 4.10 Ideal 4.40 Bizarre ER 5.10 Close 5.20 Close

BBC4
7.00 World News Today 7.00 Weather 7.30 The Seven Last Words of Our Saviour on the Cross 8.45 Sounds of the Sixties 9.00 California Dreamin': The Mamas and the Papas 10.00 Rock Family Trees 10.50 The Old Grey Whistle Test 11.30 Flight of the Conchords 12.00 The Great British Foreign Holiday 1.00 California Dreamin': The Mamas and the Papas 2.00 The Old Grey Whistle Test 2.40 The Seven Last Words of Our Saviour on the Cross 3.55 Close

ITV2
1.00 Emmerdale Family Album 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Ricki Lake 5.15 Sally Jessy Raphael 6.00 Britain's Got Talent 7.30 Britain's Got More Talent 8.30 Superhuman: World's Tallest Children 9.30 The Planet's Funniest Animals 10.00 Britain's Got More Talent 11.00 Film: Cliffhanger 15 (1993) 1.10 Coronation Street 1.40 Britain's Got More Talent 2.30 Teleshopping 5.30 ITV2 Nightscreen

Sky1
1.00 Shock Genius 2.00 Tui Calling 3.00 Cold Case 4.00 Malcolm in the Middle 4.30 It's Me or the Dog USA 5.30 Futurama 6.00 Futurama 6.30 Oops TV 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Road Wars 10.00 Film: Predator 2 18 (1990) 12.05 Prison Break: The Final Break 2.05 Road Wars 2.55 Road Wars 3.50 Stargate SG-1 4.45 Stargate SG-1 5.35 Cruise with Stelios: Caribbean

G.O.L.D
1.00 Last of the Summer Wine 1.40 Last of the Summer Wine 2.20 Only Fools and Horses 3.00 Last of the Summer Wine 3.40 Ever Decreasing Circles 4.20 My Family Christmas Special 5.00 Whatever Happened to the Likely Lads? 5.40 As Time Goes By 6.20 One Foot in the Grave 7.00 Last of the Summer Wine 7.40 Last of the Summer Wine 8.20 Only Fools and Horses 9.00 The Royle Family: The Queen of Sheba 10.15 Jonathan Creek 11.25 French and Saunders 12.20 The Royle Family: The Queen of Sheba 1.35 Bread 2.10 The Two Ronnies 3.00 Close

TCM
1.00 Stop the World - I Want to Get Off PG (1966) 3.00 The Time Machine PG (1960) 4.55 Rebel Without a Cause PG (1955) 7.00 Assignment to Kill 15 (1969) 9.00 Dark City 15 (1998) 11.00 Caddyshack 15 (1980) 12.55 Dark City 15 (1998) 3.05 The Sergeant 15 (1968) 5.00 Assault on a Queen U (1968)

The Disney Channel
Kids' programmes from 7am, except: 6.10 Film: Chicken Little U (2005) Animated adventure, with the voice of Zach Braff. 10.00 Film: Hatching Pete PG (2009) Family drama, starring Jason Dolley.

MOVIES

Sky Movies Drama
6.00 Miracle on the 17th Green U (1999) 7.45 One True Thing 15 (1998) 10.00 Heartburn 15 (1987) 12.00 The French 15 (1999) With Daniel Craig. 1.45 Three 15 (2005) With Kelly Brook. 3.30 Instinct 15 (1999) With Anthony Hopkins. 5.40 The Top 10 Show 6.00 Forces of Nature 12 (1999) With Sandra Bullock. 8.00 The Truman Show PG (1998) With Jim Carrey. 10.00 We Own the Night 15 (2007) With Joaquin Phoenix. 12.00 Gridlock'd 18 (1997) With Tupac Shakur. 1.45 Rumble Fish 18 (1983) With Matt Dillon. 3.30 I Want You 18 (1998) 5.00 The End of Eden PG (1996)

Sky Movies Comedy
7.05 Blast from the Past 12 (1999) 8.50 Dudley Do-Right PG (1999) 10.20 Jonas Brothers Special 10.50 Harry and the Hendersons PG (1987) 12.45 Employee of the Month 12 (2006) With Dane Cook. 2.40 Blades of Glory 12 (2007) With Will Ferrell. 4.20 Three and Out 15 (2008) With Mackenzie Crook. 6.05 Harry and the Hendersons PG (1987)

With John Lithgow. 8.00 Meet the Spartans 12 (2008) With Sean Maguire. 9.30 Employee of the Month 12 (2006) With Dane Cook. 11.25 Blades of Glory 12 (2007) With Will Ferrell. 1.05 Meet the Spartans 12 (2008) With Sean Maguire. 2.35 Three and Out 15 (2008) With Mackenzie Crook. 4.25 Dudley Do-Right PG (1999)

Sky Movies Action/Thriller
6.30 The Eiger Sanction 15 (1975) 8.40 The Killers 15 (1964) 10.15 A Bridge Too Far PG (1977) 1.10 The Eiger Sanction 15 (1975) With Clint Eastwood. 3.30 Pirates of the Caribbean: At World's End 12 (2007) With Johnny Depp. 6.20 Zodiac 15 (2007) With Jake Gyllenhaal. 9.00 End of Days 18 (1999) With Arnold Schwarzenegger. 11.05 Silver 18 (1993) With Sharon Stone. 1.00 Soldier 18 (1998) With Kurt Russell. 2.45 Final Analysis 15 (1992) With Richard Gere. 5.00 Enemy Within PG (2007)

(R) - repeat programme;
(T) - programme with teletext subtitles;
(S) - programme broadcast in stereo;
(bw) - black and white.

SPORT

Sky Sports 1
6.00 Good Morning Sports Fans 9.00 Premier League World 9.30 IAAF Athletics Weekly 10.00 Live European Tour Golf. The European Open. 1.00 Premier League World 1.30 The Rugby Club 2.30 Premier League World 3.00 Rugby League 5.00 Premier League World 5.30 Live Twenty20 Cup Cricket. Yorkshire Carnegie v Lancashire Lightning. 9.00 Hold the Back Page 10.00 Live Friday Night Fight. Chris Edwards v Usman Ahmed. 12.00 Hold the Back Page 1.00 Premier League World 1.30 World Sport 2.00 Friday Night Fight 4.00 Hold the Back Page 5.00 Premier League World 5.30 Ocean Race

Sky Sports 2
6.00 Aerobics Oz Style 6.30 Ocean Adventures 7.00 Twenty20 Cup Cricket 9.00 Ocean Adventures 9.30 Motor Racing 10.00 The Rugby Club 11.00 The Lions 1974 - Invincibles 12.00 Twenty20 Cup Cricket 2.00 The Dogs 2.30 Motor Racing 3.00 Live European Tour Golf. The European Open. 6.00 World Sport 6.30 Tight Lines 7.30 Live International Football. Wales v Estonia (Kick-off 7.30pm). 9.30 Ocean Race 10.00 Tight Lines 11.00 Twenty20 Cup Cricket 1.00 International Football 3.00 Ocean Adventures 3.30 World Sport 4.00 Tight Lines 5.00 Ocean Adventures 5.30 World Sport

Sky Sports 3
7.00 WWE: Raw 9.00 Rugby League 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Transworld Sport 1.00 Race World 2.00 Ocean Adventures 2.30 IAAF Athletics Weekly 3.00 Transworld Sport 4.00

Race World 5.00 WWE: Raw 7.00 Ocean Race 7.30 World Sport 8.00 Live European Rugby Union. The Italo-Celtic European Cup play-off (Kick-off 8.00pm). 10.00 The Lions 1974 - Invincibles 11.00 WWE: Late Night - Smackdown 1.00 WWE: Late Night - Bottom Line 2.00 Golf Night 2.00 Twenty20 Cup Cricket

British Eurosport
7.30 French Open Breakfast 7.45 UEFA Champions League 9.30 Game, Set and Mats 10.00 Live French Open Tennis. The third round from Roland Garros. 6.30 Game, Set and Mats 6.55 French Open Tennis 8.55 Game, Set and Mats 9.25 Eurogoals Weekend 9.40 Cycling 10.40 Planet Armstrong 10.45 Poker 11.45 Inside WTCC 12.15 Game, Set and Mats 12.45 Close

Sky Sports Xtra
4.00 Ocean Adventures 4.30 Aerobics Oz Style 5.00 NFL: Total Access 6.00 Aerobics Oz Style 6.30 IAAF Athletics Weekly 7.00 World Freerun Championships 8.00 Golf Night 10.00 Ocean Adventures 10.30 World Sport 11.00 NFL: Total Access 12.00 World Freerun Championships 1.00 European Rugby Union 3.00 The Lions 1974 - Invincibles 4.00 Aero GP 4.30 Aero GP 5.00 The Lions 1974 - Invincibles

www.the-news.net

THE PORTUGAL NEWS

Directory
Enquiries in
English and
so much more



from fixed phones, call boxes, mobiles
and mobiles on roaming

Monday to Friday 09:30 - 18:00

calls from fixed phones
60 cents per enquiry
calls from mobiles
60 cents per minute



It's so easy
to find a
number
National &
International
Business & Private

directory
enquiries
in English

760 50 60 70

ADVERTISING & PUBLICITY

GoodMorningAlgarve.com

Colourful details of the Best Restaurants, Bars, Shops, & Leisure Activities.

Have an Emergency?

Try our new **QUICK FINDER** section offering an easy method of finding the Best Professionals in the Algarve.

Just click on to

www.GoodMorningAlgarve.com

Use this gifts to increase your sales!

Inácio Alves Editor • Marketing Publicidade & Serviços
Always have offers, to give "away" to your clients!
Rates include printing colour transfer 10 x 6 cms - 1 side 1 color

white T-shirt 140 grs	white T-shirt 160 grs	Color T-shirt 165 grs
50 x 2,40 €	50 x 2,80 €	50 x 3,20 €
100 x 1,90 €	100 x 2,20 €	100 x 2,80 €
250 x 1,80 €	250 x 2,10 €	250 x 2,50 €
500 x 1,70 €	500 x 2,00 €	500 x 2,20 €
1000 x 1,60 €	1000 x 1,90 €	1000 x 2,00 €

Promotion this month

white T-shirt lady 160 grs nick	color T-shirt lady 160 grs nick	Pens from 0,20 € x 1000
50 x 3,00 €	50 x 3,80 €	1,50 € x 100
100 x 2,50 €	100 x 3,50 €	
250 x 2,30 €	250 x 3,30 €	
500 x 2,20 €	500 x 3,20 €	
1000 x 2,00 €	1000 x 3,00 €	

For more information or ideas for other articles, contact us!

This prices includes the printing 1 side/1 color Add postage and 20% VAT

Sales Conditions: 50% with the order + 50% layout approval

www.amelhoropcao.com / www.inalves.com

Contact: 289 721050 - 968 639468 / inalves@mail.telepac.pt • OLHAO

BLINDS

M2M BLINDS

see how we measure up

- Made to measure Vertical & Roller blind specialist
- All other types of window blind available
- Choose from our extensive range of fabrics including Solar reflective & Black out
- Covering the whole of the Algarve, and Portugal
- Free measuring & fitting
- Domestic & commercial applications
- All products carry a 12 month guarantee

Come & see us at the International Algarve Fair in Lagoa May 30th & 31st Stand 78

M2M BLINDS - We come to you

Phone now for a free no obligation quotation

Contact Denny on 286 518 059 or 932 894 709
www.m2mblinds.com m2mblinds@hotmail.com

BUREAUCRACY

For Tax Assistance and Fiscal Representation Contact the Specialists:

Sovereign - Consultoria Lda

+351 282 340 480

port@SovereignGroup.com

www.SovereignGroup.com/Portugal

SOVEREIGN

BUTCHERS

THE ENGLISH BUTCHER

- *English Sausages
- *Bacon & cuts of meat
- *Other South African Products
- *T-Bones
- *South African Sausages (wors)
- *Ham off the bone

THE ENGLISH BUTCHER
Rua da República, 14
8135 ALMANCIL

Tel: 289 395 859
Res: 289 397 289
Mob: 965 864 682

CATERING

Food Passion

OUTSIDE CATERING

Specialists in BBQ Dinner Parties, Hog Roasts & Weddings

We are an English outside catering company in the Algarve supplying its own tables, chairs, linen, glassware and cutlery, For all occasions, economy to fine dining.

With over 20 years experience our chefs use only fresh local produce - Some home grown!

For a sample menu please call Karina or Andy
282314276 or 912159813

CARPENTRY

THE WOODENTOPS

CARPENTRY WORKSHOP

30 Years + Experience in the Algarve

Our qualified joiners and cabinet makers provide a bespoke service making anything in wood

- Furniture Restoration • Custom Made Kitchens
- Display Units & Shelving
- All Bedroom Furniture • Tables for all occasions
- Wooden Houses • Windows & Doors
- Pergolas & Decking • Wooden Kennels

• Building Services • New Builds & Restorations
• Maintenance & Repairs • Electrica & Plumbing

Tel: 289 396 909 / Mobile: 966 001 922

Vale Formoso, Al Mancil Email: theworkshop@sapo.pt

CAR REPAIRS

We come to you Fully Equipped Mobile Service

Smartcare

- Chipped paint?
- Chipped or cracked windscreen?
- Scratched bodywork?
- Paintwork restoration?
- Alloy wheel refurbishing

SIX YEAR PAINT & FABRIC PROTECTION
We have the solution - any colour and finishes

Call Graham on 917 191 989

COMPUTERS & OFFICE SUPPLIES

FULL REPAIR & SERVICING CENTRE
ACCESS TO OUR NETWORK OF FIELD ENGINEERS
100'S OF GENUINE ENGLISH LAPTOPS & DESKTOPS

CONVERT PORTUGUESE SYSTEMS INTO ENGLISH
FREE INTERNATIONAL PHONECALLS
1 MINUTE FROM AQUALAND ON THE EN125

282312044 & 913087160

ALGARVE LAPTOPS

SUPPORT@ALGARVELAPTOPS.COM
SALES@ALGARVELAPTOPS.COM

DECORATING & PAINTING

TOFTS

Paul Tofts
Decorating & Painting

After 6pm
Mob: 918 938 004 Tel: 289 399 370

James Walker
Professional Painting & Decorating

No job too small

Mbl: 967944660
walkers@sapo.pt

ANTIQUES

INVEST YOUR MONEY IN ANTIQUES

ANTIQUES

Fred Peeters - Dutch Antiques Dealer

Largest Collection of European Antiques in the Algarve
400m2 showroom

- We buy and sell quality antiques •

OPEN ONLY Sat & Sun
10.30 - 17.00 inc. lunch hour or by appointment

Tel • 282 338 602

Quinta das Cortes, 316 • EN 124 Grelheira • S.B. Messines

BOOKS

ALGARVE BOOK CELLAR

Edifício "O Galeão" Loja 1
Rua dos Pescadores
8400-512 CARVOEIRO LAGOA

English Language Book Exchange
Refunds on return
New books to order
Audio Books
C.D.'s Cards
Videos

Temporary Tel. nº
282 354 310

Tue - Fri 9.30 - 5.00 Sat: 9.30am - 2.00pm
raymond.compton@netvisao.pt

Play it safe!

- Use the contractors you find on these pages

Livingston's Painting

Interior & Exterior

Highest Quality & Standards

Call Shanny: 917 511 550
livingstonspainting@clix.pt



email Bella on
bella@the-news.net

DOORS & WINDOWS

Are you an ex Speed Frame client?



No need to worry about maintenance and service

We are experienced ex Speed Frame technicians with a wide knowledge of this product.

• Your frames need a brief and inexpensive maintenance every six months to keep them working smoothly

• As Speed Frame is no longer in business in Portugal, service is not available from them, but we can perform most repair and maintenance tasks, and we can obtain many original parts, if needed

• If you need to replace a window or door, we can obtain units of a matching design to keep all your doors and windows in the same style

For maintenance, repairs or new units, call us for quick and efficient service at reasonable prices


PVC Directo

We double the glazing – Not the price
Tel: 916 184 148 • 969 410 952
pvcdirecto@gmail.com

EDUCATION

Centro de Línguas de Lagos

- Learn Portuguese in small, friendly groups.
- Beginners course starts 27 May.
- Individual lessons and evening classes available.
- Intensive summer courses for beginners.
- Recognised by the Ministry of Education.

Tel: (+351) 282 761 070 | Fax: (+351) 282 761 070
email: info@centrodelinguas.com | www.centrodelinguas.com
Rua Dr Joaquim Tello, nº 32, 1º esq, 8600-583 Lagos



Portuguese

LEARN and get connected

- Intensive courses (3 weeks)
- Beginners courses (32 hours)
- Intermediate courses (32 hours)
- Conversation courses (year-long)

recognised by:   

Portimão - Jardim Gil Eanes - Tel: 282 430 250 internet: www.clcc.pt e-mail: geral@clcc.pt

FASHIONS

Fi-Line Fashions

NEW SPRING STOCK NOW IN!

Sizes 12 - 22 available

See us on Stand 43 at

The Algarve International Fair

Open Monday to Friday 10am to 1pm and 3pm to 6pm,
Saturday 10am to 1pm. Call Fiona for more information
on 282 312 936. Located on Av do Rio, Ed. Almadraba, Loja
B, Armazão de Pêra (Opposite the football ground)

www.luzworld.com

Luz World

Quality European Menswear



A fine selection of Shirts, Knitwear and Trousers from some of Europe's leading manufacturers.

Big & Tall sizes available

Open 7 days until late

Centro Commercial Isla Canela • Ayamonte
Tel +34 959 479 259 • +34 661 654 883

FLYSCREENS & MOSQUITO CANOPIES

Come & see us at the International Algarve Fair in Lagos
May 30th & 31st - Stand 78



FLYSCREEN RANGE

- ♦ Many Different Flyscreen Types
- ♦ Vertical and Horizontal Operation
- ♦ Flat and Pleated Screens
- ♦ Many Colours of Aluminium to Choose From
- ♦ Choose at Home ♦ We Come to You
- ♦ 12 Months Guarantee
- ♦ Phone Now for a Free No Obligation Quotation

M2MBLINDS

Contact Denny on 286 518 059 or 932
894 709 or visit www.m2mblinds.com
or e-mail m2mblinds@hotmail.com

Don't wait for passing trade.

Each week people QUEUE for their copy of **The Portugal News** and 1,000's more discover it at FARO AIRPORT. Your business couldn't ask for more exposure!

To advertise in next week's edition and bring customers to YOUR door, call Bella Talhadas on 707 500 677 or 914 393 736

THE PORTUGAL News

sought-after & well-read



Listen to our advertisers:

Response to our recent advertising campaign in **The Portugal News** has been phenomenal, as expats look to take advantage of buying a luxury car at the cost of an 'ordinary' one in Portugal.
Mercedes-Benz UK

Thanks so much for everything during this 10-week campaign. The number of people who saw it and told me about it gives me even more confidence that it worked especially well and it was a major factor in helping launch ourselves in the British-Algarve community.
Aer Lingus

The Portugal News is by far our best source of enquiries.

M2M Blinds

We are delighted with the response we are getting, we couldn't have wished for better.

Drain Doctor

The best advertisements we have ever done and it sure has given the best results of any advertising we have ever placed.

Sky Realm

Advertising in **The Portugal News** brings good results.

Togofor Homes

Superb, we are building our business through **The Portugal News**.

Villa Gates

Advertising in **The Portugal News** is proving invaluable.

Frontera

"If I had known I would be getting this amount of business I would have started advertising before, as I have never had English clients coming in as I have now, and it is all due to the advert in **The Portugal News**, money really well spent for immediate return in business revenue."

Andifer, Portimão

Excellent results, we wouldn't advertise anywhere else, and we don't need to.

Food Passion

We have had a wonderful response to our advertising, which continues to bring us both enquiries and orders.

PVC Direct

More than happy with the response we have got, and looking forward to further enquiries

Dane Casa

The Portugal News have supported Let the Magic In from day one. Every campaign we have ever run has been successfully advertised in **The Portugal News**, taking us from our first ad to the flourishing business Let the Magic In is today.

THE PORTUGAL News

To advertise in next week's edition and bring customers to YOUR door, call Bella Talhadas on 707 500 677 or 914 393 736.

FURNISHINGS

English Beds in the Algarve

Need a good night's sleep?



STYLE FURNISHINGS

Monday - Friday 10.30am - 4pm
Tel/Fax: 282 322291
Website: www.stylefurnishings.com

A22 motorway Junction 7
Portimão Lagos Porches EN125 1km Aqualand Water Park Alcantarilha

HEATING & COOLING

DOMUS

ELECTRIC FLOOR HEATING

The CHEAPEST way to heat your house

NO gas, NO oil, NO maintenance

www.domus-heating.com

EN-125 Sítio Benfarras, N° 552-a Boliqueime
Tel: 289 322 852 • mail domusheating@mac.com

LAWYERS

Ana Luisa Duarte

**ADVOGADA
LAWYER
RECHTSANWALT**



Rua Francisco Xavier Ataíde de Oliveira, 33-A
8600-775 Lagos - Portugal
Tel. +351 282 792 766 - Fax. +351 282 764 002
E-mail: anaduarte@hotm.com

GARDENING

HARVEYS OF LOULÉ

Garden Construction • Garden & Pool Maintenance • Home Renovations • Repairs & Painting • Villa Maintenance & Cleaning Service

Apt 3, Loulé 8100 - 606
Tel: 289 412 462 Fax: 289 422 322
Mob: 916 048 671 email: harvcor@sapo.pt

HEALTH & BEAUTY

Join the comfort zone - advertise in The Portugal News



Call Bella today on 707 500 677

CLÍNICA DENTÁRIA
Drª Cristina Fernandes
Médica - Dentista - U.P.

HEALOZONE
The new method to heal your tooth decay
Dental Surgeon
English Spoken
R. João Menezes N°8R/C
near the old slaughterhouse
8400 Lagoa
Tel: 282 34 29 20

CENTRO PACIFICO
INTERNATIONAL HEALTH AND WELLNESS CENTRE

General Practitioners & Family Doctors

- Medical Doctors with over 30 years experience
- Official Prescriptions

Who Speak Portuguese, English, German, Spanish & French

Opening Hours:
Mon-Fri 9/13 & 18/20
Sat 9/13

24 hr Emergency
Local Home & Hotel Visits
Tel: 91 8888 618

(Opposite to Modelo Shopping underground car park in Albufeira)

Centro Pacifico, Rua Do Pacifico, Lotes 25, 26 & 27, Cerro Aagoo, 8200-166, Albufeira, Algarve
Tel +351 289 543 545
www.centropacifico.com

SACL

Air conditioning & heating units
Central Heating
Swimming pool heating
Automatic pool covers
Solar hot water heating systems
Dehumidifiers
Jacuzzis

Vale de Lousas • EN 125 • Alcantarilha
Tel 282 314190 / 322 172 • Fax 282 314 191
email: sacl@mail.telepac.pt

MC

Keep cool with Mister Cool this summer

- Air conditioning
- Refrigeration
- Solar panels
- Maintenance
- Pool construction, heating & covers
- Automatic pool covers
- Central vacuuming

Air conditioning by:
FUJITSU GENERAL
DAIKIN Haier (AR CONDICIONADO)

Solar panels & Pool heat pumps

PROMOTION 10% discount on Spring cleaning your air conditioning unit during the months of May & June

Open Saturday morning
Rua Mouzinho de Albuquerque - Lagoa Residence 2 - Loja 3
8400 LAGOA - Algarve • Tel./Fax 282 381 364
Email: mistercool_telmorodrigues@hotmail.com

Telmo Rodrigues
Mobile: 917 175 818

Fires of Portugal
Woodburning

Geoff Waller's on site advice and quotation.
Small building works, servicing and repairs.
Reconditioned fires.
Importers of the best in woodburning.

Chimney Sweeping across the Algarve from 45€

TEL 289 489 958 • MOBILE: 967 721 209
carolinsalir@mail.telepac.pt

The 6th largest weekly newspaper in Portugal, in ANY language!

bella@the-news.net

POOLS

Chlorine Free Eco-Friendly Swimming Pool Treatment

PoolSan

100% CHLORINE FREE

- ✓ Non toxic when ingested in swimming pool water
- ✓ Promotes softer, sparkling blue, crystal clear water
- ✓ Odourless - no more chlorine smells or residues
- ✓ Hypo-allergenic - does not cause eye or skin irritations, ear infections or asthma attacks
- ✓ Lasts up to three times longer than Chlorine

HOME

Estr. Nacional 125 • Sítio do Carmo
8400-405 • Lagoa
Tel: 282 353 022 • Fax: 282 353 934
comercial@home-pt.com

PoolSafe.eu

Is Your pool childsafe for 2009?

Roller covers: Fences - aluminium, steel or frameless glass Gates, Nets. NOW is the time to secure your pool areas. Please call us for a free onsite analysis of your safety requirements. Villas, condos, hotels and developments. We can also fit approved childproof latches to existing gates.

Office: Galé Beach Albufeira, Tel 289 591 662, e-m info@poolsafe.eu

POOL HEATING

Air Energy Heaters - The leader in economical pool heating

- Digital Control
- Titanium Heat Exchanger
- High Performance - low power consumption
- Est. Over 20 years

SAFETY FENCING - KEEP KIDS SAFE

Can be completely removed or replaced within 2 mins.
Helps prevent debris from reaching the pool
Weather resistant • Professionally installed
Easy for Adults - Safe for Kids
Your child is safe even while you swim
Developed over 30 years ago
99% transparent 'Securtex' mesh

PURE POOLS

PURE POOLS PISCINAS PURAS LDA
Tel: 282 760 033 • 919 517 868 • Fax 282 760 034
purepools@yahoo.com • www.purepools.com



POOL SAFETY FENCING

FAMILY SAFETY FIRST

Act now to comply with the new regulations soon to be introduced in Portugal

For further details contact us now
poolfencing@aol.com
 Tel: 919 892 518 or 910 666 613



Now Available: D:I:Y Solar covers

Tel: 282 763 605 • Fax: 282 782 219 • Tlm: 967 025 157
 Eastern Algarve 967 465 305
info@aquapura.com.pt • www.aquapura.com.pt



The Pool Specialists

Pool Construction & Renovation

10 years experience in the Algarve constructing concrete pools, offering you strong structures and quality pool designs to suit your budget.

New to Europe, a shimmering pool finish with brilliant colours guaranteed not to fade.

Pool looking tired, cracked, tiles falling off, leaking. We can renovate your pool.

Pool Safety Nets

- Easy On and Easy Off
- Black Netting for Ponds
- Pool and Garden ambience maintained
- 100% Safety Record

Pool Safety Fencing

- Removable in Minutes
- Convenient access for adults
- Climb Resistant

www.iberiablue.com



Dave & Amanda Mitchell
 Email: info@iberiablue.com
 Mobile: 00351 913 393 421
 Phone or Fax: 00351 282 761 116

Your professional
drain cleaner
 best results

PROFILIMPO

Root removal, power jet cleaning, camera inspection, electronic blockage detection

Tel. 914 145 117 - Thomas Grünberg

Blocked Drains?
 Call: **ANDY**

- Personal
- Professional
- Guaranteed Service at all times

drinking8@aol.com

DRAIN KING ESGOTO-REI

Tel/Fax: 282 471 335 | Mobile 918 647 305

Villa Gates

Ornate & contemporary gates.
 Lots of designs. Made to order.

Why not see if I can make your old gate look good.

Very reasonable prices. Call Andy for free quote 309 403 075 • 912 642 477

Norman Groundworks

For garden planning and construction.

Construction of terraces, patios, paths, driveways, access roads, pergolas, shade areas, ponds, lakes, water features, installation of hedging, fencing, land cleared.

For quotation call Norman now on 282 332 899 or 963 134 129
ngwl@clix.pt

Founded in 1978

Chemical Products

Hygiene - Industrial Cleaning
 Hotel & Restaurant Industry
 Hospitals, Schools & Retirement homes
 Swimming pools & water treatment

Professionals in cleaning products, hygiene and pool chemicals

BIO POOL - Agents: DELSA I P.Q.S. I OXIDAM I ASTRAL I CTX

Odxlar Lda
 Zona Industrial do Chincato, Lote 4 - 8600-306 Lagos
 Tel: 282 788 463 / 282 789 637 / 918 854 288 / 964 673 657 Fax: 282 789 030
 Email: odxlar@mail.telepac.pt Web: www.odxlar.com

Rococco Stone

Ceramic & Natural Stone Tiles
 Stone and Ceramic Sanitary ware

Rua Direita, Praia da Luz, Lagos

Opening Hours:
 10am - 6pm Mon-Fri (lunch 1-2)
 10am - 12pm Saturday

Tel: +351 282764035
RococcoStone@msn.com
www.rococcoStone.com

REMOVALS & STORAGE

We're in the business of keeping YOU in business

UK • BENELUX • FRANCE

- Removals to and from all Europe
- Packing Service available
- Storage
- Free estimates
- For more information, please call 00 351 965 653 025 (Mr Curado) or

email: mudatudo@iol.pt • www.removalstoportugal.com

U-STORE SELF STORAGE

- * Individual locked units
- * Daily access
- * Dry and Clean
- * For homes & business

* Also storage for cars & caravans etc.

Urb. Industrial Marateca, lote 26 - Chincato - 8600 LAGOS
 Tel / Fax: 282 798 490 - Telem: 917 010 365
www.u-store-portugal.com • info@u-store-portugal.com

Weekly removals service to and from the UK, Algarve & Ireland

With full packing & storage facility in the UK & Algarve, from 1 box to full or part load shipments.
 Transportation of cars, boats & motorbikes. Local removals and deliveries within the Algarve. Guarantee your peace of mind & safety of goods

The General, Main Road, Boreham, Chelmsford, Essex CM3 3HJ
 UK - Tel: 0044 (0) 1245 468888 • Mob: 0044 (0) 7711 179842
 Algarve: Tel: 289 513 851 • Mob: 969 134 801
 Email: sales@algarveremovals.com
 Web: www.algarveremovals.com

AIM Removals & Storage

On-site secure storage
 Local, National, UK and European removals
 International shipping • Professional packing service
 Call into our office or visit us at www.aim.com.pt

Parque Ind. do Infante • Unit 8 • EN 125 • Torre • Odiáxere
 Tel: 282 799 141 • Fax: 282 799 146
 Email: info@aim.com.pt

REMOVALS & STORAGE

- * Local, National & European Removals
- * Scheduled Route - Portugal-UK-Portugal
- * International Shipping
- * Storage * Packing
- * Long established & professional service

New Concept International
 Armazem 3, Sítio do Além, Almancil.
 Tel.: (00351) 289 395 105
 UK: 08 450 046 827 Mobile: 968 031 995
 Email: d.wright@mail.telepac.pt www.newconceptint.com

NEIL & EMILY RICHARDSON

Removals & Transport * Packing Service & Storage * Local, National & U.K. * With 20 years experience We offer the Personal Touch

Mob: 939 486 870, 939 486 807, Tel: 281 963 191
neilandem@sapo.pt • www.ne-internationalremovals.com
 UK office: 0044 (0) 1268 523 029

Members of British Portuguese Chamber of Commerce

PROPERTY SERVICES

EAST ALGARVE BUILDING & GARDENS

All General Building Work Undertaken
 Full Refurbishments
 Tiling, Plumbing, Joinery, Roofing, Painting etc.

General Garden Maintenance
 Decking, Patio's, Planting

For Prompt Friendly Service
 Tel: 00351 964 508 128

GFS Metalworks

- Specialists in Secure Ornamental Metalworks
- All general steel fabrication
- For a Free Quote, Design Service

Call Andrew 933 555 387 or 933 402 261
 Office: 282 449 270

www.gfs-metalworks.com
info@gfs-metalworks.com

Whatever we organise
You and your guests will give
A STANDING OVATION



Parties for adults and children, entertainers, weddings, corporate events.
However large or small, we can make your event a great success, and keep to your budget

STANDING OVATION

Call 914 599 933

Entertainment:
www.standingovationalgarve.com

Weddings:
www.algarveblessings.com

Portugal at your fingertips!



Portugal-info has been active since 1997 and is a unique network where browsers can find everything they need to know about Portugal.

Portugal-info is all about business. If you need more, you need to be included in the network.

Find out how little it costs to buy so much exposure:
info@portugal-info.net
or 282 423 770
Also see details by visiting
www.algarve.ws

Portugal-info informing the world about Portugal

Lost in a foreign land?

If you can't make contact because you don't know the number, DQ can help



we can find your number in one minute

Mon- Fri 09:30 - 18:00
Calls cost 60c

from: fixed phones • call boxes
mobiles and mobiles on roaming

National & International
Business & Private

directory enquiries
760 50 60 70

SATELLITE TV

Skynet

TELECOMMUNICATIONS & AUDIO

"The Latest Equipment at the lowest prices"

All Satellites TV (English, German, Spanish, Dutch, French, Italian, Arabic, Russian TV...)
Digiboxes (SD, Sky +, Sky HD, MultiCAM, PCMCIA, Freeview, Freesat HD)
MultiCards & Much more

All BBC & ITV + Ch 4 & 5 + News + Movies + Kids + Music + Sports + Many others + Radio

Get 350 TV channels & 200 Radio stations **FREE**

Terrestrial TV (Portuguese channels) **FREE**

Cable TV (Movies + Sports + Knowledge + Kids + News + Series + Adult + Video on Demand)
VCR, DVD, Internet (Broadband)

Audio (Hi-Fi, Background Sound, Home Cinema)
CCTV, Intercoms, Domotics

High-quality systems installed by qualified engineers
Installations and technical support within 24hrs
(a 3-Year Guarantee)

Tel: 964890260 Email: skynet@live.com.pt

Book your stand NOW!

There are only a few stands left which will be sold on a first come, first served basis.

Our planners have lots of new and exciting ideas. They include the first Algarve Dog Show, a colourful parade and fair ground side shows with lots of prizes to keep the children happy

We aim to draw the crowds. So doesn't it make sense for your company to be there?

Sky Realm

In association with SKYVIEW

Portugals Official Sky installers!
DON'T LOSE YOUR VIEWING AT NIGHT!

PLEASE NOTE
GENUINE
Freesat & SKY
equipment



Sky Plus & Sky HD upgrades

* Our engineers are Sky UK trained *

We correct ALL problems on other companies work!
ALL AREAS COVERED

Algarve 918 887 775
Silver Coast 918 262 108
Email: skyrealm@hotmail.co.uk

Hotline: 707 500 677

 LAGOA • Fatacil
30 & 31 May
11am-7pm

INTERNATIONAL ALGARVE FAIR

For details call
282 380 317
or go to algarvefair.com

Special HEALTH INSURANCE for Readers

10% off your first year's premium

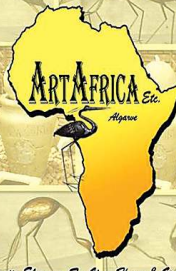
FULL COVER	GREAT SAVINGS
<p>The Portugal News has arranged an excellent health insurance policy for readers at very competitive rates. Even the most basic policy covers treatment anywhere in Europe</p> <p>Examples of potential annual savings: (compared to competitive cover)</p> <p>Single Man aged 28 Save up to €500 a year</p> <p>Couple aged 43 & 35, with 2 children 10 & 7 Save up to €1,500 a year</p> <p>Couple aged 58 & 52 Save up to €1,800</p>	<p>✗ Standard cover level up to €855,000</p>
	<p>✗ Standard policy covers treatment anywhere in Europe*</p>
	<p>✗ Hospital fees paid direct, no need to reclaim from insurers**</p>
	<p>✗ Excellent cover, three levels of protection available</p>
<p>Call our helpline TODAY for comparisons and benefits and a NO-OBLIGATION personal</p>	<p>✗ Corporate and group discounts</p>
	<p>✗ Worldwide Travel Insurance available</p>
	<p>✗ Policies issued by Journeyman Services Limited (UK Brokers)</p>
	<p>✗ Underwritten by Lloyds * (Worldwide also available) ** (underwriters need to be advised in advance)</p>



PAT Care
707 500 028

International Algarve Fair

Elegância Rústica Para Sua Casa e Jardim



ARTAFRICA ETC.
Suppliers of a unique range of handcrafted African metal birds and Roman Fountains.

Stand 47

Visit us on stand **66**
at the International Algarve Fair
30th & 31st May




BLEVINSFRANKS
www.blevinsfranks.com



It is with great pleasure that we are participating for a second time at the International Algarve Fair. Visit us on stand 105!

www.moveismalheiro.com




POOL SAFETY FENCING
Is your pool CHILD safe?
visit us on stand 7

RAINHA SANTA
Langley (HOG)
Roasts
Catering OR-DIY
See us at the Algarve Fair
Stand 5

Tel: 918 879 843
info@roasthog.com
www.roasthog.com



MASHONA RUGS,
Handwoven using 100% Recycled textiles,
Eco-Friendly stand nº 24
at the GREEN Algarve Fair.



The International School of the Algarve
looks forward to meeting you at the Algarve Fair.
Stand: Green 03



STAND: 05
COME AND SEE
my paintings, keepsake boxes, handmade cards, mosaic work and painted stone animals

ARTES, TROMBINHAS & COMPANHIA

Visit us at the International Algarve Fair
STAND Nº 9

www.just-me-art.blogspot.com
www.oh-sasha.com
www.trombinhas.blogspot.com

www.algarvefair.com



AQUA PURA LDA
Stand 2
Visit us and ask how you can save €200.
on your next pool cover!!!
Eastern Algarve
967 456 305
Western Algarve
967 025 157



M2M BLINDS
Internal window blind & Flyscreen
Specialist many styles and finishes available
on Stand 78.


Stand FB04



RE-OPENED FOR THE SUMMER SEASON
Monte Carvoeiro
Call to reserve for private parties on 282 086 869


Jewels & Beads

STAND: 32
Sterling Silver Beads
75% cheaper
as Pandora at the Algarve Fair.
www.jewelsandbeads.com



CHEESE & PICKLE
will be at the Spring Fair offering great prices on its delicious products.
Stand 61B

ARVIPLAR



Air Conditioning,
Electrical Equipment,
AquaSOM - Underwater Sound
Solar Systems
Sale, Installation,
Repairs and Maintenance
(Stand nº 4)

Stand FB05
ANIA'S SMÖRGÄSTÄRTOR
Offer a menu of Swedish Sandwich Cakes (Smörgåstårter) & Dessert Cakes including Chocolate Cakes
Deliver Canapés for Cocktail Parties
Cater for Children's Birthday Parties

Mobile: 967 515 749
e-mail (Anna):
anias.smorgasat@gmail.com

Stand: 14



C design
Where every piece is an original. Chic, unique and very affordable

FREE
pair of pearl earrings with every necklace

Collections
LADIES' FASHIONS FROM ALL OVER EUROPE

Fashion show on Sunday
12:30 until 13:00
Stand 71

UK Brands Abroad

ENGLISH BRANDED CHILDRENSWEAR.
Order online at
www.ukbrandsabroad.com.
Cheaper prices than the UK high street.
Tel: 918 554 533
STAND: 25

Tree Work Algarve

Stand: Garden 01

THE SPECIALISTS FOR ALL YOUR TREE WORK
Tree inspection • Pruning
Felling & dismantling
Planting & transplanting
Plague control • Workshops
The best service for you & your trees
J & J Valkenburg
00351 961415239
info@treeworkalgarve.com

Blue Lagoon



SWIMMING WITHOUT CHLORINE

SWIMMING WITHOUT CHLORINE OR SALT
Swimming has never felt so great!!!
www.limpaluz.com
91387 8057
STAND: 19

STAND: 97



GILPA

GILPA PET FOODS
now in Portugal.
Find out more at the Fair or call 269 451 814.

Stand 095
FRONTEIRA RADICAL LDA
Buggy's for sale and rent
Call now for your test drive or book your buggy's Safari on 912 116 314 or 289 394 771
www.fronteiraradical.com

FOR AN UNBEATABLE 'ONE OFF' SPECIAL SHOW OFFER COME AND SEE US ON STAND 70.



Simply Screens
mosquito screens with style

THE ALGARVE'S SPECIALIST MOSQUITO SCREEN SUPPLIER AND INSTALLER.
www.simply-screens.com

STAND: 64



aqua innovative systems
sistemas de filtragem de água

Cuidando da sua água....
Cuidando da sua família....

800 248 278
www.AguaSemprePura.com

Free Water Tests available. No cost/no obligation. Municipal or Borehole water.

PIZZA MOBILE

BRINGING PIZZA TO THE WORLD

STAND: FB1

Spice Your Live - Algarvespice

STAND: 17



www.algarvespice.info

CrisCross Jewelry



STAND: AC7

Unique hand-made jewelry

"COME AND SEE US WITH ANY HEALTH ISSUES YOU MIGHT NEED HELP OR ADVICE IN RESOLVING."
STAND 51/52



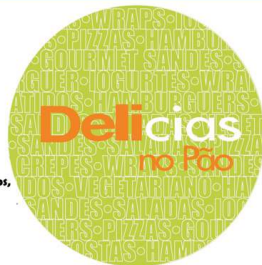
Luzdoc
Serviço Médico Internacional
International Medical Service

FREE PRIZE DRAW

WIN A FLAT SCREEN TV, NETBOOK AND DIGITAL CAMERA

PLUS for every entry (one per person) we will donate one EURO to charity

Stands: 20, 21, 22, 106



Choose the healthier option, Gourmet Sandwiches, Hot Wraps, Salads, Fruit Yogurts, 100% Beef burgers, Veggie goodies.

Or if your feeling bad...

Choose our Bad Boy Burger, variety of naughty crepes & many other treats.



Come and visit us on stand 65 for all the latest travel news offer and a glass of Sangrial

PDM Travel
Rua Vitor Costa e Silva,
Nº 15 Loja F
8600-764 Lagos, Algarve
FreePhone: 800 206 375,
Tel: (00351) 282 782078,
Fax: (00351) 282 760154
pdmtravel@sapo.pt
www.pdmtravel.airmet.pt
Alvará: DGT 1377/2006



COME SPEAK TO US about our new products and all your tv viewing needs

Stand: 40

Stand 047 LA PALMERA
All types of Awnings and also the new product **Lumon**
Balcony Glazing For more information on a quote call 968 852 333
www.toldoslapalmiera.com

Stand 56 MAKE YOUR POOL CHILDSAFE FOR 2009
Specialised glass or steel fencing gates and nets
Poolsafe.eu

last few stands left
www.algarvefair.com



High Quality Silk Flowers
True to Nature

Stand 57

Announcements

LONELY? BORED? Come and join out happy helpers and fund-raisers, 3 to 4 hours a week (or more!) Our charity shops welcome you. Every Euro raised goes to animals rescued from distress. Call Nan Richards at the Donkey Sanctuary in Estômbar for details of our work. Tel.: 962 633 811.



UNLIMITED FREE
National & International telephone calls

707 500 600



CASA - IS a local social group established over 20 years. We are a friendly group who have a monthly newsletter and have at least one activity per month. These are usually dinners at local venues. We have an annual trip to either Spain or Portugal and various other activities. We are open to everyone. If you would like more information or a sample newsletter why not give Mary a call on 282 357 275.

BUSINESS PARTNER WANTED
to invest on a Pizza and Pasta Rodizio Restaurant in Portimão. Call Giovanni Martins on 916 503 663.

Bureaucracy



Tel: 919 881 959
michellesassistance@gmail.com
www.michellesassistance.com

View these pages online **FREE** via www.the-news.net

TRANSLATIONS PERSONAL / LEGAL.
Many years experience,
Tel/Fax: 282 484 776
Mobile 919 194 319
English / Portuguese / English.

TRANSLATIONS PERSONAL / LEGAL.
Many years experience,
Tel/Fax: 282 484 776
Mobile 919 194 319
English / Portuguese / English.

Business Opportunities

FOR SALE
commercial freehold building centre of old Alvor comprising; large shop with 3 departments, two bathrooms, quintal steps leading upstairs to large new bathroom, two bedrooms, huge open BBQ area, top floor; extra large terrace with small utility room, newly fitted solar panel, ideal for business; shop, restaurant, snack bar with good sized living accommodation above. Fully licensed, smoke alarms, newly painted P.O.A.
Please Tel 968 237 310.

SHOP FOR SALE IN QUARTEIRA.
Bargain for €20,000. ono. 24.5 sq metres.
Front of the Meat & fish market in shopping centre. Private and quick sale.
Tina mobile 914 69 23 17

Place your advert on-line at www.the-news.net and get a **10% DISCOUNT**

BAR LEASE FOR SALE
Old Town Albufeira, Good Location.
Reasonable Rent offers in region of €80,000. More information 965 008 231.

Charities

THE ANIMAL charity shop in Montechoro needs volunteers to help in the shop & to transport animals to the vet or abandoned animal's home 'Quintinha dos Animais' at Goldra, which receives part of the shops profits. Any help appreciated. Lesley - mobile 962 414 584.

CAR BOOT Sale held every 3rd Sunday of the month at 'Restaurant Quinta dos Areões', adjacent to the veterinary clinic, in Espiche. Stallholders pay €3. All proceeds to help abandoned animals. Call Michele on 919 457 263 or e-mail me on Happyhounds@mail.telepac.pt for more information.

WANTED: THE donkey sanctuary needs your unwanted furniture, clothes, books and bric-a-brac for our charity shops in Lagoa and Monte Carvoeiro, all proceeds to aid donkeys in distress. We will collect larger items. Call Nan Richardson, mobile 962 633 811, for details of our work for animal welfare. Please help.

TAVIRA TREASURE Charity Shop. Tavira Christian Centre. 126, Rua Almirante Candido Reis, Tavira. Come and browse. Come and bring. Clothing, Bric-a-Brac, Books. Open Wednesdays, 2.30-4.30pm or phone 281 322 857 for further details. Volunteers needed so we can open more frequently.

APAA CHARITY SHOPS. Cerro Grande, Albufeira open Tuesday to Saturday 10.30am to 2pm. Dunas de Alvor open Tuesday to Sunday 10.30am to 2pm. Good quality clothes, bric-a-brac, books, jigsaws, etc. Stock and new volunteers always welcome. Help us to help stray and abandoned dogs and cats.

Education

LEARN HOW to speak Portuguese, in a relaxed atmosphere. No fuss, no stress, and very affordable. Group lessons. You're not alone, we have FUN. Centro Pacifico, next to KISS FM, Albufeira. Phone Isabel 914 662 955.

Entertainment

ALGARVEAN'S EXPERIMENTAL Theatre Group are active all year and need you as a member. Are you good with a needle or do you like to paint? Happy to go on stage and perform or would you prefer to assist backstage? Young or old join in the fun. Why not take a look at our website? www.thealgarveans.com. Ring Nikki on 917 776 245 or email nikki.luz@hotmail.com



NEW CAMERA? GONE DIGITAL?
Whether beginner or more experienced our Algarve based one to one courses will help you create superb images. From just €80.
Call 963506249

Circo Pequeno

bouncy castles, clowns, jugglers, face painting, etc.

Tel: 916 622 976 or 917 038 555
tim@gomez.net

OIL PAINTINGS by David Haines

Exhibition
until 31st May
Cha da Arte - Loulé
Tel.: 968 290 627
www.wdjhainesartist.tfp3.com



AVAILABLE FOR:
birthdays, weddings, christenings, bachelorette parties
contact me: 912 066 487
mariaacareto@gmail.com
mjfunnypics.blogspot.com

"STRINGS&THINGS"
Musical Instruments.
Lowest prices.
New & Second-hand.
Trade-ins, repairs, rentals,
www.stringsandthings.eu
Tel: 289 356 441 or 919 968 768.

For Hire

RAINHA SANTA
Langley (HOG)
Roasts
Catering in Hog Roasts or DIY-Self Serve

Tel: 918 879 843
info@roasthog.com
www.roasthog.com

For Sale Private

OUTDOOR PING PONG TABLE, Rollaway and Foldaway, 2 x new bats, 6 x new balls - €175, 6FT ENGLISH POOL TABLE - €875 and FULL SIZE BAR BILLIARD TABLE - €950 each with slate bed, brand new re-cloth with English napped cloth and full accessories - will deliver - 917 846 242 (Vilamoura).

HP CARTRIDGE (Compatible) Tri-colour C6657 DeskJet 5500/5550 Photosmart 100/P7150/P7550/ psc2110/ psc2210 €5 Lagoa area +€3 to post. Tel 707 500 655.

TONER HP C4096A (96A). For HP Laser Jets 2100, 2100M, 2100TN €45 Call 707 500 655 Lagoa area or +€6 for postage.

TONER HP C3900A (00A). For HP Laser Jets 2100, 2100M, 2100TN €45 Call 707 500 655 Lagoa area or +€6 for postage.

LEXMARK CARTRIDGE Genuine 27 Colour iX, X74, X75, X1100 Series, X1200 Series, X2200 Series, Z13, Z23, Z25, Z33, Z35, Z500 Series, Z600 Series Compaq Printers IJ650 Series €10 707 500 655 Lagoa area or +€3 for postage

SAMSUNG TONER ML
1610D2 series ML-161x
brand new Boxed €35
Lagoa Area or +€6 postage
Call 707 500 655.

LEXMARK CARTRIDGE
Genuine 17 Black i3, X74,
X75, Z13, Z23, Z25, Z33,
Z35, Z600 Series, X1100
Series Compaq Printers
IJ650 Series €10 707 500
655 Lagoa area or +€3 for
postage.

HP CARTRIDGE (Compat-
ible) Black C6656Deskjet
5500/5550 Photosmart
P7150/P7550/ psc2110/
psc2210 n°56P €5 Lagoa
area +€3 to post. Tel 707
500 655.

Health and Beauty

CHIROPODY EXPERT

Treatment of corns,
ingrown and thick nails,
Varuucas, hard skin
removal, nail correction,
foot and leg massage,
nail brace therapy for
ingrown nails. Home visits.
Mirjam Seybold.
Tel: 282 913 435 or
916 723 964.

UK TRAINED MOBILE HAIRDRESSER.

'Ear piercing', 'Make Up'
'Gel & Acrylic Nails' in
your own home.
Lagoa area
Tel: Beatriz O'Hara
969 127 560.

PRIVATE G.P.
HUISARTS.
CONSULTATION and
VISITS by
APPOINTMENT.
ENGLISH, DEUTSCH
and NEDERLANDS.
CASA ARARAT
(next to Tennis)
QUINTA DAS
RAPOSEIRAS.
TEL: 918469366



DR. MED. REMCO HOLST

Riverside International
MEDICAL CENTRE.
Sta Bárbara de Nexe /
Faro, Maragota /
Moncarapacho, Tavira &
V.R. Sto António.
24 hr service.
Tel.: 919 657 860
or 289 997 742.

Suffering Chronic Pain?

Self help tool, often works
where nothing else well!
No drugs - No Needles.

Call for a 15 minute FREE
consultation 93 88 68008
Elke Wasmann

**VITAMIN AND MINERAL
SUPPLEMENTS**, including
specialist multi vitamins.
Practitioner quality suppl-
ements for all needs. Prices
include delivery (UK and
Europe). Order online at
www.thenutritiondietclub.com

www.the-news.net



Feet & much more

Dunas de Alvor,
Estrada da Barca, Loja 21,
8500-017 Alvor
Tel: 966 237 330
Open: Mon-Sat 10am-6pm
Appointment necessary

Home Improvements

SHEET PLYWOOD. 8ft by
4ft = 18mm = €49. 8ft by 4ft
= 12mm = €34. **FLOORING**
CHIPBOARD-T-G. 8ft by 2ft =
22mm = €19. 100mm by
50mm Plained 2.40mts CLS
= €9. 200mm by 47mm
Tannerised Joists 4.20mts
length = €45. Tel: 963 598
216.

MASTERJOINER

Joiner/general
Maintenance.
20yrs+ fitting kitchens,
doors, floors, locks
etc...

Quality reliable service
Competitive prices!
**EAST & Central
Algarve**
281328648-926615244
masterjoiner@hotmail.co.uk



The CHEAPEST way to heat your house

**NO gas, NO oil,
NO maintenance**

www.domus-heating.com

EN-125 Sítio Benfarras,
N° 552-a Boliqueime
Tel: 289 322 852
domusheating@mac.com

Finance, Legal & Insurance



✓ advice on setting up a
business
✓ property management
✓ accounting service
✓ management
✓ consultants
✓ payroll accounting

Rua Direita 5.1ªJ
8500-624 PORTIMÃO
Tel: 282 419 022
Fax: 282 426 355
email: iberconta@gmail.pt

Jobs Offered

TELESALES STAFF
required. Listers /
qualifiers as well as
closers. Full training
given. Flexible hours.
Part or full time.
Martin 910 843 561.

SALES STAFF required. Ex-
perienced with RCI points
is preferred BUT not essen-
tial. Full trained given. Caro
917 066 587.



Teachers required History, Art & Food Tech.

Are you a qualified teacher interested in teaching up to
IGCSE and A levels and available from September 2009?
We have a vacancy in our Secondary School for a teacher
who is organised and innovative and would like to be part
of a small but growing school in Burgau, Lagos.

Should you be interested, we offer a stable and friendly
environment for a dedicated teacher.

Send your application and CV, with your teaching
philosophy, to: director@vvis.org

Now offering transport from Lagoa and Portimão

Tel: 282 697205
Fax: 282 697260

Online Prospectus: www.vvis.org
Estrada de Burgau, Burgau, Lagos



International School São Lourenço

International School São Lourenço welcome
applications from teachers committed to the
highest quality of teaching and learning.

Position available:

- ICT and Business Studies and/or
Economics KS3 to A Level

For further details please contact:

Terry McGuire, Headteacher
Escola Internacional São Lourenço
Caixa Postal 445N
Sítio da Rabona
8135-117 Almancil
Algarve - Portugal
Tel: +351 289 398 328
Fax: +351 289 398 298
email: eisl@mail.telepac.pt

Dynamic Company

involved in pre and post
completion services on new
build property are looking for
experienced telesales marketers.
Albufeira based with good
working environment and
attractive terms and conditions.

A basic salary is paid upon
set targets with potential
for high income.

Flexible, English Speaking,
computer literate professional
with friendly telephone manner
solid closer and looking to
work in team environment.

Initial & ongoing training given.

For further information contact
289 586 581 or email your CV to
info@silverriverconsultancy.com

classads@the-news.net



SALES PEOPLE

**The Portugal
News**
is expanding
COME AND JOIN A
WINNING TEAM
If you are
an experienced
sales person,
with a proven track
record of media sales
in Portugal, please
send your CV to
bella@the-news.net



Office, Media & Technology

COMPUTER SCREEN
(Philips) 15". €19.50.
Tel: 912 759 461 /
282 457 058.

COMPUTER TECHNICIAN

Qualified
professional with
over 20 years
experience.

Trouble shooter, upgrade
recommendations, tuition and
networking. Hardware and
software resale available.
Wireless specialist. IT integration
on building construction projects.

Tel: 282761398, 918411488
or 962719488
marcus@starworld.pt

FOR SALE.
Samtron 17" screen
€30. HP A37A Inkjet
printer €65. Brother
Fax printer €45.
(All second hand).
Tel: 282 380 316.

Personal

**RESPONSIBLE, EXPE-
RIENCED,** female
babysitter available,
Carvoeiro/Portimão/Lagos.
Bi-lingual, with own trans-
port. Evenings and week-
ends. Tel: 968 861 727.

THE ALGARVIAN Register - Bespoke Introductions

If you are genuinely
interested in meeting a
soul mate or a companion
to share your life, then this
could be for you.
Our service is unique, we
come and meet you in
your own surroundings to
discuss your requirements
(free of charge).

This is a genuine and
caring service, which we
feel could change a lot of
people's lives, without the
risk of meeting someone
who has not been
interviewed by ourselves
to ascertain their true
intentions.
For more information and
a meeting please call
(00351) 915 425 830
email: algarvianregister
@hotmail.com

Mums & Tots



Tuesdays 10.00am - 12.00
Meet friends, coffee, fun,
playing, puppets.
ICC Church Hall, Lagos.

For further details on
location of Church and
Sunday services (with Kidz
Klub) & other activities and
available courses at
International Community
Church, see web site
www.icc-lagos.org
or call 282 697 546
or 282 086 804.



**Every Saturday
Morning** newfrontiers
10-12am
at ICC Lagos
5 to 12 year olds



**Food * Games * Music * Fun
Competitions * Drama!!!**

BRING A FRIEND!!!!!!

Tel: 282 086804 or see
icc-lagos.org for location

"POP-INS"

Mums and Toddlers
Wednesday
9.45am to 12 midday
Bring your babies and come meet
new friends in a safe
and secure environment.
Toys, activities, singing.
Refreshments available.
ICF Church Fellowship
Rooms
Cedipraia, Portimão
For more information
Tel Marina on
964 820 392

Explorers & Climbers

Mother & toddler group
meets every Tuesday at
9.45am - 11.30 am.



Crafts, songs and
lots of fun ... Where?
Lagoa Christian Fellowship
hall, Vale de Lousas,
EN125, Alcantarilha.
Refreshments available.
Contact Elaine for more
details on 916 447 407.

ALCOHOLICS ANONY- MOUS - Algarve. WEEKLY MEETINGS:

Mon.:
Portimão 7.30pm. Tues.:
Almancil 1.00pm; Almancil
6.30pm (Men's meeting);
Albufeira 8.00pm. Wed.:
Almancil 7.30pm. Thurs.:
Pera 7.30pm. Tel: 919 005
590; Tavira 7.30pm. Fri.:
Almancil 1.00pm; Portimão
5.30pm. Sat.: Almancil
5.30pm. Call 919 005 590,
10.00-7.30pm. Portuguese
AA 917 483 478. GSO Lis-
bon AA Tel.: 217 162 969.
We look forward to seeing
you there.

Classified hotline 707 500 646

Pets

ABANDONED PETS need
homes & lots of love. Mobile
963 455 358.

SAFE HANDS boarding
kennels. Purpose built, en-
closed and spacious. Large
exercise area, individual
attention, 24-hour supervi-
sion, country location, near
Portimão. Inspections wel-
come. Tel/Fax: 282 471 347
or 914 767 958. Email:
safehandsboardingkennels
@clix.pt

Miscellaneous



**GET CASH FOR
GOLD JEWELLERY!**
Call 967 456 204 or
915 572 804.
Albufeira & Portimão
Mon-Sat 10am-8pm
ouroalgarve.com

www.the-news.net

STOP THE KILLING!

Before buying or breeding pets, consider the many unwanted/abandoned animals looking for homes. Neuter not Euthanise! Microchip your animal! **For information or to find an animal: Michele 919 457 263 email: happyhounds @mail.telepac.pt**

Santa Catarina & São Brás de Alportel area
MISSING PODENGO

medium, male, hair very short, light brown, small head, light grey, left ear always hanging down. Has been seen often times around StTM Catarina. Manni is very shy, but understands English and German. **Reward €1,000.** Tel.: 966 798 699.



Hotel for cats
OPEN EVERYDAY
*The best in the Algarve
*Fully licensed
*Door to door service
*CATS ONLY

Tel.: 282 912 462
Mobile 919 566 769
www.gatotel.com

ARE YOU LOOKING FOR A PET?

I currently rescue kittens & cats, puppies & dogs; maybe I have your future companion. Call Valérie (Donkey Sanctuary) 913 860 865 or 282 342 823. lili10.evann@yahoo.fr

Pools & Gardens

POOLS CLEANED. Loulé area. €100 monthly. Terry 916 762 462.

Algarve Tree Services
* Pruning
* Felling
* Brush Chipper Hire
* Stump Grinding
* UK qualified arborist
* 20 years experience
Tel.: 917 479 921
www.algarvetreeservices.com

AQUA PURA LDA. Quality pool covers. Reinforced all sides. Immediate supply. Eastern Algarve 967 465 305 Western Algarve 967 025 157.



THE SPECIALISTS FOR ALL YOUR TREE WORK. Tree inspection, Pruning, Felling & Desmantling, Planting & Transplanting THE BEST SERVICE FOR YOU AND YOUR TREES. Tel: 961 415 239 treework.algarve@gmail.com

POOLS CLEANED and treated from €80pcm. East Algarve. Tel: Karl 967 015 960.

Property Agents**SILVES PROPERTY MANAGEMENT.**

Honest and reliable personalised service, from domestic cleaning to full management. Central Algarve. Call 939 536 347.



Property management, rental & maintenance in the Western Algarve.

Tel: 282 764 103
Mob: 915 229 993
www.vilalia.com
Office: Iberlagos, Bloco J, Loja 8, Lagos



ADVERTISE YOUR HOLIDAY PROPERTY on PortugalVillaRenters.com and get seen by over 30,000 verified viewers per month.

www.the-news.net

Property for Rent

WE HAVE several properties available for long term rent in Central Algarve. Contact Muriel on 932314318 for more information.

PENTHOUSES / TOWNHOUSES special long lets Ferragudo beach front, Spacious and comfortable. e-mail vc rentals@netcabo.pt for more information now!

WESTCOAST

Vale da Telha Villa with pool for rent / long or short term Tel: 918 278 396

WESTCOAST

Vale da Telha Sea views plot with license to build 3 bedroom villa with pool €100,000. Tel: 918 278 396.

BOLIQUEIME VILAMOURA**BRAND NEW**

3 bed townhouse with garage in beautiful enclosed child friendly condominium. Long and short term from €950 per month plus bills

Call Abi
+351 967 734 825 or ray@earthsmartsd.com

LONG TERM RENTAL, ALMANCIL. Furnished and unfurnished spacious apartments in new block. 2bed/2bath etc. All mod cons. €525 - €595/month plus bills. Tel: 919 388 463 or 912 308 675.

INTRODUCING an affordable home in the Algarve Announcement. An affordable home in the **ALGARVE.** Are you thinking of making the **ALGARVE** your new home or even a long term escape from the UK. Tel: 282 101 753

SÃO BRÁS, long let furnished 2 bed. cottage, large kitchen, roof terrace, small garden, quiet area, available now €495. Tel: 914 934 271.

SÃO BRÁS, near centre, long let, 3 bed. duplex apartment, 2 bathrooms €475. Tel: 914 934 271.

CARVOEIRO. Large T1, Beach 200m, Seaview, Quite Area, Fully Equipped. Tel: 963 601 024 / 0044 779 961 5459.

Property for Sale

BARÃO SÃO MIGUEL
Rustic plot 20,000m²
€49,000
918 278 396

GREAT OPPORTUNITY ALBUFEIRA SESMARIAS

BEAUTIFUL VILLA. 4 Bedrooms, 2 en-suite, 3 bathrooms, large kitchen & laundry. Swimming pool & courtyard. Double garage. Tel: 917 775 444 Reduced price: Was €1,000,000. **NOW ONLY €600,000.**

www.sulgar.com

Ref: A207-PN
CLUBE DO VAU - VAU
Superb, fully furnished one bed apartment (corner position). Large L-shaped south & west facing balcony with good sea views. Lounge/dinner with casements doors to balcony. Fully fitted kitchen with breakfast bar. Electric heaters, underground parking, lifts, communal gardens. Just minutes walk to the Vau beach & Alto Golf club house.
Good investment!! PRICE: €119,000. Come and view.
SULGAR LDA
AMI 6478
info@sulgar.com Tel: 282 458 062

**LOG CABINS**

residential caravans / parks or private plots to site your home. www.zestlifestyle.net 918 093 890

Praia Del Rei - Óbidos Portugal**(Private to Private)**

8000m² land with approved house construction of 380m², simplestorey, 1.5km from Golf Club, 3km from beach (main road). Views - Peniche Berlenga Island

Price: €250,000.
Contacts: José Martins dos Santos
Ph: (+351) 961177252
(+351) 936993107
E-mail: jmms.ts@sapo.pt

THE CHEAPEST WAY TO YOUR DREAM HOUSE

is to buy a plot & build. We can offer several - some with outline, some already with approval, some with sea-view, some small, some large, from €95,000.

The quickest way, of course, is to buy already built either used or brand new with a five year guarantee such as the top quality, five bedroomed one at Pechão (between Estoi & Olhão) with pool, garage & sea view for only €390,000

If you want to see details of these and many more properties plus hundreds of photos, visit our page www.johnhillproperties.com

Contact John Hill Real Estate, Av. 5 de Outubro, No 20, 8135-101 Almoncil, Tel: 289 395 610 Fax: 289 397 212 Mobile: 917 238 517 Email: info@johnhillproperties.com AMI576



€250,000

www.vila5.com

WELLLOCATED APARTMENT IN LAGOA

Top floor T3 on the outskirts of Lagoa, with views across the fields, while being a stone's throw from all facilities. Situated in a pretty, landscaped cul-de-sac, light and spacious lounge, 3 bedrooms, 2 bathrooms, kitchen and 2 balconies. Private Sale P.O.A. Call 282 343 652 / 282 352 547 or email: mail@infiniteinspire.com

**5 MINS FROM GOLF, CARVOEIRO & BEACHES**

4 bed townhouse in Lagoa 2 baths (1 en-suite), sitting/dining room, Guest w/c, office, plus 2nd reception room

Set over 3 floors. Front & back garden, large terraces & patio, views over country & landscaped municipal garden. No condominium Air con. throughout, wood burner, solar panel.

Close to schools & all amenities. Must be seen. Private sale. Reduced price: €330,000. ono Tel.: 918 721 688

www.algarvepropertyfinder.org
The site with many APARTMENTS AND VILLAS for sale

REDUCED for quick sale. Spacious T3 apt in Guia, Albufeira. Beautiful gardens, large pool, huge terrace. €185,000. Call 918 210 520.

Property Services & Building**PAINTER & DECORATOR.**

Clean, quick, reliable. Professional service at competitive price. Interior & exterior Tel: 914 245 464.

DRIVER AND DIGGER AVAILABLE

for hire in Central Portugal. Reasonable rates. Tel 934 194 559

BRITISH BULLDOG BUILDERS. Tel: 918 483 267 email: britishbulldogbuilders@hotmail.com

NEED A HAND I can fix manythings, paint, put up shelves, re-hang doors. Call Gordon Tel.: 282 381 201 or mobile 962 828 789.

NEED FENCING? We do all types of fencing. Please call for FREE quotation 932 868 804

PEACE OF MIND. cleaning, key holding, pools Eastern Algarve. Tel: 967 015 960.

IRISH PLUMBER AVAILABLE For all your plumbing and heating needs. Based in Algarve. Call John 914 574 622.

MG PROPERTY SERVICES Servicing the eastern Algarve
• Painting & Decorating
• Pool Maintenance
• Gardening
• Pressure Washing
• Window Cleaning
Tel: 919175070 or 927435330.

Removals & Storage

ALGARVE REMOVALS www.algarveremovals.com or see our main advert

LARGE VAN going back to England May - June. Anything legal taken including cats & dogs. Mobile 966 187 812.

MAN WITH van Santarem Tomar Coimbra Area regular UK trips call Bill 914 576 584 / 249 382 335. billjude@hotmail.com

REMOVAL LORRY. Coming and returning to Portugal on the week of 25th single/part/full loads. Tel 0044 1452 523 676 or 0044 7778 150 159.

Phoenix Transport. UK/Portugal/UK. Local & international and Silver Coast. Door-to-door service. Removals & Storage. Also transport cats & dogs.

16 years Algarve. Call 966 187 812 or 967 225 357 or UK 0044 1482213757

Retail

FACTORY OUTLET bedspreads, sheets, pillows, mattress protectors, blankets, towels, bed bath and beyond; everything you need for the home in soft furnishings, direct from the best factories in Portugal. Best quality, lowest prices. Open Mon. - Fri. Shop in Alvor: 10.30am - 4pm Tel: 282457510. Shop in Lagoa: 10 am - 5pm Tel: 282 353 244 website: www.bedspreadsportugal.com

Call our hotline on 707 500 646

Satellite

ELECTROSOL SISTEMAS PARABOLICAS

For all your satellite system needs plus much more
Based in Carvoeiro
Tel.: 282 357 843

TAVIRA SATELLITE TV
BBC, ITV, 4&5 + Sky
Digital. New systems
PLUS repairs & upgrades.
Tel. 964721714
www.trevortronix.com

Services offered

CARPENTER MICHAEL EDLER LAGOS

(+351) 966 146 554
(+351) 282 768 622
michael@algarve-carpenter.org
www.algarve-carpenter.org

BABYSITTING. Lagoa / Carvoeiro/Ferragudo. English lady. Portuguese spoken. Experience & security references available. Tel (+351) 916 450 717 joat.hp@hotmail.com

A & C PROPERTY SERVICES
Cleaning Security
Checks Changeovers
Maintenance Gardening
Friendly Reliable
REASONABLE RATES
Western Algarve
Tel 915 448 594.

A & C PROPERTY SERVICES
Painting Decorating
General Maintenance
Gardening
No Job too small
Free estimate
Tel 915 448 594.

Place your advert on-line at www.the-news.net

IN TODAY'S DOG EAT DOG WORLD MAKE SURE YOU'RE NOT ON THE MENU

OUTSTANDING GRAPHIC, WEB DESIGN PUTS YOUR COMPANY/BUSINESS ABOVE THE REST
www.bunddesign.com

Travel

P.G.TRIPS. Airport & local transfers (Algarve). Competitive prices. pg.trips@hotmail.com Tel: (+351) 919 745 623 or (+351) 916 450 717.

Portugal News Travel Page

Skyscanner
Airline Links
Travel news
Live arrivals & Departures from Faro and 12 major airports
www.the-news.net

Vehicles

NISSAN NAVARA
Jeep 2.8 turbo Diesel
Black 2005 with X Box.
Good Condition ITV
tested 67,000kms
Reduced in price for quick sale.
Telephone 910 503 657.

MOT AVAILABLE
for UK registered vehicles, contact me on 0044(0) 798 920 9096 or by email j.g.oconnor@hotmail.co.uk

MG B.G.T., white, rubber bumper, catalogued, inspected April, good condition. Many extras. €3,000. Tel: 966 968 065 Lisbon.

Abbeygate

The way insurance should be.



MOTOR HOME COMMERCIAL MARINE HEALTH TRAVEL

Get your quote today!

217 230 637

www.abbeygateinsure.com

USED CAR SPARES

GUARANTEED ENGINES / TRANSMISSIONS ETC ALL MAKES AND MODELS

UK Based Export Specialists
www.autospares-salvage.com
30 years experience
Car & Commercial
Guaranteed Spares
Portuguese Spoken
Ask for Tony

0044 791 730 5550

www.mcar-service.com

Tel./Fax: 289 432 834 | Tel.: 913 223 421



CAR SERVICE

HOBBY EASY DE-LUX CARAVAN, 2004, Sleeps 6, King bed, 2 bunk beds + Full new awning, hot air, immaculate first to see will buy. Tony 918 261 773 Olhão.

OPEL COMBO 1.3cdti, Aug 05, white, electric windows, central locking, 52,000kms. €6,000ono. Nazare 912 516 173.



BMW 520 D
(automatic), 12/2006,
extras: headup display,
parkassist, elec. glass,
sunroof, bluetooth,
cruise control, MP3,
Xenon Lights, ABS, ESP,
Isofix... like new!
26.500km
Tel: 922 192 523

WANTED
We Pay Cash for cars / commercials
Anything considered
Tel: 918 542 057



FREE LANDER
1.9TDI 1999, 5 Dr,
Full years inspection,
a/c, 200,000km.
€7,400ono.
Tel. 961182966

VOLKSWAGEN TOURAN
2.0 TDI, 2006, Silver,
45,000kms, 6 speed
manual and 7 seater. Very
economical. Bargain
€21,500ono. Must sell,
owner emigrating. Tel 968 102 561.

MERCEDES 220 CDI,
Classic, AutoTiptronic, Silver,
00/7, Only 86,000kms.
Port reg. €15,000. Call 289 356 213.

Add a photo to your
advert for more impact:
B & W, 4cm wide: €10
Colour, 4cm wide: €15



FORD MAVERICK
turbo diesel jeep,
November 1996,
120,000 km,
good condition, a/c,
inspection, very reliable
car. €5,000.
961 620 750

Wanted

ATLANTIS PHOTOGRAPHY require male & female models for test beach photoshoot. Please send recent picture & details to: atlantisphotographyportugal-algarve@yahoo.co.uk

PIRILAMPOS CHILDRENS HOME
Quinta das Pedras
382. Branqueira,
8200-315 Albufeira.

NEED: shampoo,
bath gel, wet-wipes,
toothpaste,
toothbrushes,
& other daily
consumables.

Graça Santos on
289 542 515.

CASTELO DOS SONHOS

Need your help
and donations
baby clothes, baby
milk and equipment
Contact Celia on
282 332 665

Every day 100 people start to lose their sight.
Your support helps rebuild lives
devastated by sight loss.

The Sunshine Fund for Blind Children (RNIB) need all your **NEW AND USED STAMPS**, which are sold to raise much-needed funds.



If you would like to help, post your stamps to:
RNIB
The Portugal News,
Apartado 13, 8401-901,
Lagoa. (and we will forward them on)

OR
RNIB, 20 Bowers Rd,
Benfleet, Essex, SS7 5PZ,
England.
Tel.: +44 01268 565 646
terri@rnibstamps.org.uk
www.rnibstamps.org.uk



Fatacil - Lagoa
May 30th & 31st

Book your stand NOW,
only a few left.

Call us on
282 380 317
or go to
algarvefair.com

Classified Order Form

COMPILE

- ☐ Announcements
- ☐ Bureaucracy
- ☐ Bus. Opportunities
- ☐ Charities
- ☐ Education
- ☐ Entertainment
- ☐ For Sale Private
- ☐ Health and Beauty
- ☐ Heating and Cooling
- ☐ Home Improvements
- ☐ Jobs Offered
- ☐ Jobs Wanted
- ☐ Legal, Finance & Ins.
- ☐ Marine
- ☐ Miscellaneous
- ☐ Office, Media & Tech.
- ☐ Personal
- ☐ Pets
- ☐ Pools & Gardens
- ☐ Property Agents
- ☐ Property for Rent
- ☐ Property for Sale
- ☐ Property Services & Building
- ☐ Property Wanted
- ☐ Removals and Storage
- ☐ Retail
- ☐ Satellite
- ☐ Services Offered
- ☐ Travel
- ☐ Vehicles
- ☐ Wanted

CALCULATE

- ☐ Per word €0.50
- ☐ Boxed ad €4 extra
- ☐ Boxed ad (red line) €6 extra
- ☐ Box number €4 extra
- ☐ Photo 4cm wide €10 extra
- ☐ Photo 4cm wide Colour €15 extra
- Subtotal** €
- x N° of Editions

TOTAL €

All prices include VAT

CONDITIONS

Ads must reach us by 11am on **Tuesdays**.
Prices shown are for copy to be set to our type specifications. Minimum of ten words per advert.
Phone numbers and post codes count as one word.
We reserve the right, without giving reasons, to decline any advertisement.
In the case of an advertisement being repeated, the advertiser undertakes to advise **The Portugal News** of any error immediately after the first insertion.

PAY

- ☐ I enclose payment in the sum of €
- ☐ by cheque payable to THE PORTUGAL NEWS
- ☐ in cash
- ☐ Please debit my VISA credit card account:

N°

CREDIT CARDS ONLY
Plus the security digits (the last 3 digits on the reverse of your card)

Expiry Date

Name

Address

Tel Fax

PLACE

By Post: Apt 13 • 8401-901 Lagoa
By Fax: 282 341 201
By Phone: 707 500 646
By email: classads@the-news.net

NEW !! Place your classified online - and save 10%
You can now place your classified adverts **DIRECT ONLINE** at
www.the-news.net/ads/

You will be able to choose from simple lineage ads, boxed ads, photo ads, and preview your classified before placing it. And it really IS simple!

Portugal among top HIV 'exporters'



A mural in Luanda, Angola calling for behaviour which will prevent the spread of AIDS. (Photo: Lusa / João Relvas)

For the first time a mapping has been created of the global patterns of the HIV virus, in which Portugal has been highlighted as an 'exporter'.

An international team of scientists that includes Portuguese participation and is based at the University of Athens, Greece, has for the first time ever mapped the mutation and spreading patterns of the HIV virus around the globe.

Due to its genetic make-up it is possible to trace the HIV virus to the various human populations from where it originated, therefore identifying main 'exporting' countries and 'carrying' populations.

For example, the make-up of the HIV virus in Portugal, Holland and Poland is very similar, yet different to that of other countries, and as a result can be traced back to which region on earth it was caught.

The mapping of the expansion of HIV-1, sub-type B, the most

common amongst European civilizations, traced the virus throughout 16 different countries in Europe and Israel and was published this week in the 'Retrovirology' magazine.

Investigators concluded "Greece, Portugal, Serbia and Spain are strong disseminators of HIV-1", while "Austria, Belgium, Denmark, Germany and Luxembourg, on the other hand, are migratory targets. Meanwhile Italy, Israel, Norway, Holland, Sweden, Switzerland and the UK present bi-directional migrations".

A unique scenario is that of Poland, where "the majority of infections result from one single period of exposure", which could be justified by the fact nearly half of all Poland's HIV positive citizens are injecting drug users.

Regarding Portugal and its new-found position as an 'exporter', this was determined by people travelling from and through Greece, Portugal, Serbia and Spain,

which are shown to be actively exporting the HIV-1 subtype B to other European nations.

The virus was found to have spread widely from Greece and Spain, to seven and five target countries respectively. Other countries had narrower targets, with Italy exporting HIV to Austria, and Portugal passing the virus primarily to Luxembourg.

Ricardo Camacho, a virologist from Lisbon's Universidade Nova and co-author of the study, said "the transmission from Portugal to Luxembourg is the one that surprised me the least taking into account the size of the Portuguese community in that country".

It has, in fact, been estimated that 13 percent of the country's population is of Portuguese origin.

Another major player in the migration of the HIV virus ap-

pears to be tourism.

"The most popular tourist destinations, like Greece, Portugal and Spain, probably disseminated the virus via tourists who were infected during their holidays", the study said.

Chief author Dimitrios Paraskevis said "Viruses move around with travellers – thus health programmes within countries should not only target the national populations, prevention efforts must also be aimed at migrants, travellers and tourists – who are both major sources and targets of HIV."

Meanwhile, leading Portuguese AIDS expert and researcher Henrique Barros, who is the National Coordinator for HIV/AIDS Infection, when tagging Portugal as an 'exporting country' was "a dangerous mix of concepts".

Speaking to the Lusa News Agency, Barros said the study "dangerously mixed the concepts of the virus's migration with the traditional migration of people".

"Some references are made in the discussion that could be wrongly interpreted because they give the idea that immigrants are responsible for transmitting the infection. And at the same time the study says that these countries host lots of travellers, lots of tourists, and there could be a mixture that, obviously, is not easy to prove".

Henrique Barros admitted to having concerns about the impact the study could have.

"It particularly worries me that people will begin to imagine it is the tourists, travellers and immigrants that spread the virus when it is a problem of education and adequate preparation", he said.

A study by the Ricardo Jorge National Health Institute (INSA), from December 31st, showed there were 34,888 known cases of HIV/AIDS in Portugal, the majority of which (42.4 percent) are injecting drug-users.

Following this, 40 percent of positive cases were transmitted through heterosexual intercourse, and 12.3 percent transmitted via male homosexual intercourse.

Heterosexual sexual transmission is currently the fastest growing means of infection.

Women's clothing blamed for surge in cancer

According to the Portuguese Association for Skin Cancer, every year in Portugal 10,000 new cases are diagnosed, many of which are young women whose clothing is seemingly a cause of the disease.

Around 1,000 of the 10,000 cases diagnosed are melanoma, the most dangerous and deadly type of skin cancer.

Portugal's figures are similar to those of Spain, France or Italy, regarding fair-skinned people, though there is a "slightly higher incidence" of melanoma being diagnosed amongst young women, in this country, the Association's General Secretary said.

"There is a rise in the number of cases on women's torsos and upper limbs, a probable consequence of the type and style of clothes they wear", said Osvaldo Correia.

Strappy vests and dresses and low-cut or cropped tops that are fashionable in this day and age increase the risk of cancer on parts of the body that were previously less exposed to excessive sun radiation.

It was also revealed that over the past three decades there has been a constant reduction in the number of cases of melanoma on women's legs, which is directly related to the increasingly popular use of trousers over that time span.

Osvaldo Correia believes that another reason for the growth in the number of skin cancer cases could be due to the exposure of skin to the sun outside the usual summer period, like during Christmas and Easter holidays, largely due to climate change, when the skin is less prepared for ultraviolet exposure.

NEWS IN BRIEF

Lisbon calls for stronger Myanmar EU sanctions

Portugal has this week defended the tightening of EU sanctions against Myanmar's military regime, a decision the Bloc could take Monday following the new arrest of that Asian country's pro-democracy leader. Foreign Minister Luís Amado said. "We will back an increase in pressure against the regime", Amado said in Brussels, adding that it would be "perfectly natural" for the EU foreign ministers to approve bolstered restrictions on relations with Yangon.

The Czech EU presidency indicated the 27-nation Bloc was "ready to advance" with new sanctions. Opposition leader Aung San Suu Kyi, a Nobel Peace laureate, went on trial behind closed doors in Myanmar, formally known as Burma, Monday after being arrested last week on charges of having violated the terms of her year-long house arrest.

Portugal optimistic at Irish thumbs-up to Lisbon Treaty

Portugal's Foreign Minister said this week there are increasing indications Irish voters will back the stalled European Union reform document, known as the Treaty of Lisbon, in a referendum due later this year. Luís Amado said after a Brussels meeting with his EU colleagues that Ireland's representative at the meeting, State Secretary for European Affairs Dick Roche, had given an optimistic presentation of the prospects for a 'yes' vote in the forthcoming plebiscite. A poll in Monday's Irish Times said 52 percent of voters in Ireland now aim to back the Treaty of Lisbon, to 29 percent who still intend to vote against it. Portugal's Foreign Minister, expressing a certain wariness at pollster predictions for the referendum, said there has been a steady rise in Irish support for the EU's reform blueprint, signed off in the Portuguese Capital in 2007 during Portugal's stint in the Bloc's driving seat.

EU aid for US closure of Guantanamo a 'good sign' says Lisbon

The slow pace of the US plan to close the Guantanamo prison for terror suspects is not surprising given its "great complexity", but the most important concern is that the "political objective" set by the Obama administration be met, with European aid, Portuguese Foreign Minister Luís Amado was reported as saying by the Lusa News Agency this week. Its "complexity from a (US) legal viewpoint is also reflected in the complexity of the reception process" by some EU states of some Guantanamo prisoners, as is the case for Portugal, Amado added in comments to journalists before attending a meeting of EU foreign ministers in Brussels. As regards the EU's participation, which includes Lisbon's offer to receive some prisoners, he said "the process is underway".

South African yachting couple arrested in Azores with 1.2 m doses of cocaine

Portuguese police have detained a South African couple on the Azorean island of Faial on suspicion of drug trafficking after discovering more than 1.2 million doses of cocaine aboard their yacht, the Lusa News Agency reported. The Judiciary Police (PJ) announced the operation on Monday in the archipelago's capital, Ponta Delgada, saying the couple had been detained Friday in the port of Horta. The couple were identified as a 53-year-old man and a 37-year-old woman. Their British-registered yacht was seized along with 1,225,380 doses of cocaine concealed in tins of pineapple and tuna.

Luanda, Lisbon encourage Portuguese building firms to invest

The Public Works Ministers of Portugal and Angola, Mário Lino and Higinio Carneiro, respectively, have invited Portuguese construction firms to develop projects in the African state. Carneiro, speaking to a conference of Portuguese construction companies, told executives there is ample potential to transfer know-how to Angola, whose government has recently launched a US\$ 10 million programme to build social housing. Portugal's Minister said his country's overseas construction orders were worth €2 billion last year and Angola today offers an "exceptional opportunity" as it is experiencing a notable boom in infrastructure building.

Portugal wants EC chief election settled

Portugal backs an early decision by the European leadership on the choice of a chairman for the European Commission, Foreign Minister has Luís Amado said, reaffirming Lisbon's support for incumbent José Manuel Durão Barroso. "We are very much in favour of the European Council (in June) reaching an accord on this matter" without waiting for the outcome of Ireland's referendum on the Bloc's reform Treaty of Lisbon in October, Amado told journalists on arriving for a meeting of EU foreign ministers in Brussels. Minister Amado recalled that Lisbon's Socialist government has also repeatedly affirmed its support for a second term for incumbent Chairman Durão Barroso, a centre-right former Portuguese prime minister, regardless of the results of the European Parliament elections set for the beginning of June.

Paying more than

150 €
(plus IVA / VAT)

for your
Fiscal Representation

* Annual fee per couple (or individual), INCLUDING payment of IMI bills and a FREE initial consultation. Visit our website for more details

We also provide Tax Return services on
Rental Income and Capital Gains

taxangels
FINANCE & TAX EXPERTS
Vilamoura - Portugal

Tel: (+351) 289 380048
UK: 020 7193 0650
Rep. of Ireland: 01 443 4998
info@portugal-tax.com

www.portugal-tax.com

ECU-RS
ECU-Remapping Service

Unleash the true potential of your vehicle

ECU-RS is an engine tuning service that enables your vehicle to perform to optimum levels.

With an ECU-RS remap you'll have more power, greater response and lower fuel consumption.

Available on all vehicles from the year 2000 onwards. 14 day money back guarantee.

Contact our mobile technician today
grant@ecu-rs.com 968184668 www.ecu-rs.com